

Wildcat Echo

Issue 12
December 5, 2014

A publication by the students of Maquoketa Valley High School

Student Council sponsors food drive



Maquoketa Valley is hosting a district-wide food drive December 8th-19th. Bring in non perishable food items to help local families in need this holiday season. All the donations will go to the Delaware County Food Pantry. The class who brings in the most food will win an incentive. The student council is organizing it, and students should bring the food to the commons and put the food in the appropriate box based on grade level. This is a great way to support our community!

NHS members offer helping hands



Toward the end of November, the NHS chapter was busy helping various organizations. Several students helped prepare Dollars for Scholars letters. Another group helped at the Festival of Trees in Manchester. Those that helped there were Nichole Lucas, Briana March, Megan Mensen and Emily Krapfl.

State, District FFA officers visit MV



by Kristi Goedken

Last week, the Maquoketa Valley FFA had an amazing opportunity to have five officers come to the ag classes. They included state officers Michael Tupper and Ray Schmidt. The other officers present are serving as the Northeast District Officers. They were Libby Fisher from North Linn, Kayleigh Koch from North Fayette Valley and Tristan Dittmer from Oelwein.

Throughout the day the officers had many team building activities to keep the students engaged and expand their knowledge in agriculture. Having a few of the officers come was great to see what they would do on a daily basis if anyone from MV would chose to run for district or even state office. Shown in the picture is the 5th hour ag business class doing an engineering project where they had to support a book that would fit a dry erase marker under it! In the one picture you can see it surpassed its limits of one book as it held 32 books total before following!

We can't thank Michael, Ray, Libby, Tristan, and Kayleigh enough for coming to our school for the day! Hopefully one of our very own members will run again for district office!

Wrestlers open season at CP-U, North Linn

by Emily Krapfl

On Monday the Maquoketa Valley Varsity wrestling team traveled to CPU, Monticello and Dubuque Wahlert in team duals.

The Wildcats wrestled the CPU Stormin' Pointers and lost the dual 33-44. Helping to get team points were Greg Guetzko (pin), Tanner Parmely (12-5 decision), Trevor Koopmann (pin), Alec McDowell (pin), Ryan Parmely (pin), and Kaleb Kruse (forfeit).

Next the team took on class 2A number nine-ranked Dubuque Wahlert and lost the dual 23-50. Wrestlers who put team points on the board were Steve Huber (pin), Ryan Parmely (pin), Ryan Parmely (pin), Greg Guetzko (pin), and Tanner Parmely (pin).

Helping win the last dual of the night against Monticello, with a final score of 66-12, was Alec McDowell (pin), Steve Huber (pin), Eric Heims (forfeit), Ryan Parmely (forfeit), Kaleb Kruse (forfeit), Greg Guetzko (forfeit), Carson Wright (forfeit), Tanner Parmely (forfeit), Mason Hermanson (forfeit), Zach Cornell (forfeit) and Trevor Koopmann (pin).

Coach Andrews stated, "Overall I liked how most of the guys competed. There was a couple occasions where guys gave up extra team points that we need to fix but you'll have that this early in the year. We have a lot of new guys and with that comes a learning curve. These first two weeks of the season are usually our toughest with this dual and the Western Dubuque duals next weekend. Hopefully we can fix as many of our mistakes as possible as we

move forward into a very busy next two weeks."

Monday the JV team traveled to North Linn for a JV tournament. Robert Hildebrand finished second with two falls. Bryant Meyer-Kemp finished fourth as did Cody Gibbs.

On Tuesday December 5, the Maquoketa Valley JV and Varsity wrestling teams traveled to Midland to wrestle East Buchanan, Central City and Midland. The Wildcats came out on top by winning all three duals.

First off, the wrestlers faced East Buchanan and won this dual with a final team score of 49-30. Helping to get these points were wrestlers Tanner Parmely (pin), Mason Hermanson (pin), Mitch Smith (13-5 decision), Dylan Wright (14-8 decision), Trevor Koopmann (pin), Alec McDowell (pin), Steve Huber (forfeit), Ryan Parmely (pin), and Greg Guetzko (pin).

Next, the team faced Central City and won with a final score of 54-26. Wrestlers who helped to put these points on the board were Tanner Parmely (forfeit), Mason Hermanson (pin), Dylan Wright (pin), Trevor Koopmann (forfeit), Alec McDowell (forfeit), Steve Huber (pin), Ryan Parmely (pin), Justin Krapfl (forfeit), and Greg Guetzko (forfeit).

