

Wildcat Echo

A publication by the students of Maquoketa Valley High School

Get to know more of our new Wildcats

by Shawnae Hoeger and Annie Fjelstul

Last week we met some of the new students at the high school, and this week we'll meet some more.



Lukas Wilson
Grade: 12th
Where did you use to go to school? Monticello
Why did you choose M.V.? Everyone is very friendly.
Do you like it here? What is

your favorite part? Yes, Athletics.

Shanelle Harris
Grade: 10th
Where did you use to go to school? East Buchanan and East High
Why did you choose M.V.? We moved to Hopkinton.
Do you like it?

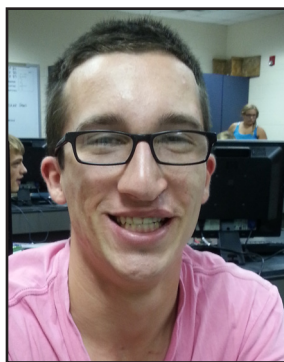


What's your favorite part? Yes, teachers pay attention to the students.



Ryanne Flanagan
Grade: 10th
Where did you use to go to school? Ed-Co
Why did you choose M.V.? My mom moved to Buck Creek.

Do you like it? What is your favorite part? Yes, the people and teachers make you feel welcome.



Misha Miles
Grade: 11th
Where did you use to go to school? Home schooled
Why did you choose M.V.? I wanted to stay motivated
Do you like it?

What is your favorite part? Yes, it's a new experience, and lunch break.

Molly Miles
Grade: 11th
Where did you use to go to school? Home schooled
Why did you choose M.V.? When you are home schooled, you still need to have a district you are from, and we live in the area, so our school is considered M.V.

Do you like it? What's your favorite part? Yes and no, I love home schooling a lot better.



Contest speech students:
Please remind your parents about the speech meeting at 6:00 on Monday, Sept. 8 in the high school auditorium. Auditions start soon!

New musical director hired by Riley Sternhagen

Hey Wildcats! As many of you know, the fall musical "Wizard of Oz" has been cast and practices are now in full swing. But who, you may ask, is behind said musical? Why, that would be Mr. Donald Hansen.

Donald Hansen is a man who grew up in Monticello, Iowa, has four kids attending MV, and is very passionate when it comes to the drama department. He has coached Central City's contest speech students for 10 years, as well as directed their "South Pacific" production.

When asked why he came chose to help out with the musical, Hansen said, "I love theatre. I was involved in theatre and speech in high school and college. I also love being involved with, performing with, and interacting with the students. And if you have a good opportunity, take advantage of it."

So, why did he choose the "Wizard of Oz"? "Well," Hansen said, "it is the anniversary this year, but more than that, I think that the music is absolutely classic and very fun to perform and entertain others with. I also think it's a great piece that will attract people of all ages."

Mr. Hansen thinks that Maquoketa Valley is a great, welcoming place that he would love to stay in, and is also planning on being involved in soccer, yearbook, and anything else he can possibly volunteer for. So, maybe you'll be lucky enough to see his smiling faces in the halls or even at the performances in November.



Sports Connection

Wildcats defeat Alburnett in season opener

by Shaylyn Trenkamp

The Wildcats started off the season with a great win against Alburnett last Friday.

Trevor Koopmann started us off with a 4 yard rushing touchdown within the first 3 minutes of the game, and Steve Huber followed suit with scoring his first of four successful field goals. Towards the end of the first quarter, this dynamic duo did it again as Trevor intercepted a failed Alburnett pass and sprinted the 60 yards for another touchdown! And with no surprise, Steve Huber accomplished another successful field goal, bringing MV to 14 points at the end of the 1st quarter.

Second quarter brought some defensive challenges as Alburnett made a pass for a touchdown, and scored the extra point, but our Wildcats won the points back 3rd quarter with a 5 yard rushing touchdown from Ryan Parmely and yet another extra point made by Steve Huber.

Still bringing the heat in the fourth quarter, Jeremy Fischer made the pass to Zach Salow for a 18 yard touchdown reception. With his last field goal of the night, Steve Huber came through once again with the extra point. After one more Alburnett touchdown and field goal, the game ended with the Wildcats for the win at 28-14!

MV relied on its rushing game as it tallied 228 of its 246 total yards on the rush game. MV held Alburnett to a total of 153 yards total. Leading rushers were Parmely with 163 yards, Koopmann with 51 and Huber with 40 yards.

