

Wildcat Echo

A publication by the students of Maquoketa Valley High School

Students tour area industries

Last Friday, several MV students toured area businesses as part of the Delaware County Economic Development's Advanced Manufacturing Day. Students visited Stanley Black & Decker in Delhi, Henderson Products, Inc. in Manchester, XL Specialized Trailers in Manchester and Collins Aerospace in Manchester.



Come hear the band Tuesday night

by Maya Smith

MV's first band concert is going to be held on Tuesday, October 17. This will start at 7:00 p.m. and takes place in the Middle School gym. Admission is free, but there will be a drum for free-will donations.

This concert includes all of the 6-12 band students. The 6th grade band will perform first, and the 7th/8th grade band will follow. The high school band will perform their marching band set to finish the concert.

Choir students kick off year with fall concert



Cats bring home the hardware

by Toby Grimm

On Saturday the MV cross country team traveled to Troy Mills to compete in the Lynx Invitational.

The Varsity girls started the day, with Taryn Burbridge (6th) beating her own school record once again, running a 19:52. Next was Isabel Imler (59th) running a season best 22:35. McKenna Bush (81st) ran a career PR of 24:19.

The next was the Varsity boys, where Matthew Schaul (4th) ran a career PR of 16:07 and came within three seconds of gaining himself another school record. George Livingston (20th) was next, running a career PR of 17:19. Kenyon Baker (39th) ran another career PR of 17:52. Arion Rave (62nd) ran a season PR with a time of 18:44. Brady Eike (85th) also ran a career PR with a time of 19:40. The boys team placed 9th out of 17 teams, and third in 1A.

Next was the JV girls race, where Allison Hogan (60th) ran a 27:19 and Haydin Flannagan (65th) ran a career PR of 28:01.

The JV boys race was next where Jayden Schwandt (109th) ran a 26:48.

On Tuesday the team traveled to Little Bear Golf Club in Wyoming, Iowa to compete in the Tri-Rivers Conference Meet. The girls race was first where Taryn Burbridge (4th) ran a 20:12 and Isabel Imler (21st) with a 24:34. McKenna Bush (28th) was next running a 26:17 and Allison Hogan (34th) had a 28:27. Haydin Flannagan (38th) ran a 29:01. The girls placed 4th as a team with a score of 83 points.

Next was the boys race, where the team made history, winning the meet and becoming Tri-Rivers Conference Champions. Matthew Schaul (1st) not only led the team, but also the entire meet, winning the race, running a 16:59, making him the Individual Champion of the TRC. George Livingston (3rd) gained a podium spot, running an 18:02 and Kenyon Baker (8th) ran an 18:33. Arion Rave (13th) ran one of his best races of the year with a 18:48. Brady Eike (51st) ran a 21:35 and Jayden Schwandt (68th) ran a 23:27. The boys placed 1st out of 11 teams with a score of 68.

The teams run next Thursday at North Linn to see if they can punch their tickets to the State meet. The times and places will be in the next Echo.



The boys cross country team brought home a conference championship Tuesday night. Pictured are assistant coach Dunlap, Jayden Schwandt (JV), Brady Eike, Kenyon Baker, Matthew Schaul (also the individual champion), Arion Rave, George Livingston and head coach Kirchoff.



Matthew Schaul



Taryn Burbridge



Allison Hogan



Brady Eike

Shine Bright on Senior Night: An Insider Look

by Kaitlyn Nolan

A moment, one so expertly planned to perfection with every bell and whistle imaginable, can be thrown off by one piece of the puzzle changing. For Maquoketa Valley's Senior Night football game against the North Linn Lynx, the piece just so happened to be the terrible weather. As the sun began to set and the sky darkened, icy winds and freezing rain attacked players, fans, and cheerleaders alike. For the first time this season, an inescapable chill seemed to settle in my bones as I stood at the sidelines, blocking out the cold by every means possible for an MV cheerleader: earmuffs, gloves, joggers, and my cheerleading jacket. Even the weather couldn't stop the Wildcat football team from pulling off an impressive win against a top team in our district. While Friday Night Lights has been prominent in MV's history, never has there been a game so intense on our home field with so much at stake.

