

Wildcat Echo

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A publication by the students of Maquoketa Valley High School

Homecoming 2014 declared a success

by Heather Sabers

Homecoming 2014 is now in books! Even though the weather was not in our favor, it didn't stop us.

We managed to get outside for powder puff, and we were able to bear the cold during the parade on Friday afternoon. The Seniors managed to defeat the Juniors in both Iron Man and Powder Puff making



The seniors take the field for Powder Puff. (photo by Destiny Claybourne)

the seniors 4-0 for their entire high school career.

The class competitions went great on Friday afternoon and were followed by a chilly parade. The pep rally was full of laughter as we all watched the senior guys show off their dance moves and the senior football players show off a new style.

The winners for the dress-up days are as follows: Ashley Holtz and Chance Frank won superman day, Collin Wendt and Vicky Agromayer won Toga Tuesday, Cassie McIntyre and Trent Reeves won red white and blue day, Juniors won the class colors competition day, and Emily LaGrant and Greg Guetzko won black and gold day. The sophomores had the best float.

Zach Salow was crowned king and Heather Sabers was crowned queen. The Cats took on the Lynx Friday night and showed them what we were made of with a final score of 55-14.

The dance on Saturday night brought in about 150 people and was a great way to wrap up the week!



Heather Sabers and Zach Salow were crowned homecoming royalty. (photo by Emily Krapfl)

MV TEL promotes message of healthy living



You may have noticed the message Ten per One, cupped in the fence, in the southwest corner of the track. One minute... sixty seconds....It really doesn't seem like much time in our crazy, hectic, fast paced world. However, it seems as though we're always looking for more of them. One way to make sure you get

as many minutes in your life, as possible, is by avoiding tobacco products. We know that 1 person dies from tobacco related illness, every 6 seconds. That is 10 people every minute. Don't be a part of that statistic. This message brought to you by MV TEL, Teens Eliminating Lies.

Wildcats Crush Lynx 55-14 in Homecoming game

by Shaylyn Trenkamp

Last Friday night, the MV Wildcats hosted North Linn for their homecoming game, and demolished the Lynx 55-14.

The Wildcats started off strong, scoring a touchdown within minutes of the first quarter with a pass from Jeremy Fischer to Zach Salow. Ryan Parmely then followed with the longest rush of the night and scored a touchdown for the Wildcats. After scoring their second touchdown of the night, MV then proceeded to score a couple more points through Jeremy Fischer with a two point conversion. Parmely kept the action going with two more touchdowns in the first quarter. Each touchdown was followed up with an extra point from Rob Bockenstedt, bringing the Wildcats to a leading score of 28-0 at the end of the first quarter.

The second quarter brought 20 more points for Maquoketa Valley, as they still held the Lynx at zero. Parmely racked up three more touchdowns before the half ended, and Bockenstedt brought in two extra points.

The Wildcats allowed North Linn eight points in the third quarter and 6 in the final quarter, but scored the final points themselves in the fourth quarter with a touchdown from Zak Harbach and another extra point made by Rob Bockenstedt.

Passing yards: Jeremy Fischer, 71. Rushing yards: Zak Harbach, 13; Jer-



Rob Bockenstedt kicks for the extra point after a Wildcat touchdown. Bockenstedt was five for seven on extra point attempts at Friday's game. (photo by Shaylyn Trenkamp)

emy Fischer, 49; Trevor Koopmann, 33; Ryan Parmely, 311. Receiving yards: Zak Harbach, 44; Zach Salow, 27.

Tackles: Austin Stogdill, 5; Dylan Wright, 1; Zak Harbach, 1; Derek Salow, 7; Zach Salow, 4; Trevor Koopmann, 3; Ryan Parmely, 4; Lukas Wilson, 4; Mason Hermanson, 2; Rob Bockenstedt, 1; Chris Hoeger, 1; Alec McDowell, 2; Curtis Nefzger, 2; Kody Orcutt, 2; Calvin Orcutt,

4; Matt Lansing, 2; Kaleb Handel, 3. Assists: Ryan Parmely, 3; Rob Bockenstedt, 2; Chris Hoeger, 2; Alec McDowell, 4; Curtis Nefzger, 1; Kody Orcutt, 2; Matt Lansing, 2. Sacks: Ryan Parmely, 1; Kody Orcutt, 1.

