

### Physical Education Waiver

Students in grades one through twelve shall be required to participate in physical education courses unless they are excused by the principal of their respective attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs.

Students in grades 9-12 may also be excused from physical education courses if:

- The student is enrolled in academic courses not otherwise available, or
- The student has obtained a physical education waiver for a semester because the student is actively participating in an organized and supervised activity program which requires at least as much participation per week as one-eighth unit of physical education which is at least 900 minutes for the semester.
- Twelfth grade students may also be excused from physical education courses if the student is enrolled in a cooperative, work-study or other educational program authorized by the school that requires the student's absence from school.
- Students who will not participate in physical education must have a written request or statement from their parents.

Legal Reference:

Cross Reference:

Iowa Code § 256.11 (1999). 281 I.A.C. 12.5. 504 603

Approved: March 17, 2014

Revised: