

JANUARY 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 GRILLED CHICKEN WG SCHOOL ROLL BROCCOLI CORN CASSEROLE BLUEBERRIES APPLES WG CARNIVAL COOKIE COMBO	4 LASAGNA WG GARLIC BREADSTICK ROMAINE LETTUCE FIESTA SALAD TROPICAL FRUIT STRAWBERRIES FRENCH TOAST	5 WG SOFT SHELL TACO REFRIED BEANS FIESTA SALAD GREEN BEANS RED PEPPER STRIPS RICE MANDARIN ORANGES PINEAPPLE OMELET & TOAST	6 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX BAKED BEANS FRUIT COCKTAIL PEARS BREAKFAST CHOICE
9 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN BROCCOLI BLUEBERRIES APPLES BREAKFAST PIZZA	10 SPAGHETTI WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER STRAWBERRY APPLESAUCE PEARS WG CINNAMON ROLL	11 PORK & GRAVY MASHED POTATOES WG BUTTER SANDWICH COTTAGE CHEESE GREEN BEANS BANANAS PEACHES BREAKFAST WRAP	12 TENDERLOIN ON WG BUN FRENCH FRIES CARROT STICKS HUMMUS CALIFORNIA BLEND BAKED BEANS GRAPES PINEAPPLE PANCAKE ON A STICK	13 CORN DOG FRENCH FRIES SW. POTATOES PEAS ORANGES MIX FRUIT CHERRY TURNOVER BAR BREAKFAST BAGEL
16 NO SCHOOL TODAY	17 CHICKEN STRIPS CURLY FRIES ROMAINE LETTUCE BROCCOLI PEACHES ORANGES COMBO	18 MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES PANCAKES & SAUSAGE	19 TACO SALAD REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BREAKFAST BURRITO	20 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO PEARS APPLES BREAKFAST CHOICE
23 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE WINTER MIX SAVORY CARROTS STRAWBERRIES APPLES BREAKFAST BAGEL	24 MR. RIB ON WG BUN POTATO PUFFS BAKED BEANS CALIFORNIA BLEND MIXED FRUIT ORANGES FRENCH TOAST	25 HAM WG SCHOOL ROLL BAKED POTATO SWEET POTATOES BROCCOLI APPLESAUCE APRICOTS SCR. EGGS & TOAST	26 MEATBALL SUB FRENCH FRIES CARROT STICKS CELERY STICKS HUMMUS APPLES MIX FRUIT WG CARNIVAL COOKIE WG CINNAMON ROLL	27 HAMBURGER GRAVY MASHED POTATOES WG BREAD & BUTTER SANDWICH COTTAGE CHEESE CORN PEACHES TROPICAL FRUIT PANCAKE ON A STICK
30 WG MACARONI & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS STRAWBERRIES KIWI BREAKFAST PIZZA	31 WEINER WINKS POTATO TRIANGLE CORN CARROT STICKS HUMMUS APPLESAUCE PEARS PANCAKES & SAUSAGE		ATTENTION PARENTS IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES MAQUOKETA VALLEY SCHOOL IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	ALL MEALS ARE SUBJECT TO CHANGE AT ANY TIME EVERY MEAL IS SERVED WITH A 8 OZ. MILK WG= WHOLE GRAIN