Rob Bockenstedt was 5 for 7 for extra points. Kick return yards: Zak Harbach, 13. Punt return yards: Zak Harbach, 40. Kicking yards: Rob Bockenstedt, 270. Punting yards: Ryan Parmely, 66.

Wildcats Roar Louder than Lions

by Shaylyn Trenkamp

On Sept. 26, Maquoketa Valley took on the Lions at Lisbon and came out on top 41-26, bringing the Wildcat record to 5-0 for this season.

The first quarter started off rough for the Wildcats with an interception and two touchdowns from Lisbon but MV found their strength again towards the end of the quarter. A touchdown from Ryan Parmely started off the scoring and Rob Bockenstedt followed with making the first extra point. This brought the score at the end of the first quarter to 12-7 with the Wildcats still behind.

The second quarter brought another touchdown by Parmely and extra point by Bockenstedt, putting MV in the lead 14-12 at the end of the half. Both teams brought the heat the third quarter,

making for an intense battle of two sets of touchdowns and extra points for each team. Parmely had his longest rush of the night with a touchdown of 57 yards within the first minutes of the second half, and Bockenstedt kept up the accuracy with another successful extra point.

The same duo ended the third quarter with another touchdown and extra point, scoring the rest of the total of 14 points of the quarter.

In the final quarter, the Wildcats allowed no scoring from Lisbon and received 13 points through a touchdown from Trevor Koopmann, another from Parmely, and the final extra point from Bockenstedt.

Passing yards: Jeremy Fischer, 8. Rushing yards: Jeremy Fischer, 12; Zach Salow, 13; Trevor Koopmann, 53; Ryan Parmely, 324. Rushing touchdowns: Trevor

Koopmann, 1; Ryan Parmely, 5. Receiving yards: Trevor Koopmann, 8.

Tackles: Austin Stogdill, 4; Zak Harbach, 1; Derek Salow, 3; Jeremy Fischer, 1; Riley Kloser, 3; Zach Salow, 2; Trevor Koopmann, 4; Ryan Parmely, 8; Alec McDowell, 4; Mason Hermanson, 1; Rob Bockenstedt, 3; Curtis Nefzger, 3; Kody Orcutt, 1; Calvin Orcutt, 2; Matt Lansing, 2. Assists: Austin Stogdill, 2; Riley Kloser, 1; Zach Salow, 3; Trevor Koopmann, 2; Ryan Parmely, 4; Alec McDowell, 4; Curtis Nefzger, 1; Kody Orcutt, 3; Matt Lansing, 2.

Rob Bockenstedt was 5 for 5 for extra points. Kick return yards: Zak Harbach, 37; Trevor Koopmann, 18. Kicking yards: Rob Bockenstedt, 283. Punting yards: Ryan Parmely, 63.

what's up?

What was your favorite part about Homecoming?

by Angie Wilson

Lea Ries - pep rally and the game
Taylor Guthrie - pep rally, freezing game, and running after the fire trucks in the parade.

Justin Krapfl - pep rally
Cole Kruse - pep rally
Brandon Guedenkauf - pep rally
Savannah Salow - Boy's Dance
Ryan Parmley - TPing
Travis Knipper - pep rally
Brianna Mensen - pep rally
Madi Schaul - pep rally



Iron Man fun! (photos by Destiny Claybourne)



Fine Artists of the Week



Name: Jazz Niehaus

Activity: Fall musical

What role do you play in the musical?

The Wicked Witch of the West and Mrs. Gulch

How are you like/not like your character? I could really see myself controlling mass numbers of people in the future. I also hate children. I don't think I'm nearly as mean as Mrs. Gulch, but Kendra Ries may disagree.

What's your favorite part of the show?

My melting scene is awesome, but any scene with Matt is automatically funny.

What would surprise people about the show? There are more musical numbers than the movie, and our Toto beats their by about 10 miles.

What's your favorite part of rehearsal?

Sitting backstage with Matt, Bri, and Mary. Although I want to kill them during the show, they're all so fun to be around.

Who is your drama role model? Karen George, The DeVores, and Meryl Streep.

Name: Emily LaGrant

Activity: Fall musical

What role do you play in the musical?

I play Toto

How are you like/not like your character? I'm not a dog. However, I'm loyal and energetic. Also, I will not pee on your floor.

