OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
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2 CHICKEN STRIPS CURLY FRIES ROMAINE LETTUCE MIXED VEGGIES PEACHES ORANGES BR. PIZZA 9 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE WINTER MIX SAVORY CARROTS	3 MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES WG CINN. ROLL 10 MR. RIB ON WG BUN POTATO PUFFS BAKED BEANS CALIFORNIA BLEND MIX FRUIT	4 HOT DOG ON WG BUN FRENCH FRIES BROCCOLI CORN APPLES MIXED FRUIT WG PANCAKES & SAUSAGE 11 HAM WG SCHOOL ROLL BAKED POTATO SWEET POTATOES BROCCOLI	5 TACO SALAD REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES SCR. EGGS & TOAST 12 MEATBALL SUB FRENCH FRIES CARROTS STICKS HUMMUS APPLES	6 CHEESE PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO PINEAPPLE STR. APPLESAUCE BREAKFAST CHOICE 13 HAMBURGER GRAVY MASHED POTATOES WG BREAD & BUTTER COTTAGE CHEESE CORN
STRAWBERRIES APPLES	ORANGES	APPLESAUCE APRICOTS	PEARS WG CARNIVAL COOKIE	PEACHES TROPICAL FRUIT
FRENCH TOAST	BREAKFAST BOAT	WG SAUSAGE/EGG/MUFFIN	WG WAFFLES	СОМВО
16 WG MACARONI & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS STRAWBERRIES ORANGES BR. PIZZA	17 WEINER WINKS POTATO TRIANGLE CORN CARROT STICKS HUMMUS STRAWBERRY APPLESAUCE PEARS PANCAKE ON A STICK	18 OUT AT 1:00 HAMBURGER ON WG BUN CHEESE SLICE FRENCH FRIES BAKED BEANS WINTER MIX PEACHES FRESH PINEAPPLE OMELET/TOAST	19 CHICKEN FAJITAS REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BR. BURRITO	20 MEXICAN GOULASH WG GARLIC BREADSTICK ROMAINE LETTUCE BROCCOLI APPLES WG CHOC. CHIP COOKIE
	PANCARE ON A STICK	OWELET/TOAST	BR. BORRITO	TRENCH TOAST
23 WG PIG N BLANKET POTATO ROUNDS SWEET POTATO FRIES CORN BROCCOLI ORANGES PEACHES COMBO	24 CHICKEN TETRAZZINI WG PEANUT BUTTER SANDWICH ROMAINE LETTUCE PEAS PEARS APPLES WG CINN. ROLL	25 BBQ PORK ON WG BUN CHEESY POTATOES MIXED VEGETABLES COLESLAW GRAPES APPLESAUCE BR. WRAP	26 SUB SANDWICH HASHBROWN BAKED BEANS CARROT STICKS HUMMUS PINEAPPLE CHERRY TURNOVER BAR WG WAFFLES	27 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO MIXED FRUIT STR. APPLESAUCE BREAKFAST CHOICE
30 GRILLED CHICKEN WG SCHOOL ROLL ROMAINE LETTUCE WINTER MIX ORANGES PINEAPPLE WG CARNIVAL COOKIE WG PANCAKE ON A STICK	31 OUT AT 1:00 LASAGNA WG GARLIC BREADSTICK ROMAINE LETTUCE FIESTA SALAD TROPICAL SALAD STRAWBERRIES WG SAUS/ EGG/ MUFFIN		MAQUOKETA VALLEY CSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME. ALL MEALS ARE SERVED WITH A 8 OZ. MILK WG= WHOLE GRAIN	ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES.