

Wildcat Echo

Issue 9
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A publication by the students of Maquoketa Valley High School

Goedken presents solutions for hunger in Haiti

by Kristi Goedken

On Oct. 16 Kristi Goedken traveled to Des Moines to join 80 Iowa students along with 80 other students from across the United States and the world at the World Food Prize conference at the Global Youth Institute.

After arriving Thursday, the students met with their groups that they spent a lot of time with. They also toured the Norman Borlaug building where they watched the live award ceremony and see themselves on TV. The night ended with a supper at the top of the tower.

Friday was a productive day as they traveled to the Catholic Diocese of Des Moines to pack meals. They packed 24,000 meals in two and half hours. Later that day Kristi traveled to Syngenta to learn about many job opportunities this company had to offer. Friday night ended with a hunger banquet back at the hotel. Students were put into social groups, and the meal



Kristi Goedken and Mrs. Mausser pose in the hotel in front of the World Food Prize banner.

they got depended on their wealth.

Bright and early Saturday morning, Kristi and Mrs. Mausser headed to DuPont Pioneer where Kristi presented her paper on alleviated hunger in Haiti to three experts and seven peers. Kristi's main focus was malnutrition in Haiti. "This experi-

ence was very eye-opening. Listening to all the speakers talking about how we will feed nine billion people by 2050 is crazy. We are going to be the generation to make it happen. GYI was an amazing experience, and I met so many new people from the U.S. and across the globe."

Vocalists prepare for major audition

Taylor Guthrie, Riley Kay Sternhagen and Shaylyn Trenkamp (and Lawson Roof, not pictured) are auditioning for All-State tomorrow.



by Mikaela Reth

All-State Music Festival auditions are quickly approaching. They will be held at West Delaware High School tomorrow, October 25th.

There are four individuals auditioning from MV this year. Taylor Guthrie, Riley Sternhagen, Shaylyn Trenkamp, and Lawson Roof are trying out for vocal all-state.

During the audition, the musicians

will perform for judges and hopefully make callbacks. The vocalists must be well-prepared for their audition which involves memorizing each song and performing the requested portion for the judges alone or in an ensemble.

The All-State Festival will be November 20-22.

Best of luck to all of our auditioning Wildcats!

It's a chica!



Congratulations to Sr. and Sra. Ries on the birth of their daughter, Evelyn Christina, on Tuesday. She was 7lb 11 oz and 20" long.

Sports Connection

MV Destroys Riverhawks 56-6

by Shaylyn Trenkamp

Delivering a great night under the lights again, the Wildcats traveled to Easton Valley last week and landed another solid win by 50 points.

Maquoketa Valley started off the game with a touchdown by Ryan Parmely and an extra point that followed from Rob Bockenstedt. Following almost immediately, Parmely scored another touchdown and Bockenstedt proceeded with an additional extra point. The Wildcats continued to hold the Riverhawks at zero, and made the next scoring play with a pass from Jeremy Fischer to Trevor Koopmann. Another extra point from Bockenstedt brought the score at the end of the first quarter to 21-0.

Zach Salow kicked off the second quarter for the Wildcats with a touchdown and Bockenstedt followed with his fourth extra point of the night. Riverhawks then made their only touchdown of the night, moving the score to 28-6. Parmely and Bockenstedt went back at it though, and

scored two more touchdowns and extra points respectively before the end of the half.

Leading the scoreboard going into the third quarter, the Wildcats kept advancing as they held Easton Valley at six points. Jeremy Fischer ran in the first touchdown of the quarter, which brought in another extra point from Bockenstedt as well. Then, Trevor Koopmann ran in the final touchdown of the night and was followed with an extra point made from Tanner Parmely, giving the Wildcats the winning score of 56-6.

Passing yards: Jeremy Fischer, 40. Rushing yards: Steve Huber, 1; Jeremy Fischer, 21; Zach Salow, 25; Trevor Koopmann, 49; Ryan Parmely, 278. Receiving yards: Zach Salow, 3; Trevor Koopmann, 30; Ryan Parmely, 7.

Tackles: Dylan Wright, 2; Steve Huber, 1; Derek Salow, 1; Colton Nefzger, 3; Tanner Parmely, 1; Zach Salow, 1; Garrett Hogan, 2; Trevor Koopmann, 4; Ryan

Parmely, 6; Lukas Wilson, 1; Alec McDowell, 6; Mason Hermanson, 2; Rob Bockenstedt, 1; Chris Hoeger, 2; Curtis Nefzger, 8; Kody Orcutt, 2; Matt Lansing, 3; Kaleb Kruse, 1; Kaleb Handel, 1. Assists: Steve Huber, 4; Derek Salow, 1; Zach Salow, 2; Trevor Koopmann, 3; Ryan Parmely, 3; Alec McDowell, 1; Rob Bockenstedt, 2.