Lastly, helping to defeat Midland with a final score of 66-15, were wrestlers Mason Hermanson (pin), Cole Kruse (pin), Dylan Wright (pin), Trevor Koopmann (pin), Alec McDowell (forfeit), Steve Huber (pin), Ryan Parmely (forfeit), Kaleb Kruse (pin), Justin Krapfl (forfeit), Greg Guetzko (pin), and Tanner Parmely (pin).

Boys open season with win



Jordan Schindler aims and fires. (photo by Mikaela Reth)

MV hosted Central City Tuesday night and started the season with a check in the win column with its 36-34 close finish.

Both teams battled all night in a defensive struggle in their first game of the season. In the first half Zach Salow, Kody Orcutt and Jordan Schindler each took a charge in some very big defensive stops. Scoring in the first quarter was very low with MV leading only 4-2. Both teams seemed to get into a rhythm in the second quarter finishing the half with MV still up by two points 16-14. MV had both its starting post players Kody and Calvin Orcutt sitting at the end of the half due to foul trouble, both with three fouls.

In the second half the MV boys brought some defensive intensity and started to pull ahead beginning the fourth quarter, up by eight points. Central City tied the game in the last two minutes with three three-pointers. In the last ten seconds of the game Schindler got fouled and hit two big free throws to win the game 36-34.

MV had 10 different players get good playing time to include one freshman (Brock Hillers) and three sophomores (Kyle Wilson, Clint Krapfl and Jacob Bonert). "All the boys played hard for the entire game with six of the 10 players scoring for MV," stated Coach Dunlap. "I'm proud of how these guys fought for an entire game.

Some of the MV highlights: Jordan Schindler led the team in points with 11 and managed to pull down five rebounds. Calvin Orcutt had nine points and also had five rebounds.



Returning letter winners on the wrestling team include, front row: Greg Guetzko, Mason Hermanson, Ryan Parmely, Dylan Wright and Carter Klosermann; back row: Jeremy Fischer, Trevor Koopmann, Alec McDowell, Steve Huber, Eric Heims and Zach Cornell. (photos courtesy of Pete Temple)

STUDENTS OF THE WEEK

Heather Sabers & Macy Anderegge



You've been instrumental in getting the food drive set up. Why did you choose that project?

Macy: As a student council, we think it is very important that families can spend time together. With this, they can spend time together around a dinner table or even just together during a meal. Heather: I choose this project because I wanted to help local families out during the holidays. I wanted Maquoketa Valley to be able to do something great for our community.

What other volunteer work do you do?

Macy: Previously, I have volunteered to serve cookies at the GNH in Manchester, and I have served breakfast at Camp Courageous. Whenever I can sign up for something to help serve the community, I do my best to find time to do so.

Heather: Many things through NHS like helping clean up the old campus in Hopkinton and stuffing envelopes for Dollars for Scholars. My confirmation group also worked at second helpings and delivered food baskets to families in need around the holidays.

If students wanted to develop their leadership skills, what advice would you give them?

Macy: Look at yourself as a person. Would you consider yourself a leader? If not, look to someone who is your ideal role model. I would try following in their footsteps and try to show some of the leader skills they have. Always be able to lend a helping hand, no matter the situation. Being a leader isn't something that comes easy to others. It's easier to just follow what others do.

Heather: I would tell them to get out of their comfort zone and take on challenges they never thought they would. Don't be afraid to step up because that's what makes a good leader.

What would be an awesome volunteer project for MV students?

Macy: Honestly anything that could help out the community or even our school. This food drive we are doing is a great way to get our school involved with the community. Donating Christmas presents for children and families is a great service for around the holidays as well. Another thing is just donating your time. Maybe you could go read at an elementary or shovel snow for a neighbor.

Heather: Since it is around the holidays, I think donating any type of hats and gloves or anything to children in need would be a great volunteer project for any student. It's always nice to help a family in need but this time of year there something more special about giving.

—Macy and Heather were nominated by Mr. Tuetken

Fine Artists of the Week

Name: Derek Salow

Activity: Large group speech

What event are you in for speech? Ensemble Acting and Readers Theater.

What do you enjoy most about large group speech? Being able to be someone different and working with a lot of fun people.

What have you learned through this event? Have fun being your character because that's what makes it fun. This will help me so much down the road for public speaking as well.

Who is your speech role model? The one and only Matt Lansing.

If you could create a new large group speech event, what would it be? I'd like to see the coaches perform some events.

