



The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: <http://www.maquoketa-v.k12.ia.us>

August, 2017

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M.V. Middle School

Delhi Elementary

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Board of Directors

Donna Kunde - Area 1
Doug Dabroski - Area 2
Chris Huber - Area 3
Michael Feldmann - Area 4
John Zietlow Area 5

Welcome Back

With the beginning of a new school year, it is always a time in which student and staff expectations and enthusiasm runs high. It also seems to always coincide with a number of changes throughout the district. Obviously this year is no exception! First and foremost we are in the midst of a school renovation and addition process. At the time of this writing, the locker room, commons/lunchroom, concession area, instrumental music, auditorium, kitchen and new heating units and thermostats are in their final stages of completion. The new fitness room, weight room, lobby addition of the set building room and remodel to the north side of our high school facility continues to move along. Although our progress is coming along rather smoothly we have had some glitches. Asbestos abatement has delayed parts of the project as well as some untimely rains have slowed the process. We are still hoping that a large part of the project will be finished by the end of August. But you know as well as I do, that once you get knee deep in a remodeling project, especially with a facility that is almost 60 years old, there will be some unforeseen problems. In the end it will all be worth it and something we all will be very proud of. To improve our facility with an actual decrease in our school levy rate is something that all of us can be extremely pleased with. You can thank your School Board Directors for their fiscal savvy. Next summer we will continue the work with classroom updates at the high school as well as some carpet replacement throughout the facilities as well as continued work on roof updates. And as we do every summer, the custodial crew continues to work feverishly in all of our facilities cleaning, scrubbing, waxing, painting, mowing and fixing.

In addition to the physical changes that are currently happening throughout the district and those that are on the horizon, we also have a number of instructional changes that have occurred within our district. With changes and shifting of personnel that occurred during the school year, Monica Bunn and Randy Darrow were hired as our night custodians for the Delhi campus. Sara Kimball was also hired as a Title and Special Education Instructor at the elementary level. With the retirement of Ellen Martin at the end of this school year, Jess Wessels moved from the 1st grade classroom to the Title position and Randene Orr was hired as the 2nd grade instructor at Johnston. Sarah Lown was also hired to be a part-time Title and 5th grade literacy instructor in Delhi. Shaina Gearhart recently resigned and Amy Anderegg who is an experienced instructor from Ed-Co filled Shaina's position. With the departure of Chris Hadley as our secondary instrumental instructor, Travis Ford was hired to replace Mr. Hadley.

(continued from cover page)

Carrie Elsinger moved back to her home district of Western Dubuque and Jen Jaeger was hired to be the district's elementary and middle school counselor. With the departure of Tracy Morrison as the Middle School Principal to Cedar Rapids Prairie and our opportunity to share with Midland Community Schools, Troy Osterhaus moved from the science classroom to become the districts 6th-12th principal. Brian Bruening was hired to replace Mr. Osterhaus in the science classroom. Mrs. Brenda Becker will continue as the early childhood principal in Earlville but will move from Johnston to also become the elementary principal in Delhi. Ann Norton will maintain her school improvement responsibilities but will also assume principal responsibilities at Johnston. Kris Wilson, who taught 3rd grade last year will teach a 4th grade this year, and Sara Dever, who was teaching 2nd grade at Johnston Elementary will now be a 4th grade teacher in Delhi. Tom McAreavy replaces Bob Kirkwood who had served our kids and this district for over 30 years. Thank you to Bob for his dedication to our children. Tami Kramer has also been hired to be one of the district's special education van route drivers. Brandy Whittenbaugh replaces Josh Holtz as our Head Volleyball coach and Jen Teymer becomes the High School Dance Team coach. Kurt Hatfield will be our Middle School Wrestling coach, replacing Mike Beatty who served in that spot for many years. Mike will be missed dearly. So please take time to welcome all of the new individuals to our Wildcat family when you have an opportunity to see them in our schools.

As most of you are aware, for the coming school year our Board of Director's has made a decision to share the Superintendent's position with the Midland Community Schools located in Wyoming. At this time this will be a one-year trial basis so each district has an opportunity to determine if the shared position is meeting their fiscal and leadership needs. One of the primary questions that have surfaced regarding the sharing agreement is why is our District sharing with Midland? To answer that question I would like to reference a recent Cedar Rapids Gazette article written by Erin Murphy. In the article Ms. Murphy outlines that shared superintendents in our State has more than tripled over the past decade. The reason for this sharp increase is that school districts are looking for ways to increase revenue and decrease expenditures. Sharing administrative positions does this. We all realize that funding for public education has become stagnant for quite sometime. As Ms. Murphy outlined in her article "the decision to share superintendents is tied to a web of fiscal factors.... one is the recent trend of below average increases in state funding to public K-12 education. In the 38 years between 1973 — when the current school funding formula was written — and 2010, annual state funding to schools increased by 2 percent or less just three times. It has been 2 percent or less in six of the past eight years." As the Executive Director Bartusek from the Iowa Associations of School Board recently stated, "school boards consistently prioritize how school districts can maximize current programs for our students while still allocating the right level of resource to that important function of administration and leadership and I believe that's what the parents and communities and taxpayers of Iowa would absolutely want." Maquoketa Valley and Midland are always analyzing ways to reduce expenditures and increase revenue and sharing superintendents is a way to do both. A very important advantage to sharing a superintendent is the State incentive, which adds additional state funding to districts that share administrative personnel. So Maquoketa Valley and Midland not only reduce spending by sharing a salary but our district receives extra funding from the State. It is a win-win for both districts.

Both the Maquoketa Valley and the Midland Board of Directors have agreed to review our agreement each spring to ensure that both districts' needs are being met and also discuss other ways we may be able to share. Not only am I hopeful, I am confident this will be a great relationship for both districts.

All of us are extremely excited about the 2017 – 2018 school year. With our building project, our new teachers, coaches and support staff that will be joining our MV family, I know it will be a fantastic year! If you have any questions, please do not hesitate to give me a call, drop me an email, or stop by to visit. The doors to Maquoketa Valley will always be open for the parents and patrons of this district.

Regular Board Meeting

June 19, 2017

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 6:00 p.m. in the Middle School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Three board members were present. There were three staff present and two visitors. The agenda and consent items were approved.

Ann Norton presented the Board with information from the recent SIAC committee meeting. Mrs. Norton took a few minutes to update the board on recommendations received from the SIAC committee and how these recommendations will be implemented into the professional development for the upcoming school year.

The Board called for bread and milk bids for the 2017/2018 school year to be approved at the July meeting.

Board Secretary, Erika Imler, was authorized to pay bills owed yet this fiscal year prior to June 30th.

The following personnel recommendations were approved:

- Jen Jaeger – employed as Elementary Counselor
- Sarah Lowen – employed as .625 FTE Title I/Elementary Teacher
- Kurt Hatfield – employed as Middle School Wrestling Coach
- Cody Schindler – employed as Middle School Baseball Coach
- Sonya McCormick – employed as Assistant Softball Coach
- Lesa Parmely – employed as Yearbook Photo Sponsor
- Bob Kirkwood – resignation as Bus Driver
- Tracy Morrison – resignation as Delhi Elementary/Middle School Principal

The Board as well as Supt. Tuetken expressed their appreciation to Mr. Kirkwood and Mrs. Morrison for their dedication and years of service to the Maquoketa Valley School District. The Board also wished Mrs. Morrison the best of luck on her future endeavors as College Community.

Board policy 701.060 Meal Charges was reviewed and approved. This is a new policy created due to recent changes from the Iowa Department of Education Nutrition Program. This policy will outline protocols for employees, families and students regarding meal charges.

Language changes to board policy 204.020 Regular Board Meetings was reviewed and approved. This policy sets the meeting date and time for the Board of Directors meetings. Beginning in July 2017, the regular Board of Directors meetings will be changed from the 3rd Monday of each month to the 4th Monday of each month.

The Board approved the AEA Purchasing Agreement for the 2017-2018 school year.

Student fees and prices for the 2017/2018 school year were reviewed. A 10 cent increase was approved for all food service prices. All other fees will remain the same. The following food service and student fees were set for the 2017/2018 school year:

Student Lunch (K-5)	\$2.25
Student Lunch (6-12)	\$2.50
7-12 Second Entrée	\$1.60
Reduced Price Student Lunch	State Determines
Extra Carton of Milk	\$0.55
Adult Lunch	\$3.65
Student Breakfast	\$1.65
Reduced Price Student Breakfast	State Determines
Adult Breakfast	\$2.55
Ala Carte Items	Market Price

Student Materials Fee (PS)	\$20.00
Student Materials Fee (JK-6)	\$55.00
Student Materials Fee (7-12)	\$70.00
Musical Instrument Rent	\$50.00
Second Musical Instrument Rent	\$25.00
Music Uniform Cleaning	\$25.00
Instrument Music Lesson Book	Our Cost

The Board approved the 2017/2018 managed service agreement contract from Infrastructure Technology Solutions. The Board also approved the 2017/2018 natural gas bid from Constellation Energy.

The Board reviewed the IASB Legislative Action Priorities and will begin the process of choosing the District's top five priorities for 2017/2018.

Supt. Tuetken took a few minutes to discuss the board goal setting process and presented the Director's with information on previous Board goals and Superintendent goals. Further discussion on this process will take place at the July meeting.

Supt. Tuetken asked for the Board input and feedback regarding the combined Academic Excellence and National Honor Society Banquet. Possible changes were discussed. This will be reviewed after the new year.

The July board meeting will be held on July 20th at 6:00. The August board meeting will be held on August 28th at 7:00.

The meeting was adjourned at 7:28 p.m.

Attention Parents and Child Care Providers

One change starting this year that you need to be aware of is the school day is being extended by 20 minutes district wide. This means classes will be dismissed in Delhi at 3:20 and the outlying centers at 3:30. The information below explains all the dismissal times including shuttle bus students.

Students Attending the Delhi Center:

- *School is dismissed at 3:20 for bus riders
- *Students walking home or being picked up leave after the buses leave

Students Attending the Earlville Center:

- *The shuttle bus to Delhi and Hopkinton will leave at 3:00.
- *Students walking home or being picked up are dismissed at 3:25.
- *Students taking the bus home are dismissed at 3:30.

Students Attending the Johnston Center:

- *The shuttle bus to Delhi will leave at 3:00.
- *The shuttle bus to Earlville will leave at 3:20
- *Students walking home or being picked up are dismissed at 3:25.
- *Students taking the bus home are dismissed at 3:30.

The start time for the school day will not change and will remain at 8:00.

Regular Board Meeting
July 20, 2017

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 6:00 p.m. in the Middle School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Five board members were present. There were two staff present and two visitors present. The agenda and consent items were approved.

Bimbo Bakeries will provide the district bakery needs and Prairie Farms will supply the dairy needs for the 2017-2018 school year.