What's your favorite part of the show? Meeting the munchkins is great.

What would surprise people about the show? There's more singing that most people would think. There are also funny moments.

What's your favorite part of rehearsal? Hanging out with my friends backstage.

Who is your drama role model?

The DeVores. They've always been so good at performing, and they're an inspiration.

Athletes of the Week

Name: Jeremy Fischer

Sport: Football

What do you enjoy most about football?

Football games and winning



How does this year's team differ from past teams?

We are a lot closer as a team.

What's your favorite drill in practice?

Catball

What's your least favorite drill?

Any conditioning

How do you mentally prepare for the game?

Knowing what my role is and what I have to do to help the team win.

Who's your football role model?

Ricky Stanzi

Name: Caitlin Schumann

Sport: Volleyball

What do you enjoy most about volleyball?

I enjoy the atmosphere and I love playing volleyball so everything about it is great!



What's your favorite drill in practice?

Ball control because when I'm done I feel like I've improved.

What's your least favorite drill in practice?

Every drill I take seriously and every drill helps me so I wouldn't say that I dislike any of them.

What's your goal for the team this season? State.

What has made this year unique for you? Playing at the varsity level and getting closer to my teammates!

What's your favorite memory from being involved in this volleyball? How fun it was to play against Beckman and Lisbon!

Who is your volleyball role model? Emily LaGrant because she's always positive out on the court and pushes herself constantly to do better.

Meet the Freshmen



Cole Willenbring, Brock Hillers, Macy Hoeger and Brittany Sabers

Name: Macy Hoeger
Siblings: Shawnae and Olivia
Activities you plan to be in: volleyball, basketball, softball, speech
Favorite subject: Spanish
Career aspirations: Nurse
Hobbies: hanging out with friends

Name: Brittany Sabers
Siblings: Heather and Carissa
Activities you plan to be in: volleyball, Spanish, musical, speech, track
Favorite subject: Drawing
Career aspirations: Cosmetologist
Hobbies: hanging out with friends
Something cool about you: I have a dog.

Name: Cole Willenbring
Siblings: Clay Willenbring
Activities you plan to be in: FFA, sports, Spanish
Favorite subject: Science
Career aspirations: Science or robotics
Hobbies: hunting, fishing
Something cool about you: I'm a hunter.

Name: Brock Hillers
Siblings: Kendra
Activities you plan to be in: basketball, football, baseball, track
Favorite subject: math
Career aspirations: chiropractor, physical therapist
Hobbies: fishing, hunting, and playing outdoors
Something cool about you: I went to a Yankees game this summer.
—typist: Mikaela Reth

Angie's Angle

by Angie Wilson

Looking Back

When you look back on things you have done in the past you get different kinds of emotions. You could look back on something that was sad, depressing, frustrating, or even something that you never want to remember. Then you look back at those things that made you laugh, smile, happy, or something you know you will never forget. Homecoming week should be that week that you want to never forget.

I hope everyone looked back on homecoming week with a smile. I hope you don't regret going to the game and freezing. I hope you don't regret pulling out that dance that you didn't know you could do on Saturday. The biggest thing I hope you don't do is, look back on the week with a frown. Homecoming week is filled with things to do. It was our job to make them fun. If you can honestly say you had fun last week then that is all that matters. Because most of the time when you are having fun you don't realize you're making lifelong memories.



Cutie



by Nichole Lucas

You can find this week's cutie on the football or baseball field. You can also find him in his house outside of Delhi. This freshman is going to be in speech, drives a truck, and also has two sisters.



Above: Senior girls show off their super powers.



Left: Some junior girls show their pride in 'Merica.

Best Buds



**Alec McDowell, Clint Krapfl,
Zak Harbach and Jeremy Fischer
by Shawnae Hoeger**
Describe your relationship in one word.
Frisky or rumspringer

What is your favorite thing to do together?

Play What Are the Odds and make fun of Clint.

What is your favorite memory?

Slamming Clint's finger in the door.

What is your funniest moment?

Scaring Clint

Cutest Couple



**Curtis Nefzger & Morgan Manternach
by Heather Sabers**

How long have you been dating?

15 days short of three years

What's your favorite thing to do together?

