

Wildcat Echo

Issue 10
December 4, 2015

A publication by the students of Maquoketa Valley High School

Vocalists perform at conference choir concert



Left: Vocalists who performed as part of the Tri-Rivers conference choir in November were, front row: Bryant Meyer-Kemp, Sean Hucker, Patrick Hansen, Tate Trenkamp and Ryan Dunn; second row: Cassie Schwandt, Lawson Roof, Riley Sternhagen, Taylor Guthrie, Jazz Niehaus, Megan Beaman and Shaylyn Trenkamp.

Dance team dazzles at State



The MVDT competed at the state dance competition in Des Moines this week. They performed in hip hop and in pom. The team performed its hip hop routine at a send-off on Wednesday. Dance team members include seniors Taylor Guthrie, Briana March, Missy Schwandt; juniors Rylee Davis, Angela Wendt, Ashley Stogdill; sophomores Dani Schuman, Kiesha Stelken, Josie Young; and freshmen Kara Leibold, Kaela Chesnut, Megan Rausch, Hannah Lahr, Madison McIntyre, Katilyn Deutmeyer. The coach is Mrs. Rudd, and Madison Ott is the manager.

NHS collecting shoes

by Nichole Lucas

December 7th - December 11th the NHS is hosting a shoe drive. Bring your gently used shoes to your WIN room where National Honor Society members will collect them. The shoes will be sent to Haiti and used to trade, to wear, and to sell to build a playground. All shoes are acceptable from tennis shoes, high heels, cleats or even flip flops.

Fruit delivery delight



Ms. Strong guides students Rose Havens and Adam Goedken as they sort fruit on Tuesday. This is one of the chapter's biggest fundraisers of the year.

FFA members processed just over \$80,000 of fruit, meat and cheese on Tuesday in conjunction with their annual fundraiser. Truck delivery arrived at 8 am and then students sorted and organized items as the quality assurance team checked all citrus before starting to load out members at 1 pm. When 8 pm arrived, the shop was back to normal and the last student headed out the door. The FFA chapter would like to thank all who supported the FFA sale this year.

Wrestling program preparing for tough conference matchups

Wrestling season is upon us, and several athletes are looking forward to seeing what they can do to add to the success of the school's program.

Last year the team went 33-9 over and 10-2 in the conference.

Tanner Parmely is the sole returning state qualifier. After a 36-17 freshman season, this year he will wrestle at 120.

Other returning letterwinners are seniors Mason Hermanson, Kaleb Kruse and Dylan Wright; juniors Zach Cornell, Eric Heims and Alec McDowell; sophomores Cole Kruse, Mitch Smith and Carson Wright. Heims was a conference champion last year, and McDowell earned 24 pins last year.

Coach Andrews, who is starting his seventh year as head coach with a career record of 138-75, included Norman Wilson, Austin Stogdill and Dylan Happel as promising newcomers. Wilson, a freshman, was third at State AAU in eighth grade and fourth at Corn Cob Nationals. Stogdill, a senior, has been plagued by injuries for the previous three seasons. He won five AAU state titles between elementary and junior high. Happel, a freshman, was an AAU state qualifier last year.



Returning letterwinners for the wrestling team are: front row from left: Carson Wright, Mason Hermanson, Zach Cornell and Tanner Parmely; back row: Cole Kruse, Kaleb Kruse, Dylan Wright, Eric Heims and Alec McDowell.

"The strength of this year's team will definitely be its work ethic and camaraderie," stated Andrews. "We have a very tight niche group and that will help make us better as the year goes on. The upperclassmen provide great leadership inside the room which will also help push the younger guys."

Andrews noted the strength of the

Tri-Rivers conference. "Without a doubt the best wrestling conference in the entire state in class 1A. Lisbon and Alburnett will be back with numerous guys contending for state titles. East Buchanan will have a very solid lineup and will be tough to beat as a dual team and come tournament time. I see us having respectable duals with the teams listed above."

Numbers improve for boys basketball program

The boys basketball team --all 29 of them-- started practice Nov. 16 under the helm of third year coach Mr. Dunlap. He is assisted by Coach Besler.

Coach Dunlap noted key returners to the team: seniors Calvin Orcutt and Ryan Goedken along with junior Kyle Wilson and sophomore Brock Hillers, who was on the all-conference honorable mention team last year. Last year's team went 4-18 overall and 2-8 in the conference.

Coach Dunlap also stated senior Travis Knipper, juniors Clint Krapfl and Jacob Bonert and sophomore Garrett Hogan are some top newcomers. Unfortunately, Hogan was recently in a vehicle accident which has set him back.

"The Maquoketa Valley Boys basketball team will be fairly young this year with only three seniors returning and only one senior who started all the games last season," Coach Dunlap stated. "The team as a group is very athletic and competitive and will make constant improvements the entire season. This team had a good of season playing a great deal of basketball



Kyle Wilson, Brock Hillers, Travis Knipper, Ryan Goedken and Calvin Orcutt are the returning letterwinners for the boys team.

this summer and lifting weights developing their strength. There is fantastic enthusiasm with this group and most will give everything they have to get better. This season will have the most athletes out (28) for basketball that I have seen as their coach. I

expect good things to come.

North Linn and Alburnett will be the toughest teams in the conference for the Wildcat, predicted Coach Dunlap.

Depth, Size, & athleticism: Key components to success

by Kristi Goedken

The Maquoketa Valley girls basketball team got off to a great start in its season opener against Prince of Peace. The Wildcats were able to defeat the Irish by a score of 59-8.

Coming into the 2015-2016 season, the Wildcats are ranked 13th in class 2A and have a target on their backs. Having 11 returning letter winners makes for a deep bench.

The girls were able to get up on the Irish early while the score was 21-2 at the end of the first quarter. After eight minutes passed in the second quarter, the score was 38-2 at halftime. Once the ladies received a pep talk during halftime, they kept putting it on Prince of Peace. The Wildcats never slowed down. The Wildcats were able to easily cruise to a victory leaving the team 1-0 to start the season.

Having six seniors lead the way for the Wildcats allows for lots of talent and leadership skills to be looked upon by the younger team members. Eleven of the 16 players for Maquoketa Valley were able to score. Leading the way with eight points

Boys start season with win

by McKenzie Lansing

On Tuesday the boys basketball team had a great start to the season. They went to Central City for their first game of the season. Everyone fought hard and played very well beating Central City with a final score of 41-55.

Coach Dunlap says, "I am proud of the determination and efforts our guys put into the game. It was a hard fight and a well earned team victory. Go Cats!"

The top scorers were Ryan Geodken scoring a total of 15 points, Jacob Bonert scoring a total of 14 points, and Kyle Wilson scoring a total of 12 points.

Overall, they had a total of 36 rebounds. The top rebounders were Jacob Bonert and Kyle Wilson each with 10 rebounds, and Calvin Orcutt with 5 rebounds.

Overall, our Wildcats did a very good job last night. Jacob Bonert shot 10 free throws total, making all 10. The team had a total of 18 turnovers and scored a total of 26 free throws. In the first half they made 25% of their 3-pointers and 20% of 2-pointers.

They will have their next game home vs. Springville Tuesday the 8th.

were Megan Mensen, Kristi Goedken, Payton Ries, and Maci Freiburger. Brianna Mensen followed closely behind with seven. Freshman Sam Wall was able to add valuable minutes for the Wildcats as she was able to get four steals that allowed for offensive points.

"This was a good game to get under our belts. Anytime you can start the season off with a 'W' I will take it. I thought we ran the floor extremely well and did an outstanding job of sharing the basketball and making the extra pass. We had 11 girls score and got all of our kids valuable playing time. We have a lot of things to work on and a long ways to go but it was a great start to the season," Coach Moenck added after the season opener win.

The Wildcats traveled to Central City on December 1st and got the sweep with a final score of 77-24. Stats will be in next week's issue.

Come out and support the Wildcats as they host the Springville Orioles on December 8th for a great game! Hope to see everybody there.



What is your favorite Christmas song?

by Kristin Lucas

Hannah Clemen - "Jingle Bells"

Ryan Dunn - "Mary, Did You Know?"

Megan Beaman - "You're a Mean One, Mr. Grinch"

Lawson Roof - "Santa Baby"

Maddie Lahr - ew

Kara Leibold - I HATE Christmas music

Taylor Guthrie - "Mary, Did You Know?"

