

Wildcat Echo

Issue 7
October 23, 2015

A publication by the students of Maquoketa Valley High School

New senior in the halls



Meet Dakota Nuttall

by Megan Hogan

Where are you from?

Originally from Oelwein, moved from South Carolina

What are your hobbies?

I like to watch YouTube, all day every day

What are your future plans?

I plan on going to Hawkeye Community College in Waterloo.

What do you like about MV so far?

There are a lot of people. My school in South Carolina was a little bigger, but MV seems so much bigger because I don't know very many people.

Where are you living?

In Manchester in a place called the Cozy Cove

Do you drive/walk/ride bus to school?

I ride Larry Hillers' bus, number 003.

So, Wildcats, here's your chance to meet someone new. Be sure to introduce yourself to Dakota when you see him in the halls or class.

Academic achievement celebrated



Mr. Kudrna congratulates Jeremy Fischer as other seniors await their academic award. (photos by Emma McDowell)

Academic Awards were presented on Friday, October 16, at 11:00 a.m. in the high school auditorium to 71 Maquoketa Valley High School students who met the cumulative grade point average requirements. To receive the Awards, sophomores need to have at least a 3.600 cumulative grade point average. Juniors and seniors need to have at least a 3.400 grade point average. The following students received awards.

ACADEMIC LETTERS

Amanda Engelken	Kara Orcutt
Ryanne Flanagan	Trent Reeves
Heath Gibbs	Brittany Sabers
Josie Harmon	Caitlin Schuman
Eric Heims	Danielle Schuman
Brock Hillers	Brody Sevart
Macy Hoeger	Tyson Tucker
Abby Holtz	McKenna Wenthe
Madison Imler	Carson Wright
McKenzie Lansing	Josie Young
Mitch Neuzil	

SECOND YEAR AWARD

Jacob Bonert	Brianna Mensen
Mikayla Callan	Megan Mensen
Destiny Clayborne	Cody Ries
Danica Fjelstul	Kendra Ries
Amanda Fortman	Lea Ries
Chance Franck	Lawson Roof
Rebekah Hill	Caleb Thompson

Megan Hogan
Carter Klostermann
Clint Krapfl
Alec McDowell
Megan McNamara

Angie Wendt
Colin Wendt
Cassy Wilson
Nichole Winter

THIRD YEAR AWARD

Macy Anderegg	Briana March
Sienna Becker	Colton Nefzger
Rob Bockenstedt	Natalie Neuzil
Kristin Brehm	Kalvin Orcutt
Cassie Burkle	Andrew Palmersheim
Jeremy Fischer	Alex Richter
Caitlyn Gibbs	Brooke Snyder
Kristi Goedken	Kelsey Snyder
Taylor Guthrie	Riley Sternhagen
Kaleb Handel	Shaylyn Trenkamp
Shawnae Hoeger	Angie Wilson
Emily Krapfl	Whitney Wilson
Emily LaGrant	Dylan Wright
Nichole Lucas	



Volleyball team gets a first-round win over Ed-Co

by Emily LaGrant

A jam-packed two weeks of volleyball pushed the Cats to full potential and to the second round of district play. Out of 7 games, the team took home 3 wins and 4 losses. In the end, it was enough to take down Ed-Co on Tuesday night and to keep playing for another week.

During the second week of October, the volleyball team faced off against North Linn to help determine if the team would be placed 3rd or 4th for the Conference Tournament. The game ended in a 0-3 defeat with match scores: 20-25, 16-25, and 28-30.

It was a rough night for the team as they struggled with serves and aggressiveness at the net. They finished with an 89% serving efficiency and 15 kills. The back row helped push the team forward with 24 digs: 6 from Aspen Britt, 5 from Maci Frieburger, 4 from Angie Wilson, and 3 from Caitlyn Gibbs. The Cats also finished with 8 blocks with 3 from both Brianna Mensen and Megan Mensen.

The next Tuesday, the Cats played their final home volleyball game against Alburnett. They walked away with a 2-3 loss and a 4th place seat in the Conference Tournament. The match scores were: 22-25, 25-23, 26-24, 18-25, and 14-16.

The team finished with 32 kills, with 9 each from Macy Hoeger and Megan Mensen. They also had 11 blocks: 4 from Brianna Mensen and 3 from Megan Mensen. Maddy Anderegg led with assists with 29.

