

# The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: <http://www.maquoketa-v.k12.ia.us>



September 2020

MV Twitter @MaquoketaValley

The Maquoketa Valley school year is back in session! After being closed for five months and a delayed start, we are finally able to have students and staff back in the building. I greatly appreciate the plans put together by Mr. Tuetken, the administrators and staff before I arrived. The entire Maquoketa Valley community worked together very well to allow us to start our year successfully. I appreciate the students following our expectations and the parents reinforcing these safety guidelines.

We have been meeting with county health officials to discuss the steps we must take in the event that someone in our school tests positive for the COVID-19 virus. Our goal is to keep our school open and we do not want to do anything to jeopardize that goal. Whenever we identify a staff member or student who tests positive we call county health and discuss the situation. We will then follow the recommended health guidelines provided.

Our goal is for your students to have very few interruptions in their learning this year. However, as parents you will want to have a plan in the event your child comes in contact with someone who tests positive. You may get notified that your child will have to be quarantined for 10-14 days and will be learning online from home. We understand this will be a challenging situation for many parents but something we must do to follow the community health guidelines and keep our schools safe.

Thanks again to our parents and students for your cooperation and support. I hope we have a long, successful, and rewarding school year. I am excited to be at Maquoketa Valley and look forward to meeting many of you in the coming months.

Dave Hoeger  
Superintendent

**Maquoketa Valley Community School District  
Ensures High Levels of Learning to Empower All Students For Lifelong  
Success.**

#### Administration Office

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Superintendent  
112 3rd St., P.O. Box  
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Delhi, IA 52223-0186  
Phone (563) 922-9422  
Fax (563) 922-9502

#### M.V. High School

Troy Osterhaus  
Principal  
107 South Street  
P.O. Box 186, Delhi  
Phone (563) 922-2091  
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#### M. V. Middle School Delhi Elementary

Troy Osterhaus  
MS Principal  
Tiersa Frasher  
Elem. Principal  
112 3rd St., Box 186  
Delhi, IA 52223  
Phone (563) 922-9411  
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#### Earlville Elementary

Brenda Becker  
Principal  
226 Prospect  
StreetEarlville, IA  
52041  
Phone (563)  
923-3225  
Fax (563) 923-3305

#### Johnston Elementary

Brenda Becker  
Principal  
131 Culver Road  
Hopkinton, IA  
52237  
Phone(563)926-2701  
Fax (563) 926-2093

#### Board of Directors

Donna Kunde - Area 1  
Doug Dabroski - Area 2  
Chris Huber - Area 3  
Mike Feldmann - Area 4  
John Zietlow Area 5

## **Regular Board Meeting**

**August 17, 2020**

The regular meeting of the Maquoketa Valley Board of Education was called to order by President Donna Kunde at 5:30 p.m. in the High School Library in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Four board members were present. There were five staff and one visitor present. The agenda and consent items were approved.

Two open enrollments in and one open enrollment out were approved.

The following personnel recommendations were approved:

Hannah Crumpton – employed as Middle School Volleyball

Coach Katie Nefzger – employed as Paraprofessional

The Board approve a \$0.10 state required increase to lunch prices.

The Board approved the 2020-2021 lease agreement with Head Start. The Board also approved the 2020-2021 NICC Concurrent Enrollment Contract. The 2020-2021 Johnston Controls Annual Maintenance Contract was also approved.

The Administrative team updated the Board on the return to learn plan for the upcoming school year.

The meeting adjourned at 6:07 p.m.

## **Newsletter Article**

**August 18, 2020**

The Maquoketa Valley School District would like to thank those who have supported our schools as we prepare to start this school year. The Delaware County Economic Development group donated over \$32,000 to Maquoketa Valley which allowed us to purchase additional technology for our students. This will be very helpful for our students to use everyday and especially if they need to work from home. This was a substantial contribution and helped our school tremendously.

Another grant came from the Foundation for the Future of Delaware County Covid-19 Relief Fund in the amount of \$2500. This money will be used to purchase additional face coverings to help keep our students and staff safe as we progress through the school year.

Both of these grants are very generous and greatly appreciated by the Maquoketa Valley School District. They will directly help the students stay safe and learn more effectively in this challenging environment that schools face as we start the school year. We are very fortunate to have the support of these generous organizations.

Dave Hoeger  
Superintendent

## Retired Citizens

Maquoketa Valley offers a Senior Citizen pass to anyone who is 65 years of age or older and resides in the District (Board Policy 1007.010). This pass entitles senior citizens free admission to all Maquoketa Valley sponsored events held at the school (athletics, drama, music, art, etc.) Events not sponsored by the M.V. District, but held at our school would be sectional or district state tournaments, fund-raising activities by our booster clubs, or any event sponsored by an outside organization. If interested, call the High School Office at 563-922-2091.