Hannah Lahr - "All I Want for Christmas Is You"

Izabel Niehaus - I don't like Christmas music

Nichole Winter - "Frosty the Snowman"

Austin Snyder - I don't like Christmas music

Raven Eatman-Dietiker - "Baby It's Cold Outside"

Athletes of the Week

Name: Payton Ries
Sport: Basketball



What position do you play?

Post

What do you enjoy most about basketball?

Being with the team and game days.

How does this year's team differ from past teams?

It's fast pace and this year we are more aggressive and improving more every practice. Plus we have sweet travel gear this year!

What's your favorite drill in practice?

Wildcat Transition or post moves

What's your least favorite drill?

21 in 8 or drills that include nonstop sprints

How do you mentally prepare for the game? Listen to music and motivate myself to do great.

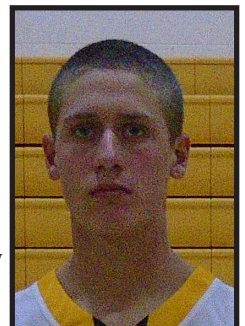
What did you eat for breakfast?

Orange Juice and muffins

What's the best motivational song out right now?

"My House"

Name: Jacob Bonert
Sport: Basketball



What position do you play?

Small Forward

What do you enjoy most about basketball? Getting to play together as a team.

How does this year's team differ from past teams?

We have a lot of people who can shoot the ball this year.

What's your favorite drill in practice?

3 on 2 continuous.

What's your least favorite drill?

W drills.

How do you mentally prepare for the game? I try to take my mind off of everything and run plays through my head.

What did you eat for breakfast?

Frosted Flakes

What's the best motivational song out right now?

"My House" by Flo Rida

Meet the Freshmen



Nathan, Alex & Lucas

Name: Nathan Weber
Siblings: Justin & McKayla
Activities you plan to be in: FFA
Favorite Subject: Math
Career Aspirations: farmer
Hobbies: hunting and fishing
Something cool about you: I live on a dairy farm.

Name: Alex Digman
Siblings: Zach & Stacy
Activities you plan to be in: Football
Favorite Subject: Science
Career Aspirations: go into the military then own a meat locker

Name: Lucas Johnson
Siblings: Logan & Kinsey
Activities you plan to be in: spring play, band, speech, FFA
Favorite Subject: Spanish
Career Aspirations: Agronomist, Truck Driver, or Cattle Farmer
Hobbies: video games

—typist: Kristi Goedken

Cutie

by Emma McDowell

This week's cutie is a freshman.

She lives outside of Hopkinton with her twin sisters.

This cutie's in contest speech.

She also has blonde hair and blue eyes.

Our last cutie was Kristin Lucas.



Angie's Angle

by Angie Wilson
Someone Has Got It Worse



I have had bad days. Days where I got yelled at. Days where I forgot to do an assignment. Days where I didn't get enough sleep. Days where no one listened to me.

I woke up one Sunday morning and got ready for church. I put my new phone in my back pocket in the rush of the late morning. When I went to the bathroom, it plopped in the toilet for two seconds and I rushed to get it out. I wiped the water off of it hoping and praying to God that it would be okay. I stuck it in a bag of rice and continued to pray that it would be okay. It wasn't. I broke my new phone, and I cried. I cried not only for the phone I had lost, but because I didn't understand why bad things always had to happen to me. I cried and I cried.

Why was I crying over a phone that I was able to afford to replace when there are people in this world who face hardships in their life that aren't even comparable?

It was wrong of me. I sat with my head down in disappointment of myself. Why was I crying over a phone that I was able to afford to replace when there are people in this world who face hardships in their life that aren't even comparable? I sat thinking about those who don't have the strength to get up and go to church. I thought about the people who don't have clean clothes like I had to put on in the morning. I started thinking of those who would find a toilet a luxury while I found it an evil that day. Most importantly, why was I praying for an electronic device to be okay when I could have been praying for the sick, poor, homeless, or elderly to be okay?

I wanted to share my story with you to help you realize the same thing the next time you have a "bad day." Because I can bet that someone out there in this world has got it worse than you. Be thankful for what you do have, and pray for those who don't.

Do's and Don'ts of Lasting Until Winter Break

by Shaylyn Trenkamp

Every year the gap between Thanksgiving break and winter break seems to get the best of us. For some, motivation and grades plummet. For others, moans and groans become the daily norm about anything and everything. For you, however, this year is can be different! Here's the tips and tricks to making it until Dec. 22.

Do get around eight hours of sleep each night or as close to that as you can. Getting the right amount of sleep will resolve many issues and help in other areas. Focus, motivation, health, and happiness can all be improved when you decide to put your head to the pillow a little sooner.

Don't get behind on your schoolwork. Take studying and asking for help seriously because semester tests will be here before you know it. Plus, staying on top of things at school and avoiding procrastination can both help lessen stress.

Do make plans. If you're looking to make break come sooner, you should do your best to make the most of every day! As the saying goes, "Time flies when you're having fun!" So, grab your friends, the fam, and the dog and book your planner full.

On the other hand, not all events in your schedule need to be social. Don't be afraid to dedicate time to homework, read a book, relax for a while, or watch some Grey's Anatomy episodes. Manage your schedule; don't let it manage you.

Do bring out your winter gear. Whether that means sleds and snowpants or books and cozy sweaters, get your holiday season going the way you prefer most.

Don't be negative. We tend to resort to complaining in times of distress, but it solves nothing. Instead, spread happiness and good thoughts this time of year. Do things for others. Smile in the halls. Hum your favorite tune. Make joy your best friend and go-to accessory every day.

Do get in the holiday spirit. Need some help? Listen to some classic Christmas music, decorate your house in tinsel and corny reindeer, plan winter activities, and volunteer your time to elderly, neighbors, charity projects, and your family. You have the power to make it the most wonderful time of the year, so what are you waiting for?

Football, volleyball athletes recognized

1ST TEAM ALL-DISTRICT

OFFENSE – CLASS A, DISTRICT 5

Quarterback (MVP Offense) Jeremy Fischer
Offensive Lineman Kaleb Handel
MVP Kicker Mateo Zucca

1ST TEAM ALL-DISTRICT

DEFENSE – CLASS A, DISTRICT 5

Defensive Lineman Calvin Orcutt
Linebacker Rob Bockenstedt
Linebacker (MVP Defense) Alec McDowell
Defensive Back Zak Harbach
Defensive Back Garrett Hogan

Coach of the Year Wes Wilson

2ND TEAM ALL-DISTRICT

OFFENSE – CLASS A, DISTRICT 5

Lineman Andy O'Connell
Backs/Receivers Brock Hillers

2ND TEAM ALL-DISTRICT

DEFENSE – CLASS A, DISTRICT 5

Lineman Eric Heims
Lineman Kyle Wilson
Linebacker Dylan Wright

Good giving



The Principles of Management class practices its organizational skills by coordinating a food drive before Thanksgiving. There were 388 food items collected and 44 hats, mittens, and scarves collected.

The food was divided up between ten families, and Mrs. McDermott made sure the food was delivered to each family last Tuesday.

The hats, mittens, and scarves were divided among the three elementary centers so that students who forget one can borrow.

HONORABLE MENTION

ALL-DISTRICT-CLASS A, DISTRICT 5
Defensive Back Colton Nefzger

ALL-CONFERENCE VOLLEYBALL TRI-RIVERS WEST DIVISION

FIRST TEAM

Erin Digmann

SECOND TEAM

Megan Mensen

HONORABLE MENTION

Brianna Mensen

The team finished 3-3 in the West division.

Cutest Couple



Megan Mensen & Rob Bockenstedt
by Megan Hogan

How long have you been dating?

Since Saturday!

Do you have nicknames for each other?

If so, what are they?

Megan: Rob

Rob: Meg

Who wears the pants in the relationship?

Megan: I do!

Rob: I wear the pants. She wears the sweatpants.

What is one thing you like about him/her?

Megan: How quick of comebacks he has, and how nice he is!