The following personnel recommendations were approved:

- Tammy Kramer – employed as Special Education Van Driver
- Tom McAreavy – employed as Bus Driver
- Amy Anderegg – employed as Elementary Teacher
- Troy Osterhaus – resignation as MS Boys Basketball Coach
- Melissa Dutra – resignation as MS Volleyball Coach
- Melissa Dutra – employed as HS Assistant Volleyball Coach
- Ali Scherrman – employed as MS Volleyball Coach

The Board approved the 2017-2018 Preschool, Delhi Elementary, Earlville Elementary, Johnston Elementary, Middle School and High School Student and Staff Handbooks as well as the Coaches/Sponsor Handbook.

The Board approved the participation in the National Hot Lunch Program for the 2017-2018 school year.

The Board approved the Superintendent authority to seek the advice of appropriate legal counsel as needed among the firms listed:

- Ahlers, Cooney, Dorweidler of Des Moines
- The Gruhn Law Firm of Cedar Rapids
- Lynch Dallas, P.C. of Cedar Rapids
- The Compton Law Firm of Strawberry Point
- Tom Hanson, Manchester
- Swisher and Cohrt, Waterloo
- Iowa Association of School Boards
- School Administrators of Iowa

Erika Imler was appointed as the District Board Secretary/Treasurer for the 2017-2018 school year.

Board policy 604.080 Title I Parent Participation was reviewed and approved.

The Board reviewed the IASB Legislative Action Priorities and will finalize the District's top five priorities for 2017-2018.

Supt. Tuetken presented the Board with a rough draft of Board and Superintendent Goals as well as guiding principles and expectations for the 2017-2018 school year and Superintendent evaluation. Supt. Tuetken reviewed the indicators and goals with the Board and notated possible changes and modifications. Further discussion of these goals and indicators will take place at the August meeting.

In other information, school registration is scheduled for Tuesday, August 8th from 10:00 am – 6:00 p.m. at the Delhi campus. E-registration will be used again this year and fees associated with the online payment system will be waived during this time.

The August board meeting will take place on August 21st and be held at the Kirkwood Center in Monticello. This will be a joint board meeting with the Midland board. The meeting will begin at 6:00 p.m.

The Board discussed possible work sessions for the upcoming school year. The meeting adjourned at 6:44 p.m.

Registration and 2017-18 School Fees

Registration of students and payment of fees will be **Tuesday, August 8** from 10:00 AM until 6:00 PM. Registration is for **one day in DELHI only** at the Middle School.

Opening day of school will be Wednesday, August 23, 2017. The school day hours have been extended at the end of the day - school will still start at 8:00 AM but will now end at 3:20 PM.

As in the past, parents will be able to pay their 2017-18 school year fees and submit lunch money on the on-line program RevTrak and update contact and emergency information on PowerSchool. Parents have the option to complete registration from 10:00 AM until 6:00 PM when school personnel will be on hand to assist with the registration process. Through the PowerSchool link, also located on the school website, parents may update information at home for all children enrolled in school. It is especially important for parents to update e-mail addresses, since notices of early dismissals, make-up information, etc. are now being sent that way. Also, cell phone numbers need to be updated for text alerts. Many forms are located on the school website (www.maquoketa-v.k12.ia.us) including this August newsletter, Free/Reduced Form, Physical Form and many more.

For those families who apply for Free or Reduced meals, it is still best to come to school on registration day August 8th. It is best to complete the form before you bring it in to Cheryl Gates in the MS office. Also, families new to MV, please come to school for Registration and bring the social security cards and birth certificates of your child/ren with you.

Parents are also being encouraged to use our online payment program RevTrak. (Look for the flyer in this newsletter.) With this program your online payments are made using your same PowerSchool login username and password. Fees incurred paying online will be waived August 7 through August 14.

The Assignment Book (for 4th - 8th graders) may be purchased during Registration or on Back to School Night or first day of school. If you purchase it on line using RevTrak, your child's book will be in his/her classroom the first day of school.

It is extremely important that EVERYONE register before school starts. If you need your POWERSCHOOL login information, please contact Pam Overman at pamoverman@maquoketa-v.k12.ia.us.

Student Materials/Rental Fees

4-year old PreSchool	\$ 20.00
Jr. Kindergarten - 6th grade	\$ 55.00
7th grade - 12th grade	\$ 70.00
Musical Instrument Rent	\$ 50.00
Second Musical Instrument Rent	\$ 25.00
Music Uniform Cleaning	\$ 25.00
Instrument Music Lesson book	Our cost
Assignment Notebook (4th - 8th gr.)	\$ 5.00

Breakfast & Lunch Prices

Breakfast is served in all Maquoketa Valley school buildings before classes every day (beginning at 7:45 AM) and lunch is served between 11:30 AM and 12:30 PM. The menus will appear each month in the on line newsletter at our web site. Any amount may be sent with your child and deposited in your meal account.

New prices are:

All grades Daily Breakfast	\$ 1.65
<u>PreSchool-5th</u> Daily Lunch	\$ 2.25
<u>6th-12th</u> Daily Lunch	\$ 2.50
Extra Milk	\$.55
Second Entree (7-12th)	\$ 1.60
Reduced Price Breakfast	\$.30
Reduced Price Lunch	\$.40
Adult Breakfast	\$ 2.55
Adult Lunch	\$ 3.65

The application form for Free or Reduced price meals is here in this newsletter or can be obtained off the school's web site. By using the guidelines chart at the bottom of this page, you can check to see if your total household gross income is within the Reduced limits. If so, bring the completed form with you to registration. A family who qualifies for free or reduced price meals will also qualify for a student fee waiver. If you choose to take the fee waiver, just sign and date the Waiver Statement which is located at the bottom of the second page of the Free or Reduced meals application. Also, check the second page of the application for children's health insurance offered by the State of Iowa called **hawk-i**.

Reduced Price Meals				
Yearly	Monthly	Twice a Month	Every two weeks	Weekly
22,311	1,860	930	859	430
30,044	2,504	1,252	1,156	578
37,777	3,149	1,575	1,453	727
45,510	3,793	1,897	1,751	876
53,243	4,437	2,219	2,048	1,024
60,976	5,082	2,541	2,346	1,173
68,709	5,726	2,863	2,643	1,322
76,442	6,371	3,186	2,941	1,471
7,733	645	323	298	149

Maquoketa Valley CSD



Attention Families! The Maquoketa Valley CSD's Web Store provides a streamlined way to collect online payments with your PowerSchool login. You will now be able to use your login to make food service payments on the Web Store!

Remember, the Web Store empowers you to save time, reduces trips to the district office, and eliminates the need to send cash and checks with your student. Make a quick payment in the evening or during your lunch hour with just a few clicks!

Make payments online for **School Registration Fees** & **Food Service**

Please visit the district Web Store at <https://maquoketa-v.revtrak.net> to make fee payments. Our Web Store accepts debit or credit cards from Discover, MasterCard, and Visa.

Online Payment Instructions

1. **Visit** our district Web Store at maquoketa-v.revtrak.net
2. Click on **Food Service Payments**
3. Enter your **PowerSchool Username** and **Password**
4. **Enter the amount** to add to each student's **food service account**
5. Click **Next Page**
6. **Confirm** your **payment choices** and click **Go to Checkout**
7. If a **new customer**, select **I am a new customer**
 - a. Enter your **email address**
 - b. Click **Sign in**
8. **If a returning customer**, select **I am a returning customer**
 - a. Enter your **email address** and **password**
 - b. Click **Sign in**
9. Enter your **billing information** and **create a password** (if required)
10. Enter your **payment information**
11. Verify information for accuracy and select **Complete Order**
12. A **receipt** will be emailed to you. Please check your spam filter if you do not receive it.

Web Store Links for Additional Information:

- **Contact Us:** Request additional information or ask questions about a payment
- **My Account:** Look up previous transactions and change address or password information
- **Password Reset:** Reset a forgotten password

MAQUOKETA VALLEY CSD

17/18 CALENDAR

Aug 14 - Year 1 Mentor/New Mentee
 Aug 15 - Year 1 & 2 Mentor/Mentee
 Aug 15 - Experienced New Teachers
 Aug 16th and 17th:
 Teacher Mtg/Workday/Collaboration
 Aug 18 - Teacher Learning
 Aug 21 - Teacher Learning
 Aug 22 - Teacher Workday

Aug 21 - Back to School Night:
 Johnston: 5:30 - 6:30
 Earlville: 5:45 - 6:45
 August 22 - Back to School Night
 Delhi Elementary: 5:30 - 6:30
 7th Grade: 6:30 - 7:30
 9th Grade/New Studnets: 7:30 - 8:30

Prof. Development Days/Early Dismissal
 Start/End of School Year
 Holidays
 No School

SCHOOL CONTACT NUMBERS:
 District Office: 563-922-9422
 High School Office: 563-922-2091
 MS Office: 563-922-2091
 Johnston: 562-926-2701
 Earlville Office: 563-923-3225

POSSIBLE SNOW MAKE-UP DAYS:
 May 24, 25, 29, etc.

HOLIDAYS:
 Labor Day (9/4)
 Thanksgiving Day (11/23)
 Christmas Day (12/25)
 New Year's Day (1/1)
 Memorial Day (5/28)

August					Date	Events
M	T	W	T	F		
	1	2	3	4		
7	8	9	10	11		Aug 23 Classes Begin
14	15	16	17	18		
21	22	23	24	25		
28	29	30	31			
September						
				1		
4	5	6	7	8	Sept. 4	No School Labor Day
11	12	13	14	15	Sept. 13	1:05 Dismiss Teacher Learning
18	19	20	21	22	Sept. 15	Homecoming
25	26	27	28	29	Sept. 25	No School Teacher Learning
October						
2	3	4	5	6	Oct. 11	1:05 Dismiss Teacher Learning
9	10	11	12	13	Oct. 27	End 1st Qtr.
16	17	18	19	20	Oct. 31	1:05 Dismiss Teacher Learning
23	24	25	26	27		
30	31					
November						
		1	2	3	Nov. 7	1:05 Dismiss PT Conferences
6	7	8	9	10	Nov. 9	1:05 Dismiss PT Conferences
13	14	15	16	17	Nov. 10	No School
20	21	22	23	24	Nov. 21	1:05 Dismiss
27	28	29	30		Nov. 22-24 Thanksgiving Holiday (No School)	
December						
				1		
4	5	6	7	8	Dec. 11	No School Teacher Learning
11	12	13	14	15	Dec. 22	1:05 Dismiss
18	19	20	21	22		
25	26	27	28	29	Dec. 25-29 Winter Break	
January						
1	2	3	4	5	Jan. 1	New Year's Day (No School)
					Jan. 2	No School
8	9	10	11	12	Jan. 3	Classes Resume
15	16	17	18	19	Jan. 12	End 1st Semester
22	23	24	25	26	Jan. 15	No School Teacher Workday
29	30	31			Jan. 31	1:05 Dismiss Teacher Learning
February						
			1	2	Feb. 16	No School Teacher Learning
5	6	7	8	9		
12	13	14	15	16		
19	20	21	22	23		
26	27	28				
March						
			1	2	Mar. 5	No School Teacher Learning
5	6	7	8	9	Mar. 16	End 3rd Qtr. 1:05 Dismiss
12	13	14	15	16	Mar. 20	1:05 Dismiss PT Conferences
19	20	21	22	23	Mar. 22	1:05 Dismiss PT Conferences
26	27	28	29	30	Mar. 23	No School
					Mar. 30	No School Good Friday
April						
2	3	4	5	6	Apr. 1	Easter
9	10	11	12	13	Apr. 11	1:05 Dismiss Teacher Learning
16	17	18	19	20		
23	24	25	26	27	Apr. 28	Prom
30						
May						
	1	2	3	4	May 2	1:05 Dismiss Teacher Learning
7	8	9	10	11	May 16	Graduation
14	15	16	17	18	May 23	1:05 Dismiss Last Day of School
21	22	23	24	25	May 24	Teacher Learning/Meeting/Workday
28	29	30	31	1	May 28	Memorial Day

Football Camp 2017

The Football program at Maquoketa Valley will be holding their annual youth football camps for all students who are in 3rd through 8th grade this coming school year. Registration will be done the first day of camp and is not due ahead of time. The cost is \$35 per athlete which includes a camp T-shirt.