## School Bus Safety



The Iowa Department of Public Safety and the Iowa Department of Education would like to remind motorists to pay attention to safe driving rules in low-light conditions, particularly in school zones and when approaching bus stops. Watch for children who may be walking or riding their bikes. Never pass a stopped school bus with its stop arm extended and when the yellow or red lights are flashing. The Iowa State Patrol reminds all drivers to please be extra careful as you drive through school zones and on Iowa's roadways. Please stay alert for pedestrian and school bus traffic.



## Weather Calls



MV reports their school closings and cancellations to 3 TV stations: KGAN (2), KWWL (7), and KCRG (9), by 6:25 a.m. They also report them to these radio stations: KMCH and KDST. When bad weather hits, please turn to one of these TV or radio stations. Please DO NOT call the school. Their lines will be busy contacting personnel, other schools, bus drivers, etc.



## Text Alert System

The text alert system has been changed. We will be using your information in Power School to alert you. It is important to have your current phone number and email updated. If you have any questions or issues, please call Sarah Lown in the high school office, 563-922-2091.

## Maquoketa Valley Activity Calendar

**This can be found on the website.  
Please check that for all activities.  
Cancellations will be updated on the  
Maquoketa Valley Website.**

September 1, 2020

Nurse Mary

'We're all in this together' has become my mantra for the 2020/21 school year. That is how we are going to navigate these unusual times. I truly feel we are off to a good start and that's because of the Wildcat family. It has been so great seeing our halls filled with students and hearing the laughter at recess again. I want to take this opportunity to say thank you to each and every one of you for following the guidelines that are in place at school, for sending positive encouragement to students and staff, and for reaching out with your questions and concerns. I would also like to thank the teachers for stepping up and going the extra miles. We will continue to move forward one day at a time. Let's take a moment to review one of our requirements.

## **Maquoketa Valley Community Schools Sick or Exposed Student Requirements**

(as of 8-22-2020)

### **Covid-19 Parent Information**

COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans. The virus that causes COVID-19 is thought to spread mainly from person to person, mainly through respiratory droplets produced by an infected person. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet).

People with COVID-19 have had a wide range of symptoms reported – ranging from none to mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Maquoketa Valley Community Schools will be adhering to the guidance from the Iowa Department of Public Health when evaluating ill students in the nurses' office. The Guidance from the Iowa Department of Public Health is as follows:

Students who have **ANY high-risk symptom OR two or more low risk symptoms** should not be in school (for a minimum of 10 days) and are advised to seek an evaluation by a healthcare provider.

#### **HIGH RISK SYMPTOMS**

New Cough  
Shortness of breath  
Difficulty breathing  
New loss of taste/smell

#### **LOW RISK SYMPTOMS**

Fever	Fatigue
Headache	Muscle/Body aches
Sore Throat	Runny Nose
Congestion	Nausea
Vomiting	Diarrhea

#### **STUDENTS MAY RETURN TO SCHOOL WHEN:**

**Situation 1: If child is NOT evaluated by a healthcare provider:**

- At least 10 days have passed since their symptoms first appeared **AND**
- They have had no fever for at least 24 hours (that is ONE full day without the use of medicine that reduces fevers) **AND**

(continued)

- Their other symptoms have improved (for example, when your cough or shortness of breath has improved)

**Negative COVID-19 Test-** Students may return to school after 24 hours with no fever (without the use of fever-reducing medicine) AND symptoms improving. (Physician's note is required).

**Alternative Diagnosis-** Students may return to school after 24 hours with no fever (without the use of fever-reducing medicine) AND symptoms improving (Physician's note required).

**Positive Covid-19 Test-** Return to school after 24 hours with no fever (1 full day without fever-reducing medications, AND symptoms improving, AND 10 days since symptoms started.

### IDENTIFYING CLOSE CONTACTS FOR COVID 19

Students who have been in close contact with a Covid-19 positive individual (within 6 feet of a positive person for more than 15 minutes) will need to stay home and quarantine for 14 days and monitor for symptoms. (Examples: mother, father, siblings, someone at work, church, school, sports activities, etc.)

1. If no symptoms develop, students can return to school 14 days from their last contact with the Covid-19 positive individual
2. If symptoms develop, students should be evaluated by a healthcare provider
3. If a student tests positive for COVID-19, they should isolate for 10 days, be fever free for 24 hours without fever-reducing medications and symptoms must be improving.
4. If a student tests negative for COVID-19, they must still complete their 14-day quarantine before returning to school.
5. Individuals who have been previously diagnosed positive for Covid-19 do not have to quarantine again for 90 days following their positive diagnosis if exposed to a person who tests positive..

Please know that you can continue to reach out to Nurse Jill Hoeger or myself, Nurse Mary Ries. We are Wildcat Strong!k If you haven't met Jill, she covers our Earlville and Johnston buildings. I'd be lost without her. Welcome, Jill.

## **A.P.R.**

A summary of the 2020-21 Annual Progress Report for Maquoketa Valley Schools can be found on the district website in mid October.