Extra points: Rob Bockenstedt was 7 for 7; Tanner Parmely was 1 for 1. Kick return yards: Zak Harbach, 54. Punt return yards: Zach Salow, 10. Kicking yards: Tanner Parmely, 136; Rob Bockenstedt, 174. Punting yards: Tanner Parmely, 38; Ryan Parmely, 62.

Tonight the Cats host Postville with a 7:00 varsity start time.

Zak Harbach runs the ball for the Wildcats at Easton Valley against the Riverhawks. (photo by Shaylyn Trenkamp)



New lockers installed



Last Friday as soon as students were out of the building, the seniors lockers were removed, and new ones were installed on Monday. Above: Mr. Steger begins the removal process.

Quotastic

by Mikaela Reth

"You've got to be your own worst critic; not your own worst enemy." ~E.J. May

I find this quote to be extremely relevant in my own life. This statement sounds rather redundant at first; however, once explained, it makes more sense. At least that was how it worked for me. I had to analyze this for a while before I understood what it meant.

What E.J. is saying is that one has to be aware of his/her actions. For example, when I am my own worst critic, I am thinking about possible consequences of an outburst or action before I say or do anything or I might be analyzing my personal appearance or attitude before acting upon my feelings or getting dressed. If I were to be my own worst enemy in these cases, I would sneer at whatever action I pursued after it was too late to change. One is fully capable of being careful of what he/she says or does.

However, there's an extremely fine line between analyzing and cruelly criticizing oneself. Many people struggle to walk this line or even know where it is at. It simply takes a lot of practice and self-respect.

Fine Artists of the Week

Name: Megan Beaman

Activity: Fall musical

What role do you play in the musical? I actually have four roles, I'm a tree, an ozian, a poppy, and a jitterbug



How are you like/not like your character? Well I'm like the ozian, because they are really energetic. But I'm not like the tree I play because they're really sassy.

What's your favorite part of the show? I like the jitterbug scene, because it's really funny, and the choreography is really cool

What would surprise people about the show? The special effects we're planning on doing should be pretty cool.

What's your favorite part of rehearsal? Hanging out with everyone and having a fun time.

Who is your drama role model? Jim Carrey, because he's really funny, and he is a great actor.

Name: Patrick Hansen

Activity: Fall musical

What role do you play in the musical? The mayor of muchkins

How are you like/not like your character? I'm confident as the mayor but not as short



What's your favorite part of the show? The Emerald city scene

What would surprise people about the show? How good the show is

What's your favorite part of rehearsal? Watching the show

Who is your drama role model? Matthew Lansing (Cowardly Lion)

Athletes of the Week

Name: Rob Bockenstedt

Sport: Football

What do you enjoy most about football? Hitting people and kicking footballs.

How does this year's team differ from past teams?

We have Zak Harbach returning punts.



What's your favorite drill in practice? Slapball

What's your least favorite drill? Any conditioning.

How do you mentally prepare for the game? Getting good tape jobs from Jeff.

Who's your football role model? Coach Andrews.

Name: Nichole Winter

Sport: Cross Country

What do you enjoy most about cross country? I like the feeling after I get done running.

What's the most fun part of practice? Talking with my coaches and teammates.



What's the hardest part? Getting better outside of practice is the hardest part.

How do you mentally prepare for a meet? I think about my goal and how I want to feel after I'm done running.

What's your personal goal for this season? My personal goal is to do my best everyday and have fun during the season.

Why should students go out for cross country? Running is a lot more fun than it sounds! Anyone can do it and it's very rewarding! Also, meeting new people and making new friends is always great!

Who's your cross country role model? The girls who place high in the races are role models because they work hard and they want to get better. They are competitive and they make me want to work harder to be up there with them.

Meet the Freshmen



**Kiesha Stelken, Megan Wulfekuhle,
Justin Krapfl and Tyson Tucker**

Name: Tyson Tucker
Siblings: Easton, Taya
Activities you plan to be in: Baseball, basketball, football, golf, speech
Favorite subject: Lunch
Career aspirations: Physical Therapist, Sports Management
Hobbies: sports, hanging out with friends, eating
Something cool about you: Heath Gibbs is my idol.