Even from the beginning, I knew that this game was going to be something special. Parents and students lined the track for Senior Night. Fans were encouraged to "Stuff the Stadium" for the whiteout game. Delhi Landing, a popular bar located in downtown Delhi, had announced earlier in the week that they were going to be giving out twenty-four free pizzas. T-shirts were going to be tossed out during the game by the cheer squad. Maquoketa Valley's new Activities Director, Mr. Matthew Seabold, ordered hundreds of white poms to hand out to spectators as they entered.

Lily Huber, a senior at Maquoketa Valley who has yet to miss an FNL game, always felt amped for a game in Delhi. "Whenever we have a home game, I just feel extra, extra excited because it's our home turf. It might be because I'm a senior, but just the energy of the band, it being Friday, and the student section just—" She paused, unsure of how to word exactly how she felt. "It's this feeling of comradery and everyone bonding over the same thing."

KCRG's meteorologist Joe Winter, who many refer to as an Iowa legend, gave the latest update on the weather and offered the cheerleaders an opportunity to do a cheer for television. How could we say no? I remember my phone buzzing in my pocket afterwards, texts flooding in from relatives who had seen me on the six o'clock news. A smile greeted me in the reflection of my phone screen at the sight.

"The energy was very high," Lily described. "I mean, KCRG was there, it was senior night, and it was the last regular season home game. It was definitely very intense."

She couldn't have been more right. The second the clock started, everyone's eyes went to the field as the smell of traditional baby powder permeated the air. Our boys started off with a bang. Senior Lance McShane, a rising star in high school football, ran the ball for the first

touchdown of the game in mere minutes. This one play solidified my belief that we were going to win this game. After all, every time we played North Linn in the past ended up in a blowout not in our favor. A pick-six by sophomore Brady Wall added more fuel to my fire. North Linn managed to put up a touchdown towards the end of the first quarter.

The second quarter became a struggle. North Linn managed to score once more and earned a two-point conversation, putting them on top for the first time, 14-15. Around the eleven-minute mark, a sheet of rain fell from the sky. Compared to the warm downpour we dealt with at Clayton Ridge, the rain on Friday felt like being attacked by ice. Each time a droplet of water hit my face, my body temperature dropped. My teeth chattered, my soaked jacket stuck to my body, and my glasses no longer aided my vision. I knew I should have worn contact lenses.

Everything had started to blur together at that moment: the score, the impact of winning, how sore my throat was from screaming, the anticipation of a playoff game, etc. My job as a cheerleader became more difficult with each passing second. My eyes lingered too long on the field before turning, and I scanned the student section's expressions during each cheer to understand what was happening on the field without looking.

Halftime came out of nowhere. I made the switch from cheer to band, grabbing my clarinet, protected from the rain with a scented trash bag, and standing on the track for my first ever non-marching halftime show. Mother Nature, it seemed, had no respect for "Wildcat Radio" and DJ Swaggy T.

Third quarter felt stagnant. Even though the rain subsided, the chill of autumn never left. Each play seemed to have a penalty, and each time a team neared the goal line, it was a turnover or a punt. In a typical game, this wouldn't have been as nerve wracking; however, last Friday, playing slow while down wasn't a good sign against a good North Linn squad. The cheer squad tried to keep the energy going, and even though the student section and fans were still into it, I could see the temperature taking effect. Red-faced fans covered themselves in blankets to keep warm. Thankfully the fourth quarter brought the energy so desperately needed. After seven minutes of turning the ball over, the heavenly choir sang as Lance broke through and ran past the fifty-yard line, an effective surge that reinvigorated fans.

"It was crazy!" Maddyx Rienets, senior cheerleader, exclaimed. "Everyone was on the edge of their seat the entire game and you could tell. We were anticipating every play. I've never had that much fun at a game before."

If the fourth quarter played out like the last, the Lynx would earn the win and clinch a playoff spot, leaving the Wildcats to stress for



the next game. With the boys nineteen yards away from the endzone, our chances of winning grew. After multiple surges forward by an average of what felt like four yards each, the Wildcats reached fourth-and-three on the four-yard line. Maddy stood close by, our shoulders touching as we watched downfield. We both prayed, joking around that we were going to "manifest this win" while simultaneously hoping that a miracle would occur. No need for a miracle; Lance broke through the line, scoring the final touchdown of the game. The same play for a two-point conversion put the Cats on top, 22-15.

"We were screaming and jumping up and down," senior Livia Hermanson, Captain of the cheerleading team, explained. Her voice that night sounded as if she had been punched in a throat or had gone days without drinking water. "We didn't even have a voice from earlier in the game."

The next three minutes of the game were the longest. Now that North Linn had the ball, we had to prevent them from scoring. There were so many ways the game could go depending on how the Lynx scored, and the calculations and probability made my head swirl.

After a breakaway run that put the Lynx near the goal line, my stomach twisted into knots. My emotions were already a mess, and if we were to have lost after coming so close, I knew I would have had a breakdown then and there.

North Linn's center snapped the ball too high, and their quarterback, Jake Van Etten, rushed after it. "That was my favorite part of the entire game," Livia declared. "North Linn was going in for a touchdown, but they just couldn't get it. We ended up sacking the quarterback."

After draining the play clock and kneeling the ball, the game ended in favor of the Wildcats. Maquoketa Valley fans cheered, and the boys hollered in excitement before running in for high-fives. I could finally breathe, and I turned toward Maddy who wore the same grin on her face that I did.

In what felt like the dramatic ending to a high-stakes cinematic masterpiece, we both breathed, "They did it."

MV takes down North Linn

by Kaitlyn Nolan

Senior Night, whiteout, KCRG, Delhi Landing pizzas, youth football night, and a chance to secure a spot in the playoffs. In arguably one of the biggest games of the season, the Wildcat boys pulled off a huge win against the North Linn Lynx in a close 22-15 bout. The game had started off strong with two touchdowns from senior Lance McShane and sophomore Brady Wall respectively until North Linn came back to pull ahead 14-15. The third quarter proved stagnant, but that all changed during a nervewracking fourth quarter when McShane scored the final touchdown with roughly four minutes left. The Cats held strong on defense to secure the dub.

Despite the terrible weather, the boys fought hard. McShane led in rushing yards, sophomore Anderson Holtz led in receiving yards, and junior Nathan Beitz led in tackles.

“This was a very nice win against a very good football team,” stated Head Coach Scot Moenck. “This game had a little bit of everything: offense, defense, and special teams. With the way the game played out, it was a great thing that we got off to such a great start. I was very pleased with our defense, for the most part, I thought we did a good job of limiting their big plays. They have so many different weapons, and we didn’t want to give up a lot of explosive plays and besides the kick-off return for a touchdown we did that. Offensively with the weather conditions the way they were it was so tough for us to get our feet in the ground. I really felt we blocked well upfront. That group has really made huge strides all season long. We still have a lot of things we need to get better at, but the guys are really playing hard and playing together. They’re a



fun group to be around.”

Tonight they play a ranked Star-mont team (a game that, earlier this week, was announced as a nomination for KW-WLs Friday Night Heroes Game of the Week). The 6-1 Stars fell to North Linn earlier this year in September but have since won every game following. On a Thursday night, they blew out East Buchanan 46-0. The game is looking to be a tough one yet again, so be sure to show up and be loud for your Wildcats.

The theme for the game is USA, and kickoff is at 7:00 p.m.