In the back row, a total of 33 digs helped the Cats. 12 were from Wilson, 6 from Digmann, 5 from Macy Anderegg, and 4 from Frieburger. The team also finished with an 88% serving efficiency with 8 aces. Megan Mensen went 21 for 22, Digmann went 17 for 20, and Brianna Mensen went 13 for 14.

Because of their 4th place finish, the team played at Springville last Thursday against Springville and Lisbon to find out if they would advance to the Saturday tournament. They walked away with a win against Lisbon and a loss against Springville, which was enough to get them to Saturday.

Lisbon was the first game, and the Cats had a 2-0 win. The match scores were 21-14, and 21-18.

The team had a 97% serving ef-



Danica Fjelstul and Megan Mensen go up for a block against Ed-Co Tuesday night. (photo courtesy of MV Athletic Boosters)

iciency against Lisbon and only missed one serve. There were also 3 aces, all from Brianna Mensen.

The back row had 10 digs: 3 from Frieburger, and 2 from Wilson and Britt. The front row had 11 kills. Notable hitters were Hoeger with 4 kills, and Digmann and Frieburger with 3 a piece.

After Lisbon, the team fought against Springville and finished 0-2. The match scores were 18-21, 15-21.

Once again, serving helped fuel the team as they went 32 for 34 serves. They also had 4 aces, 2 from Digmann. Digmann also helped earn 3 kills along with Frieburger and Brianna Mensen. Maddy Anderegg led assists with 10.

The team moved on to the Saturday tournament where they faced Calamus-Wheatland once again for a tough loss. The matches ended with a 0-2 finish and match scores 17-21, and 17-21.

Hoeger led with 6 kills with Digmann with 4. Danica Fjelstul and Megan Mensen both had 2. The team ended with 16 kills and a 29% kill efficiency. Maddy Anderegg led assists with 14.

Behind them, the back row had 20 digs, 4 from Caitlin Schuman and Wilson, and 3 from Macy Anderegg and Digmann. The Cats finished once again with a 91% serving efficiency.

Despite the loss, the team came back to play one more game for the day against Midland. The Cats took the 2-0 win for this one with match scores 21-17, and 22-20.

The Cats had a 90% serving efficiency. Lea Ries went 8 for 8 and Fjelstul went 6 for 7. Up at the net, Fjelstul also had 5 out of the 9 kills.

All the Cats hard work and dedication led up to their game against Ed-Co on Tuesday for the first round of district play. They walked away with multiple new team records and a win to show for it. Anyone watching could tell the Wildcats left it all out on the floor. The team finished with 3-1 win. The match scores were 25-19, 22-25, 25-21, and 25-22.

In the front row, the Cats had an astounding 21.7% kill efficiency, with 30 kills. Brianna Mensen and Fjelstul led with 8 kills a piece. Hoeger had 7 while Digmann had 5. Maddy Anderegg and Lea Ries went neck and neck for assists. Anderegg had 23 while Ries had 18.

Behind them, the back row was on fire. They had a record breaking 98 digs. Wilson led with 17 while Britt had 16. Emily LaGrant and Macy Anderegg had 14 each. Sienna Becker had 11, and Hoeger had 10.

Serving also pushed the Cats to win. They had a 96% serving efficiency for the game and finished with 9 aces. Macy Hoeger went 19 for 19 with 5 aces. Megan Mensen went 12 for 12 with 2 aces and Digmann went 14 for 14 with 1 ace.

The Lady Cats' dedication on the court has gotten them to the second round, the first time in team history. Join the team at Wapsie Valley next Tuesday. Every cheer helps!

what's up?

What is your favorite song?

by McKenzie Lansing

Cassandra Ingles- "Broken Bridges"
 Kristin Brehm- "People Loving People"
 Mitchell Smith- "One Pound Fish"
 Pedro Chavez- "You're Gonna Go Far Kid"
 Shaylyn Trenkamp- "Wasted Love"
 Macy Hoeger- "Hold My Hand"
 Hannah Lahr- "Here"
 Lane Coyle- "Downtown"
 Tate Trenkamp- "Remember When?"
 Madison Ott- "Milkshake"
 Izabel Niehaus- "That's How You Know"
 Kristin Lucas- "Ummatherman"
 Nichole Lucas- "Levels"
 Mrs. Rudd- "In the Middle"
 Kara Leibold- "Roses"
 Megan Rausch- "Powerful"
 Emma McDowell- "Everything is all Right"
 Katilyn Deutmeyer- "XO"

Grease is the word!