Rob: Her sense of humor

Cat Attack Flashback

by Becca Hill & Amanda Fortman

In 2005 four of Maquoketa Valley's finest represented the school district at NEIBA Honor Band. Applications from Mr. Smith, the conductor, were sent in and Jennifer Nurre, Beth Klostermann, Tiffany Heitz and Allison Offerman were selected. Even though they did not get accepted into All-State, these girls still got an experience to work with other top band members and top musicians. Also ten years ago Donny Nordmann was selected for the all-state second team for football.

This week five years ago in 2010 the MV Dance Team performed at state, just like our girls are doing right now. At state contest the team received third in poms and fourth in hip-hop. Some of the girls on the team included Morgan Becker, Chanelle Helle, Marlaina Orcutt and Kayla Pins. Good luck to our girls down at state!

Alumnus returns



Shortly before Thanksgiving MV graduate Jay Feldt (class of 2001) spoke with Mr. Huegel's classes on lessons Feldt has learned throughout his life experiences. After attending UNI, Feldt entered the military and is currently training other military personnel in Colorado.

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A meow to our dance team for representing MV with pride at state dance competition.



A meow to the FFA chapter for efficiently sorting (and selling!) \$80,000 worth of fruit.



A meow to the cooks and the delicious aroma they created with the cookies on Thursday.



A meow to the Management class for organizing the food drive and especially to the students who brought food and winter clothes items to help out families in need.



A meow to NHS planning the shoe drive.



A meow to the wrestlers for going 2-1 at their first meet last night. Woo-woo!



A meow to the basketball teams for such a good start to the season.



A furball to the mass shooting in San Bernardino and the ISIS terrorist attacks in Paris and the Middle East.

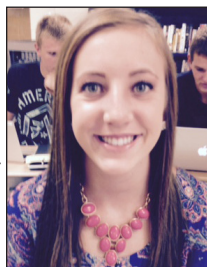


A furball to the stress of finals but a meow to the students who are already preparing for them.



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		7	8	6				

by Shawnae Hoeger



Hello once again. I hope everyone had a great Thanksgiving, but it's that time of year! Let's all get into the Christmas spirit and see how well our contestants know Christmas song lyrics. This weeks nominees are Erin Digmann, Alec McDowell, Robert Hildebrand and Madalynne Naab.

1. O'er the fields we go, laughing all the way.

Erin: Jingle Bells

Alec: Jingle Bells

Robert: I don't know

Madalynne: Jingle Bells

Answer: Jingle Bells

2. Tis the season to be jolly.

Erin: I don't know

Alec: Deck the Halls

Robert: Deck the Halls

Madalynne: Deck the Halls

Answer: Deck the Halls

3. You could even say it glows.

Erin: Rudolph the Red-Nosed Reindeer

Alec: Rudolph the Red-Nosed Reindeer

Robert: Rudolph the Red-Nosed Reindeer

Madalynne: Rudolph the Red-Nosed Reindeer

Answer: Rudolph the Red-Nosed Reindeer

4. With a corn cob pipe and a button nose.

Erin: Frosty the Snowman

Alec: Frosty the Snowman

Robert: Frosty the Snowman

Madalynne: Frosty the Snowman

Answer: Frosty the Snowman

5. He's making a list and checking it twice.

Erin: Santa Claus is Coming to Town

Alec: Santa Claus is Coming to Town

Robert: Santa Claus is Coming to Town

Madalynne: He's checking the list twice

Answer: Santa Claus is Coming to Town

Looks like Alec came in first with all five points. Followed by Alec was Erin, Robert, and Madalynne with four points a piece. Tune in next week for another Christmas Edition.

WHAT'S HAPPENING AT MV the week of December 7, 2015

MONDAY, DECEMBER 7, 2015

1. Hearing Screening at Earlville for Grades Kindergarten, 1st & 2nd - 8:30 AM
2. Elem. Concert Rehearsal in Delhi (Earl. & John. K-2 Buses 8:40 AM / Earl. & John 3-4 Buses 12:25 PM)
3. Jr. High Girls Basketball - HOME (High School Gym) - Springville - 4:00 PM
4. MV FFA Monthly Meeting - Beckman HS - 7:00 PM
5. MV All-Elementary Christmas Concert - Multi-Purpose Room - JK-2nd @6:15 PM / 3rd-5th @7:30 PM