The address is: <http://www.maquoketa-v.k12.ia.us>

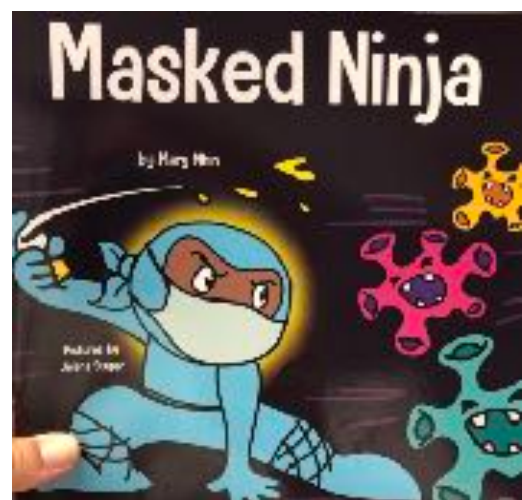


# Mrs. Reicher's



## First Grade Masked Ninjas

First graders are SO excited to be back in school! So far this week they have remembered and relearned what it's like to be in the classroom. A big part of our shortened days has been spent introducing students to their Chrome Books and how to navigate Google Classroom and Google Meet. There has still been plenty of time left for us get to know one another and learn new routines, like properly dealing with masks and sanitizing EVERYTHING. Our favorite book so far has been Masked Ninja by Mary Nhin. This story told us what we needed to know about why we wear masks and what we can do to keep ourselves and others safe from viruses. In Japanese, the word ninja means "spy," first graders are becoming experts at spying places where viruses can live and how to sanitize those spaces.



### Photo and Video Consent

Throughout the school year, there may be times when Maquoketa Valley Community School District staff, the media, or other organizations, with the approval of the school principal, may take photographs of students, audio/videotape students, or interview students for school-related stories. These photographs and video may be used for publicity, promotional, and education purposes including newspaper publications, informational brochures, posts on social media, or posted to the school district's webpage. Names of students are not used in these publications except for team related pictures. If you would prefer that your child's picture not to be taken for these purposes, please contact your child's school office. The office will provide you with a form to

### Guidelines for Volunteers

Maquoketa Valley is always in need of kind, caring adults who want to give their time to be with and help the children at school. The role of a volunteer is an important one, and while enjoyable, requires accepting certain responsibilities. We have developed guidelines to help ensure that Maquoketa Valley students and our volunteers have a safe and rewarding experience while at school. We are asking that all volunteers who are supervising students, who volunteer on a consistent basis, or who are accompanying students at an event to sign a "Guidelines for Volunteer" form and also complete the paperwork for the district's background check. This will help to further protect our students as well as our volunteers. These forms can be picked up in any of our school offices.

### FERPA responsibilities

Federal law requires that school districts annually send to parents a notice of rights under the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). The law does not state when the notices are to be sent to parents, but at the beginning of the school year makes the most sense. The U.S. Department of Education provides model notices at the links below. Questions about FERPA or the PPRA should be direct to the Family Policy Compliance Office of the U.S. Department of Education at 202-260-3887 or [FERPA@ED.Gov](mailto:FERPA@ED.Gov).

Model Notification of Rights under FERPA (sent to families of elementary & secondary students): [FERPA Notice](#)

Model Notification of Directory Information under FERPA: [Directory Information Notification](#)

PPRA Model Notice and Consent/Opt-Out for Specific Activities: [PPRA Consent](#)

Model Notification of Rights under the Protection of Pupil Rights Amendment (PPRA): [PPRA Notice](#)

## REQUIRED INFORMATION

### Open Enrollment

Parents/guardians considering the use of the open enrollment option to enroll their child/ren in another public school district in the state of Iowa should be aware of the following dates.

March 1, 2021 - Last date for regular open enrollment requests for the 2021-2022 school year.

September 1, 2021 - Last date to open enrollment requests for students entering kindergarten for '21-22

Parents should be aware that only "good cause" reasons will be considered past the deadline. Parents/guardians of open enrollment students whose income falls below 160% of the federal poverty guidelines are eligible for transportation assistance. This may be in the form of actual transportation or in the form of a cash stipend.

Parents should be aware that open enrollment may result in the loss of athletic eligibility. If an original request to open enroll was based on repeated acts of harassment or a serious health condition of a student, parents have the right to appeal to the State Board of Education if the request to open enroll was denied.

For further details, and appropriate forms, contact the school administration office at 563-922-2091.

### Student Directory

The following information may be released to the public in regard to any individual student of the school district as necessity or desirability arises. Any student, parent, or guardian not wanting this information released to the public must make objection in writing to the principal or other person in charge of the school which the student is attending. It is desirable to renew this objection at the beginning of each school year:

Name, address, telephone listing, electronic mail address, photograph, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received and the most recent previous school or institution attended by the student, student ID number, user ID.

**Any high school parent who does NOT wish to have your child's information released to any outside organization or business, please pick a form up in the high school office.**

### Level One Investigator

According to Iowa Code chapter 281 - 1AC chapter 102, all school boards in Iowa must designate at least one Level One investigator annually to look into allegations of abuse of students by school employees. The Level One investigator for Maquoketa Valley Schools is Administrator, Brenda Becker . If you have any questions concerning this subject, please contact Brenda Becker at phone number 563-926-2701 or 563-923-3225.

### Teacher Qualifications

Parents and guardians in the Maquoketa Valley School District have the right to learn about the following regarding their child's teacher's qualifications: state licensure status, special endorsements for grade level / subject area taught and baccalaureate / graduate certification / degree. Parents and guardians may request this information from the Administration Office at 563-922-2091 or be sending a letter of request to the Office of the Superintendent, Maquoketa Valley Schools, 112 3rd Street., P.O. Box 186, Delhi, IA 52223-0186.

### Health Curriculum

Senate File 2094, Human Growth and Development, requires annual notification to parents of their right to review all human growth and development curriculum. You may do so by contacting, Tiersa Frasher School Improvement Coordinator, at 563-922-9411. A pupil shall not be required to take instruction in human growth and development as long as the pupil's parents or guardian files with the appropriate principal a written request that the pupil be excused from the instruction.

### Medication Policy Update

Medication ordered by a doctor, and over-the-counter medicines may be given at school. In order for medication to be given, the parent will need to obtain a "Drug Release" form from the school office. A supply of these forms will be kept in the elementary offices as well as in the high school office. This form must be signed by the parent or legal guardian. It is the parents' responsibility to bring the form and the medicine to school. Medication must be in the original container. Tell your pharmacist you need a bottle labeled for school. Medications ordered three times per day does not necessarily have to be given at school unless it is specifically ordered at that time. It is possible to give it as home before the child leaves for school, after school, and at bedtime. If you have questions regarding this policy, please call Mary Ries, the M.V. School Nurse at 563-922-9411.

### Asbestos and AHERA

The Asbestos Hazard Emergency Response Act of 1986 (referred to as AHERA) was enacted by Congress fourteen years ago. AHERA was created to determine the extent of, and develop solutions for, any problems schools may have with asbestos. During the summer months of 2003 we replaced new ceiling tile in the auditorium with asbestos-free tile. Then in the summer 2004, that same type of tile was replaced in the Family and Consumer Health classroom in the high school building. The summer of 2012 asbestos insulation was removed from around the boilers and pipes. The records of our asbestos reports and removal are on file at the Maquoketa Valley Business Office and can be viewed Monday through Friday, between 8:00 AM and 4:00 PM. Any inquiries regarding the plan should be directed to Doug Steger, Maintenance Coordinator.



## REQUIRED INFORMATION

### USE OF STUDENT RECORDS

School districts are required to give annual notice regarding the rules and regulations they have established regarding the use of student records. What follows is the "Use of Student Records" regulation for the Maquoketa Valley Community School District.

Student records are defined to be all official records, files and data directly related to children, including all material that is incorporated into each student's cumulative record folder, and intended for school use or to be available to parties outside the school or school system; specifically including, but not necessarily limited to: identifying data, academic work completed, level of achievement (grades, standardized test scores; attendance data, scores on standardized intelligence, aptitude, and psychological tests, interests inventory results, health data, family background information, teacher or counselor ratings and observations, and verified reports of serious or recurrent behavior patterns.

The intent of this regulation is to establish procedures for granting request of parents for access to their child's records, use of such data, and procedures for transmittal within 45 days or sooner, if practical.

#### Access to Records

1. The parent or legal guardian of a student will have access to these records upon written request to the office of the principal, which maintains student records within this school system. If the student is 18 years or older, only the student has the right to determine.

The parent or legal guardian will, upon written request to the office of the principal, have the opportunity to receive an interpretation of the records, have the right to question the data, and if a difference of opinion is noted, shall be permitted to file a letter in the cumulative folder stating the dissenting person's position. If further challenge is made to the records, the normal appeal procedures established by school policy will be followed.

2. School personnel having access to student data are defined as "any person or persons under contract to the school or AEA and directly involved in working toward either the affective or cognitive goals of the school.

#### Release of Information to Other Persons

No information covered by this policy will be released to any persons or agency without the written consent of the adult student or the parents or guardian of a minor student; with the following exceptions:

1. School personnel with a legitimate educational interest.
2. Officials of other schools in which the student proposes to enroll.
3. Representatives of state and local government when auditing and evaluating Federal and State funded educational programs.

4. In connection with a student's educational financial aid application.
5. Organizations which process and evaluate standardized tests.
6. Accrediting organizations for accrediting purposes.
7. Parents of dependent children, regardless of child's age.
8. In connection with an emergency.
9. In response to a court order or legally issued subpoena.

