OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR STUDENTS ACCOUNT AT ALL TIMES (9-12) = HS ONLY WG = WHOLE GRAIN	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. EVERY MEAL IS SERVED WITH A 8 OZ. MILK ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME.		1 COUNTRY FRIED STEAK W/GRAVY MASHED POTATOES CORN PEARS STR. CREAM CHEESE BAGEL	2 PIZZA WRAP STRING CHEESE CELERY APPLESAUCE COMBO ON WG BUN
5 CHEESEBURGER STEAK FRIES GLAZED CARROTS APPLES	6 ORANGE CHICKEN W/RICE STEAMED BROCCOLI PEACHES CARNIVAL COOKIE	7 OUT AT 1;05PM FRENCH TOAST STICKS SAUSAGE SMILEY POTATOES BANANA OJ	8 WG MAC & CHEESE WG CINNAMON ROLL CUCUMBER SLICES STR. APPLESAUCE	9 PIZZA BREADSTICK MARINARA CARROTS PEARS
FRENCH TOAST	WG CINNAMON ROLL	OMELET /CROISSANT	LONG JOHN	PANCAKES/SAUSAGE
12 CHICKEN PATTY/ WG/BUN POTATO TRIANGLE CELERY APPLES	13 TACO SALAD W/CHIPS BLACK BEAN SALAD TOMATOES MANDARIN ORANGES	14 HOT DOG ON W/G BUN FRENCH FRIES CORN MIXED FRUIT	15 HOT HAM & CHEESE/ WG BUN SUN CHIPS CAULIFLOWER APPLESAUCE	16 BOSCO STICKS MARINARA CARROTS PEACHES
СОМВО	FRENCH TOAST	CINNAMINI	BREAKFAST CHOICE	BREAKFAST PIZZA
19 CHICKEN NUGGETS MASHED POTATOES CORN STRAWBERRIES	20 MEATBALL SUB STEAK FRIES CARROTS PEACHES	NO SCHOOL TODAY	22 CHICKEN TETRAZZINI BREADSTICK PEAS APPLES	23 TENDERLOIN ON WG BUN TRI TATER BROCCOLI PEARS
WAFFLES	PANCAKE ON A STICK		STR. CREAM CHEESE BAGEL	YOGURT PARFAIT
26 CHICKEN STRIPS WG ROLL (9-12) FRENCH FRIES CARROTS STR. APPLESAUCE	27 SUB ON WG BUN SUN CHIPS CELERY SIDE KICK	28 CORN DOG TATER TOTS CORN PEARS	29 MR. RIB ON WG. BUN STEAK FRIES BAKED BEANS ORANGES	30 OUT AT 1;05 PM. CH. BREADSTICKS/PIZZA DIPPERS MARINARA FRESH BROCCOLI PEARS
BREAKFAST PIZZA	WAFFLES	WG CINNAMON ROLL	COMBO ON WG BUN	PANCAKE ON A STICK