Get your tickets for the fall musical. You know you want to go! Stop in the office with your \$5 to purchase a ticket for Nov. 6, 7 or 8. Tickets need to be paid for within 24 hours of reserving them.

				9	8	4		
9					6	2	5	7
		5	7				9	
6		8			1	5	3	4
				8				
5	2	1	4			8		6
	3				2	7		
2	4	6	9					1
		7	8	6				

Fine Artists of the Week

Name: Ryan Dunn
 Activity: Fall musical

What role do you play in the musical? I play Sonny (T-birds).

What's your favorite part of the show? My favorite part of the musical is the prom scene because there are a lot of dances and songs stuffed into that one scene. Also would have to be Grease Lightning scene; that scene is really fun. It is the pinnacle of the musical. It's where all of the good things starts to happen.

If you could play any role in any musical, what would it be? If I had any role in the musical it would have to be Sonny, and that is who I am in the musical. I can see me in him.

How has participating in the musical affected you? Musical practice affected me in the fact that the work you do doesn't just help you but it helps other people that are doing the same project.

Name: Eric Heims
 Activity: Fall musical

What role do you play in the musical? I am Roger.

What's your favorite part of the show? Grease Lightning

What's your favorite memory from rehearsals? Having fun learning the dances

If you could play any role in any musical, what would it be? Doody

How has participating in the musical affected you? Get out of my comfort zone



Athletes of the Week

Name: Emily LaGrant
 Sport: Volleyball

What do you enjoy most about volleyball?

I love the feeling of being completely enraptured in a game.

What's your favorite drill in practice? Base-ball!!!

What's your least favorite drill in practice? Serve and chase

What has made this year unique for you?

Each and every girl wants to be on the court so badly. It's an amazing feeling knowing that everyone cares about the sport as much as I do.

What's your favorite memory from being involved in this volleyball?

Megan Mensen punched me in the face once. It was awesome.

Name: Brock Hillers
 Sport: Football

What do you enjoy most about football? Playing with my teammates/brothers

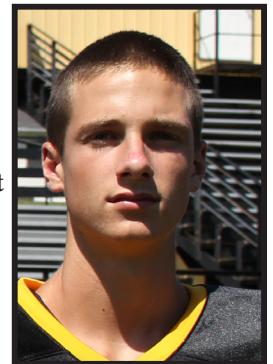
How does this year's team differ from past teams? We can beat teams on the ground and in the air.

What's your favorite drill in practice? O-Inde

What's your least favorite drill? 3 man sprints

How do you mentally prepare for the game? Listen to music and go through my routes in my head.

Who's your football role model? Donny Nordman



Angie's Angle

by Angie Wilson
You Tough?

One day I walked into my Anatomy class just full of excitement to learn about more terms and memorize some more bones. I sat down full of so much energy to learn I could hardly pay attention. Sorry for the heavy sarcasm, Mr. O.

In all seriousness, that was the best class I have sat through. Mr. O had nothing to say about Anatomy. The day before he went to what is called the "Ed Thomas Leadership Academy." I think he was feeling inspired because he taught me something he learned from that trip that I will never forget: the true meaning of toughness.

What's the first thing that comes to your mind when you think of toughness? If you think of big muscles and a stern face, you're wrong. If I learned anything from Mr. O, it will be one phrase that changed my view on toughness. To be tough is doing the right thing all the time. Doing the right thing...ALL of the time. You see, our battles within ourselves are the battles we think are caused by others. To be mentally tough is more exhausting than putting X amount of pounds on each side of the bar.

When things don't go your way or the world is out to get you, just remember that tough times never last, but tough people do.

For the thrill of it

Staff and faculty donned their scariest looks last Friday night to accompany the marching band as they played "Thriller."



Meet the Freshmen



Dylan, Madison & Olivia

Name: Olivia Hoeger
Siblings: Shawnae and Macy
Activities you plan to be involved in: volleyball, softball, basketball, track, and speech
Favorite subject: Algebra
Career aspirations: pharmacist
Hobbies: watching netflix
Something cool about you: Brooke Wilson and I are the only freshman girls on JV volleyball.

Name: Madison McIntyre
Siblings: Cassie and Kelsey
Activities you plan to be involved in: volleyball and dance
Favorite subject: math
Career aspirations: criminal justice
Hobbies: dance
Something cool about you: I'm very fun and loud.