STATS:

Brady Wall: 7/10 C/ATT; 49 YDS; 1 INT; 5 CAR; 27 YDS; 2.0 TOT; 2 SOLO
Dylan Knipper: 3 CAR; 6 YDS; 1 REC; 2 YDS; 3.5 TOT; 3 SOLO
Lance McShane: 30 CAR; 154 YDS; 30 LONG; 7.0 TOT; 6 SOLO
Anderson Holtz: 1 REC; 38 YDS; 3.0 TOT; 3 SOLO
Taten Intorf: 4 REC; 7 YDS; 4.5 TOT; 4 SOLO
Lukas Chesnut: 1 REC; 2 YDS; 2.5 TOT; 2 SOLO
Colin Smith: 2.0 TOT; 2 SOLO
Devin Meeks: 2.0 TOT; 1 SOLO
Aidan Salow: 6.5 TOT; 4 SOLO
Nathan Beitz: 8.0 TOT; 7 SOLO
Brady Davis: 2 SOLO

Volleyball team gets win over Alburnett, moves onto postseason

by Natalie Ries

The Wildcats are continuing their season for hopefully many weeks to come. The volleyball teams took on Alburnett last Thursday on the road. The Varsity team was successful with another win added to their record to make their overall record 12-12.

Looking into the stats for the week on offense Keira Leytem led with assists. Leytem had a total of 35 out of the 36 assists on the night. Lili Bauers helped out Leytem and had one assist. The kill leader for the game against the Pirates were Grace Richter

and Camryn Paris. Both of these ladies had 12 kills. Following Richter and Paris with kills was Haley Ronnebaum.

Defensively Camryn Paris led with solo blocks. Paris had a total of three solo blocks. Right behind Paris was Grace Richter with one solo block. Lili Bauers led the digs category. Bauers had 35 digs. Jada Knipper was behind Bauers with 15 digs on the night.

Serving Lanni Beaman was the most successful server and had 100% of her serves. Overall Keira Leytem had the most

successful serves. Leytem had 15 serves over and in.

The scores for this game were set 1 25-19 MV won, set 2 25-12 MV won, set 3 25-19 Alburnett won, and set 4 25-20 MV won.

The Varsity traveled to Central City last night to play in the conference tournament. Stats will be in next week’s article.

For post-season play, the Wildcats will host Postville Monday night at 7pm.

Full Circle: Coach Nefzger's volleyball career at MV includes many roles

by Kaya Knipper

There are many different ways to see a volleyball court: from the stands, in the student section, as a player, or on film. But Morgan Nefzger sees it differently; she sees the court from the sideline, as the Maquoketa Valley head Volleyball coach.

The matching shirts and shorts with Macey Sheppard and Makayla Callan, Morgan's assistant coaches, have always been a staple within the program. Morgan watches as she and the players line up on the sidelines before games holding pinkies while listening to the national anthem. It's senior night, one of the most emotional nights of the year, and the lady Wildcats want to pull out the win, and Morgan knows exactly how this feels.



Morgan has always had a love for volleyball. She played her way through middle and high school, coached with her mom as an assistant and now as the head coach.

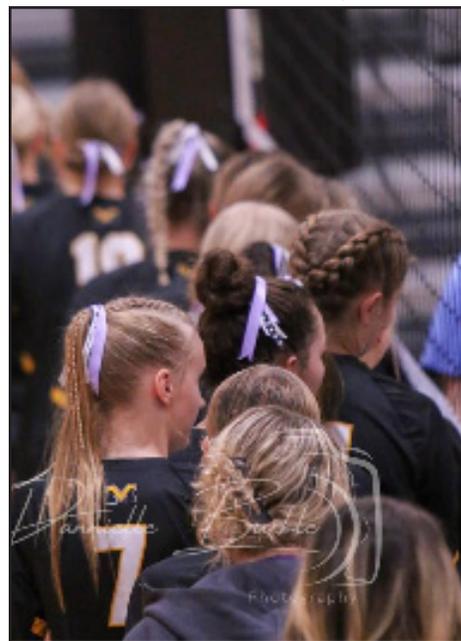
"It has been full circle," Morgan stated. "I coached the Freshman/Sophomore team, and my mom coached the JV team so getting to coach with her was great, and now being the head coach I have learned a lot from my mom about the game. And I would be lying if I said that I didn't call her after every game and sometimes practice if I was ever stuck or needed some insight." Morgan's mom has been one of her biggest supporters through coaching for Maquoketa Valley; she can always head to her for advice.

Morgan stands on the sidelines knowing that her girls are going to play their game.