Name: Emily LaGrant
Activity: Large group speech

What events are you in for speech? I'm in Ensemble Acting and Choral Reading.

What do you enjoy most about large group speech? I love stepping outside my comfort zone and trying new things. It's great to get creative and rethink how to do something.

What have you learned through this event? The major things I've learned center around the importance of quick thinking. My Ensemble group piece is very quick and things move fast, I've needed to learn to adjust.

Who is your speech role model? All the speech coaches. I've learned so much from all of them and I owe my love of performing to them.

If you could create a new large group speech event, what would it be? Improvised mime. Though, I think it would be a bit difficult.



what's up?

What's the best part of winter?

by Nichole Lucas

Tamala Askeland- the beautiful scenery

Tanner Parmely- hunting

Katie Sternhagen- skiing

Nichole Winter- Christmas

Victoria Lane- Christmas and snowboarding

Megan Hogan- Olaf

Eric Deutmeyer- snow

McKenna Wenthe- the Christmas lights and look of the snow

Derek Salow- car hood sledding

Andy Huber- snowboarding

Girls basketball gets two wins

The girls basketball team is off to a good start as it has beaten Easton Valley 60-30 there and Central City 62-15 at home.

Details of the games will be in next week's issue.

Tomorrow the team takes on Central Elkader.



Returning letter winners for the girls basketball team are, front row: Ashley Holtz, Abby Jay, Morgan Manternach and Annie Fjelstul; **second row:** Caitlin Schuman, Shawnae Hoeger, Angie Wilson and Brianna Mensen; **back row:** Erin Digmann, Caitlin Gibbs, Megan Mensen and Kristi Goedken.

Meet the Freshmen



Derek Lubben, Alex McCusker, Ryanne Pritchard and Adrienne Supple

Name: Ryanne Pritchard
Siblings: Sidney and Sawyer
Activities you plan to be in: Drama
Favorite subject: science
Career aspirations: to own my own business as a cosmetologist
Hobbies: hanging out with friends
Something cool about you: I'm funny.

Name: Adrienne Supple
Siblings: Aaron, Marcus, Erica, Emilee
Activities you plan to be in: softball, basketball, volleyball, play, musical, speech, golf
Favorite subject: English
Career aspirations: child therapist
Hobbies: hanging out with friends

Name: Alex McCusker
Activities you plan to be in: track, speech
Favorite subject: lit, math
Career aspirations: somewhere in business
Hobbies: watching T.V., sleeping
Something cool about you: I'm hilarious.

Name: Derek Lubben
Siblings: Evan, Danielle
Favorite subject: Intro to Ag
Career aspirations: Farming
Hobbies: riding bikes, digging holes
Something cool about you: I'm funny and hard-working.

—typist: Mikaela Reth

Macy's Message

by Macy Anderegg

Thanksgiving is one of my favorite holidays. Not only because of the very, very delicious varieties of foods but simply because it brings families together to give thanks to each other and the many other things we are thankful for.

I am thankful for the numerous amounts of people in my life that have made an impact on me as a person and me becoming the person I am today. I am thankful for the many gifts I receive in life. The gifts are as simple as waking up in a warm bed and having healthy and delicious food to eat at all times of the day.

Although Thanksgiving is the holiday in which we give thanks, don't forget to tell people and give thanks for the things you are thankful for all year round. Our character lesson during WIN this month deals with being caring and the value of thanking other people and paying it forward. Make that happen. Let others know how much you appreciate what they do.

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough." -Oprah Winfrey

Angie's Angle

As I look to my left there is not a soul in sight

as I look to my right people are putting up fights

what way should I go?
should I say yes?
should I say no?

Do i follow my heart?
Or release it like a dart?

I will take the road less traveled
and let the past be dust on gravel.

~Angie Wilson



Do's and Don'ts of December

by Shaylyn Trenkamp



Winter may not have officially begun yet, but December has and along with this crazy month there are many important things to keep in mind. Here are your do's and don'ts for the beautiful month we call December.

Do stay warm. Grab that hot cocoa or hot apple cider and cozy up with a good book, watch some classic holiday movies, or listen to your favorite holiday tunes.

Don't let chilly temperatures get you down in the dumps. Even if you're not one who likes the cold, find the little things about winter that can put you in the right mood.

Do plan ahead so your gift-giving game is on point. Remember also to give to those that are less fortunate than you or that you know could use some cheering up. It's the thought that counts, so go ahead and spread some holiday spirit.

