

Wildcat Echo

Issue 25
April 24, 2015

A publication by the students of Maquoketa Valley High School

Service projects make the world a better place

Last week was National Volunteer Week, and MV students jumped on board. Students worked in various locations in Delhi, Hopkinton and Earlville under the direction of city workers and volunteers.

Students raked leaves, bagged them, and picked up garbage around the track, at cemeteries, at Lenox College, and at area parks.

Administrators were pleased with the project. "I thought it was awesome," stated Mr. Kudrna. "My group of kids were great and we got a lot accomplished."

"All of the feedback that I have gotten from folks from each community has been extremely positive," stated Mr. Tuetken.

Mr. Tuetken said that a suggestion had been made to do this project again before school gets out. He added, "Obviously we cannot."

Suggestions have been made for improvement: have water available at all sites, have better estimates about the manpower needed and how long each task will take, and bring gloves and a first aid kit.



A group of students rake leaves by the track.

what's up?

What was your favorite part of last Friday's clean up day?

by Riley Kay Sternhagen

Angie Wilson: I loved seeing people having fun while working! Especially those who had good attitudes!

Angie Wendt: Getting to be outside

Emily Krapfl: Knowing we made a difference in the community

Whitney Wilson: Holding Ryan Dunn's rake out the window while driving down mainstreet

Amanda Fortman: Getting to give back to the communities that support us so much

Laisee Shakespeare: The treats at the end
Keegan Hayne: Jazz, Stog, Andy and I jammin' out hard

Caitlyn Gibbs: Picking up garbage on the tracks with Mrs. Besler

Macy Anderegg: Working together as a school to give back to the community

Kelsey Snyder: Helping out the older residents and hanging out with Molly

Spring play practices are underway

Mr. DeVore provides direction for members of the cast of "Breaking News" during morning rehearsal. The drama department will present three one-act plays May 8-9.



Sports Connection

Harbach, Salow earn first places finishes at CPU

On Apr. 14, the boys track team competed at Jesup and brought home a sixth place finish with 48 points. Dike-New Hartford won the meet with 142 points.

Those scoring include:

100M Dash: Ryan Parmely, third, 12.04
 200M Dash: Zak Harbach, sixth, 24.67
 110M High Hurdles: Colin Wendt, fourth, 19.06
 400M hurdles: Kyle Wilson, second, 1:01.81
 High Jump: Eric Deutmeyer, third, 5-04;
 Brock Hillers, sixth, 5-0
 4x200M relay: fifth, 1:37.72
 4x400M relay: sixth, 3:55.87
 4x800M relay, fourth, 8:54.79
 1600M medley, sixth, 4:14.87

In the JV meet, the team finished eighth of ten teams with seven points.

Points were earned by:

800M run: Bryant Meyer-Kemp, 2:30.05
 4x400 relay: 4:14.10
 1600 medley: 4:37.43

Last Thursday the team participated in the West Delaware meet and finished 10th out of 13 teams.

The 15 team points were earned in the following events:

400M hurdles: Kyle Wilson, fourth, 1:00.17
 4x200M relay: seventh, 1:38.87
 4x400M relay: seventh, 3:48.10
 4x800M relay: fourth, 8:45.61
 1600M medley: fourth, 3:54.66
 Long jump: Zak Harbach, fifth, 20-00.75

The boys had some strong finishes Tuesday night at the Center Point-Urbana meet where they finished fourth as a team with 48.5 points. CPU won the meet with 146 points.

Results include:

4x800M relay: fourth, 9:11.31, Austin Stogdill, Derek Salow, Mitch Smith, Brenden Hogan
 110M hurdles: Collin Wendt, sixth, 19.97
 Shuttle Hurdle relay: fourth, 1:10.82, Collin Wendt, Jeremy Fischer, Alec McDowell



Ryan Parmely hands off to Zak Harbach during a relay at Jesup.

ell, Brock Hillers
 800M run: Derek Salow, first, 2:03.03
 4x200M relay: fifth, 1:40.66, Ryan Parmely, Zak Harbach, Derek Salow, Austin Stogdill
 100M dash: Zak Harbach, second, 11.94;
 Ryan Parmely, fifth, 12.09

200M dash: Zak Harbach, fifth, 24.56
 Distance medley: sixth, 4:11.50, Ryan Parmely, Alec McDowell, Jeremy Fischer, Colin Wendt
 Shot put: Ryan Parmely, sixth, 41-07.25
 High jump: Eric Deutmeyer, third, 5-04
 Long jump: Zak Harbach, first, 18-05

Sternhagen, LaGrant bring home medals

The golf team recently competed against North Linn and fell to talented East Buchanan teams 211-166 for the boys and 259-251 for the girls.