TUESDAY, DECEMBER 8, 2015

1. 7th & 8th Homework Assistance - After School until 4:00 PM
2. HS JV/V Wrestling at N.L. (also with Ed-Co & MFL) - 5:30 PM (Bus Leaves at 3:30 PM)
3. HS JV/V Girls & Boys Basketball - HOME - Springville - JV at 4:45 PM / V at 6:15 PM

WEDNESDAY, DECEMBER 9, 2015

1. EARLY DISMISSAL - 1:05 PM in Delhi / 1:15 PM in Earlville & Hopkinton - Teacher Professional Day
2. NO 7th & 8th Homework Assistance After School
3. NO 7th & 8th JH Girls' Basketball After School

THURSDAY, DECEMBER 10, 2015

1. Jr High 7th & 8th Girls Basketball with Ed/Co at Edgewood HS - 4:00 PM (Bus Leaves at 3:10 PM)
2. HS JV/V Wrestling at C.C. (also with N.L. & Starmont) - 6:30 PM (Bus Leaves at 4:45 PM)

FRIDAY, DECEMBER 11, 2015

1. MS Rehearsal of "Scrooge" - HS Auditorium - 1:30 PM (6th, 7th & 8th walk to Auditorium at 1:20 PM)
2. HS JV/V G & B BB at Bellevue/Marquette - JV 4:00 PM (Bus Leaves at 2:00 PM / V 6:15 (Bus at 3:25 PM)

SATURDAY, DECEMBER 12, 2015

1. HS JV/V Wrestling Tournament at Aplington/Parkersburg - 9:00 AM (Bus Leaves at 5:30 AM)
2. Middle School Vocal Performance of "Scrooge" - HS Auditorium - 2:00 PM

Girls basketball team looking to make its mark

The girls basketball team has been practicing since early November, and the team is ready to show its fans and opponents what it can do.

The Cats are coming off of a 20-3 overall record last year where they tied for second in the conference.

The team is once again led by Coach Moenck who is now in his 10th year as head coach at MV. He has an MV career record of 160-51. He is assisted by Brad Huber and Jesse Wooten.

Returning letterwinners include seniors Megan Mensen, Erin Digmann, Sienna Becker, Kristi Goedken and Angie Wilson; juniors Brianna Mensen and Caitlin Schumann; and sophomores Madison Imler, Macy Hoeger, Payton Ries and Abby Holtz.

Brianna Mensen was a unanimous first team all-conference selection, and Digmann and Megan Mensen were both second team all-conference.

Coach Moenck noted some athletes who will also help the team. Kristi Goedken and Payton Ries had a great off season, and Shawnae Hoeger, who missed her whole junior year with a wrist injury, is back on the court. "She has had two major surgeries at the Mayo clinic. She hasn't missed a practice, game, summer practice or a weightlifting session since the injury and she has been cleared to play this year for her senior year. As a sophomore she had an outstanding year and it's awesome



Returning letter winners for the girls team are, front row from left: Sienna Becker, Madison Imler, Abby Holtz, Caitlin Schuman and Angie Wilson; back row: Erin Digmann, Brianna Mensen, Payton Ries, Megan Mensen, Kristi Goedken and Macy Hoeger.

that all her hard work has paid off and she is able to play." He noted freshman Sammy Wall who has "tons of potential and loves to play the game."

Coach Moenck said he feels good about this team. "To start the season we are a lot healthier than we were last year. I honestly can't say enough about this year's team. They have put in a good summer and have been working extremely hard in practice thus far. Our six seniors have been great leading this year's team in the right direction since the end of last year. I am very excited to see the growth of this team throughout the year. We should be fun to

watch!

He said the strengths this season should be the team's depth and athleticism. "We will be able to play a lot of kids at a lot of different spots."

He noted the team's weakness will be how tough the athletes will be in big games. "My other main concern is how we will defend this year. We need to learn that all 5 girls on the floor will have to defend on a consistent basis."

Springville, North Linn and Alburnett will be the toughest opponents in the Tri-Rivers Conference, Moenck noted.



Above: Kristin Brehm, Amanda Fortman and Mikayla Callan sort fruit and perform quality assurance Tuesday. Right: Andy Huber, Jacob Bonert and Ryan Goedken help unpack fruit.



THIS is MV

*photos by
Flavia Xavier*