Name: Dylan Happel
Siblings: 3 brothers
Activities you plan to be involved in: football, wrestling, FFA, and track
Favorite subject: math
Career aspirations: police officer
Hobbies: wrestle and show cattle
Something cool about you: I show beef cattle.

—typist: Kristi Goedken

Do's and Don'ts of Seniority

by Shaylyn Trenkamp



Often, high school revolves around seniority... Or so we high-schoolers think. I believe there are some helpful hints to remember when applying seniority, though, so it doesn't go too far.

Do remember your place. No, this is not just for freshmen. Seniors, you have a place, too. This is school, so respect others and do your best. Your place in this school is never the place of a teacher or administrator; you are a student.

Don't. Be. Rude. Freshman and sophomores may be younger, but that does NOT mean they shouldn't be treated with respect. There is NO reason to be rude to anyone, especially just because they aren't as old as you.

(underclassmen) Do understand that upperclassmen have some wisdom going for them. They actually know what they're doing sometimes, so often they're sincerely trying to help you out when you don't know what's going on.

Don't play the "seniority" card for everything. You can wait your turn for the water fountain, you can do your work in WIN time, etc. etc. Just because you're an upperclassmen doesn't mean you don't have to follow the rules.

Do break the barrier. People of all ages can be friends; high school shouldn't change that. Upperclassmen, don't be afraid to reach out to underclassmen. Underclassmen, don't be afraid of upperclassmen. They don't hate you; it's probably the opposite, and they actually might like to get to know you :)

Don't forget that you were once or will one day be in the same shoes. We were all freshmen at some point, so we can relate. Likewise, we will all be seniors one day. Keep that in mind before you act the way you do to underclassmen/upperclassmen.

Football team runs over Easton Valley

Center Eric Heims sets up for a play against Easton Valley. (photo courtesy of MV Athletic Boosters)



by Shaylyn Trenkamp

Last week our mighty, mighty Wildcats took on Easton Valley and won with a whopping score of 49-24, gaining the title of District Champions once again. Senior Jeremy Fischer led the stats for the football team last week, with 194 passing yards, 180 rushing yards, and 24 rushing points. Also, Zak Harbach scored 12 points, Clint Krapfl scored six, and Matteo Zucca scored seven. Individual stats were as follows:

Passing yards: Jeremy Fischer, 194. Rushing yards: Jeremy Fischer, 180; Zak Harbach, 22; Alec McDowell, 74; Dylan Wright, 14. Receiving yards: Zak Harbach, 59; Brock Hillers, 106; Garrett Hogan, 29. Solo tackles: Rob Bockenstedt, 7; Kaleb Handel, 1; Zak Harbach, 3;

Eric Heims, 5; Alec McDowell, 4; Garrett Hogan, 3; Andy O'Connell, 5; Calvin Orcutt, 4; Kyle Wilson, 1; Dylan Wright, 4. Tackle assists: Rob Bockenstedt, 4; Kaleb Handel, 2; Zak Harbach, 1; Eric Heims, 3; Garrett Hogan, 4; Alec McDowell, 3; Andy O'Connell, 3; Calvin Orcutt, 3; Kyle Wilson, 3; Dylan Wright, 3.

Interceptions: Dylan Wright, 1. Fumble recoveries: Logan Fronatt, 1; Clint Krapfl, 1. Matteo Zucca was 7 for 7 kicking and had 328 kickoff yards. Punting yards: Rob Bockenstedt, 102; Kickoff return yards: Zak Harbach, 69. Punt return yards: Zak Harbach, 18.

Tonight, the Wildcats travel to Postville for their last game before district play. Come out and support, and don't forget to wish our boys good luck!

Musicians challenge themselves with All-State auditions

by Shaylyn Trenkamp

Every year in October, there is a very special day. I'm not talking about Halloween; I'm talking about the day of All-State auditions. How does one audition for All-State? Well, there are summer camps available to learn the music, which many of our vocal auditionees attend every year at Wartburg. This year there are eight songs that auditionees must know for vocal auditions.

As someone trying out for All-State, you work your hardest to nail every note and rhythm of every piece into your head, then add all the musicality possible in time for auditions. You can sing in a quartet, trio, duet, or as a soloist.