The boys scores were: Dylan Salow-45; Jordy Downs-53; Steve Huber-56; Riley Kloser-57; Jordan Schindler-57; Logan Fronatt-67. For the JV team, scores were Mitch Stender-60; Cole Willenbring-66,

The girls scores were Riley Sternhagen-55; Emily LaGrant-56; Shaylyn Trenkamp-73; Megan McNamara-75. Sternhagen was the runner-up medalist.

"This was a great measuring stick for us as a team competing against one of the best teams in the state," stated Coach Andrews. "I feel this meet showed the team that even though we have had some success already this year, we have a lot of work to do if we want to finish towards the top of the conference in May. The weather could not have been any better for us. Just one of those days where the results weren't where we wanted them to be. Hopefully with more and more golf played over the next couple weeks our scores become more and

more consistent."

Tuesday night the teams played against Alburnett in Center Point. The Pirates won both the boys and girls meets, 191-213 and 238-262, respectively.

Boys result: Steve Huber 52; Riley Kloser 53; Jordan Schindler 54; Jordy Downs 54; Logan Fronatt 57; Mitch Stender 71. JV scores were: Cole Willenbring 60; Nate Lansing 64.

For the girls team: Emily LaGrant 50; Riley Sternhagen 58; Shaylyn Trenkamp 83; Megan McNamara 71. Emily LaGrant was the medalist.

"It was a very cold and windy night at Rolling Acres," stated Coach Andrews. "It was good to see Emily come away with medalist honors and come away with a 50 and see Riley in the 50's as well. I thought the boys did well for the conditions and having never golfed there before. Overall I was ok with the scores given the conditions but hopefully the wind will die down for us in the coming meets before conference and sectionals so our teams can gain confidence with lower scores."

"To be yourself in a world that is constantly trying to make you someone else is the greatest accomplishment." ~ Ralph Waldo Emerson

I will be honest: the way the comment was said hurt me a little bit. Did this person have any idea how much I would have given in junior high to fit in? Does this person have any idea how much I yearn to feel comfortable in my own skin amongst my peers even now? We live in a world full of bandwagons and there's no room for me on them.

Perhaps all of this does make other people feel awkward, but I'm just trying to be comfortable being me. . . like anyone should. The way I see it, this will all be extremely helpful next year when I leave everything and everyone I've ever known back home and have to make new friends. Of course I'll stay in touch with my home community, but there will still be a transition. . . like there will be for the rest of the class of 2015. This being so, I have a

Fine Artists of the Week

I believe they will enjoy how powerful so little can be.

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9					6	2	5	7
		5	7				9	
6		8			1	5	3	4
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5	2	1	4			8		6
	3				2	7		
2	4	6	9					1
		7	8	6				

Clint Krapf & Alec McDowell



Alec: It was the right thing to do.

Alec: Hanging out with Jacob and Cliff.

Alec: So that they can give back and help their community.

6							
9	3	8	5			1	
	8	4	6		9		
7	6			8		4	5
	1	5	4	9	7		
5	2	7			8		1
	9		8	4	1		
	3		1	5	4		6
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Prepping for prom



The junior class along with Pam and Sue Kramer have been converting the gym into a Rhapsody in Blue event. This year, post prom will also be in the gym. The junior parents will convert the prom area while the students are at the hypnotist show. (photos by Angie Wilson)



Angie's Angle

by Angie Wilson
Life's a Dance

SO! PROM!

Yeah...prom is tomorrow people! There are so many crazy things going on!

Decorating, tux fittings, nail appointments, schedule changes, weather updates, and the list goes on and on. Girls are getting excited about wearing that one dress for that one night. Boys, well if you are cool you are excited for it all! There are of course going to be those who want the night to be so perfect and worry about the minor details but like my best friend always says: "Ang, the most important things are the date, the dance, and the DJ"

He is completely right. I guess in life we get so caught up and living it perfectly that we forget the importance of it. We forget the things that we take for granted everyday. But life is a dance and we will learn as we go. Sometimes you look like an idiot but sure are having fun! So enjoy the main things at prom and live in the moment because before long it will all be over.



Do's and Don'ts of Prom

by Shaylyn Trenkamp



This week is pretty special. Why, you may ask? Earth Day? The sophomore career fair? Nope, I'm talking about prom. Now, I myself am a first-timer this year, but with some help from some veteran prom-attendees and some research, I have put together some advice for having the best of times at Prom 2k15 and some tips for being prepared for next year.