Name: Justin Krapfl
Siblings: Emily, Derek, Claire, Maison
Activities you plan to be in: baseball, football, FFA, wrestling
Favorite subject: Word Processing
Career aspirations: Engineering
Hobbies: Hanging out with friends
Something cool about you: I'm competitive.

Name: Kiesha Stelken
Siblings: Anthony Wachendorf
Activities you plan to be in: musical, play, dance team, choir, speech
Favorite subject: math
Career aspirations: actress or nurse
Hobbies: watching Youtube, spending time with family
Something cool about you: I did gymnastics for nine years.

Name: Megan Wulfekuhle
Siblings: Ryan, Brett, Melissa
Activities you plan to be in: volleyball, basketball, softball, speech
Favorite subject: Spanish
Career aspirations: nurse
Hobbies: spending time with friends and family
Something cool about you: Everything
—typist: Mikaela Reth

Macy's Message

by Macy Anderegg

Well, it's that time of year again. The goodbyes are starting for the senior class. With our volleyball team losing a tough game to end their season, it's making me put things into reality. Next year that's going to be us Juniors stepping off the courts, the fields, the stages, and out of the doors of Maquoketa Valley for the last time as high school students. It really put things into perspective that life moves on. The life you're living now, isn't going to be the same life in 5 years, maybe even 2. The same old routine of waking up every morning in the house you've lived in for maybe your whole life, will be changed. Don't take advantage of these moments or the occurring moments you are experiencing now. Pretty soon, it'll be the start of your new life.



Angie's Angle

by Angie Wilson

Home is where the Heart is

*"It feels like home to me, it feels like home to me
It feels like I'm all the way back where I come from
It feels like home to me, it feels like home to me
It feels like I'm all the way back where I belong"*



~CHANTAL KREVIASZUK

Everyone has his or her happy place. Where do you feel safe? Where is the place where you can go when you are lost? When you are looking to find yourself again. Or just to find yourself for the first time. They give that place a name. Home.

The place where you can pour out your heart. The place where love flows and there is always a light on. We disguise "home" as a place. It doesn't necessarily have to be a place. A person can be your home. Home is wherever your heart is. It's where there is no stress and happiness reigns over everything. Everyone has a home. They come in different shapes, sizes, and figures. Some may find and define there's more than others. When you are lost, just follow your heart because it will lead you home.

Do's and Don'ts of Second Quarter

by Shaylyn Trenkamp



Well, Cats, we're officially a week into the second quarter of the 2014-2015 school year, and that means are going to be changing and/or starting up. This quarter always seems to be the quickest one, so here are your hints on how to get going and how to make this quarter your finest yet.

Do continue to be actively involved. Many clubs, sports, and teams are starting up so find the things you enjoy and get into 'em!

Don't forget to support other activities that you're not in, such as the football playoffs, the fall musical coming up, and eventually basketball, wrestling, and winter concerts etc.

Do realize how much second quarter counts. First quarter's done and over with, but don't forget that second quarter is important too.

Don't slack off. As I said, this quarter goes by fast, so do yourself the favor of not letting yourself get behind.

Do make plans with your friends and family for the second half of the semester. Get out there and have fun doing the things and activities that come with this season.

Don't forget to come the last district play football game tonight! Go Cats!

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9					6	2	5	7
		5	7				9	
6		8			1	5	3	4
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		7	8	6				

Volleyball team ends season with district loss

Tuesday night the Cats had a chance to seek revenge on North Linn in the first round of district play.

The Cats lost in three games: 23-35, 22-25 and 18-25.

Last Thursday night the Wildcats played in a conference tournament at North Linn and went 1-2 for the night. The Cats defeated Central City 2-1 and lost to Lisbon and North Linn 2-0.

Highlights of the Central City match was the Mensen duo, with Brianna's four kills and Megan's three. Both served 100 percent; Megan was 17 for 17 and Brianna was 11 for 11.

In the North Linn match up, Macy Anderegg took to the net with 7 kills, and Erin Digmann added 6. Megan Mensen was 12 for 12 from the serving line. Angie Wilson had 9 digs.

Against Lisbon, Brianna Mensen had four kills. Digmann and Megan Mensen each had two blocks.

The Wildcats finished the regular season with a 7-13 record.

NHS performs community service



Members of MV's NHS chapter spent a few hours on Monday raking leaves on the Lenox College campus to help the Delaware County Historical Society.

Above: Members drag leaves into a pile.
Left: Nichole Lucas, Megan Mensen and Angie Wilson show their excitement for volunteering.



At the end of September, several members helped at the Camp Courageous breakfast in Monticello. One of the organizers sent a letter to MV commending the volunteers for their positive attitudes and initiative.

Best Buds



Gabriela Guetzko & Megan McNamara
by Nichole Lucas

How long have you two been friends?
Since 7th grade.

What do you guys like to do?

Netflix, hot tubbing, sleeping, eating, breathing, and Netflix

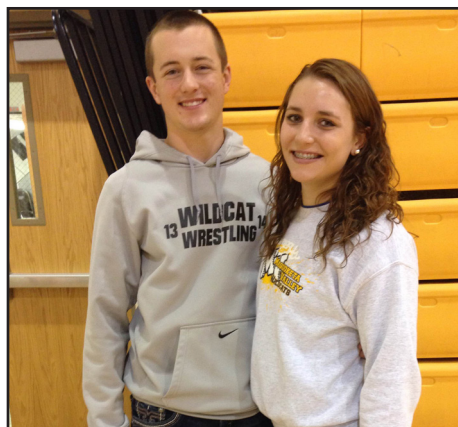
Do you have nicknames for each other?

Not school appropriate...

Most embarrassing moment?

There are so many.

Cutest Couple



Alec McDowell & Macy Anderegg
by Heather Sabers

How long have you been dating?
1 year 7 months and 1 day

What do you do for fun?

Hang out at each other's houses, go to Brewers game, and everything else

What your favorite memory together?

Going to a Brewers game

Describe your relationship in one word.

Macyiscoolerthanalec

Cutie



by Annie Fjelstul

This week's cutie is a freshman.

He plays four sports.

He has a younger sister.

He has green eyes.

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A furball to chromatic scales...look it up. They're hard!



A good luck meow to the students auditioning for All-State.



A furball to the terrorist act of a Canadian soldier being shot.

A meow to a fresh start in second quarter.



A meow to the volleyball players and cross country runners for a memorable season.



A good luck meow to the football players as they earn a district championship.



A meow to NHS members for volunteering to rake leaves at Lenox College.



A meow to the beauty of fall leaves.

A meow to the marching band for its half-time entertainment.



A meow to the Athletic Boosters for all they do and to the students who are helping work at the arts and craft show.



A good luck meow to FFA members as they compete at National FFA Convention.



A meow to the new lockers in the senior hallway.



A meow to student council president Heather Sabers and crew for proposing an open lunch for seniors. Seniors who are in good academic standing may leave campus for lunch with parent permission on specified Fridays throughout the year.



A furball for all the negative political ads.



A meow for Baby Ries!

by Emily LaGrant

Volleyball

season's most competitive time is here. Our volleyball team competed on Thursday night in district play. Let's see how much these students know about what's going on on the volleyball court. The contestants are: Dustin Heims, Carter Klostermann, Jazz Niehaus and Olivia Hill.



1) Who are the three seniors actively playing on the varsity volleyball team this year?

Dustin: I have no idea

Carter: I have no idea

Jazz: Heather, Annie, Morgan

Olivia: Heather, Morgan, Annie

A: Heather, Annie, and Morgan

2) What is the back row player with the different color jersey called?

Dustin: The server

Carter: You're asking the wrong person

Jazz: Libero

Oliver: Libero

A: Libero

3) Who coaches the varsity volleyball team?

Dustin: I don't know

Carter: I don't know

Jazz: Hannah Grow

Olivia: Hannah Grow

A: Hannah Grow

4) Where did the team play on Tuesday night?

Dustin: I don't know

Carter: No idea

Jazz: Alburnett

Olivia: I don't know

A: North Linn

5) What player is supposed to get the second ball every time?

Dustin: I don't know

Carter: No idea

Jazz: The setter

Olivia: The setter

A: The setter

Jazz and Olivia tied for first with 4 points each. Carter and Dustin tied for last with 0 points each. Looks like the girls know their stuff. The boys, not so much. Looks like Carter and Dustin need to attend a few volleyball games.

