## OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	1 HOMECOMING WEEK TOUCHDOWN TACO REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES WAFFLES	2 OUT AT 1:00 PIGSKIN RIB ON WG BUN POTATO TRIANGLE PEAS CALIFORNIA BLEND PINEAPPLE APPLES SAUSAGE EGG MUFFIN	3 SIDELINE SUB ON WG BUN HASHBROWN PATTY BAKED BEANS CARROT STICKS HUMMUS PEACHES WG CHERRY BARS OMELET/TOAST	4 HOMECOMING PEP RALLY PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO FRESH PINEAPPLE MIX FRUIT BREAKFAST CHOICE
7 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN STRAW. APPLESAUCE PEACHES	8 WG MAC & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS APPLES MIXED FRUIT	9 BBQ PORK ON WG BUN CHEESY POTATOES BAKED BEANS MIXED VEGGIES COLESLAW FRESH PINEAPPLE APPLESAUCE	10 TENDERLOIN ON WG BUN NATURAL CUT FRIES MIXED VEGETABLES BROCCOLI STRAWBERRIES/BANANAS ORANGES	11 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX SQUASH BANANAS PEARS
BREAKFAST PIZZA	WG CINN. ROLL	SAUSAGE EGG MUFFIN	WAFFLES	PANCAKE ON A STICK
14 NO SCHOOL TODAY	15 TACO SALAD REFRIED BEANS RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES COMBO ON WG BUN	16 CHICKEN STRIPS WG SCHOOL ROLL (9-12) CURLY FRIES LETTUCE CALIFORNIA BLEND PEACHES ORANGES SAUS/EGG/MUFFIN	17 FISH WG SCHOOL ROLL POTATO WEDGES PEAS CAULIFLOWER APPLES STRAW. APPLESAUCE FRENCH TOAST	18 MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES WG CINN. ROLL
21 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE CORN BROCCOLI APPLES MIXED FRUIT PANCAKE ON A STICK	22 MEATBALL SUB FRENCH FRIES CARROT STICKS HUMMUS PEACHES PEARS CARNIVAL COOKIE WG CINN. ROLL	23 MR. RIB ON WG BUN HASHBROWN PATTY BAKED BEANS CALIFORNIA BLEND BLUEBERRIES FRESH PINEAPPLE BREAKFAST PIZZA	24 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX STRAWBERRIES KIWI PANCAKES & SAUSAGE	25 OUT AT 1:00 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY SAVORY CARROTS APPLESAUCE ORANGES BREAKFAST CHOICE
28 WG CORN DOG TATER TOTS SAVORY CARROTS CORN PEACHES ORANGES	29 WG CHICKEN TETRAZZINI WG PEANUT BUTTER SANDWICH LETTUCE BROCCOLI PEARS APPLES	30 SUB ON WG BUN HASHBROWN BAKED BEANS CARROT STICKS PEACHES WG APPLE CRISP	31 WITCHES BREW CHILI BROOMSTICK BREADSTICK LOONEY LETTUCE FINGERS/TOES CARROTS EYEBALL ORANGES GHOSTY APPLESAUCE PUMPKINS BARS	ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME. EVERY MEAL IS SERVED WITH AN 8 OZ MILK WG= WHOLE GRAIN
FRENCH TOAST	SCR. EGGS & TOAST	COMBO ON WG BUN	SAUSAGE EGG MUFFIN	