## **AUGUST 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
MAQUOKETA VALLEY CSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER  EVERY MEAL IS SERVED WITH AN 8 OZ MILK  ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME	ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES WG= WHOLE GRAIN	(9-12) SALAD BAR WILL BE OFFERED TO STUDENTS IN HIGH SCHOOL EVERYDAY  BREAKFAST CHOICES: ENTREE OF THE DAY CEREAL CHOICES BAGEL CHOICES PBJ YOGURT	WELCOME BACK	23 CHICKEN STRIPS WG SCHOOL ROLL (9-12) CURLY FRIES BROCCOLI CARROTS PEACHES APPLES COMBO
26 GRILLED CHICKEN WG SCHOOL ROLL LETTUCE PEAS & CARROTS APPLESAUCE BLUEBERRIES  PANCAKE ON A STICK	27 TACO SALAD REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES WG CINNAMON ROLL	28 MR. RIB ON WG BUN POTATO TRIANGLE PEAS CALIFORNIA BLEND PINEAPPLE APPLES SAUS. EGG MUFFIN	29 SUB ON A WG BUN HASHBROWN PATTIE BAKED BEANS CARROT STICKS HUMMUS PEACHES WG APPLE CRISP PANCAKES & SAUSAGE	30 HAMBURGER ON WG BUN CHEESE SLICE FRENCH FRIES WINTER MIX PEARS ORANGES  BR. PIZZA