#### Procedures

1. Each cumulative student record shall contain a reference to the location of any additional records pertaining to a given student with a notation as to the nature of the information contained therein.
2. Persons, other than school personnel with a legitimate educational interest, who are allowed access to student records under this policy shall make notation therein of their name, position, date, and the purpose for access.
3. In the event that a duly authorized person requests a review of a student record, no information contained therein shall be removed or altered except that additional information may be added as the normal course of school operations shall require.

#### Notice of Rights

The school administration shall notify students and parents annually, through the Students Handbook or similar publication, of the rights accorded students and parents under this policy.

#### Review and Removal

Student records are reviewed and inappropriate material removed periodically, but at a minimum when a student moves from elementary school to junior high school. Those records not of permanent importance are destroyed within five years of graduation or discontinued attendance.

#### Responsibility for Student Records

1. The superintendent or the superintendent's designee shall be the custodian of all student records maintained at the district level.
2. The principal or his/her designee shall be the custodian of all student records at the building level and shall make maximum provision for protection of student records from review by unauthorized personnel and for maximum physical security of such student records.

### Family Rights & Privacy

The Family Rights and Privacy Act of 1974 requires annual notification to parents of children enrolled in special education instructional programs, operated by this school district of their rights to review the special educational records of their children.

This federal law allows the parent or guardian the following: (1) a review of your child's special education records; (2) to obtain copies at a nominal fee; (3) to write a response to materials in the record; (4) to challenge the content of the records on the grounds of inappropriateness or inaccuracy.

You also have the right to have such records explained to you by a professional staff member if you so desire. If you desire further information, contact the Superintendent of Schools or the School Board Secretary at Maquoketa Valley Community Schools, Delhi, Iowa 52223, phone 563-922-2091.

### Notice of Nondiscrimination

It is the policy of the Maquoketa Valley Community Schools not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, religion in its programs, activities, or physical or mental disability in its programs, activities, or employment practices as required by the Iowa Code Sections 216.9 and 19B. 11, Titles VI and VII of the Civil Rights Act of 1964 (42 U.S.C. §2000d and §2000e), the Equal Pay Act of 1973 (29 U.S.C. §206 et seq.), Title IX (Educational Amendments, 20 U.S.C. §1681-1688), Section 504 (Rehabilitation Act of 1973, 29 U.S.C. §794), and the Americans with Disabilities Act (42 U.S.C. §12101, et seq.). Students are educated in the programs that foster knowledge of, and respect and appreciation for, the historical and contemporary contributions of diverse cultural groups, as well as men and women, to society. Students who feel they have been discriminated against are encouraged to report it to the school district Equity Coordinator. The Equity Coordinator is Dave Hoeger, Maquoketa Valley Community Schools, PO Box 186, Delhi, IA 52223, 563-922-2091.

### The Rehabilitation Act

Section 504 of the Rehabilitation Act of 1973 prohibits discrimination against persons with a disability in any program receiving federal financial assistance. In order to fulfill obligations under Section 504, the Maquoketa Valley Community School District has the responsibility to avoid discrimination in policies and practices regarding its personnel and students. No discrimination against any person with a disability should knowingly be permitted in any of the program and practices of the school system.

The Maquoketa Valley Community School District has the responsibility under Section 504 to identify, evaluate, and if the student is determined to be eligible under Section 504, to afford access to appropriate educational services.

If the parent or guardian disagrees with the determination made by the professional staff of the school district, he/she has a right to a hearing with an impartial hearing officer.

### No Child Left Behind

Parents/guardians in the Maquoketa Valley Community School District have the right to learn about the following qualifications of their child's teacher, state licensure requirements for the grade level and content areas taught, the current licensing status of your child's teacher, and baccalaureate/graduate certification/degree. You may also request the qualifications of an instructional paraprofessional who serves your students in a Title I program or if your school operates a school wide Title I program. Parents/Guardians may request this information from the Office of the Superintendent by calling Mr. Dave Hoeger at 563-922-2091 or sending a letter of request to Superintendent, Maquoketa Valley Community School District, P. O. Box 186, Delhi, IA 52223-0186. The Maquoketa Valley Community School District ensures that parents will be notified in writing if their child has been assigned, or has been taught by a teacher for four or more consecutive weeks by a teacher who is not considered highly qualified.

## Statement on Sportsmanship

## REQUIRED INFORMATION

## Notice on Restraint

*This message is from our Conference principals and activity directors regarding spectator conduct at our events. We are running this message to remind all of us adults that our children will imitate our behavior at these events, so please take a moment to read this message.*

The Tri-Rivers Conference has great schools, full of terrific kids, supported by caring and concerned parents and committed communities. As administrators, in general we feel very positive about our schools and the relationships between our schools. We do strongly believe that the sportsmanship displayed at our games by the majority of our fans, players and coaches is something in which we can all take pride. Granted there are some exceptions, and on occasion we have to address sportsmanship issues on the part of a player, coach or student fan. These relatively rare situations are dealt with as they arise.