"They are out on the court for a reason and they know it. My girls will get the job done," said Morgan. The biggest goal for the girls this year is to make Wildcat history and bring the team to state. In the locker room, there is a bright purple poster that says STATE right on it. Another side goal that Morgan has that she has never shared with the team is she wants the girls to know why they play this sport. "It's easy to forget why you play when you are in the heat of the competition."

During games, the coaching style that Morgan has is more of a laissez-faire type of coaching. This means that when out on the court Morgan wants many leaders on the floor, not just herself. She isn't the type of person to yell at the players; she knows that her players will figure out what they did wrong.

Her non-verbal communication has facial expressions that her players and assistant coaches could see and they know that sometimes she is not happy, but the



girls know she wants the best for them. When coaching, Morgan's thoughts sometimes lead to "Why did they do that?" But most of the time when a girl gets a kill, she is super excited and can't wait for the next one.

During the games the crowd is cheering, the assistant coaches and Morgan all on the sidelines are excited that the girls are on fire and Haley Ronnebaum just got another kill finishing off North Linn, East Buchanan, and Alburnett. The volleyball team finished their season 12-12.

Now heading into postseason Morgan is very excited to have the girls redeem themselves against Starmont and Central City in the conference tournament. Along with that, Morgan noted she is excited to take on the Postville Pirates in region play to make it to the state tournament: "I am feeling very good. Seeing the bracket placings I've already done some digging on stats. Some advice that I've said to the girls is we have to take it one game at a time and can't be overlooking some teams. I'm going to do my part, and the girls will need to do theirs."

Morgan believes that her coaching experience has been full circle for her and the Maquoketa Valley Volleyball Program. She can't wait for what the rest of this season brings with more to come.



Student of the Week

Harold Mohr



You have been nominated because you stepped up and became Willie the Wildcat at last Friday night's game. What made you decide to do it? When I was asked if I wanted to be Willie the Wildcat at last Friday's game, I knew it was going to be lots of fun and it would be a time worth remembering. I also decided to do it because it was Senior night as well as the last regular season home game. So what better time than now.

How did you like being the mascot? I really enjoyed being the mascot. It was fun going around to all the little kids and giving them high-fives and getting pictures with all the fans. It was funny when I went into the student section to take pictures with everybody because people were guessing who was under the mask. It didn't take long before people started wondering if it was me.

What advice do you have for future Wildcats? My future advice is to bring out your inner Wildcat and have fun.

Theme night fun

At a recent volleyball game, the student section wore White Lies shirt. (photo by Dannie Burkle)



Big Games on the Big Stage

It seems that Iowa QB1 Cade McNamara can't catch a break. During the game against Michigan State a couple of weeks ago, the Michigan transfer fell to the ground with a torn ACL. Thankfully, he's expected to return to Iowa next season. For now, Wisconsin transfer Deacon Hill has taken over the role as starting quarterback. He led the Hawkeye squad to a win against Purdue last week for their homecoming game, and now he's looking to propel them towards a win over the Badgers this Saturday. As of right now, Wisconsin is first in the Big 10 West.

The Cyclones took down TCU last Saturday, and this weekend they are preparing for a game at Cincinnati. The team has bounced back a bit following their loss against Oklahoma, but their season isn't going as Head Coach Matt Campbell had hoped. Luckily for them, the Bearcats are only 2-3 for the season.



by Kaitlyn Nolan

Athletes of the Week

Name: Keira Leytem

What do you enjoy most about volleyball? What I enjoy most about volleyball is the team atmosphere. We get along very well and can build off of each other's energy easily during games. Also the competitiveness within volleyball.



What creates positive energy for the team? I feel we all do a great job with positive attitudes and we look to each other for energy. I think we seniors have done well with being positive even if we get in a slump. We try to give energy to pull everyone out.

What's your favorite warm-up song? I don't think I have a favorite warm-up song. However I do think we get very hype to anything that our dj Lily plays for us.

What has made this year unique for you? Obviously, it being my senior year has made me want us to make it to State even more than years prior because it is not only mine but all the senior's last chance. I also think more fans have come to watch more this year because of our improvement, it is really fun to play with a packed gym and a student section!

