

Amy Salow

Activities in which you've been involved in high school: Basketball, football, and wrestling Cheerleading, Drill Team, Spanish Club, Vocal Jazz, Choir, Show Choir, drama, All-State Jazz, All-State Choir.



Most memorable moments: Stuck on the Mississippi, looking for parking spots w/ Jen, Carlos-o-Kelley's, Lake Delhi w/ Jen, Mel & Miranda, Lalaina's nugget affair, Christmas gatherings, jumping off the rock for the first time with Mel and Miranda, Sophomore year!, Seussical the Musical, State Drill Team '04, All State '02, & '04, making "quick tators" w/ Ang, Squirrel Huntin', "I Love Laura", Pink Ladies, laying out w/ Miranda, STORMIN w/ Burger, mo-peds w/ Amy & Shelley, Movies w/ Jen & Joe, wakeboarding, the summer @ Ashleigh's, t-ping nights, Steph S., "The Jungle, Ocean, and Forest", Home-made Hot Tub w/ Miranda, Coach Neihaus spitting on Ashleigh's shoes, Scrapbooking w/ Jen, Amy, & Shelley,

What are your plans after graduation? Go to Kirkwood for Radiology Tech or Surgical Tech. and participate in a music group of some sort

What will you miss most about high school? All the activities I was involved in.

Motto: You out get out of it what you put into it

Advice to underclassmen: Get involved!! (Not only in sports, but other activities!)

As I prepare for graduation, I'd like to thank: All my family , friends, teachers, and coaches for their support and advice and encouragement.

Favorites....

Song: Too many

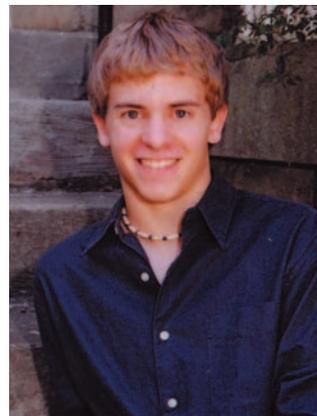
Food: Chocolate

Class: Vocal Jazz

Teacher: I like all of my teachers for different reasons

Adam Ries

Activities in which you've been involved in high school: JV Football, JV Golf, Cross Country, Track, Spanish Club, Vocal Jazz, Choir, Show Choir, Jazz Band, Marching Band, Drum Major, Concert Band, TATU, NHS, Thespians, Fall Musicals, Spring Play, Large Group Speech, Individual Speech, Pep-Band.



Most memorable moments: Running between Cedar Rapids and Des Moines during Girls State basketball and Jefferson Vocal Jazz/ Show Choir in 2003, Jazz Championships, Cross Country with Josh, Many times at Play Rehearsals, Smooth Harmony '03, Toronto Trip, AP Government, Most of all; Europe!

What are your plans after graduation? Most likely to attend Wartburg, major in Biology, minor in music education. Eventually I plan to go to medical school and become an MD

What will you miss most about high school? Being busy! (HA!) Seeing the same friends every day, teachers and classes, and especially Smooth Harmony

Motto: Be unique! Don't let your everyday environment suck you in.

Advice to underclassmen: Time management is the key to success.

As I prepare for graduation, I'd like to thank: My family for supporting me in everything I do, as well as Mr. Smith (band) and Mrs. Mueller for making me give my full potential.

Favorites....

Class: Biology, Psychology

Teacher: Mr. Foster, Mr. Smith (both), Mr. Kriegel