We want to make you as parents, our wider community, aware of another more difficult sportsmanship issue. Unlike the scenario at hand above, where an administrator deals with a player, coach or student fan who has displayed inappropriate sportsmanship; this situation is both more common and more difficult to deal with in that the offenders are the adults in our stands. While the vast majority of the parents and other adult fans in the stands conduct themselves in a positive fashion, a very small, but vocal minority chose to ride the referees on nearly every call, taunt other players and coaches and make loud critical comments about our own players and coaches. Some even seem to feel it is OK to use abusive or even foul language. We, as administrators, address these issues when we can; but the reality is that we really shouldn't have to tell adults how to behave. We ought to be able to count on all the adults to conduct themselves in such a way as to serve as a role model for the students in the stands. Again, remember that the vast majority of the adults do take their responsibility in regard to sportsmanship seriously. We just need everybody to do that.

A basic truth in competition is that in every game someone wins and someone loses; but when we focus on that essential fact instead of the learning process we are losers no matter which team comes out on top. High School Officials make mistakes and that is another essential truth. It also is indisputable that everyone reading this letter also makes mistakes. Those occasional errors on the part of the referees do not change the fact that our officials do their best to call a fair, safe and well regulated game. The fact that an adult paid the admission price should not give them the right to use abusive language or continually harass the officials. I doubt there has ever been a single time where an official changed a call because a fan was screaming at him or her. We just need all of our fans to think about why we are here - it is for the kids and the competition and more importantly what that competition can teach our students about life. High School activities are focused on preparing students for the really important roles that they are going to play long after they leave the court or field for the last time, lessons about citizenship, parenting and moral fiber. If we focus on that, then we can all say we are serving as proper role models for our children and putting sportsmanship in its proper place, a place first and foremost in our hearts and minds. Thank you for your consideration of these matters.

State law forbids school employees from using corporal punishment against any students. Certain actions by school employees are not considered corporal punishment. Additionally, school employees may use "reasonable and necessary force, not designed or intended to cause pain" to do certain things, such as prevent harm to persons or property.

State law also places limits on school employees' abilities to restrain, confine and detain any student. The law limits why, how, where and for how long a school employee may restrain or confine and detain a child. If a child is restrained or confined and detained, the school must maintain documentation and must provide certain types of notice to the child's parent.

If you have any questions about this state law, please contact your school. The complete text of the law and additional information is available on the Iowa Department of Education's web site: [www.iowa.gov/educate](http://www.iowa.gov/educate).

## Authorization for Student Refusal of School Internet Usage

Maquoketa Valley Community Schools Network (MVCSnet) is a local area network connected to other local, national and worldwide networks. Its purpose is to meet the mission of the Maquoketa Valley Community Schools. It is also to advance and enhance student's access to educational resources, improve teacher resource and training, collaboration and dissemination of successful district and student materials, educational practices and methods. With this accessibility comes a need for appropriate and responsible use. The goal of providing access to teachers and students is to further educational excellence by facilitating resource sharing, innovation, and communication. The use of MVCSnet must be in support of education and research, consistent with student achievement goals and objectives of the Maquoketa Valley Community School District.

Maquoketa Valley Community Schools intends to fully comply with the Neighborhood Children's Internet Protection Act. Compliance includes a technology protection measure in the form of a filter to block, at a minimum, visual depictions deemed as obscene, child pornography, social networks, or harmful to minors.

Any parent/guardian has the right of refusal on respect to their student usage of the MVCSnet provided that the parent/guardian contact the school district in writing to the school district and contact the school district guidance office to complete a notice form.

If you have no objection to the use of MVCSnet, you **do not** need to take any action.