Name: Preston Salow

What do you enjoy most about football? I enjoy being to play together as a team

and grow closer with them while getting better at the sport I love
What lessons about life have you learned from the sport? I learned that sometimes in life things get tough and you face diversity but you never give up.

Who are your favorite pro/college football teams? My favorite NFL team is the Dallas Cowboys and my favorite college team is Iowa

What is your favorite pregame ritual? Listening to music to get me in the zone

Who is your football role model? My football role model is Tristan Wirfs



Meet the Freshmen



Ever, Breanna, Chase & Seth

Name: Breanna McShane
 Siblings: Lance McShane
 Activities you plan to be in: Track, volleyball, basketball, FFA.
 Favorite subject: English
 Career aspirations: Ultrasound Tech
 Hobbies: Sports
 Something cool about you: My birthday is February 2.

Name: Seth Dugan
 Siblings: I have 2 siblings.
 Activities you plan to be in: Football, wrestling, golf, and baseball
 Favorite subject: Study Hall
 Career aspirations: I'm not sure.
 Hobbies: Hunting, and fishing.

Name: Chase Krogmann
 Siblings: Kain and Ian
 Activities you plan to be in: Football
 Favorite subject: Ag
 Career aspirations: Work at the meat locker
 Hobbies: Riding dirt bikes
 Something cool about you: My eyes are brown.

Name: Ever Botos
 Siblings: Fielding Botos
 Activities you plan to be in: Cheer, speech, gold, and softball.
 Favorite subject: Beginning Foods
 Career aspirations: To become an interior designer.
 Hobbies: Swimming, and going to the lake.
 Something cool about you: I have 16 cousins on my mom's side.

—typist: Grace Richter

Props to the cheer team and dance team for their community service hours. They have a combined total of 343 hours so far!

Fine Artists of the Week

Name: George Livingston
What role do you play in the musical?

I play Fester Addams, also called Uncle Fester.

What's your favorite part of the show? Probably the entire songbook for this musical. All of the music is fun to perform, fun to listen to, and extremely fitting for the production.

What will audience members enjoy about this show specifically? I believe the audience will enjoy the comedy and interactions of the entire Addams family. I don't want to spoil anything now, but be sure not to miss it.

What's your favorite memory from rehearsals? My favorite memory from rehearsals has to be when "the Pugster" broke the Sacred Chalice of the Addams family. Let's just say we may need a new chalice...

How has participating in the musical affected you? Being involved in the MV musical program has changed my life. Ever since I first took to the stage in Shrek: The Musical, I have increased my involvement overall. I am now involved in choir, contest speech, and play. All of which I must balance with all my other extracurricular activities. Both the friends and memories I have made in the fine arts changed my life. I'll surely miss it when I graduate in the spring.

"George has done an incredible job of helping the group stay focused and on task during rehearsal- he leads by example! I know that George is balancing being a student athlete with being in the Fine Arts, and I am so impressed by his dedication and willingness to come in and work hard during rehearsal after his cross country practices and meets." —Ms McCrary



Name: Lacey Barry
What role do you play in the musical?

I play one of the ancestors

What's your favorite part of the show? I really like a lot of the show.

But I mostly enjoy being a part of the cast, working hard with all of my people, and seeing all of the scenes come together smoothly.

What will audience members enjoy about this show specifically? The humor, especially Morticia and Gomez's back and forth arguments.

What's your favorite memory from rehearsals? There is a part where we get together with partners and we have to tango. I am a very uncoordinated person, and I picked another uncoordinated person to tango with. We always wind up really behind or a couple beats ahead. There have been times where she trips me, or I trip her.

How has participating in the musical affected you? I have grown to enjoy these types of things. I never thought I would see myself on a stage in front of people. Working with all of these people has given me more confidence about myself.

"Lacey has been balancing a busy work schedule and a busy rehearsal calendar and making them both work! I was impressed by how much Lacey stepped out of her comfort zone to try something new when auditioning for the musical, and she has been working incredibly hard to learn all of the things we've been doing, including all of the complicated tango steps!" —Ms. McCrary



Comedy Corner —compiled by Grace Richter

Did you hear about the guy who got hit in the head with a can of soda? He was lucky it was a soft drink!