Farm

Any nicknames? Curt and Morgs

Super Me?

by Mikaela Reth

Last week was, quite obviously, homecoming. A week filled with dressing up, t.p.ing, and cleaning up t.p. Most are able to have fun in said activities. I, however, do not participate in the t.p.ing as I have a large dog, Daphney, at home. Going along to others' houses makes me fair game. I worry that if people were to come to my house that Daphney would hurt them. I would lock her in the garage, but my parents only allow her in there during the winter months. Thus, I stay at home and mind my own business. Also, when I am at school, I make sure to issue out the annual warning to stay away from my house with a legit explanation. Dressing up, on the other hand, presents a different case.

I have always been extremely insecure about my appearance and my style. This is why I normally run around in a t-shirt and jeans. However, this becomes tricky during homecoming. Everybody dresses up and gets crazy with their friends. I, however, want to participate, but cannot shut down the voices inside my head that dictate my every move. They tell me how silly I look, no matter what everyone else is doing. This year, I was thinking about actually dressing up with all the others.

Sunday night, I sat on my bed, contemplating what I might be able to wear for superheros the next day. I am not very in to superheroes such as those in DC or Marvel comic strips and movies. I am a larger fan of everyday heroes: sisters, brothers, parents, best friends, cousins, firemen (which I did notice a couple in the halls Monday), policemen, teachers, etc. The list goes on and on. The thought occurred to me to dress up as one of those instead. The two hemispheres of my brain debated what I could be.

My left side, the creative side of the brain, thought, "Wouldn't it be nice to have a superhero of myself?"

The right side, my logical side, responded, "Well, what's that?"

"Me in the future."

"Expand."

"Not afraid."

"Of?"

"Myself."

"In what way?"

Left side contemplated the best

*The hardest part is
remembering that not all
superheroes are in comic strips
or movies to save the world
or even just one community. I
know my superheroes are just
average people by anyone else's
definition, but they're
very special to me.*

way to say what it was thinking, "Everything - appearance, voice, age, education"

"And feelings," Right side finished for it.

"Yes."

"How are you going to portray that?"

"I don't know," came the defeated response.

Needless to say, I decided against dressing up at all and just went in my normal school apparel. However, that doesn't mean I don't have hopes for myself. I've been lucky to have many people in my life that were able to help me see the good parts of myself. They've helped me boost my self confidence. They're wonderful. I can only hope that everybody has people like this in their lives to help them see the superhero in them. I am now, seven years after beginning my quest, able to see the superhero in me, but I cannot quite bring myself to acting the part yet.

I suppose with my faithful sidekicks, I will in time. It's all the matter of recognizing what makes one special or unique and acting on it. The hardest part is remembering that not all superheroes are in comic strips or movies to save the world or even just one community. I know my superheroes are just average people by anyone else's definition, but they're very special to me.

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A meow to the MV staff who made it to Eureka, California during STEPtember. We went 2161 miles.



A meow to the crew of students who volunteered to pick up toilet paper in a very pregnant Sra. Ries' yard. Classy.



A meow to all those who participated in Homecoming dress up days.



A meow to the lack of aggression during Powder Puff and the sportsmanship in the locker room before the game.



A furball to the outbreak of Ebola in the U.S.

A furball to the change of weather just in time for Homecoming.



A meow to the lessening of homework this past week.



A meow to the volleyball team for picking it up and playing well.

Goedken to participate in World Food Prize

MV's very own Kristi Goedken is one of the 80 Iowa Youth that was selected she will be presenting research to distinguished global leaders and vying for multiple scholarships. She will be out of the building all day next Thursday and Friday to participate in this.

She will join other Iowa students at the 20th Annual World Food Prize Global Youth Institute (GYI). These students wrote a paper and attended the Iowa Youth Institute in the spring of 2014. The students were then selected to attend the institute this fall. This one-of-a-kind experience will allow 160 students from across the globe to interact with world leaders and scientists in a personal setting. It is held in conjunction with the Borlaug Dialogue Symposium.

by Emily LaGrant

This year has flown by. It's already homecoming week! Let's see how much these Wildcats pay attention during Homecoming. The contestants are: Madison Imler, Cassie Wilson, Michael Lewis and Riley Kloser.



Whom did we play last Friday?

Madison: North Linn

Cassie: North Linn

Michael: North Linn

Riley: North Linn

A: North Linn

What was one of the teacher's dress up days?

Madison: Alumni

Cassie: The teachers are dressed up?