WHAT'S HAPPENING AT MV the week of OCTOBER 26, 2014

SUNDAY, OCTOBER 26, 2014

1. MV Athletic Boosters Arts & Crafts Show - Middle School Gym - 9:00 AM until 2:00 PM

MONDAY, OCTOBER 27, 2014

Early Dismissal - 1:05 PM in Delhi / 1:15 in Earlville & Hopkinton

2. Parent/Teacher Conferences - All Centers - 3:00 PM until 7:00 PM

Nurse Mary Meets with 12th Grade Girls - Auditorium - 11:02 AM

4. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

TUESDAY, OCTOBER 28, 2014

1. HS FFA to Nat'l Convention in Louisville, KY (Suburban & Van Leaves at 5:00 AM -back on 11-2-14)

2. 7th & 8th Homework Assistance - After School until 4:00 PM

3. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

WEDNESDAY, OCTOBER 29, 2014 -

Students & Staff wear PINK for Cancer Awareness

1. 7th & 8th Homework Assistance - After School until 4:00 PM

2. HS Varsity Football 1st Rounds State Play-Offs - HOME - 7:00 PM

THURSDAY, OCTOBER 30, 2014

1. Early Dismissal - 1:05 PM in Delhi / 1:15 in Earlville & Hopkinton

Parent/Teacher Conferences - All Centers - 3:00 PM until 7:00 PM

3. Back Pack Delivery - Johnston, Earlville, Delhi Elementary & Middle School

4. Halloween Parades - Delhi 9:30 AM / Earlville 10:00 AM / Johnston 10:30 AM

5. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

FRIDAY, OCTOBER 31, 2014

1. NO SCHOOL

SATURDAY, NOVEMBER 1, 2014

ISDTA Solo Dance / Color Guard Competition in Newton (Van Leaves at 10:00 AM)

2. MV Athletic Boosters Boys Basketball Tournament - HS Gym - 8:00 AM

Daylight Savings Time Ends - Turn Your Clocks BACK One Hour

Students recognized for academic success

Last Friday students and staff celebrated several students' success. Mr. Tuetken started off the assembly by recognizing several groups and students who have gone above and beyond in academics and extra curriculars.

Students were also awarded their academic awards based on their GPA.

First year award winners

Jacob Bonert
Megan McNamara
Mikaela Callan
Brianna Mensen
Destiny Clayborne
Megan Mensen
Danica Fjestul
Jazz Niehaus
Amanda Fortman
Cody Ries
Angie Wendt
Clint Krapfl
Ryan Goedken
Chance Franck
Kendra Ries
Lawson Roof
Lea Ries
Rebekah Hill
Carter Klostermann
Megan Hogan
Caleb Thompson
Colin Wendt
Nate Lansing
Cassie Wilson
Alec McDowell
Nichole Winter

Second year award winners

Macy Anderegg
Briana March
Sienna Becker
Cassie McIntyre
Rob Bockenstedt
Colton Nefzger
Kristin Brehm
Curtis Nefzger
Cassie Burkle
Natalie Nuetzil
Jeremy Fischer
Kalvin Orcutt
Caitlyn Gibbs

Andrew Palmer-sheim
Kristi Goedken
Alex Richter
Taylor Guthrie
Laisee Shakespeare
Kaleb Handel
Audrey Sheehy
Cassie Hird
Brooke Snyder
Shawnae Hoeger
Kelsey Snyder
Kinsey Johnson
Walker Sprau
Emily Krapfl
Riley Sternhagen
Emily LaGrant
Shaylyn Trenkamp
Nichole Lucas
Angie Wilson
Morgan Manternach
Whitney Wilson
Dylan Wright

Third year award winners

Mary Feldmann
Matthew Lansing
Annie Fjelstul
Bailey Lubben
Chris Hoeger
Emily O'Connell
Tiffany Hoeger
Mikaela Reth
Ashley Holtz
Heather Sabers
Steve Huber
Derek Salow
Abby Jay
Dylan Salow
Riley Kloser
Savannah Salow
Zach Salow



So next Wednesday is the last Wednesday of October. Do you know what that means?

You should wear pink to show your support for breast cancer survivors, respect for those victims who did not survive, and belief in the power of research.

So will you wear pink?

ARE YOU AFRAID YOU'LL FORGET?

I bet you won't since this whole page is dedicated to reminding you.

Maybe you should ask a friend to remind you.

Right, you could text your friends and they'll text other friends and then we'll be one big school of pink on Wednesday.

That'd be cool.

I bet the football team will even wear some pink.

Yeah, they're cool like that.

I'm sure the teachers will too. Even the cooks.

I can't wait to see all that pink.

One thing I love about MV is how we show our support.