Parmely had four punts and averaged 37.5 yards. Parmely also got in on kicking duties and averaged 36 yards on his four kicks. Rob Bockenstedt had one 42-yarder.

Tonight the Cats take on Monticello in Monticello.



Steve Huber scores the first of his four successful field goals. (photos by Shaylyn Trenkamp)



Above: Riley Kloser gets his first tackle of the night within minutes of the first quarter.



Left: The Wildcats score their first touchdown of the night.

Sabers elected student body president



The votes from last Friday's election are in, and MV now has some new representatives on student council.

Heather Sabers was elected president, and class representatives elected were freshman Brock Hillers, sophomore Clint Krapfl, junior Macy Anderegg and senior Morgan Manternach.

The student council's first priority now is organizing Homecoming festivities.

A word from your president

I just wanted to say thank you to everyone who voted for me, Heather Sabers, and the rest of the Powerful Party. I promise I will follow through on all of my ideas that I presented to you last week. Mr. Tuetken has a twitter account, @MaquoketaValley, set up where you can go to find all kinds of updates about Maquoketa Valley. With that being said, I am more than interested in what you guys have to say, so if you have any suggestions don't be afraid to email me or stop me in the hallway. I know many of you have some great ideas to make Maquoketa Valley an even better place to be and that is my goal. Again, thank you for the support and let's make MV a great place to be!



Volleyball team gets a win

The varsity volleyball team pleased the home crowd Tuesday night as it defeated Clayton Ridge 3-1 with scores of 25-21, 13-25, 25-20 and 25-20.

The Cats showed some power at the net with Megan Mensen's 8 kills accompanied by Morgan Manternach's 7 and Macy Anderegg's 6. Anderegg had 26 assists.

Defensively, Anderegg and Shawnae Hoeger each had 4 digs. Mensen was part of 6 blocks. Annie Fjelstul and Erin Digmann each had 3 blocks.

The team served with an 84% success rate. Heather Sabers was 15 for 15 with 1 ace. Digmann was 14 for 18 with 4 aces. Hoeger went 13 for 16 with 3 aces. Anderegg was 8 for 11 with 3 aces. Manternach was 10 for 14, and Mensen was 11 for 12 with 3 aces.

The varsity record is now 1-1. They will host a tournament Tuesday night.

Photos on next page.



What are you looking forward to most this football season?

by Nichole Lucas

Austin Stogdill- going to state
 Josie Young- possibly going to state
 Zak Harbach- going to state
 Riley Sternhagen- band's halftime show
 Jordan Schindler- going to state
 Emily O'Connell- making it the best season yet
 Tanner Parmely- to have a winning record
 Trevor Koopmann- making it to the dome
 Macy Anderegg- pep rallies and having fun at the games
 Ryan Parmely- going to state

Athletes of the Week

Name: Annie Fjelstul

Sport: Volleyball

What do you enjoy most about volleyball? The fun atmosphere and being able to play with my friends

What's your favorite drill in practice? Baseball

What's your least favorite drill in practice? Serve and Chase

What's your goal for the team this season? Conference Champions

What has made this year unique for you?

It's my last one, so it's especially important.

What's your favorite memory from being involved in volleyball? When we scrimmaged Beckman at Cascade this season

Name: Zach Salow
 Sport: Football

What do you enjoy most about football? Games

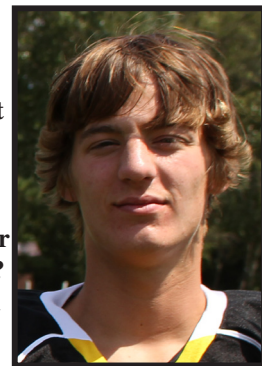
How does this year's team differ from past teams?
 We are closer as a team.

What's your favorite drill in practice?
 Slap Ball

What's your least favorite drill? Pursuit Drill

How do you mentally prepare for the game? Talk about strategy

Who's your football role model? Marvin Harrison or Bob Sanders



Meet the Freshmen



Heath Gibbs, Trevor Elgin, Hunter Glass and Hannah Clemen

Name: Heath Gibbs
Siblings: Madi
Activities you plan to be in: Football, baseball, basketball, golf, FFA, speech
Favorite subject: Ag
Career aspirations: Agronomy
Hobbies: fishing, golf
Something cool about you: I show dairy cattle.