I asked a Frenchman if he played video games. He said Wii.

What did the duck say when she purchased new lipstick? Put it on my bill!

Best Buds

Livia Hermansen, Josie Teymer, Lily Huber
by Chantel Crowley

How did the three of you meet?

Livia: We all met because of school.

Josie: I have known them both since 5th grade but we never really hung out till high school.

Lily: We've known each other at school for forever and weren't really close until the end of the year last year and the summer.

What is your favorite memory you have with each other?

Livia: My favorite memory would have to be either racing this random car in Dubuque or when we go out to eat.

Josie: When we went to Dubuque to see the live action *Little Mermaid* and ended up talking to random high schoolers through the car windows at a stoplight, paid Livia 30 cents for taking us, and Lily making jokes throughout the whole movie.

Lily: My favorite memory is when we went to *The Little Mermaid* and just judged and commented about it the whole time.

What do you admire most about your friends?

Livia: What I admire about Josie is she is always so happy and she is there for anyone whenever they need it. Lily is just a bubbly personality and she always makes me laugh. When you get all of us together it is hard to get us to stop laughing.

Josie: What I admire the most about Livia is how trustworthy and honest she is. I know that I can always go to her when I need to vent or when I need advice. What I admire the most about Lily is her talent to be a friend to everyone and her sense of humor.

Lily: What I admire about Livia is her work ethic. If she has something to do, she is always on top of it. What I admire about Josie is how understanding she is and how we have the same humor most of the time :)

What celebrity do you think each other looks like?

Livia: Lily reminds me of Anna Cathcart and Josie reminds me of Amanda Seyfried.

Josie: I think that Lily looks like Olivia Rodrigo and Livia looks like Princess Belle.

Lily: I think that Livia doesn't really look like anybody... maybe Haley Bookholdt. I think that Josie looks like Kevin McCallister ;)

What does a typical hangout look like?

Livia: A typical hang-out is either going



out to eat or just driving around.

Josie: Normally we just drive around Delhi and Manchester singing because we have basically the same music taste.

Lily: We usually would go out shopping and then eat somewhere.

Where do you see each other in the future?

Livia: Josie will be in Texas, I'll be in Dubuque, and Lily in Iowa City or Cedar Falls. I feel we will still try and figure out ways to hang out when we are all in our separate ways.

Josie: I see Lily having a successful career as a graphic designer and being married to an athlete of some sort where they will become a "it" couple. Though Livia says she wants to be a physical therapist, I can see her changing her mind and becoming a teacher, living out of state, and having at least four kids.

Lily: I see Josie going to Texas State for college (obviously) and then after traveling from place to place putting together outfits for celebrities and actors. I see Livia being a physical therapist and being a pro golfer with Haley Bookholdt.



JO-JO'S CLOSET

by Josie Teymer

I hope you're listening because what I'm about to tell you is very important. Stop just wearing your clothes. Learn how to style them. Believe me there is a difference.



You can buy a new pair of pants or a new sweater but it means nothing if you don't actually style them. Don't worry; I have a solution for you. Try it on with everything. Let's use a sweater for example. You could do a lot more than you think with a plain or even a sweater with a pattern. If you want to wear it with a plain pair of jeans you could add a collar under it, tuck it in and add a belt, wear rings, add a headband, or even a fun pair of shoes. If accessories scare you try a pair of patterned pants, overalls, or even throw it over a dress or a skirt. If you are wearing let's say joggers and a t-shirt, I would try layering. If it's a baggy shirt I would put a tight long-sleeve under it and then I think to cuff my joggers (mostly because I'm short tho). So, though it might make your room messy, I recommend trying everything you can think of just in case.

Deep Dive by Arianna Nolan

Welcome to Deep Dive! This is a new column featuring a new sea creature every week. In this column I will mostly be featuring adorable sea creatures that will make you smile. With this I will also be sharing some fun facts about the sea creature that will possibly amaze you.