Michael: Walmart/Target day

Riley: Black and gold

A: Alumni, Orange, Black and Gold, Walmart/Target, and Sports team

What color did the freshman wear on Thursday?

Madison: Green

Cassie: Green

Michael: I have no idea

Riley: Green

A: Green

What was one song that the band performs on Fridays?

Madison: Fight song

Cassie: The one where Emily screams

Michael: Jurassic Park

Riley: Fight Song

A: Jurassic Park/Jaws/Superman/E.T./Fight Song

Who did you think was going to win on Friday?

Madison: Us

Cassie: Maq Valley

Michael: MV

Riley: Wildcats

A: WILDCATS!

The winners this week were Riley and Madison with all 5 points. In second was Michael with 4. Last was Cassie with 3. Looks like our Cats really know their stuff about homecoming. Great job, everyone!

WHAT'S HAPPENING AT MV the week of OCTOBER 6, 2014

TUESDAY, OCTOBER 7, 2014

1. Jr. High Volleyball at Cedar Valley Christian - 4:00 PM (Bus Leaves at 2:15 PM)
2. 7th & 8th Homework Assistance - After School until 4:00 PM
3. HS CC with W. Delaware at Manchester Fairgrounds & Golf Course - 4:30 PM (Bus Leaves at 3:30 PM)
4. HS 9/JV/V Volleyball at Bellevue / Marquette Catholic - 5:15 PM (Bus Leaves at 4:00 PM)
5. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

WEDNESDAY, OCTOBER 8, 2014

1. Post Prom Party Committee Meeting - HS Cafeteria - 6:30 PM

THURSDAY, OCTOBER 9, 2014

1. 12th Graders to Tour the Delaware County Courthouse in Manchester (Bus Leaves at 8:10 AM)
2. 11th Graders to Business & Industry Fair at Manchester Fair Grounds (Bus Leaves at 12:05 PM)
3. Jr High Football at Starmont - 4:30 PM (Bus Leaves at 3:10 PM)
4. Jr. High Volleyball - HOME - Springfield - 4:00 PM
5. HS 9/JV/V Volleyball - HOME - North Linn - 5:15 PM - Parents' Night
6. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

FRIDAY, OCTOBER 10, 2014

1. HS JV/V Football at Starmont - 5:00 PM (JV Bus Leaves at 3:15 PM / V Bus Leaves at 4:15 PM)

SATURDAY, OCTOBER 11, 2014

1. HS FFA to Soil Judging at ISU in Ames - 8:00 AM (Van Leaves at 5:30 AM)
2. HS Cross Country at North Linn - 9:00 AM (Bus Leaves at 7:30 AM)
3. HS Vocal Show "MV's Got Talent" - HS Cafeteria & Auditorium - 7:00 PM

MV music students present 'MV's Got Talent' this Saturday

by Riley Kay Sternhagen

Round up your listening ears, your dancing shoes, and your...empty stomachs? MV's choir is putting a new spin on what they formerly called their "Dessert Concert." Now known as MV's Got Talent, the show not only offers an assortment of music and desserts, but also appetizers.

When asked what the new concert procedure was, Mrs. Mueller explained, "We will start at 7:00 pm in the cafeteria. There will be an appetizer line where people can go through and grab whatever they'd like. While the audience is eating, we will play instrumental music in the background. Around 7:15, we'll move to the Auditorium and start listening to the soloists and groups. When everyone is done singing, we'll move back out to the cafeteria and have a dessert bar. During this time there will also be instrumental music happening, and the audience can take some time to talk to the choir students and soloists."

A few of those aforementioned soloists are Shaylyn Trenkamp, singing "Autumn Leaves," and Lawson Roof, who will be singing "Loverman," as well as many other brave souls who have prepared a piece for the night.

So if you're interested in hearing smooth soloists, chatting with different students and people in your community, or just stuffing your face full of appetizers and desserts, find a choir student, buy a \$10 ticket, and show up to the high school this Saturday at 7:00 PM.

Choir students perform fall concert



The mixed choir gets ready to perform one of its songs at its concert last week. Members of the choir will be performing this Saturday night at "MV's Got Talent."

Choir Sends 14 Members to Real Men Sing

by Mikaela Reth

On Saturday, October 4, the Maquoketa Valley choir sent 14 boys to Real Men Sing at Wartburg College in Waverly. Those who attended are: Zach Smith, Eric Heims, Ryan Dunn, Sean Hucker, and ten

boys from the middle school.