Camp dates and times for students in grades 3rd through 8th are Monday, July 31 through Thursday, August 3, 3:30 to 5:00 PM. Football camp for the high school team will be everyday for 2 weeks, Monday - Friday, 5:00 - 7:30 PM starting Monday, July 31st.

The MV Football Camp is designed to provide learning experience for all players. Each day there will be emphasis placed on teaching skills. Daily clinics will be on offense, defense and tackling fundamentals. This is not a padded camp, so there will be no live tackling drills.

2017 Volleyball Camp

The MVHS Volleyball program is once again having a Summer Camp for anyone interested in volleyball and entering 5th through 12th grade. The purpose of this camp is to get together, learn the game of volleyball and have a lot of fun! VB Camp will be held Tuesday through Friday, August 1-4 in the MV High School Gym. The fee is \$20.

Times of the camps are:

Grades 5th - 8th - 3:30 PM to 5:30 PM

Grades 9th -12th - 6:00 PM to 8:30PM

Registration forms can be picked up and dropped off in the Middle School office or the form and money can be brought in with the student on the first day of camp. Any questions, please call Coach Brandy Whittenbaugh at 319-899-4938.

Back to School BASH

Saturday, August 19th from 6:00 until 10:00 PM is the date for the 2nd annual Back to School BASH for all Maquoketa Valley High School students, held at the MV Baseball/Softball complex. Rain date for this BASH will be the next day, Sunday, August 20th.

There will be music, kickball, board games, etc. and a whole meal with burgers and brats. Bring a great attitude and kick off the new school year right by having some fun!

Back to School Nights



Both **Earlville and Johnston** Elementary will hold their "Back to School Night" on **Monday, August 21st**. At Johnston, it will be from 5:30 to 6:30 PM; and at Earlville, the time is 5:45 - 6:45 PM.

Delhi Elementary AND 6th grade will hold "Back to School Night" on **Tuesday, August 22nd** from 5:30 - 6:30 PM.

Students can:

- meet their new teacher/s,
- bring in their school supplies and put them in their desks,
- see where their lockers or cubbies are located, and
- look at their textbooks.

Please come and share in our excitement for the 2017-18 school year.!

7th Grade Orientation

Students entering 7th grade this fall should make plans to attend the 7th grade orientation with their parents on **Tuesday, August 22nd from 6:30-7:30 PM in the middle school multi-purpose room.** Any 8th grade students new to the district are also encouraged to attend with their parents. Students will receive their schedules, locker assignments, student handbooks for the year, meet their teachers, and have the opportunity to see the classrooms. Staff members will explain the commitment we make to our students and review student expectations by highlighting a few sections of the handbook. This is sure to be an exciting year as numerous opportunities become available for students entering 7th grade at Maquoketa Valley. Mark your calendars and plan to attend the first school event of the new year!

9th Grade Orientation

On **Tuesday, August 22nd**, there will be a 9th Grade Orientation and High School Open House. Incoming Freshmen and their parents are to meet in the auditorium starting **at 7:30 PM**. All high school students will have the opportunity to pick up their schedules, find their lockers and try their combinations, locate classrooms and receive other information about high school.

High school students who are new to Maquoketa Valley who have not yet had the opportunity to set up schedules with the Guidance Office staff need to attend this Orientation also.

While schedules will be available for all students the first day of classes, the Guidance Dept. strongly suggests that students and their parents take advantage of the Orientation/Open House night.



**Calling all
GRANDPARENTS
and SPECIAL FRIENDS**

GRANDPARENTS' DAY is scheduled for Johnston , Earlville, and Delhi Elementary Centers. Please mark your calendars now for the following dates:

EARLVILLE

Wednesday, September 20 from 1:30-2:45 PM - only for PreSchool Black class

Friday, September 29 from 1:30-2:45 PM for PreSchool Gold, Jr. Kn'dg. & Kindergarteners

JOHNSTON

Thursday, September 21 from 1:30 - 2:45 PM

DELHI

Friday, September 22 from 1:15 - 2:30 PM

You may choose to stay the entire time or come and go as your schedule permits. This is a very special day for us as we love having our Grandparents and all special friends come for a visit!

MOUTHGUARD CLINIC

The Delaware County Dental Society is holding its annual Mouthguard Clinic on Tuesday, August 1st at the West Delaware Middle School from 5:00-6:30 pm. The cost is \$15 per mouthguard. All student athletes from West Delaware, Maquoketa Valley, Ed-Co, Starmont and East Buchanan are invited to attend this clinic. This includes all Football, Volleyball, Wrestling, Basketball, Soccer, Softball and Baseball athletes who attend High School, Middle School and Elementary. The mouthguard is custom made to fit the student athlete. Dental professionals consider mouth guards to be a protective piece of athletic gear that is as important as helmets. Please mark your calendars!! Call Dr. Meyer or Andrea at 563-927-5415 if you have any questions.

Sign Up for MV Text Alert

To better notify the parents of our students in cases of weather alerts, MV Schools uses a text alert system. We reserve this system only for parents and only for weather emergencies. Occasionally, we will also remind parents of early outs or no school. The message is sent to cellphones in additions to radio and television stations.

If you would like to be included to receive our school texts, please fill out the card provided at registration on August 8 at school in Delhi, or call Cheryl Gates at 563-922-9411. She will need your name, cellphone number and phone carrier.

Get that Sports Physical Done!

All students interested in participating in fall sports MUST have their physicals completed and turned in before the first day of practice. Forms are available at the Middle School office or on the MV website at this address - www.maquoketa-v.k12.ia.us

Two Boosters Clubs

The Maquoketa Valley **Athletic Boosters** are looking for members who would like to be involved in helping organize and run our events. The Athletic Boosters meet the first Wednesday of every month, starting August 2nd at 6:30 pm in the high school cafeteria. **ATTENTION: Admission to athletic events will be \$4 for students and \$5 adults, with tournament admission \$5. Go CATS!**

Maybe you are interested in joining the **MV Fine Arts Booster Club**. We welcome ALL parents and other adults who want to support students from Band, Choir, Speech, Drama, and any other fine Arts at Maquoketa Valley Schools. The first meeting for this organization will be sometime in September, 2017 so watch for it soon.

Please consider sharing your time & talents so that we may continue to provide the needed assistance to our excellent sports and extra-curricular programs.

Attention Fifth Grade Parents and Students!

With the beginning of fifth grade, comes the opportunity to join the band! We will begin this process when school starts with introductions to the various instruments and mouthpiece testing.

A Beginning Band Night has been scheduled for September 7, 7:00 p.m. for those students interested in joining the band. At this meeting, we will discuss the band program expectations and will be able to set up instrument rentals for the children that would like to join the band. West Music will be on hand offer their rental program of both new and used instruments.

It is recommended that instruments not be purchased from discount stores or online vendors. Many low quality instruments are sold in this manner. They often have poor tone and end up costing more in the long run with repair issues.

Feel free to contact Mrs. Seibert with any questions you may have. More information will be sent home at Back to School Night.

Wellness Committee Update

Last Spring the Maquoketa Valley Wellness Committee met to discuss the school's Wellness Policy and changes that needed to be made within the policy and within the school setting. This committee is comprised of patrons of the district, including a Physician's Assistant, members of the Athletic Boosters, parents, Superintendent, school dietary personnel, concession stand lead, a fitness trainer, a registered dietician and the school nurse.

The committee wanted to provide you with an update on the changes that are being made for the milk options at meal time. Starting this school year, white milk will be the only option for students at breakfast time, in grades PS-8, and white and chocolate will be available at lunch time. Cheese sticks will continue to be offered as the option for "snack" time. This seemed to work well for the students and staff, this past school year. We will continue to encourage students to drink water, so it is ok for your child to have a water bottle at school.

If you have questions or concerns, please contact Nurse Mary at school.

**MAQUOKETA VALLEY'S 4TH ANNUAL
WILDCAT GOLF CLASSIC**
SATURDAY, AUGUST 5, 2017
WOODS EDGE GOLF COURSE - EDGEWOOD, IOWA
9 AM SHOTGUN START

Contribute in 3 ways:

- Sponsor a hole for \$100**
Includes: a sign on display
- Golf foursome: \$200 per team**
Includes: green fees, cart, meal, and door prizes
- Donate items to silent auction and door prizes**

Enter by sending the enclosed form and any donations by July 15 to:
Maquoketa Valley High School Attention: Kevin Kudrna 107 South Street Delhi, IA 52223

Saturday August 5th, 2017

9 A.M. Shotgun Start

Woods Edge Golf Course

Mail Form to:

Attn: Kevin Kudrna

107 South St.

Delhi, IA 52223



4th Annual Wildcat Golf Classic Registration Form



Golf Entry Form:

To secure your spot we are asking that you include payment of \$200 for your foursome along with this form. **Please make checks payable to: Maquoketa Valley Athletics**

Contact Person for your Group: _____ Phone Number: _____ Email Address: _____	Golfers in your Group: 1. _____ 2. _____ 3. _____ 4. _____ -Please include check with Form-
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Sponsorship / Donation Information & Form:

Sponsorship: -For \$100 we will print a sign with your personal name or business name and place it on the tee box of one of the holes. _____ I would like to purchase a \$100 hole sponsorship. Name or Business to be listed on hole advertisement: _____ -Please include check with Form-	Donation: _____ I would like to donate to the silent auction or door prizes. Name of Donor: _____ Item(s) to be donated: _____ _____ _____
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Please direct questions to:

Troy Osterhaus: email - troyosterhaus@maquoketa-v.k12.ia.us

cell: 563-542-4088

Scott Moenck: email - scottmoenck@maquoketa-v.k12.ia.us

Saturday August 5th, 2017

9 A.M. Shotgun Start

Woods Edge Golf Course

Mail Form to:

Attn: Kevin Kudrna

107 South St.

Delhi, IA 52223



<http://www.bridgeyouth.org/programsservices/mentoring-youth-council/>

Do you want to make a difference? Become a mentor! There are many kids that are waiting to be matched with someone like you. It only takes 4 hrs a month, and it looks great on a college application and/or resume. Contact Ellen Krogmann or Rachel Becker to **become a hero.**

ekrogmann@helpingservices.org OR 563-379-3454

rbecker@helpingservices.org OR 563-608-9286



Maquoketa Valley School Supplies List for 2017-18

(Please look the lists over closely, as all of them have changed from last year.)