This year we have two duets (Riley Sternhagen and Taylor Guthrie, Patrick Hansen and Shaylyn Trenkamp) and one soloist (Lawson Roof). These five will walk into an audition room in West Dela-



Shaylyn and Patrick practice their duet for All-State tryouts on Saturday.

ware this Saturday, stand before a judge, and sing selected cuts from each of the eight songs a cappella. The five will then wait for the list of people who made it and the list of people who made recalls to go up. If on the recalls list, one will go through the process again, singing solo and singing different parts of the songs.

Cat Attack Flashback

by Becca Hill & Amanda Fortman

Extra! Extra! Read all about it! In 1985 five of members of the Echo were sent to a newspaper convention in Iowa City. There they learned how to layout a newspaper, and new writing techniques. They also learned about photography, how to conduct a proper interview, and how to edit the Wildcat Echo.

1995 brought great things for the MV cross country team. At the West Delaware meet, Angie Tumey ran at the speed of light and got 12th out of 130 runners. Jeff Mensen got 5th in the boys race out of 126 runners. **Player to coach:** After playing four years of volleyball at Maquoketa Valley, Amy Houlton has come back to help coach. She was set up coaching the Fresh/Soph team and was the assistant Varsity coach.

Best Buds



Megan Hogan & Nichole Lucas
by Kristin Lucas


When did you meet?
kindergarten

Favorite memory?
Nichole-Walmart runs or shopping in general
Megan-I don't know, I don't like any of them with her


One word to describe your friendship?
Nichole-no
Megan-ragrets


The Cat Box Hall Smarts


opinions, ideas and random thoughts from the staff of The Wildcat Echo


 A meow to TEL for planning today's tailgate festivities. A furball for the less-than-cooperative weather.





 A meow to the volleyball team for its first-round win.

 A meow for the football team for winning the district title.

 A meow to our academic award winners.


 A meow to everyone who has purchased a ticket for *Grease*. Get 'em while you can!


 A meow to the end of the first quarter. What a great quarter it's been!


 A best wishes meow to the musicians auditioning for All-State tomorrow. It's a huge time commitment, and these students deserve recognition whether they make it or not.


A furball to students who don't put the charger back on the laptop.





 A meow to our cross country runners who have consistently shown growth throughout the season.

 A meow to the FFA members who helped the chapter meet its goal for selling fruit, meat and cheese.

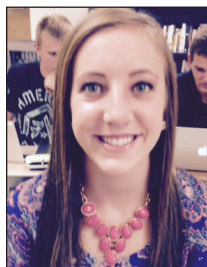
 A meow to the end of a successful senior-freshmen mentoring experience.

 A meow to the early out. The week went quickly!

 A meow to alumnus Ryan Jay who spoke to Mrs. Spellerberg's classes his job as a talent acquisition advisor.

 Some birthday shout outs to Mr. Hadley and Evelyn Ries.

by Shawnae Hoeger



This week's edition of Hall Smarts deals with baby farm animals. Let's see if this week's contestants know their baby animals. This week's contestants are Logan Fronatt, Ali Sheehy, Sean Hucker and Emma McDowell.

What is a baby goat called?

Logan: kid

Ali: kid

Sean: kid

Emma: kid

Answer: kid

What is a baby horse called?

Logan: foal

Ali: colt

Sean: pony

Emma: colt

Answer: colt

What is a baby pig called?

Logan: piglet

Ali: piglet

Sean: no idea

Emma: piglet

Answer: piglet

What is a baby sheep called?

Logan: lamb

Ali: kid

Sean: lamb

Emma: sheep

Answer: lamb

What is a baby cat called?

Logan: kitten

Ali: kitten

Sean: kitten

Emma: kitten

Answer: kitten

Logan came in first with all five points. Leading behind him was Ali, Sean and Emma with 3 points each. Good job to all contestants this week!