Don't skip out on all the fun activities that December weather calls for! Get together with friends and family and make some amazing memories before 2014 ends and the new year comes.

Do be thankful. Thanksgiving may be over, but giving thanks should not be. When the holidays roll around, it should be one of the happiest times of the year for everyone. Even if you don't give gifts this holiday season, be sure to give thanks.

Don't forget to support and be active in many activities. Basketball, dance, speech, vocal jazz, wrestling- you name it! Holiday spirit isn't the only kind of spirit to be showing this season!

Best Buds



Natalie Neuzil & Sienna Becker
by Heather Sabers
How long have you been friends?
 Freshman year

What do you do for fun?
 Just hang out

What's your most embarrassing moment together?
 When we were roller skating and Natalie fell then Sienna fell on top of her.

Describe your relationship in one word?
 Awkward

Nutrition clinic offered

We want to provide help for students, parents and staff to stay healthy throughout the school year. We all know the winter season brings on extra stress, decreased immune systems and missed school days. This is due to many factors. As part of the effort to improve our school system and keep sick days at a minimum, we are providing you with the most up to date information on how to keep you and your family healthy. During this time of year many of us stray from our healthy habits, as we are celebrating the holiday season. Our goal is to help families in the community stay healthy and that means maintaining a healthy diet.

We invite you to join staff, fellow parents and the community to our event on Wednesday, December 10th from 7-8 PM, in the HS Auditorium, for an advanced nutrition talk, not only to focus on keeping our families on track during this time of year but also to promote students' growth and development, learning and healthy life-long eating habits. We welcome you in creating a healthier school environment for students. The information will be presented by Hawk Nation Chiropractic, Dr. Zac and Dr. Jenna Lujan.

Quotastic

"My loudest voice is the quietest within me." ~ E. J. May

by Mikaela Reth

This quote applies so well to me. I was talking to one of my friends a few days ago and brought up using this quote for my weekly article. I didn't know if it made enough sense to everybody else. When first looking at it, the statement can be a little confusing with the contradiction of loud and quiet pertaining to the same voice.

However, if one thinks enough about it, he/she can understand. I know, for me, the stronger my opinion is, the harder it is for me to voice it. However, if I have nothing in particular to say and I am just around friends, I have a tendency to talk more.

Make no mistake, though, some stronger opinions force their way out. However, the majority stay hidden within. I simply have a difficult time voicing a strong opinion. I suppose that's something I'll have to work on. Perhaps my voice will come in time, perhaps not.

For now, it is what it is.

Schaul signs to Briar Cliff



Senior Madi Schaul signed a letter of intent Tuesday to cheer and dance at Briar Cliff University in Sioux City next year.

TEL members warn students about effects of secondhand smoke



MV TEL members put caution tape on lockers to symbolize that for every eight smokers who die they take one non-smoker's life. TEL members also made announcements about Great American Smokeout initiative in November.

Winter made wonderful



The speech students hosted Winter Wonderland Nov. 22 as one of their major fundraisers for the year. Guests had their picture taken with Santa, made treats, played games, and assembled art projects. Above: Zach Smith helps some kids with a paper craft.

Song writers wanted!

Students could win \$450 for a song Return of the Troubadour song-writing contest gives young people the chance to create music and inspire humanity. The Return of the Troubadour contest for students offers them opportunities to inspire people and win coins worth \$450.

Students aged 13 to 18 should write, perform, and submit a song that inspires humanity, encourages social change, or calls for protest.

The song can be any style but must be performed in English. Instrumentals will not be considered. The prize is 25 American Silver Eagle coins worth between \$450 and \$600. The deadline is Dec. 15, 2014.

For the complete rules, please go to <http://www.returnofthetroubadour.com/contest-submission/>

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A meow to our dance team for representing MV with style and talent!



A furball to students who did not turn in their scripts for the musical. It's not too late, people!



A meow to the seniors who have turned in senior pictures.



A meow to the victories for the basketball teams' home opener.



A meow to the birthday balloon that's been floating around since Oct. 22. Thank you, Mama Hadley, for this fun adventure.



A meow to the NHS for its volunteer work.



A furball to bad attitudes during character building. However, we're throwing a meow to all the students who did write the letter and send it to a worthy person.



A huge meow to Señora's return.