Earlville Elementary Center

4-yr old Preschool (Ms. Keltner)

2 8ct. box regular size basic Crayons
4 Dixon Ticonderoga #2 Pencils
2 Elmer's glue sticks
1 set 8 Crayola washable watercolor paint set
1 70 count spiral wide rule notebook
1 plastic pencil box (approx. 5 x 8)
1 book bag or backpack
1 container Clorox/Lysol wipes - not for skin
One oversize T-shirt for painting
1 nap mat (preferably plastic, 5/8x19x45 quad fold)
1 complete change of clothing (labeled - including socks & underwear) to keep at school in case of an accident

Jr. Kndg. (Mrs. Freeze)

2 8ct. box regular size Crayola crayons
1 24ct. box regular size Crayola crayons for Art
1 set 8 classic thick Crayola markers
10 Dixon Ticonderoga #2 Pencils
1 plastic pencil box (approx. 5 x 8)
1 large rectangular pink erase
1 set 8 Crayola washable watercolor paint set
2 Elmer's glue sticks
1 pair Fiskars 5" blunt scissors
1 box Puffs or Kleenex brand 200 ct. tissues
2 4-ounce bottles white washable school glue
1 nap mat (preferably plastic)
1 book bag or backpack
1 old shirt for painting
1 large box or bag snack crackers or pretzels
Ziplock bags (Boys - 1 bx gallon size / Girls - 1 bx quart size)
1 complete change of clothing (labeled - including socks & underwear) to keep at school in case of an accident

Kndg. (Mrs. Jahn, Mrs. Hess, Mrs. Zeitlow)

2 24ct. box regular size Crayola crayons
2 sets 8 thick Crayola washable markers for Art
12 (1 dz) Dixon Ticonderoga #2 Pencils
1 pair Fiskars 5" blunt scissors
1 plastic pencil box (approx. 5 x 8)

2 large pink rectangular eraser (NO gum or pencil top ones)
2 two-pocket folders
2 Elmer's glue sticks
1 Expo fine tip dry erase markers 4 pk.
1 one inch 3-ring vinyl binder
1 beach size towel for naps
1 book bag or backpack
1 8 oz. waterless hand sanitizer with pump
1 box 200 count Puffs or Kleenex tissues
1 container Clorox/Lysol wipes - not for skin
1 set of good quality headphones (not earbuds)
Ziplock slider top bags (Boys - 1 bx gallon / Girls - 1 box quart)
1 complete change of clothing (labeled - including socks & underwear) to keep at school in case of an accident

Johnston Center in Hopkinton

First Grade (Mrs. Bries, Mrs. Reicher)

1 yellow plastic two-pocket folders with holes & brads
1 blue plastic two-pocket folders with holes & brads
1 green plastic two-pocket folders with holes & brads
1 red plastic two-pocket folders with holes & brads
4 large Elmer's "Extreme" glue sticks
1 24ct. box regular size Crayola crayons
1 set 10 classic thick Crayola markers
24 (2 dz) Dixon Ticonderoga #2 Pencils
1 large pink rectangular eraser
1 pkg. of 4 Expo chisel tip dry erase markers
2 single highlighters, assorted color
1 pair Fiskars 5" blunt scissors
1 plastic pencil box (approx. 5 x 8)
1 box Puffs or Kleenex brand 200 ct. tissues
1 bottle Dawn dishwashing liquid for Art
1 set of good quality lightweight headphones (not earbuds)
1 container Clorox/Lysol wipes - not for skin
1 bx gallon Ziplock bags - not the slider
1 bx sandwich Ziplock bags - not the slider
1 complete change of clothing (labeled - including socks & underwear) to keep at school in case of an accident

2nd Grade (Mrs. Orr, Mrs. Cherne, Ms. Dutra)

1 24ct. box regular size Crayola crayons
12 (1 dz) Dixon Ticonderoga #2 Pencils
1 box 7" colored pencils 12 ct, presharpended for Art
2 single highlighters, assorted color
1 large pink rectangular eraser
24 pk pencil top erasers
2 glue sticks
1 pair Fiskars 5" sharp scissors
1 4-pk. Expo fine tip dry erase markers
1 5" felt dry eraser
1 dry erase white board 9x12
3 Mead wide ruled black marbled composition books

- 4 plastic two-pocket folders (red, yellow, blue, green)
- 1 pgk. 3x3 yellow sticky notes
- 1 200-count box Puffs or Kleenex tissues
- 1 plastic pencil box to hold supplies
- 1 set lightweight headphones w/ volume control
- 1 container Clorox/Lysol wipes - not for skin
- Book bag

Delhi Elementary / MS Center

3rd (Mrs. Bonert, Mrs. Besler, Mrs. Anderegg)

- 1 24ct. box regular size Crayola crayons
- 1 box 7" colored pencils 12 ct, presharpended
- 1 box Crayola bold tip markers, basic colors
- 1 pgk. 3x3 yellow sticky notes
- 1 fluorescent yellow highlighter
- 3 red pens
- 1 4-pk. Expo fine tip dry erase markers
- 1 5" felt dry eraser
- 1 dry erase white board 9x12
- 1 pair Fiskars scissors 7" or larger
- 24 (2 dz) Ticonderoga #2 Pencils - no mechanical ones
- 1 large pink rectangular eraser
- 2 4oz bottles Elmer's glue for Art
- 1 bottle waterless hand sanitizer w/ pump
- 1 plastic pencil box or bag
- 2 boxes of 200 ct. Puffs or Kleenes tissues
- 1 pair noise reduction ear buds - good quality
- 2 two-pocket plastic folders - any color
- 3 composition notebooks Mead or Norcom brand
- 1 pk. wide lined loose leaf filler paper
- (3rd grade will no longer need to buy the MV Assignment Notebook)

4th Grade (Mrs. Dever, Mrs. Wilson, Mrs. Huber)

- 12 (1 dz) Dixon Ticonderoga #2 Pencils
- 2 ink pens, any color
- 1 fluorescent yellow highlighter
- 2 black Sharpie fine point markers for Art class
- 1 Expo chisel tip dry erase markers 4 pk.
- 3 spiral wide rule 70 ct notebooks
- 2 pkg. wide ruled loose leaf paper 120 ct.
- 1 Mead wide ruled black marbled composition books
- 2 boxes 200 ct. Kleenex facial tissue
- 1 12-inch & centimeter plastic ruler
- 3 Elmer's glue sticks
- 1 4oz bottle Elmer's liquid glue
- 1 24ct. box regular size Crayola crayons
- 1 box 7" colored pencils 12 ct, presharpended
- 1 pair Fiskars scissors 7" or larger
- 1 double pocket folder for Music class
- 1 one inch 3 ring binder
- 1 container Clorox/Lysol wipes - not for skin
- 1 pair noise reduction ear buds - good quality
- MV Assignment notebook (purchased at Registration)

Delhi 5th Grade (Mrs. Goldsmith, Mr. Helle)

- 12 (1 dz) Dixon Ticonderoga #2 Pencils
- 2 pink bevel rectangular erasers
- 2 red correcting pens
- 1 24ct. box regular size Crayola crayons
- 1 box 7" colored pencils 12 ct, presharpended
- 1 Expo chisel tip dry erase markers 4-pk
- 2 Elmer's "Extreme" glue stick - one for Art class
- 1 pair Fiskars scissors 7" or larger
- 1 nylon zippered bag for pens & pencils
- 12 inch / centimeter plastic ruler
- 3 wide ruled 70-page spiral notebooks - one each red, blue, green
- 3 two-pocket folders - one each red, blue, green
- 1 box 200 count Puffs or Kleenex tissues
- 1 container Clorox/Lysol wipes - not for skin
- 1 book bag
- MV Assignment notebook (purchased at Registration)
- **Note: Supplies may need to be replenished during the year

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MIDDLE SCHOOL

6th Grade (Ms. Jurgens, Mr. Besler)

- 1 pr noise reduction earbuds - better quality
- 12 (1 dz) Dixon Ticonderoga #2 Pencils
- 1 nylon zippered pencil bag - not box
- 12 (1 dz) 7" colored pencils, presharpended
- 6 medium stick ball point pen - red ink
- 1 highlighter, any color
- 1 box Crayola bold tip markers 8 ct.
- 1 Elmer's glue stick
- 1 pk 3x5 ruled white index cards - 100 ct.
- inch / centimeter plastic ruler
- 1 pair Fiskars scissors 7" or larger
- 1 Expo fine tip dry erase markers 4 pk. set
- 1 Expo broad tip dry erase markers 4 pk. set
- 1 Expo felt 5" dry eraser - or cloth rag
- 1 pkg. college ruled loose leaf filler paper 150 ct.
- 5 wide ruled 70-page spiral notebooks
 - one each red, blue, green, yellow, purple
- 5 two-pocket folders - one red, blue, green, yellow, purple
- 1 boxes 200 count Puffs or Kleenex tissues
- 1 basic calculator, Solar Texas Instruments w/case
- MV Assignment Notebook (purchased at Registration)

7th and 8th Grade:

- 12 (1 dz) Dixon Ticonderoga #2 Pencils
- 1 fluorescent yellow highlighter
- 2 Expo chisel tip dry erase markers 4-pks.
- 6 blue ink pens
- 2 black fine point Sharpies

1 Elmer's glue stick
1 pair Fiskars scissors 7" or larger
1 roll clear tape
1 12-inch metric/standard ruler
1 yellow 5-subject wide ruled spiral notebook
3 wide ruled 70-page spiral notebooks - blue, purple, orange
5 two-pocket folders - one yellow, green, blue, purple, orange
1 pkg. college ruled loose leaf paper 150 ct.
2 one-inch 3-ring binder - one for Science; one for Choir
2 boxes 200 count Puffs or Kleenex
2 large stretchable textbook covers - one blue, one green
3 pk 3x5 ruled white index cards - 100 ct.
1 pk centimeter square graph filler paper
1 2GB or larger flash drive
1 pair ear buds - good quality
1 basic calculator, Solar Texas Instruments w/case
MV Assignment Notebook (purchased at Registration)

7th Grade FCS and Health Classes (Mrs. Downs)