WHAT'S HAPPENING AT MV the week of OCTOBER 25, 2015

SUNDAY, OCTOBER 25, 2015

1. MV Athletic Boosters Arts & Crafts Show - HS Cafeteria, MS Gym & Commons - 9:00 AM until 2:00 PM

MONDAY, OCTOBER 26, 2015

1. Red Ribbon Week - "THE WILDCAT WAY - SUBSTANCE FREE" - All Week

2. MV Mini-Wildcat Wrestling Parents' Meeting for All Age Groups - Middle School Commons - 6:45 PM

TUESDAY, OCTOBER 27, 2015

1. HS FFA to National FFA Convention in Louisville, KY - 4:00 PM (3 Vans Leave at 5:30 AM)

2. Presentation by Nurse Mary to the 5th Graders - 9:30 AM

3. 7th & 8th Homework Assistance - After School until 4:00 PM

4. HS 2nd Round Regional Volleyball at Wapsie Valley HS in Fairbank - 7:00 PM (Bus Leaves at 4:45 PM)

WEDNESDAY, OCTOBER 28, 2015 -

1. HS & MS 1st Quarter Grades Due in Power School - 8:00 AM

2. 7th & 8th Homework Assistance - After School until 4:00 PM

3. First Round State Football Play-offs - HOME - 7:00 PM

THURSDAY, OCTOBER 29, 2015

1. EARLY DISMISSAL - 1:05 PM in Delhi / 1:15 PM in Earl. & Hopk. - P/T Conferences

2. Parent/Teacher Conferences - All Centers - 3:00 PM until 7:00 PM

FRIDAY, OCTOBER 30, 2015

1. Halloween Parades - 12:45 PM Johnston / 1:15 PM Earlville / 1:45 PM at Delhi in the MS Gym

SATURDAY, OCTOBER 31, 2015

1. HS Solo Dance / Color Guard Competition in Newton (Van Leaves at 10:00 AM - Back at 10:00 PM)

SUNDAY, NOVEMBER 1, 2015

1. Daylight Savings Time Begins - Set Your Clocks BACK One Hour

2. HS FFA Back from National FFA Convention in Louisville, KY (3 Vans Return at 10:00 PM)

Choir students perform fall concert

The MV mixed choir sings one of their selections at their fall concert in St. John's church. The concert was 7-12 and the middle schoolers featured on multiple songs with the high school as well as performed pieces of their own.



STUDENT OF THE WEEK

Shaylyn Trenkamp

You have organized today's tailgate event as part of TEL. What is the goal of the event? To give students a fun opportunity to get together without substance abuse being involved.

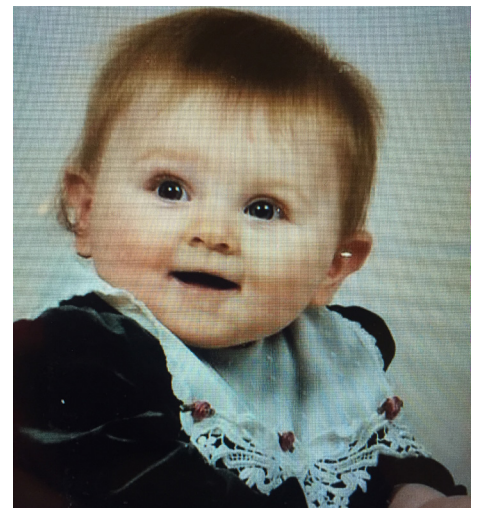
What did you have to do to plan it? We had to discuss ideas within our group, plan activities and the meal, gather supplies, talk to the cooks (Nurse Mary took care of that), approve it with the administration and make/hang posters to advertise it.

Why do you participate in TEL? I love being part of the TEL organization because of the people and the direct connection we have to change and education about substance abuse. I do it for the cities in which we made the parks smoke-free, the kids who come up to me and say they hope to be a part of this some day, and the people that we are educating with the truth.

Why should other students get involved in TEL? It's an awesome organization that doesn't require much of your time but makes a world of a difference. It's great to put on college applications, to get you involved in the community, and to push you out of your comfort zone surrounding you with different people in a different environment.



Cutie



by Nichole Lucas

This week's cutie is a freshman who live outside of Delhi.

She runs for cross country and is in musical.

This cutie is also in contest speech and has a sister in the senior class.

Our last Cutie was Hannah Lahr.

Lunch Menu

26 Pig N Blanket Potato Triangle Sweet Potato Fries Corn Broccoli Strawberries Peaches	27 Chicken Tetrzzini Whole Grain Peanut Butter Sandwich Peas Romaine Lettuce Pears Apples	28 BBQ Pork Sandwich Cheesy Potatoes Mixed Vegetables Coleslaw Grapes Applesauce	29 Taco Salad Refried Beans Fiesta Salad Red Pepper Strips Green Beans Rice Peaches	30 Cheese Pizza Garlic Breadsticks Romaine Lettuce Raw Cucumber Slices Raw Tomato Slices Fresh Pineapple Mixed Fruit
Milk Breakfast Bagel	Milk WG Cinnamon Roll	Milk Omelet/Toast	Milk Breakfast Pizza	Milk Breakfast Burrito



THIS is MV

*photos by
Flavia Xavier*