Cutie



by Annie Fjelstul

This week's cutie is a sophomore. She is involved in volleyball and softball. She did not run track last year but she is this year. She is also involved in the musical, the play, and speech. She has two sisters.

by Emily LaGrant

This Hall Smarts is dedicated to the absolute fantastic dancers of the MV Dance Team and its trip to State. Let's see how much these Wildcats know about the team.

The contestants are:
Andy O'Connell, Amanda Fortman, Emily Krapfl and Alec Klostermann.



1) Who are three seniors on the dance team?

Andy: Bailey, Vicky and I don't know
Amanda: Bailey, Cassie and Mary
Emily: Kody, Curtis and Clay
Alec: Bailey, Madi and Cassie
A: Bailey, Mary, Cassie, Madi and Vicky

2) Where did the dance team go this week?

Andy: State
Amanda: State
Emily: Wells Fargo for State
Alec: State
A: State

3) What events are the dance team competing in?

Andy: Dance
Amanda: Hip-hop & Pom
Emily: Hip-Hop and Breakdancing
Alec: Everything
A: Pom and Hip-Hop

4) What are the pants that the dancers wear for hip-hop called?

Andy: Pants
Amanda: Hip pants
Emily: Baggy sweatpants
Alec: Hammer pants
A: Hammer pants

5) How many dancers are there on the team?

Andy: 10
Amanda: 12
Emily: 12
Alec: 12
A: 12

Alec and Amanda tied for first with 4 points each. Emily finished 3rd with 3 points, and Andy finished last with just 1 point. Looks like these Wildcats really know their stuff. Great job to these guys, and most of all, great job to the dancers!

WHAT'S HAPPENING AT MV the week of December 8, 2014

MONDAY, DECEMBER 8, 2014

1. HS Electricity Class Trip to MV Electric Cooperative in Anamosa (Vans Leave at 8:50 AM)

2. Jr. High Girls Basketball at Springville - 4:00 PM (Bus Leaves at 2:45 PM)

TUESDAY, DECEMBER 9, 2014

1. Johnston Elementary Christmas Concert - Multi-Purpose Room - 1:30 PM

2. 7th & 8th Homework Assistance - After School until 4:00 PM

3. HS JV/V G & B Basketball at Springville - JV at 4:45 PM / V at 6:15 AM (Bus Leaves at 3:10 PM)

WEDNESDAY, DECEMBER 10, 2014

1. 7th & 8th Homework Assistance - After School until 4:00 PM

2. Post Prom Party Committee Meeting - HS Cafeteria - 6:00 PM

3. Nutrition 101 Presentation - MV Auditorium - 7:00 PM

THURSDAY, DECEMBER 11, 2014

1. FFA to Beef Scholarship Extravaganza at ISU in Ames (Van leaves at 5:30 AM)

2. Back Pack Delivery - Johnston, Earlville, Delhi Elementary & Middle School

3. Earlville Christmas Concert - Earlville Gymnasium - 1:30 PM

4. Jr. High Girls' Basketball - HOME (MS Multi-Purpose Room) - Ed/Co - 4:00 PM

5. HS JV/V Wrestling - HOME (HS Gymnasium) - C.C. & N.L - 6:30 PM

FRIDAY, DECEMBER 12, 2014

1. Delhi Elementary Christmas Concert - MS Multipurpose Room - 1:30 PM

2. HS JV/V Girls & Boys Basketball - HOME (HS Gym) - Midland - JV at 4:45 PM / V at 6:15 AM

3. Dollars for Scholars Soup Supper - HS Cafeteria - 5:00 PM-8:00 PM

4. FFA at Beef Scholarship Extravaganza at ISU in Ames (Van Returns at 7:00 PM)

SATURDAY, DECEMBER 13, 2014

1. HS JV/V Wrestling Tournament at Western Dubuque - 10:00 AM (Bus Leaves at 8:10 AM)

Dance team competes at state competition

The dance team competed at state competition Thursday in both the pom and hip hop divisions.

At the awards ceremony last night, the team learned it earned a third place trophy for its hip hop routine.

The team showed its MV fans its dances at Tuesday night's game as well as the send off rally Wednesday afternoon.
(photos by Mikaela Reth and Annie Fjellstul)

Award given



Congratulations to Mrs. Mausser who was awarded a National Teacher Turn the Key Award at the National Association of Agricultural Educators conference in Nashville in November.



It's Soup Supper Season!

Support MV's Dollars for Scholars chapter **Dec. 12** and MV Speech & Drama **Dec. 19**.
Enjoy some delicious soup, sandwiches and desserts while coming out to support the MV basketball teams.