My first sea creature is one of my favorite sea creatures of all time, the moon jellyfish. According to the Monterey Bay Aquarium, moon jellyfish have gone on a space expedition! They were brought to space to study how weightlessness would affect their organs while they were developing. Like all jellyfish, the moon jellyfish is an organism that doesn't have teeth to digest anything; instead they use their bell, which is the inside of a jellyfish to digest their food. Some videos will show the jellyfish capturing their prey, and you can see it get digested through their clear bodies. Sadly, most moon jellyfish will end up washed on the beach, but you can commonly find them in aquariums to find out more about their magnificent beauty!

¡Cocinemos!: Celebrating hispanic culture

Spanish Recipes, compiled by Kaitlyn Nolan, Spanish IV student

Churros are one of the most popular Spanish dishes in the culture. This fried dough dessert is usually served with chocolate sauce, and after following this recipe, you, too, could enjoy this delectable dessert. For the batter, you'll need: 50g butter, melted; ½ tsp vanilla extract; 250g plain flour, from a new bag (essential for absorbing the liquid); 1 tsp baking powder; about 1 litre sunflower oil; and a few chunks of bread. For the chocolate sauce, you'll need: 200g dark chocolate, not too bitter, broken into chunks; 100ml double cream; 100ml whole milk; 3 tbsp golden syrup; and ½ tsp vanilla extract, if you have some. For the cinnamon sugar, you'll need: 100g caster sugar and 2 tsp cinnamon.

After boiling water, add components for the batter into a pan. Put the dry ingredients into a bowl, make a well in the center, and add liquid. Mix and let it rest while you make the sauce. Put all of the sauce ingredients into a pan and melt together on low heat. Fill a star nozzle with the rested dough and pipe into a pan one-third full of oil, and fry until golden brown and crisp. Remove from pan with a slotted spoon and allow them to drain while coating in the cinnamon sugar mixture. Allow to cool and then enjoy! For the full, detailed recipe, find the churros recipe on BBC Good Food.

Tomato-Garlic Spanish Rice takes a typical Spanish dish and adds some Mexican flair. For this recipe from Delish, you'll need: 2 tbsp. extra-virgin olive oil; 1/2 medium yellow onion, finely chopped; 3 cloves garlic, finely chopped; 1 1/2 c. long-grain white rice, lightly rinsed, patted dry; 2 c. low-sodium chicken broth; 1/2 c. canned crushed tomatoes; 2 tsp. kosher salt, plus more; 1 1/4 tsp. Sazón seasoning; 1 tsp. dried oregano; 3/4 tsp. ground cumin; 1/2 tsp. freshly ground black pepper, plus more; 1/4 tsp. cayenne pepper; and fresh cilantro leaves, for serving.

In a medium saucepan over medium heat, heat oil. Cook onion, stirring occasionally, until slightly softened, about 3 minutes. Add garlic and cook, stirring frequently, until fragrant, about 2 minutes. Add rice and cook, stirring frequently, until toasted and lightly golden, about 6 minutes. Stir in broth, tomatoes, salt, Sazón, oregano, cumin, black pepper, and cayenne. Increase heat to high and bring to a boil, then reduce heat to low. Cover



Hall Smarts

by Maya Smith



Pancakes is a favorite breakfast food, but some even have it for dinner! This week, students were asked questions about pancakes.

What ancient civilization created pancakes?

Harold Mohr: Romans

Addison Vorwald: British

Macee Nolan: Native Americans

Shane Wright: Greeks

Answer: Romans

What is often used as a topping for pancakes?

Harold: Syrup

Addie: Syrup

Macee: Syrup

Shane: Syrup

Answer: Maple Syrup

How many pancakes are consumed in a year by the U.S.?

Harold: 3 Billion

Addie: 3 Billion

Macee: 7.5 Billion

Shane: 3 Billion

Answer: 7.5 Billion

What is the world record for most pancakes eaten in 8 minutes?

Harold: 53

Addie: 50

Macee: 128

Shane: 20

Answer: 113