1 roll of foil or parchment paper
1 roll of waxed paper / Saran wrap or foil
1 box quart or gallon-size Ziplock bags
3 glue sticks
1 bottle Dawn dishwashing liquid

Vocal Music

7th & 8th graders

1 one-inch 3-ring binder, any color

High School

1 one-inch BLACK 3-ring binder

HIGH SCHOOL

Algebra A, Algebra B, Algebra, Advanced Algebra, Trigonometry, Statistics, Pre-Calculus, and Calculus

High school Math students are required to provide their own graphing calculators for the above mentioned classes. The calculator that is required is the **Texas Instrument TI-83 Plus or TI-84 Plus. CAS will NOT be allowed.** The calculator must have the word Plus on it. All of these calculators are available at Walmart, Target, and Best Buy. Some good deals may also be available on-line. If you have any questions/concerns please contact Mr. DeVore, Mrs. Lewin, or Mrs. Bush.

also for Algebra A, Algebra B, Algebra, Pre-Calculus

1 ruler or protractor (straight edge)

Geometry (Mrs. Lewin)

compass
20 sheets quarter inch graph paper
Scientific Calculator- be sure it has keys that say sin, cos and tan - above those keys it should say sin-1, cos-1 and tan-1)

All FCS and Health Classes (Mrs. Downs)

1 roll of foil or parchment paper
1 roll of waxed paper / Saran wrap or foil
1 box quart or gallon-size Ziplock bags
3 glue sticks
1 bottle Dawn dishwashing liquid

Interior Design (Mrs. Downs)

Items from FCS & Health list above, also
1 3-ring binder - at least 1"
1 box colored pencils
6 pcs. large white poster board

Fashion Design (Mrs. Downs)

Items from FCS & Health list above, also
1 pkg. universal sewing machine needles
2 spools all purpose thread - neutral color (white, black, tan, brown, navy)
1 (45mm) rotary blade (can get when we shop for fabric 2nd qrt.)

Comp. I (Mrs. Temple)

1.5" (or bigger) binder - for portfolio

English I (Mrs. DeVore)

1 book cover
1 composition notebook
1 pkg. sticky notes
1 glue stick
1 highlighter
1 box 7" colored pencils 12 count

Am. Lit. (Mrs. DeVore) / Eng. III (Mrs. Moenck)

1 book cover
1 composition notebook
1 pkg. sticky notes
1 glue stick
1 highlighter
1 box 7" colored pencils 12 count

Speech (Mrs. DeVore)

note cards
poster board - for expository speech

Applied Eng. (Mrs. Moenck)

- 1 notebook
- 1 folder
- 1 book cover
- 1 pkg. sticky notes (any color)
- 1 pkg. notecards (lined)
- 1 highlighter (any color)

Pre-Employment Strategies (Mrs. Moenck)

- 1 notebook
- 1 folder
- 1 3-ring binder (2-in, any color, with clear pocket front cover)
- 1 pkg. sticky notes (any color)
- 1 pkg. of "thank you" notes (blank inside), 6-8 count
- 1 highlighter (any color)

Eng. III (Mrs. Moenck)

- 1 book cover
- 1 folder
- 1 composition notebook
- 1 pkg. sticky notes
- 1 glue stick
- 1 highlighter
- 1 pkg. of "thank you" notes (blank inside), 6-8 count

Eng. II (Mrs. Moenck)

- 1 book cover
- 1 notebook
- 1 folder
- 1 pkg. sticky notes (any color)

Creative Writing II (Mrs. Moenck)

- 1 notebook
- 1 colored pen (any color)
- 1 highlighter (any color)

for ALL Spanish classes (Mrs. Ries)

- 1 notebook (to use for Spanish class only)
- 1 folder (to use for Spanish class only)
- loose leaf paper for Vocab work (seperate from notes)
- note cards for Vocab or study use

Spanish I

- 1 one-inch 3-ring binder

Spanish III & IV

- suggested, not required: 1 memory stick - 2 GB or larger (for video projects)

Don't Toss 'Em . . . Clip 'Em!

Maquoketa Valley is one of the many schools across America that collects Box Tops for Education. Box Tops for Education is one of the largest school earnings loyalty programs in the United States. For each Box Top that is donated, Maquoketa Valley receives 10 cents. MV can then use this money to buy whatever is needed for our school. It's easy to find Box Tops. In fact, you may have some in your home right now. Box Tops are found on hundreds of your favorite products—including paper products and school supplies! Just look for the Box Tops for Education symbol and cut it out. Maquoketa Valley collects Box Tops all year long. Simply send them to school with your child to give to their classroom teacher. Once the Box Tops are collected at Maquoketa Valley, they are counted and submitted. Box Tops earnings are then sent out to MV twice a year—once in November and once in March. This is a great way for our school to earn extra money and it's so easy. Clip some Box Tops and turn them into our school today! For more information about Box Tops for Education and a full list of participating products, visit

www.boxtops4education.com.

THANK YOU
from the students at
Maquoketa Valley!

BUS ROUTES

and AM pick-up times for 2017-18

PARENTS:

Changes have been made to EVERY route. If you have any questions, please call the school at 563-922-9411.

Pete Parsons - Bus #1-18

Derek Hoisington	6:54 AM
Melinda Krogmann	6:57
Dave Hillers	7:00
Brad Engelken	7:06
Jeff Hoefler	7:08
Bill Ries	7:10
Seth Shaffer	7:12
Todd Mullis	7:14
Earl March	7:17
Sara Maples	7:20
Mike Knipper	7:22
Luke Knipper	7:24
Curt Honkomp	7:26
Dan Ries	7:28
Mike Weber	7:30
Craig Schulte	7:32
Tom Engelken	7:34
Jim Krapfl	7:38
Stacey Schollmeyer	7:39

Roger Hunt - Earlville Stationwagon

Jason Lubben	7:10 AM
Bob Fischer	7:32 AM

Mike Burkle - Bus #1-15

Nathan Goedken	6:54 AM
Ben Britcher	6:58
Brian Goldsmith	6:58
Brian Bush	7:03
Jeff Domeyer	7:03
Jeff Willenbring	7:03
Phil Ries	7:03
Kurt Hatfield	7:03
Tim Kramer	7:03
Matt Mensen	7:03
J. Halverson	7:03
Sam Shroyer	7:03
Al Otting	7:08
Larry Sellner	7:11
Joel Loeffelholz	7:13
Mitch Ronnebaum	7:14
Joe Richter	7:17
Melvin Heims	7:20
Dennis Burkle	7:25

Chris Aldrich	7:29
Joe Goldsmith	7:30
St. Joe's Day Care	7:34

Pick up with shuttle on way to Delhi

Tom McAreavy	7:56 AM
Tom Salow	7:57
Jon Burbridge	7:57

Tom McAreavy - Bus #1-13

Dave Hermanson	6:35 AM
Adam Feldmann	6:45
Julie Hildebrand	6:55
Tom Vaske	6:57
Eric Sheehy	6:58
Bevon Rice	7:00
Laurie Domeyer	7:06
Mark Smith	7:10
Jamie Gray	7:13
Brandon Wright	7:17
Dave Duggan	7:20
Nikki Freiburger	7:25

Pick up on way to Delhi

Nathan Freeze	7:36
Joe Coyle	7:38
Chad Landas	7:40
Jon Reth	7:42
Kate Nieman	7:45

Tom Kramer - Bus #2-15

Chantel Petesch	7:00 AM
Christina McGovern	7:02
Zach Fishler	7:04
Gerald Weber	7:07
Jeff Nefzger	7:11
Kevin Hoeger	7:15
Dan Hoeger	7:20
Derek Steffen	7:21
Mike Orcutt	7:26
Roger Brehm	7:28
Wade McShane	7:29
Nikki Helmrichs	7:30
Brian Snyder	7:30
Travis Boeckenstedt	7:30
Terry Schmeucker	7:30
Tom Schaul	7:30
Tom Haas	7:31
Les Schwandt	7:32

Pick up on way to Delhi with Shuttle

Tim Glass	7:40
Stanetta Wrisley	7:40
Dewey Domeyer	7:45
Kevin Nieman	7:50

Larry Hillers - Bus #1-16

Becky Rawson	7:00 AM
M. Whittenbaugh	7:02

Ryan Kuhns	7:05
Rod Heidt	7:07
Mike Mast	7:10
Trent Bradley	7:13
Greg Panosh	7:15
Josh Holtz	7:18
Harold Mohr	7:20
Jim Thompson	7:23
Leon Glew	7:30
Russ Hunt	7:35

Marty Tumey - Bus #1-17

Jesse Thompson	6:55 AM
Brian LeClere	6:55
Nick Smith	7:00
Randi Flannagan	7:03
Duane Hogan	7:06
Cory Smith	7:08
Ashley Ritter	7:18
Jeff Freiburger	7:28
Kody Anderegg	7:30
Beau Mead	7:30
Jeff Frashier	7:31
Tyler Burlage	7:33
Brian Monk	7:33
Mitch Tanner	7:35
Arnie Bockenstedt	7:37
Mark Sands	7:40
Steve Wall	7:45

Craig Wilson - Bus #081

Chad Beitz	7:00 AM
Latisha Lovell	7:02
Tim Goedken	7:03
Ben Lansing	7:05
Lynn Haven	7:08
Brad Snyder	7:10
Dan Beitz	7:12
William Krapfl	7:15
David Zumbach	7:17
Scott Crowley	7:19
Tim Recker	7:21
Dusty Schnitter	7:25
Rick Dietiker	7:30
Pat Yonkovic	7:32
Steve Davis	7:33

Pick Up on Way to Delhi

Scott Supple	7:43 AM
Shane Leytem	7:47

Elnora Moser - Special Ed - van rt.

Travis Boeckenstedt	7:30 AM
Al Otting	7:40

Doug Steger - Bus # 061

Aaron Butikofer	7:45 AM
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BUS SHUTTLES

Pete Parsons - Bus#1-16 - Earlville

MS & HS students to Delhi - leave
Earlville at 7:40 AM

Roger Hunt - Bus#082 - Hopkinton

Earlville Students to Hopkinton - leave
Earlville at 7:45 AM

Hopkinton Students to Earlville - leave

Hopkinton at 8:00 AM

Tom Kramer - Bus#2-15 - Earlville

MS & HS students to Delhi - leave
Earlville at 7:40 AM

Mike Burkle - Bus#1-15 - Earlville

Earlville students to Delhi Elem. - leave
Earlville - 7:40 AM

Delhi students to Earlville Elem. - leave

Delhi at 7:55 AM

Craig Wilson - Bus#081 - Johnston

Hopkinton students to Delhi Elem. -
leave Hopkinton - 7:40 AM

Delhi students to Johnston Elem. - leave

Delhi at 7:55 AM

Tom McAreavy - Bus#1-13 - Johnston

MS & HS students to Delhi - leave
Hopkinton - 7:40 AM

MV STAFF for 2017-18

School Board

Donna Kunde - Area I

Doug Dabroski - Area II

Chris Huber - Area III

Mike Feldmann - Area IV

John Zietlow - Area V

Administration

Doug Tuetken Superintendent

Brenda Becker Earl/Delhi Elem.
Principal

Erika Imler Business Manager

Ann Norton Johnston Elem. Princip/
Curr. Strategist/School Imprvmt

Troy Osterhaus MS/HS Principal

Teaching Staff

Earlville Elementary

Raechel Keltner PreSchool
Courtney Freeze Junior Kndg.
Melissa Hess Kindergarten
Hannah Jahn Kindergarten
Beth Zietlow Kindergarten

Johnston Elementary

Dawn Bries First Grade
Tracey Reicher First Grade
Sarah Cherne Second Grade
Melissa Dutra Second Grade
Randene Orr Second Grade
Jessica Wessels Title I

Delhi Elementary

Amy Anderegg Third Grade
Jill Besler Third Grade
Rachel Bonert Third Grade
Sara Dever Fourth Grade
Jane Huber Fourth Grade
Kris Wilson Fourth Grade
Sue Goldsmith Fifth Grade
Jason Helle Fifth Grade
Tiersa Frasher Special Ed
Sarah Lown Title I/5th Lit.

