JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES	1	2	3 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE CORN BROCCOLI PEACHES MIX FRUIT BR. PIZZA	4 CHILI WG CINNAMON ROLL CARROT STICKS APPLESAUCE ORANGES SAUS. EGG MUFFIN
7 GRILLED CHICKEN WG SCHOOL ROLL ROMAINE LETTUCE CARROT STICKS PEACHES PEARS COMBO ON WG BUN	8 WG SOFT SHELL TACO REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES WG CINN. ROLL	9 HAM WG SCHOOL ROLL BAKED POTATO SWEET POTATOES BROCCOLI ORANGES MIX FRUIT PANCAKE ON A STICK	10 FISH WG SCHOOL ROLL POTATO WEDGES PEAS CARROTS APPLES PINEAPPLE CARNIVAL COOKIE BR. BURRITO	11 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX BAKED BEANS PEARS STRAWBERRIES BR. CHOICE
NO SCHOOL TODAY	15 CHICKEN STRIPS CURLY FRIES ROMAINE LETTUCE MIXED VEGGIES PEACHES ORANGES BAGEL TOPPERS	16 TACO SALAD REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES WAFFLES	17 MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES OMELET & TOAST	18 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO BLUEBERRIES APPLES PANCAKES & SAUSAGE
21 LASAGNA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO APPLES MIX FRUIT BR. PIZZA	22 MR. RIB ON WG BUN HASH BROWN PATTY BAKED BEANS CALIFORNIA BLEND ORANGES BLUEBERRIES FRENCH TOAST	23 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE WINTER MIX SAVORY CARROTS STRAWBERRIES APPLES COMBO ON WG BUN	24 MEATBALL SUB FRENCH FRIES CARROT STICKS HUMMUS APPLES PEARS CARNIVAL COOKIE WG CINN. ROLL	25 HAMBURGER GRAVY MASHED POTATOES WG BREAD & BUTTER COTTAGE CHEESE CORN PEACHES TROPICAL FRUIT BR. CHOICE
28 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN STRAWBERRY APPLESAUCE MIXED FRUIT PANCAKE ON A STICK	29 WG MAC & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS STRAWBERRIES ORANGES SAUSAGE EGG MUFFIN	30 OUT AT 1:00 PM TENDERLOIN ON WG BUN NATURAL CUT FRIES MIXED VEGGIES BAKED BEANS PINEAPPLE PEACHES PANCAKES & SAUSAGE	31 CHICKEN FAJITAS REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BAGEL TOPPER	MAQUOKETA VALLEY CSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER! EVERY MEAL IS SERVED WITH A 8 OZ MILK ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME WG= WHOLE GRAIN