The attendees spent all day rehearsing with 500 other boys from eastern Iowa. They then got the chance to perform alongside Rockapella, a men's pop group, in a concert that night.

FFA students attend dairy expo

Bright and early at 3:35 am on Tuesday September 30, 48 Maquoketa Valley FFA members left for Madison, Wisconsin and the World DairyExpo. The 2014 theme for the World Dairy Expo was Designing Dairy.

The day kicked off with Trent Westhoff, Amanda Engelken and Ryan Goedken participated in the Central National FFA Dairy Judging Contest. After judging 4 classes and doing one set of

questions the team finished 34th out of 144 teams. Trent Westhoff was 16th individually.

Other members that attended watched the Ayrshire and Junior Holstein shows, visited with vendors, participated in a scavenger hunt and attending educational seminars presented by National FFA officer Wes Davis.



Despite scores, Wildcats have something to be proud of

The numbers may not tell the whole story of the MV Cats recent series of games. Although MV fell to both Midland and Lisbon, the team has been building on its strengths.

A week ago Thursday, MV hosted Midland and lost 19-25, 21-25 and 18-25. What the fans most remember is Angie Wilson and Heather Sabers serving with 100 percent accuracy, serving 15 for 15 and 5 for 5, respectively. The team had 24 kill with Macy Anderegg taking responsibility for 9 of them and Morgan Manternach for 6. Wilson and Caitlin Schuman each had 8 digs. Sabers had 15 assists.

This past Tuesday MV traveled to Lisbon to play a senior-filled Lions team. The Cats took one game, the third one 25-23. The other games were 17-25, 16-25 and 20-25. Manternach had 14 of the team's 40 kills while Anderegg had 8 and Sabers, 6. Annie Fjelstul and Erin Digmann each had 4 blocks. The team served with over 87% accuracy. Wilson once again served 100% on her 8 serves. Sabers went 18 for 19 while Megan Mensen went 13 for 14, and

The Cats get ready to set up their offense against Midland. (photo by Mikaela Reth)



Sabers went 11 for 13.

Last Thursday during MV's

blackout game, the team hosted East Buchanan and lost.

Cross country team competes at Jesup, Independence

by Megan Hogan

On Saturday, September 27th the Wildcat cross country team traveled to the Independence course. Many say its easy, but others say it may quite possibly be harder than Cascade. Cascade has hills and hills, while Independence has flats that seem like they never end. Let's see who thought it was hard and who thought it was easy, by taking a look at the times from the varsity races.

Brycen Askeland finished 52nd with a time of 20:42. Greg Guetzko finished 56th with a time of 21:07. Brenden Hogan finished 59th with a time of 21:17. Koda Kreutner finished 67th with a time of 21:49. Eric Deutmeyer finished 68th with a time of 21:50. Bryant Meyer-Kemp finished 69th with a time of 22:00. Sean Hucker finished 83rd with a time of 28:15.

In the girls race, Rejji Smith finished 34th with time of 17:56. Nichole Winter finished 51st with a time of 18:43. Laisee Shakespeare finished 77th with a time of 21:09. Tamala Askeland finished 81st with a time of 22:00. Cassie Burkle finished 85th with a time of 22:40.

Last week on Tuesday the team ran at Jesup. The boys team finished 21st in



The cross country team poses with the game ball following their run from Troy Mills.

the varsity race, and the girls did not fill out a full team.

MV's top runner was Brenden Hogan who finished 98th in 20:09. Other times and places were Brycen Askeland, 100th, 20:13; Bryant Meyer-Kemp, 115th, 20:41; Koda Kreutner, 130th, 21:12; Greg Guetzko, 134th, 21:07; and Eric Deutmeyer, 143rd, 22:15.

Rejji Smith finished 47th in 17:19. Nichole Winter was 63rd in 17:42, and Tamala Askeland ran 141st in 20:19.

Coach Rudd stated that Rejji, Nichole, Koda, and Brenden all got personal records for the Jesup meet.

Last Friday, the team ran the football game ball from Troy Mills to Delhi, a total of 27.2 miles. They ran in pairs or in groups of three or four for 1 to 2 mile stretches., but they ran the last half mile as a team.

The team runs at West Delaware tonight.