# Healthy Kids Act Snacks

Wrigley's Spearmint Chewing Gum 1 stick  
Trident Tropical Twist Gum 1 stick  
Rice Krispies Treats 37g and 22g  
Kettlecorn Popcorn 1oz  
Nature Valley Oats & Honey Granola bar 1.5 oz  
Snyders of Hanover Mini Pretzels 1.5 oz  
Keebler Iced Animal Cookies 1.4 oz  
Animal crackers 16 crackers per serving, 74 serv/container  
Austin Zoo Animal Crackers 1 oz (28g)  
3 Musketeers Max Chocolate Brownie  
3 Musketeers Max S'mores  
Lays Baked Sour Cream & Onion Chips 1 1/8 oz  
Lays Baked Chips 1 1/8 oz  
Honey w/whole grain Belly Bears 1 oz  
Cinnamon w/whole grain Belly Bears 1 oz  
Cheetos Atroids 100 calorie pack  
Nature Valley Maple Brown Sugar Granola Bar 21g  
Quaker Chewy Granola Bar Ragin' Oatmeal Raisin 24g  
Quaker Chewy Granola Bar Chompin Chocolate Chunk 24g  
Quaker Chewy Granola Bar Peanut Butter Chocolate Chip Granola Bar  
Quaker Granola Bar Low Fat Chocolate Chunk 24g  
Quaker Granola Bar Low Fat S'mores 24g  
Quaker Granola Bar Peanut Butter Chocolate Chip 24g  
Baked Cheetos Crunchy Cheese Flavored Snacks 100 calorie pack  
Baked Crunchy Cheetos  
Baked Ruffles Plain  
Cheddar Sun Chips  
Baked Doritos-Nacho Cheese  
Smartfood Popcorn White Cheddar Flavored Popcorn 100 calorie pack  
Sun Chips Harvest Cheddar 100 calorie pack  
Austin PB&J Crackers 1 pkg. (39g)  
Austin Peanut Butter Crackers 1 pkg. (39g)  
Austin Cheddar Cheese Crackers 1 pkg. (39g)  
Austin Chocolate Peanut Butter Crackers 1 pkg. (39g)  
Del Monte Strawberry Fruit Chillers 2 oz tube  
Great Value Cherry Pop Tarts 1 pastry 52g  
Great Value Blueberry Pop Tarts 1 pastry 52gm  
Great Value Strawberry Pop Tarts 1 pastry 52gm  
Great Value Chocolate Fudge Pop Tarts 1 pastry 52gm  
Strawberry Toast Ums 1 pastry 52gm  
Chocolate Fudge Toast Ums 1 pastry 52gm  
Wild Berry Toast Ums 1 pastry 52gm  
Kellogg's Strawberry Pop Tarts 1 pastry 52gm  
Stauffers Whales 33 crackers per serving (1# bag)  
All Yogurt/Gogurt-prefer lowfat or light  
Juicy Juice 100% Juice, Juice boxes  
Capri Sun 100% Juice, Juice pouches  
All Fresh Fruit

String Cheese single serving  
Johnny Rapp's Kettle Korn 1 oz  
Cinnamon Toast Crunch Crisps 28gm  
Kellogg's Special K Vanilla Crisp Bar 22gm  
Fruit By the Foot Tie Dye 21gm  
Fruit By the Foot Variety Flavors 21gm  
Cereal Bars: Nutrigrain, Honey Nut Cheerio, Cinnamon Toast  
Crunch, Cocoa Puffs, Trix Bars  
Special K Cracker Chips Cheddar 90 calories  
Special K Cracker Chips Southwest Ranch 90 calories  
Special K Cracker Chips Sea Salt 90 calories  
Special K Cracker Chips Sour Cream and Onion 90 cal  
Special K Popcorn Chip Sweet and Salty 90 calories  
Cheez-It Crackers Original Scrabble Junior .75 oz  
Cheez-It Crackers Reduced Fat 1.5 oz  
Kellogg's Crunchy Blends Low Fat Granola with Raisins 1.5 oz  
Kellogg's Berry Chewy Cereal Bar 1.27 oz  
Rice Krispies Chewy Cereal Bar Apple Cinnamon 1.2 oz  
Cocoa Krispies Chewy Cereal Bar Chocolate 1.27 oz  
Right Bites Cheez-It Crackers 0.77 oz  
Right Bites Cheez-It Extra Cheesy Party Mix 0.74oz  
Special K Bar Honey Nut 0.8 oz  
Special K Bar Vanilla Crisp 0.8 oz  
Special K Snack Bites Chocolatey Crunch 0.8 oz  
Special K Snack Bites Strawberry 0.8 oz  
Kashi TLC Chewy Granola Bar Peanut Butter 1.2 oz  
Kashi GOLEAN Crunchy Bar Chocolate Peanut 1.76 oz  
Kashi TLC Chewy Granola Bar Honey Almond Flax  
Kashi TLC Chewy Granola Bar Trail Mix 1.2 oz  
All-Bran Fiber Bar Apple Cinnamon Streusel 1.4 oz  
All-Bran Fiber Bar Strawberry Drizzle 1.4 oz  
Keebler Honey Grahams  
Keebler Gripz Cinnamon Grahams 0.9 oz  
Keebler Scooby-Doo Bones Cinnamon Grahams 1 oz  
Keebler Elf Grahams Cinnamon 1 oz  
Keebler Elf Grahams Original 1 oz  
Keebler Bug Bites Cinnamon Grahams 1.1 oz  
Bottled Water  
Milk (any skim or 1% low fat option)  
Single serving gold fish  
Salsa For Dipping  
Pre-packaged Trail Mix  
Low Fat/FF Apple Dip  
Fruit Bowls/ Applesauce single  
Low Fat/FF Crm Cheese  
Dried Fruit  
Single serving cans of Tomato Juice or V8  
Low fat or sugar free pudding cups, single serving  
100 % fruit snacks  
Frozen 100 % juice bars