Middle School

Ron Besler 6th gr. / TAG
Melissa Bush Mathematics
Dan Cassutt Soc. Studies
Michelle Grimm English/Lang.
Kathy Jurgens 6th Grade
Jackie Moorman Special Ed
Christina Rudd Science
Ali Scherrman ELA

High School

Tim Andrews Special Ed.
Rebecca Besler Science
Brian Bruening Science
Debbie DeVore ELA
Matt DeVore Mathematics
Karla Downs Fam./Con. Sci
Greg Drew Ind.T./Driv. Ed
Creig Dunlap 7th-12th Art
Travis Ford MS/HS Band
Steve Huegel Social Studies
Kevin Kudrna Delhi PE/MS AD
Rachel Lewin Mathematics
Dawn Mausser Voc-Ag/FFA

Jill McDermott HS Counselor
Audrey Moenck ELA/Librarian
Elizabeth Mueller MS/HS Vocal
Jennifer Ries Spanish
Vicki Spellerberg Business Ed
Diane Temple ELA

Traveling Employees

Sally(Bolsinger)Groth Special Ed
Jen Jaeger Elem. Counselor
Hannah Crumpton JK - 6th Art
Eric Conner K-12 P.E.
Sara Kimball Title I / Sp.Ed.
Mary Ries School Nurse
Karen Seibert JK-5th Vocal/Band

Bus Drivers

Mike Burkle Delaware Area
Larry Hillers Delhi Route
Roger Hunt Earlville
Tom Kramer Earlville Route
Tami Kramer Special Ed
Tom McAreavy Hopkinton
Elnora Moser Special Ed
Pete Parsons Earlville Area
Doug Steger Special Ed
Marty Tumey Delhi Route
Craig Wilson Hopkinton

Substitute Bus Drivers

Joe Heffernan Earlville area
Joe Hoeger Hopkinton
Bob Kirkwood Special Trips
Julie Prier Special Ed
Judy Recker Earlville area
Jake Reeves Delhi area
Joe Richter Earlville area
Patti Steger Special Ed
Mark Smith Hopkinton

Custodians

Monica Bunn Delhi MS
Randy Darrow Delhi HS
Roger Hunt Earlville Elem.
Ryan(Pete)Parsons Delhi MS/HS
Doug Steger -
Maintenance Supervisor
Jean Wheeler Delhi MS/HS
Craig Wilson Johnston Elem

Secretaries/Aides

Chris Bawek	MS Aide
Julie Davis	Delhi Elem.
Cheryl Gates	Delhi MS
Tracy Hansen	Elem. Aide
DeAnna Hogan	MS Library
Kim Hunt	HS Library
Wilma Jesenovec	Earlville Aide
Sally Johnson	Delhi Aide
Laurie Kramer	Food Service
Lisa Kramer	HS Aide
Sue Kramer	Johnston Sec'y
Jane Mais	Human Resour
Mary Maurer	HS Aide
Scot Moenck	SH Monitor
Joette Orcutt	Earlville Aide
Pam Overman	HS Secretary 1
Merideth Robinson	MS Aide
Pat Sabers	Earlville Sec'y
Susan Sevart	HS Secretary 2
Dawn Smeins	Delhi Elem.
Lisa Smith	Preschool
Natasha Steger	Elem. Aide
Jennifer Teymer	Johnston Aide
Kori Wright	Delhi

Meal Service Personnel

Sharon Bonert	Earlville
April Clark	Delhi Centers
Patti Steger	Earlville
Sherry Kramer	Johnston
Kendra Langel	Delhi Centers
Susan Nefzger	Delhi Centers
Bonnie Nurre	Delhi Centers
Janell Parsons	Johnston
Karelene Sellner	Head Cook
Rose Tumey	Delhi Centers
Patty Wilson	Delhi Centers



Co-Curricular Sponsors

Rebecca Besler	Nat'l Honor Soc.
Debbie DeVore	Speech/Spring Play
Matt DeVore	Speech

Eric Conner	HS Athletic Dir.
Kevin Kudrna	MS Athletic Dir.
Dawn Mausser	F. F. A.
Beth Mueller	Fall Musical
Janell Parsons	Concessions Supr
Jennifer Ries	Spanish Club
Jennifer Teymer	Dance Team
Diane Temple	HS Newspaper
Lesla Parmely	HS Yearbook

Coaching Assignments

Chris Evers	Head Football
Scot Moenck	Ass't Football
Greg Drew	Ass't Football
Brad Tucker	Ass't Football
Steve Huegel	7 & 8 Football
Curt Feldt	7 & 8 Football
Pat Meehan	HS C.C.
Sara Dever	MS C.C.
Brandy Whittenbaugh	Head HS VB
Melissa Dutra	Ass't HS VB
Hannah Crumpton	7 & 8 Volleyball
Ali Scherrman	7 & 8 Volleyball
Creig Dunlap	Head HS B BB
Eric Conner	Asst. Boys BB
Scot Moenck	Head HS G BB
Brad Huber	HS Girls BB
Steve Huegel	7 & 8 Boys BB
	7 & 8 Boys BB
Pat Sabers	7 & 8 Girls BB
Jason Helle	7 & 8 Girls BB
Tim Andrews	HS Wrestling
Brian Wegmann	HS Wrestling
Kurt Hatfield	7 & 8 Wrestling
Tim Andrews	HS G & B Golf
Ron Besler	Asst. HS Golf
Curt Feldt	Asst. HS Boys T
Pat Meehan	Head HS Boys T
Creig Dunlap	Head HS Girls T
Jason Helle	Asst. HS Girls T
Scot Moenck	7 & 8 Girls Track
Dan Cassutt	7 & 8 Girls Track
Greg Drew	7 & 8 Boys Track
Steve Huegel	7 & 8 Boys Track
Eric Conner	Head HS Basebl
Dan Cassutt	Asst. HS Basebl
Cody Schindler	7 & 8 Baseball
Mike Mensen	Head HS Softball
Sonya McCormick	Asst. HS Softball
Pat Sabers	7 & 8 Softbal
Melissa Dutra	7 & 8 Softball

Volunteers Welcome

Maquoketa Valley is always in need of kind, caring adults who want to give their time to be with and help the children at school. If you are interested, please contact any Administrator listed on the cover of this newsletter.

Retired Citizens

MV offers a Senior Citizen pass to anyone who is 65 years of age or older and resides in the District (Board Policy 1007.010). This pass entitles senior citizens free admission to all Maquoketa Valley sponsored events held at the school (athletics, drama, music, art, etc.) If interested call the Superintendent's Office at 563-922-9422.

Weather Calls

MV reports their school closings and cancellations to 3 TV stations: KGAN (2), KWWL (7), and KCRG (9). They also report them to radio stations KMCH, KDST, KOEL, WMT, and KCRG. Mr. Tuetken also sends out a text alert, so if you did not get those last year, be sure to email your phone number and the name of your carrier to cherylgates@maquoketa-v.k12.ia.us. When bad weather hits, please DO NOT call the school. Their lines will be busy contacting personnel, other schools, bus drivers, etc. Text alerts



Delaware County Public Health

709 West Main St., P.O. Box 359
Manchester, IA 52057
563 927-7551 Fax 563 927-7520
www.regmedctr.org



May 24, 2017

Dear Parent,

What you need to know about the new meningitis requirement for 2017-2018 School year

1. It applies to seventh and twelfth graders:

Seventh graders who were born after Sept. 15, 2004 will need proof of having received one dose of the meningitis vaccine. Twelfth graders who were born after Sept. 15, 1999 will need proof of two doses. If the student is 16 years or older when they receive the first dose of the vaccine, they will only need to receive one dose to attend school.

2. Students without proof of vaccination will not be allowed to attend school.

Students who have religious or medical exemptions will be able to attend school without proof of vaccination, but must file exemption paperwork, available on the Iowa Department of Public Health website.

3. Children can get the vaccine at their health care provider's office, public health, and some area pharmacies.

Please call Delaware County Public Health at 563-927-7551 for further questions.

Thank you,

Delma Hardin BSN, RN

Charity Loecke BSN, RN

AUGUST 2017

Monday	Tuesday	Wednesday	Thursday	Friday
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MAQUOKETA VALLEY COMMUNITY SCHOOL DISTRICT Breakfast & Lunch Menu

Breakfast is served in all Maquoketa Valley school buildings before classes every day beginning at 7:45 AM and lunch is served between 11:00 AM and 12:30 PM. The menus will appear each month on line at our website and in our newsletter. Any amount to money may be sent with your child (or by using the RevTrak online payment program) and will be deposited in your family meal account. You may apply at any time during the school year for Free or Reduced Price meals. The form is at the school website or ask for one from Cheryl Gates in the Middle School Office 563-922-9411 or email her at cherylgates@maquoketa-v.k12.ia.us.