Name: Trevor Elgin
Siblings: Trista and Brooke
Activities you plan to be in: Baseball, football, basketball, golf, Spanish
Favorite subject: welding
Career aspirations: Electrical field
Hobbies: Golf
Something cool about you: Cool person

Name: Hannah Clemen
Activities you plan to be in: Musical, Play, Choir, Spanish
Favorite subject: Spanish/Math/Choir
Career aspirations: Elementary Teacher
Hobbies: Drawing
Something cool about you: creative

Name: Hunter Glass
Siblings: Daniel
Activities you plan to be in: Volleyball, Track, Spanish, Play
Favorite subject: Spanish
Career aspirations: Special education elementary teacher
Hobbies: hunting, fishing, babysitting
—typist Mikaela Reth

Macy's Message

by Macy Anderegg

As a Junior in high school, and the person I am, I thought I had my career and future all planned out and set. But, today I was proved wrong.



Today, Thursday August 28, I taught in Spanish reviewing a Verb Tense that we have learned last year. Previously, I would have wanted to go into Pediatrics to become a NICU Nurse and eventually a Pediatric Surgeon.

Today I learned that maybe I need to keep my options open because I may want to become an Elementary teacher. I loved helping students and having fun in class. I loved the idea of teaching. BUT, I also love the idea of curing people by being a doctor. See my problem?

What I am trying to get at for the moral of my column is: keep your options open. Your future lies ahead of you for the rest of your life. You never know what you will grow to love, but if you enclose yourself to just one option that you have always loved; you may not be able to discover what you may find out to love.

Angie's Angle

by Angie Wilson

"You don't have to be tight and toned to be beautiful... look at me" -Drew Wilson



One of the joys about being Drew Wilson's sister is being able to hear all these comments that come out of his mouth. He says them to be funny 100% of the time but 99.9 % they have a lesson that you can learn. I laughed so hard when he first told me the one comment that is at the top of this column. Then I began to think, wow he is right!

Physical appearances are a big part of our society. Have to have the Nike, the Air Jordan, Rock Rival, Miss Me, Vans, Sperrys, etc... brands to fit in and look popular. That is not at all true. You don't have to cover yourself in make-up or skip lunch to lose weight to make yourself look beautiful. Beauty comes from within. It's about your personality and how you treat others. If you are wanting and needing materials to make you happy then you should stop and think. Being yourself should be more than enough. My goal for you is to be you and be confident in who you are.

Do's and Don'ts of Stress

Management

by Shaylyn Trenkamp



This week has had me stressing over the littlest things and it's driving me crazy, so if any of you can relate, here's some advice on stress and finding a way to deal with it.

Don't sweat the small stuff. I think we've all heard that enough times before, so keep it in mind.

Do spend time with friends and family. Ultimately the best way to get rid of some stress.

Bob Marley said it best: "Don't worry, about a thing... 'Cause every little thing is gonna be all right!" Listening to music such as this song can relieve stress, too. According to PsychCentral.com, "can have a tremendously relaxing effect on our minds and bodies." So get those tunes going and relax.

Do some yoga or meditation. Like, seriously, less stress, more strength, more flexibility, better concentration, and better posture are just some of the amazing benefits of it.

Don't over-think to the point of exhaustion. Sometimes it really just is what it is. So like it's been said many times before, Keep It Simple Stupid.

Do take a minute to breathe. Sometimes the only thing you really need is a break, so set aside a little bit of time and simply breathe without worrying about anything else.

Don't forget about the people close to you. Remember that even if you're stressin' and feel like the world's out to getcha, you got people there for you.

Do go watch some wildcat football tonight, cheering is better than stressing any day! Happy Friday! :)

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A furball to the recent violence being attributed to ISIS.

A meow to the student council additions.



A meow to the volleyball team's win Tuesday.



A meow to the students who are putting in so much time preparing for All-State music auditions.



A meow to our own Delaware County Pork Queen Angie Wilson.

Best Buds



Madison Imler and Danica Fjelstul
by Kristi Goedken

How long have you been friends? 5 years 3 weeks 28 days 5 hours 32 minutes and 12 seconds

Most embarrassing moments? The golf cart story

What do you like to do together? We like to hangggg

Any nick names for each other?

Madison calls Danica big sexy
Danica calls Madison mad dog

by Emily LaGrant

There's a lot going on around the world right now and it's important for us students to stay tuned in. Current events can be a big deal. Let's see if these students have been paying attention. The contestants are: Trevor Elgin, Brianna Mensen, Jazz Niehaus and Steve Huber.



1) What is the focal terrorist group in the Middle East right now?

Trevor: I don't know

Brianna: ISIS

Jazz: ISIS

Steve: ISIS

A: ISIS

2) What major system was recently hacked?