**2020-21**  
**Maquoketa Valley Athletic Pass**



Passes are good for any HS/JH Athletic Event  
Football, Volleyball, Basketball, Wrestling, Track, Softball, Baseball

**Wildcat Activity Membership & Passes**

Title	Passes Included	Cost/Donation
<b>Platinum</b>	8 Passes	<b>\$800</b>
(2) Stadium Chair Back Reserved Seats (includes FB Press Box), Name in Program for All Varsity Contests, Name Announced during Varsity Contests		
<b>Gold</b>	6 Passes	<b>\$500</b> (\$100 Discount)
6 Passes, Name in Program, Name in Program for All Varsity Contests, Name Announced during Varsity Contests		
<b>Silver</b>	3 Passes	<b>\$250</b> (\$50 Discount)
3 Passes, Name in Program for All Varsity Contests		
<b>Bronze</b>	2 Passes	<b>\$175</b> (\$25 Discount)
2 Passes, Name in Program for All Varsity Contests		
<b>Wildcat</b>	1 Pass	<b>\$100</b>
<b>Student Activity Pass</b>	1 Pass	<b>\$50</b>
<b>Student Punch Pass</b>	10 Punches	<b>\$30</b>

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Name(s) on Passes: (1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_  
(4) \_\_\_\_\_ (5) \_\_\_\_\_ (6) \_\_\_\_\_  
(7) \_\_\_\_\_ (8) \_\_\_\_\_ Contact #: \_\_\_\_\_

Membership Level: (Circle One) Platinum-Gold-Silver-Bronze-Wildcat-Student-Punch

Make Checks Payable to: Maquoketa Valley Activity Fund

Return to: Maquoketa Valley CSD 107 South Street, Delhi, IA 52223

Thank You for Supporting Maquoketa Valley Athletics

# SEPTEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> PIZZA WRAP STRING CHEESE CELERY APPLESAUCE  LONG JOHN	<b>2</b> ORANGE CHICKEN W/RICE STEAMED BROCCOLI APPLES CARNIVAL COOKIE  STR. CR. CHEESE BAGEL	<b>3</b> WG MAC & CHEESE WG CINN. ROLL CUCUMBER SLICES STR. APPLESAUCE  MINI FRENCH TOAST	<b>4</b> PIZZA BREADSTICK MARINARA BROCCOLI PEARS  YOGURT/GOLDFISH/BL. BERRIES
<b>7</b>  <b>NO SCHOOL TODAY</b>	<b>8</b> CHICKEN PATTY/WG BUN POTATO TRIANGLE CARROTS APPLE  COMBO	<b>9</b> TACO SALAD W/CHIPS BLACK BEAN SALAD TOMATOES CUTIE  BAGEL/CREAM CHEESE	<b>10</b> HAM & CHEESE/WG BUN SUN CHIPS CAULIFLOWER BANANA  MINI PANCAKES	<b>11</b> BOSCO STICK MARINARA CELERY PEACHES  BREAKFAST PIZZA
<b>14</b> CHICKEN NUGGET BOWL BISCUIT (9-12) CORN MANDARIN ORANGES  CINNAMINI	<b>15</b> MEATBALL SUB STEAK FRIES CARROTS PEACHES  WG CINNAMON ROLL	<b>16</b> CHICKEN TETRAZZINI BREADSTICK LETTUCE PEAS APPLES  YOGURT PARFAIT	<b>17</b> TENDERLOIN/WG BUN TRI TATER BAKED BEANS PEARS  WAFFLES	<b>18</b> DELI TURKEY WG/BUN SUN CHIPS FRESH BROCCOLI APPLESAUCE  SAUS/EGG/BISCUIT
<b>21</b> CHICKEN STRIPS WG ROLL (9-12) FRENCH FRIES CARROTS STRAWBERRIES  PANCAKE ON A STICK	<b>22</b> SUB ON WG BUN SUN CHIPS CELERY SIDE KICK  CINN. ROLL	<b>23</b>  <b>NO SCHOOL TODAY</b>	<b>24</b> MR. RIB/WG BUN STEAK FRIES BAKED BEANS ORANGE  OMELET/TOAST	<b>25</b> PIZZA DIPPERS MARINARA FRESH BROCCOLI PEARS  COMBO/WG BUN
<b>28</b> GRILLED CHICKEN/WG BUN TRI TATER PEAS & CARROTS BLUEBERRIES  BREAKFAST PIZZA	<b>29</b> SPAGHETTI BREADSTICK LETTUCE PEACHES  LONG JOHN	<b>30</b> BBQ PORK/WG BUN HASH BROWN BAKED BEANS PINEAPPLE  PANCAKES/SAUSAGE	<b>ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR STUDENTS ACCOUNT AT ALL TIMES</b>  <b>(9-12) = HS ONLY</b>  <b>WG= WHOLE GRAIN</b>	
			<b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.</b>  <b>EVERY MEAL IS SERVED WITH A 8 OZ MILK</b>  <b>ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME.</b>	