PRICES - daily

BREAKFAST all grades	\$1.65	Reduced Breakfast	\$.30
PreSch-5 th LUNCH	\$2.25	Reduced Price Lunch	\$.40
6 th -12 th LUNCH	\$2.50		
2 nd ENTRÉE (7 th -12 th)	\$1.60	Adult Breakfast	\$2.55
extra MILK	\$.55	Adult Lunch	\$3.65

<p>21 MAQUOKETA VALLEY SCHOOL IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.</p> <p>ALL MEALS ARE SUBJECT TO CHANGE AT ANY TIME.</p>	<p>ATTENTION PARENTS IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES THIS YEAR.</p>	<p>23 WELCOME BACK HOT DOG ON WG BUN FRENCH FRIES CORN BROCCOLI APPLES MIXED FRUIT</p> <p>COMBO ON WG BUN</p>	<p>24 SUB ON WG BUN HASHBROWN BAKED BEANS CARROT STICKS HUMMUS PINEAPPLE WG APPLE CRISP</p> <p>WG WAFFLES</p>	<p>25 CHEESE PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO WATERMELON PEACHES</p> <p>WG PANCAKE ON A STICK</p>
<p>28 GRILLED CHICKEN WG SCHOOL ROLL ROMAINE LETTUCE CARROT STICKS STRAWBERRY APPLESAUCE PEARS WG CHOC. CHIP COOKIE</p> <p>WG BREAKFAST PIZZA</p>	<p>29 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX BAKED BEANS APPLES PEACHES</p> <p>WG CINNAMON ROLL</p>	<p>30 MR. RIB ON WG BUN POTATO PUFFS CALIFORNIA BLEND PEAS MIX FRUIT ORANGES</p> <p>WG FRENCH TOAST</p>	<p>31 TACO SALAD REFRIED BEANS RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BLUEBERRIES</p> <p>WG BREAKFAST BURRITO</p>	<p>EVERY MEAL IS SERVED WITH A 8 OZ MILK</p> <p>WG= WHOLE GRAIN</p> <p>WELCOME BACK!</p>

MEAL CHARGES

In accordance with state and federal law, the Maquoketa Valley Community School District adopts the following policy to ensure school district employees, families, and students have a shared understanding of expectations regarding meal charges. The policy seeks to allow students to receive the nutrition they need to stay focused during the school day, prevent the overt identification of students with insufficient funds to pay for school meals, and maintain the financial integrity of the nonprofit school nutrition program.

Payment of Meals

All meal purchases are to be prepaid before meal service begins. Payment into student accounts can be done through the on-line system located on the districts home webpage at www.maquoketa-v.k12.ia.us or at any of the building offices throughout the district. When a student balance reaches \$0.00 a student may charge no more than \$15.00 to this account. When an account reaches this limit, a student shall not be allowed to charge further meals or a la carte items until the negative account balance is paid.

Students who qualify for free meals shall never be denied a reimbursable meal, even if they have accrued a negative balance from previous purchases. Students with outstanding meal charge debt shall be allowed to purchase a meal if the student pays for the meal when it is received. The school district may provide an alternate meal that meets federal and state requirements to students who have charged the maximum allowance to the student account and cannot pay out of pocket for a meal.

Negative Account Balances

The school district will make reasonable efforts to notify families when meal account balances are low. Additionally, the school district will make reasonable efforts to collect unpaid meal charges classified as delinquent debt. The school district will coordinate communications with families to resolve the matter of unpaid charges. Families will receive a low balance notification once their balance reaches \$10.00. Families will be notified by either electronic notification, by telephone and/or by US mail. Negative balances of more than \$15.00 not paid prior to end of the school year will be turned over to the superintendent or superintendent's designee for collection. Options may include: collection agencies, small claims court, or any other legal method permitted by law.

Communication of the Policy

The policy and supporting information regarding meal charges shall be provided in writing to:

- ¥ At registration at the beginning of the school year
- ¥ Students and families who transfer into the district, at time of transfer; and
- ¥ Posted on the District Webpage.

Records of how and when the policy and supporting information was communicated to households and staff will be retained.

Donations to the Food Service Program

All donations to the food service program to help families with insufficient funds shall be based on the following in the listed order:

- Help offset costs with negative balances greater than \$50.00 to those families that qualify as free.
- Help offset costs with negative balances less than \$50.00 to those families that qualify as free.
- Help offset costs with negative balances greater than \$50.00 to those families that qualify as free and reduced.
- Help offset costs with negative balances less than \$50.00 to those families that qualify as free.
- As determined by the superintendent designee.

LEGAL REFERENCE: 42 U.S.C. §§ 1751 *et seq.*

Iowa Code 283A.

281 I.A.C. 58.

7 C.F.R. §§ 210 *et seq.*

U.S. Dep't of Agric., SP 46-2016, Unpaid Meal Charges: Local Meal Charge Policies (2016).

U.S. Dep't of Agric., SP 47-2016, Unpaid Meal Charges: Clarification on Collection of Delinquent Meal Payments (2016).

U.S. Dep't of Agric., SP 57-2016, Unpaid Meal Charges: Guidance and Q&A (2016).

July		August 2017					September
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Volleyball Camp – MS Gym – 3:30-5:30 – Grades 5-8 Volleyball Camp – MS Gym – 6:00-8:30 – Grades 9-12 Football Camp – HS 5:00-7:30 pm	2 Volleyball Camp – MS Gym – 3:30-5:30 – Grades 5-8 Volleyball Camp – MS Gym – 6:00-8:30 – Grades 9-12 Football Camp – HS 5:00-7:30 pm FFA District Meats & Milk Quality – Earlville Athletic Boosters Mtg MS Commons – 6:30	3 Volleyball Camp – MS Gym – 3:30-5:30 – Grades 5-8 Volleyball Camp – MS Gym – 6:00-8:30 – Grades 9-12 Football Camp – HS 5:00-7:30 pm	4 Volleyball Camp – MS Gym – 3:30-5:30 – Grades 5-8 Volleyball Camp – MS Gym – 6:00-8:30 – Grades 9-12 Football Camp – HS 5:00-7:30 pm	5 Wildcat Golf Outing Woods Edge @ Edgewood – 9:00 am	
6	7 HS Fall Sports Begin	8 School Registration/ Book Rent – MS Commons – 10:00 am Thru 6:00 pm	9	10	11	12	
13	14 Fine Arts Booster Mtg MS Commons @ 5:30	15	16 HS Dance Camp – MS Gym – 9:00-3:00 HSVB Scrimmage @ Cascade – 9:00 am	17 HS Dance Camp – MS Gym – 9:00-3:00 HSVB Scrimmage @ Cascade – 9:00 am	18 HS Dance Camp – MS Gym – 9:00-3:00	19 HS Back to School Bash (9-12) – Softball Field – 6:00-10:00 pm	
20	21 JE Back to School Open House – 5:30-6:30 pm EE Back to School Open House – 5:45-6:45 pm	22 DE Back to School Open House – 5:30-6:30 pm MS Back to School Open House – 6:30-7:30 pm HS Back to School Open House – 7:30-8:30 pm	23  FIRST Day of School (JK – 12 th grades)	24	25 JVFB @ Ed-Co Away – 5:00 pm VFB @ Ed-Co Away – 7:30 pm	26 FFA State Livestock Contest HSVB Scrimmage @ Cascade -9:00 am	
27	28 FFA Freshman Orientation Mtg – Beckman HS 7:00 pm	29 HSVB @ Clayton Ridge Away – 5:30 pm	30	31 HSCC @ MFL/Mar- Mac – 5:00 pm	HS = High School MS = Middle School DE = Delhi Elementary EE = Earlville Elementary JE = Johnston Elementary CC = Cross Country FB = Football VB = Volleyball		

IOWA ATHLETIC PRE-PARTICIPATION PHYSICAL EXAMINATION

ARTICLE VII 36.14(1) PHYSICAL EXAMINATION.

Every year each student (grades 7-12) shall present to the student's superintendent a certificate signed by a licensed physician and surgeon, osteopathic physician and surgeon, osteopath, advanced registered nurse practitioner (ARNP), physician's assistant or qualified doctor of chiropractic, to the effect that the student has been examined and may safely engage in athletic competition. This certificate of physical examination is valid for the purposes of this rule for one (1) calendar year. A grace period, not to exceed thirty (30) days, is allowed for expired certifications of physical examination.

QUESTIONNAIRE FOR ATHLETIC PARTICIPATION (Please type or neatly print this information)

Student's Name _____ Male ___ Female ___ Date of Birth _____ Grade _____

Home Address (Street, City, Zip) _____ School District _____

Parent's/Guardian's Name _____ Date _____ Phone # _____

Family Physician _____ Phone # _____

HEALTH HISTORY (The following questions should be completed by the student-athlete with the assistance of a parent or guardian. A parent or guardian is required to sign on the other side of this form after the examination.)

	Yes	No	Does this student have / ever had?		Yes	No	Does this student have / ever had?
1.	_____	_____	Allergies to medication, pollen, stinging insects, food, etc.?	20.	_____	_____	Head injury, concussion, unconsciousness?
2.	_____	_____	Any illness lasting more than one (1) week?	21.	_____	_____	Headache, memory loss, or confusion with contact?
3.	_____	_____	Asthma or difficulty breathing during exercise?	22.	_____	_____	Numbness, tingling or weakness in arms or legs with contact?
4.	_____	_____	Chronic or recurrent illness or injury?	*****			
5.	_____	_____	Diabetes?	23.	_____	_____	Severe muscle cramps or illness when exercising in the heat?
6.	_____	_____	Epilepsy or other seizures?	*****			
7.	_____	_____	Eyeglasses or contacts?	24.	_____	_____	Fracture, stress fracture or dislocated joint(s)?
8.	_____	_____	Herpes or MRSA?	25.	_____	_____	Injuries requiring medical treatment?
9.	_____	_____	Hospitalizations (Overnight or longer)?	26.	_____	_____	Knee injury or surgery?
10.	_____	_____	Marfan Syndrome?	27.	_____	_____	Neck injury?
11.	_____	_____	Missing organ (eye, kidney, testicle)?	28.	_____	_____	Orthotics, braces, protective equipment?
12.	_____	_____	Mononucleosis or Rheumatic fever?	29.	_____	_____	Other serious joint injury?
13.	_____	_____	Seizures or frequent headaches?	30.	_____	_____	Painful bulge or hernia in the groin area?
14.	_____	_____	Surgery?	31.	_____	_____	X-rays, MRI, CT scan, physical therapy?
*****				*****			
15.	_____	_____	Chest pressure, pain, or tightness with exercise?	32.	_____	_____	Has a doctor ever denied or restricted your participation in sports for any reason?
16.	_____	_____	Excessive shortness of breath with exercise?	33.	_____	_____	Do you have any concerns you would like to discuss with your health care provider?
17.	_____	_____	Headaches, dizziness or fainting during, or after, exercise?				
18.	_____	_____	Heart problems (Racing, skipped beats, murmur, infection, etc.?)				
19.	_____	_____	High blood pressure or high cholesterol?				

Family History:

34. _____ Yes _____ No Does anyone in your family have Marfan syndrome?

35. _____ Yes _____ No Has anyone in your family died of heart problems or any unexpected/unexplained reason before the age of 50?

36. _____ Yes _____ No Does anyone in your family have a heart problem, pacemaker or implanted defibrillator?

37. _____ Yes _____ No Has anyone in your family had unexplained fainting, seizures, or near drowning?

38. _____ Yes _____ No Does anyone in your family have asthma?

39. _____ Yes _____ No Do you or someone in your family have sickle cell trait or disease?