Trevor: I don't know

Brianna: I don't know

Jazz: Target

Steve: I don't know

A: iCloud

3) Which famous celebrity comedian passed away?

Trevor: Robin Williams

Brianna: Robin Williams

Jazz: Robin Williams

Steve: Robin Williams

A: Robin Williams

4) Which restaurant recently closed in DelCo?

Trevor: Boonies

Brianna: I can't think of it

Jazz: Jude's Fire House

Steve: Boonies

A: Boonies

5) Which celebrity singer is being charged with assault again?

Trevor: I don't know

Brianna: Justin Bieber

Jazz: Chris Brown

Steve: Chris Brown

A: Justin Bieber

Steve and Brianna tied for first with 3 points each. Jazz and Trevor were next with 2 points. Pretty good, Wildcats! Some of these were definitely big news and need to be known. Make sure to keep tuning in, though. You never know when something important might happen.

WHAT'S HAPPENING AT MV the week of SEPTEMBER 8, 2014

MONDAY, SEPTEMBER 8, 2014

1. Boy Scouts Representative to Talk with Boys in Delhi 1st, 2nd & 3rd - Commons - 1:45 PM

2. MV Fine Arts Booster Meeting - HS Cafeteria - 5:30 PM

3. MV HS Speech Parents' Meeting - Auditorium - 6:00 PM

4. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

TUESDAY, SEPTEMBER 9, 2014

1. 7th Grade to Farm Safety Day at Fairgrounds in Manchester (Bluebird Bus Leaves at 10:30 AM)

2. Homework Assistance for 7th & 8th Graders - After School until 4:00 PM

3. HS Varsity Volleyball Tournament - HOME - Tipton, MFL/MarMac, Cedar Valley Christian - 5:30 PM

4. High School Musical Practice - Auditorium - 7:00 PM to 9:00 PM

WEDNESDAY, SEPTEMBER 10, 2014

1. Homework Assistance for 7th & 8th Graders - After School until 4:00 PM

THURSDAY, SEPTEMBER 11, 2014

1. HS FFA to Tri-State Dairy Expo in Calmar - 7:30 AM (Bus Leaves at 6:00 AM)

2. Jr. High Volleyball - HOME - Edgewood/Colesburg - 4:00 PM

3. Jr. High Football - HOME - East Buchanan in Winthrop - 4:30 PM

4. HS 9th/JV/V Volleyball - HOME - Easton Valley - 5:15 PM

FRIDAY, SEPTEMBER 12, 2014

1. Johnston Elementary Grandparents & Special Friends Day - 1:30 PM

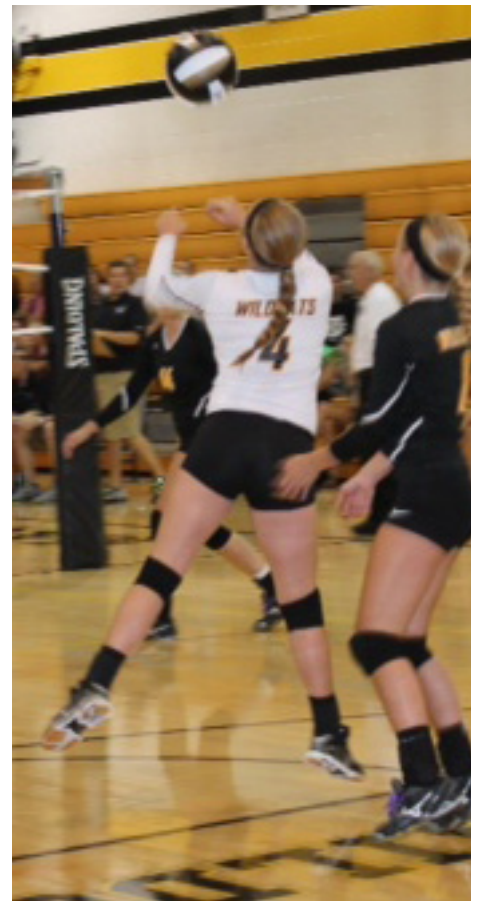
2. HS JV/V Football - HOME - East Buchanan - JV at 5:00 PM / V at 7:30 PM

SATURDAY, SEPTEMBER 13, 2014

1. HS Cross Country at Monticello Golf Course - 8:30 AM (Bus Leaves at 7:15 AM)

2. HS Vocal to Pre-All State Rehearsal at Oelwein HS - 8:30 AM (Van Leaves at 7:30 AM)

Home volleyball action



photos by Shaylyn Trenkamp and
Mikaela Reth