Use this space to explain any "YES" answers from above (questions #1-38) or to provide any additional information:

40. Are you allergic to any prescription or over-the-counter medications? If yes, list: _____

41. List all medications you are presently taking (including asthma inhalers & EpiPens) and the condition the medication is for:
 A. _____ B. _____ C. _____

42. Year of last known vaccination: Tetanus: _____ Meningitis: _____ Influenza: _____

43. What is the most and least you have weighed in the past year? **Most** _____ **Least** _____

44. Are you happy with your current weight? **Yes** _____ **No** _____ **If no**, how many pounds would you like to lose or gain?
 Lose _____ Gain _____

FOR FEMALES ONLY:

1. How old were you when you had your first menstrual period? _____

2. How many periods have you had in the last 12 months? _____

PHYSICAL EXAMINATION RECORD (To be completed by a licensed medical professional as designated in Article VII 36.14(1). *This evaluation is only to determine readiness for sports participation. It should NOT be used as a substitute for regular health maintenance examinations.*)

Athlete's Name _____ Height _____ Weight _____

Pulse _____ Blood Pressure _____ / _____ (Repeat, if abnormal _____ / _____) Vision R 20/ _____ L 20/ _____

	NORMAL	ABNORMAL FINDINGS	INITIALS
1. Appearance (esp. Marfan's)			
2. Eyes/Ears/Nose/Throat			
3. Pupil Size (Equal/Unequal)			
4. Mouth & Teeth			
5. Neck			
6. Lymph Nodes			
7. Heart (Standing & Lying)			
8. Pulses (esp. femoral)			
9. Chest & Lungs			
10. Abdomen			
11. Skin			
12. Genitals - Hernia			
13. Musculoskeletal - ROM, strength, etc. (See questions 24-31)			
14. Neurological			

Comments regarding abnormal findings: _____

LICENSED MEDICAL PROFESSIONAL'S ATHLETIC PARTICIPATION RECOMMENDATIONS

FULL & UNLIMITED PARTICIPATION

LIMITED PARTICIPATION - May **NOT** participate in the following (checked):

Baseball Basketball Bowling Cross Country Football Golf Soccer
 Softball Swimming Tennis Track Volleyball Wrestling

CLEARANCE PENDING DOCUMENTED FOLLOW UP OF

NOT CLEARED FOR ATHLETIC PARTICIPATION DUE TO

 Licensed Medical Professional's Name (Printed)

 Date of PPE

 Licensed Medical Professional's Signature

 Phone

PARENT'S OR GUARDIAN'S PERMISSION AND RELEASE

I hereby **verify** the accuracy of the information on the opposite side of this form and **give my consent** for the above named student to engage in approved athletic activities as a representative of his/her school, except those activities indicated above by the licensed professional. I also **give my permission** for the team's physician, certified athletic trainer, or other qualified personnel to give first aid treatment to my son or daughter at an athletic event in case of injury.

 Name of Parent or Guardian (Printed)

 Signature of Parent of Guardian

 Address (Street/PO Box, City, State, Zip)

 Phone Number

This form has been developed with the assistance of the Committee on Sports Medicine of the Iowa Medical Society and has been approved for use by the Iowa Department of Education, Iowa High School Athletic Association, and Iowa Girls High School Athletic Union. Schools are encouraged NOT to change this form from its published format. Additional school forms can be attached to this form.

2017-2018 Iowa Application for Free and Reduced Price School Meals/Milk

Received Date: _____

Complete one application per household. Please use a pen (not a pencil). This application cannot be approved unless complete eligibility information is submitted.

STEP 1 List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach the supplemental worksheet.)

Definition of Household Member: *Anyone who is living with you and shares income and expenses, even if not related. Children in Foster care and children who meet the definition of Homeless, Migrant or Runaway are eligible for free meals. Read How to Apply for Free and Reduced Price School Meals for more information.	Child's First Name		MI		Child's Last Name		Birth Date		Student?		Child's School		Grade		Foster Child Runaway		Homeless, Migrant, Runaway		
									Yes No						Check all that apply				

STEP 2 Do any Household Members (including you) currently participate in one or more of the following assistance programs: Food Assistance, FIP, or FDPIR? Circle one: Yes / No If no, complete STEP 3. If you answered Yes, write a case number here then go to STEP 4 (Do not complete STEP 3).

Write only one case number in this space. Not acceptable: Medicaid, Title XIX & EBT card numbers.

Case Number: _____

Name of Household Member with Case Number: _____

STEP 3 Report Income for ALL Household Members (Skip this step if you answered 'Yes' to STEP 2)

A. All Adult Household Members (including yourself) List all Household Members not listed in STEP 1 (including yourself) even if they do not receive income. For each Household Member listed, if they do receive income, report total gross income for each source in whole dollars only. If they do not receive income from any source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report. Applications with blank income fields will be processed as complete. If more spaces are required for additional names, attach the supplemental worksheet.

Name of Adult Household Members (First and Last)	B. Earnings from Work		C. Public Assistance/Child Support/Alimony		D. Pensions/Retirement/All Other Income		E. Child Income: Sometimes children in the household earn income. Please include the TOTAL gross income earned by all Household Members listed in STEP 1 here.		F. Total Household Members (Children and Adults)											
	Weekly	Bi-Weekly	2x Month	Monthly	Annually	Weekly	Bi-Weekly	2x Month	Monthly	Weekly	Bi-Weekly	2x Month	Monthly							
	\$				\$				\$											
	\$				\$				\$											
	\$				\$				\$											

G. Last Four Digits of Social Security Number (SSN) of Primary Wage Earner or Other Adult Household Member: Check if no SSN

STEP 4 Contact Information and Adult Signature MAIL COMPLETED FORM TO:

"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws."

Street Address (if available) _____ Apt. # _____ City _____ State _____ Zip _____ Daytime Phone (optional) _____ Email (optional) _____

Printed name of adult completing the form _____ Signature of adult completing the form _____ Today's date _____

DO NOT WRITE BELOW THIS LINE. FOR ADMINISTRATIVE USE ONLY. Annual income conversion: Weekly x 52; Bi-Weekly x 26; 2 Times per Month x 24; Monthly x 12

Household Income: \$ _____ Weekly Bi-Weekly Twice Monthly Monthly Annually Household Size: _____

Application Approved: Income Foster Child FIP/Food Assistance Head Start (documentation required) Homeless/Migrant/Runaway-Local Official Documentation Required

Eligibility Determination: Free Reduced Free Milk Application Denied: Incomplete Over income limits

Determining Official's Signature _____ Effective Date _____ Confirming Official's Signature _____ Date _____ Follow-up Signature _____ Date _____

OPTIONAL Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

Ethnicity (check one): Hispanic or Latino Not Hispanic or Latino

Race (check one or more): American Indian or Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Islander White

Low-Cost Health Insurance for Children

If your children do not have health insurance, many families getting free or reduced price meals can also get free or low-cost health insurance for their children. The law requires public schools to share your free and reduced price meal eligibility information with Medicaid & *hawk-i*, the State's medical insurance program for children. Private schools, RCCIs and childcare organizations may choose to share this information. Specifically, we will give them your child's name, your name & address. Medicaid & *hawk-i* can only use the information to identify children who may be eligible for free or low-cost health insurance and contact you. They are not allowed to use the information from your free and reduced meal application for any other purpose or to share it with any other entity or program. You are not required to allow us to share this information, it will not affect your child's eligibility for free or reduced price meals. **If you do NOT want your information shared with Medicaid or *hawk-i*, you must tell us by completing the information below.** If you want further information, you may call *hawk-i* at 1-800-257-8563. Also, if you are already receiving Medicaid or *hawk-i*, please sign below. This will avoid another contact.

My signature below indicates I DO NOT want school officials to share information from my free and reduced price meal application with Medicaid or *hawk-i*.

Parent/Guardian Name (Printed) _____ **Signature** _____ **Date** _____

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Food Assistance (FA), Family Investment Program (FIP) or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

USDA Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Iowa Non-Discrimination Statement: "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

Translated applications are available at: <http://www.fns.usda.gov/school-meals/translated-applications>

Optional Waiver Information

WAIVER STATEMENT

If your child(ren) qualifies for free or reduced price meals, you may also be eligible for other benefits. If you sign this waiver, your child(ren) will be considered for a full or partial waiver of school fees. I understand that I will be releasing information that will show that I applied for free and reduced price school meals for my child(ren). I give up my rights to confidentiality for waiver of school fees ONLY. I certify that I am the parent/guardian of the child(ren) for whom application is being made. YOU DO NOT HAVE TO COMPLETE THIS WAIVER TO GET FREE OR REDUCED PRICE SCHOOL MEALS.

Signature of Parent/guardian _____ Date _____

2017-2018 Iowa Application for Free and Reduced Price School Meals/Optional Supplemental Worksheet

Additional Children in Your Household (not listed on page 1)

Child's First Name	MI	Child's Last Name	Birth Date	Student? Yes No	Child's School	Grade	Foster Child	Homeless, Migrant, Runaway
							<input type="checkbox"/>	<input type="checkbox"/>
							<input type="checkbox"/>	<input type="checkbox"/>
							<input type="checkbox"/>	<input type="checkbox"/>
							<input type="checkbox"/>	<input type="checkbox"/>

Check all that apply

Any income earned by the above listed children should be included under Step 3 E on the first page of the application.

Additional Adults in Your Household (not listed on page 1)

Name of Adult Household Members (First and Last)	Earnings from Work			How often?			Public Assistance/ Child Support /Alimony	How often?			Pensions/Retirement/ All Other Income	How often?		
	Weekly	Bi-Weekly	2x-Monthly/Annually	Weekly	Bi-Weekly	2x-Monthly		Weekly	Bi-Weekly	2x-Monthly		Monthly		
	\$			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	\$			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Self-Employment Income Calculations

This guidance will assist you in calculating the amount to report if you engage in farming, are self-employed or have income from other sources. Self-employed persons may use income tax records for the preceding calendar year as a base to project the current year's net income, unless the current monthly income provides a more accurate measure. Report income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses such as interest on home payments, medical expenses, and other similar non-business deductions are not allowed in reducing gross business income. Additional income from other kinds of employment must be treated as separate and apart from the income generated or lost from your business venture. For example, if you operated a business at a net loss, but held additional employment for which a salary was received, the income for purposes of applying for reduced price or free meals would be the income from the salary only. The loss from the business cannot be deducted from a positive income earned in other employment. For purposes of this application, it is not possible to report a negative income from any business venture. The least income possible is zero (no income). The necessary information for arriving at allowable income from private business operation may be taken from your most recent U.S. Individual Income Tax Return - Form 1040. Add together the amounts reported on the following lines:

LINE 12 \$ _____ Business Income or (Loss)

LINE 13 \$ _____ Capital Gain or (Loss)

LINE 14 \$ _____ Other Gains or (Losses)

LINE 17 \$ _____ Rental real estate, royalties, partnerships, S corporations, trusts, etc.

LINE 18 \$ _____ Farm Income or (Loss)

TOTAL \$ _____
 Computed Monthly Income \$ _____
 (Gross Annual Income + 12 = Computed Monthly Income.)

The computed monthly income should be reported in Step 3 on the Application for Free and Reduced Price School Meals under All Other Income.