Do go all out. Buy a dress that makes you feel beautiful, ask your girlfriend in an adorable way, get your nails done, buy new shoes etc.

OR

Don't. Sometimes prom can be overdone and there is pressure to join the craze, but you don't have to. If your date doesn't ask you in the cutest way humanly possible, it's not the end of the world. And if someone else paid three times as much for their dress, that doesn't mean yours is any worse.

Do (try your best to) have a good time. That's what prom is for, man. Don't get caught up in the drama or stress over the imperfections. It's just not worth it.

Don't sit on the sidelines all night. It's PROM for cake's sake. :)

Do DANCE. Don't worry about how you'll look or who's looking at you; the only thing you should worry about is having a good time. So dance your heart out.

Don't forget to get a million pictures as a memory of such an amazing night.

Cutie

by Annie Fjelstul



This week's cutie is a senior. She plans to attend Mount Mercy University in the fall. She drives a gray Ford Focus. She has blonde hair and green eyes.

Last week's Cutie was Cassie McIntyre.

Girls compete at West Delaware, home

by Annie Fjelstul

Last Thursday, April 16th, the girls track team travelled to Starmont for a meet. The team placed third overall out of seven teams. This was their best finish yet, and they had 79 points. West Delaware won the meet with 187 points.

Danica Fjelstul and Taylor White ran the 100 meter dash. Danica placed 9th out of 11 with a time of 14.26 and Taylor finished close behind in 10th with a time of 14.55. Megan Mensen and White filled the 200 meter dash. Mensen ran with a time of 27.80 and finished 3rd out of 13, while Taylor finished 10th in a time of 31.03. Aspen Britt took first place out of 9 in the open 400 with a time of 1:04.72 and Mikayla Callan finished 9th with a time of 1:16.28. Hunter Glass ran the 800 meter in a time of 3:16.26 and finished 9th while Bridgett Massman ran it in 3:28.06 and finished 11th. McKenzie Lansing ran the 1500 in a time of 7:22.84 and finished 9th out of 10. Macy Hoeger picked up a point for the team with her 6th place finish in the 100 meter hurdles. She ran with a time of 17.89. Briana March ran them in 21.24. Cassy Wilson placed 3rd in the 400 meter hurdles with a time of 1:15.14.

The 4x100 team placed 4th with a time of 55.46, gaining the team 4 points. The 4x200 team ran in a time of 1:55.31 and picked up 8 points coming in in 2nd. The 4x400 team also did well and placed 3rd, running it in 4:33.24. The 4x800 team came in 6th with a time of 12:02.30, while the sprint medley team came in 4th with a time of 2:03.16. The distance medley also did well coming in in 3rd place with a time of 4:50.94. The shuttle hurdle team gained four points since they placed 4th with a time of 1:13.97.

Brianna Mensen jumped to a height of 4' 4" landing herself in 5th place. Vicky Agromayor jumped 4' 00" and placed 7th. Megan Mensen and Madison Imler were neck and neck in the long jump. Megan placed 5th with a jump of 13' 11.75" and Madison placed 6th with a jump of 13' 11." Whitney Wilson and Amanda Engelken both gained points for the team in the shot put. Wilson placed 2nd with a throw of 31' 09" and Engelken placed 5th with a throw of 29' 03." Ali Sheehy racked up 10 points in her first place throw of the discus: 92' 11." Becky Thompson finished 11th with a throw of 62' 02."

Monday night the girls had a home meet with 16 other teams. They placed 12th with 9 points. Decorah finished first with 99.

Ashley Holtz and Danica Fjelstul both ran the 100 meter dash. Holtz placed 12th with a time of 15.04 and Fjelstul finished 19th out of 29 with a time of 15.68. Megan Mensen ran the 200 meter dash in a time of 28.94, putting herself in 4th place. Taylor White also ran the 200 meter dash, placing 19th out of 25 with a time of 33.18. Aspen Britt landed herself in 6th place in the open 400 with a time of 1:05.62. Casey Fry placed 12th with a time of 1:11.19. Bridgett Massman and Mikayla Callan both ran the 800 meter, but no times were recorded- they came in in 14th and 27th. McKenzie Lansing ran the 1500 and placed 23rd. Macy Hoeger placed 11th in the 100 meter hurdles with a time of 18.65. Angie Wendt placed 16th with a time of 19.47. In a time of 1:16.43, Cassy Wilson placed 9th in the 400 meter hurdles.

Our 4x100 team came in in 11th place with a time of 57.33. The 4x200 JV team ran with a time of 2:08.21 and placed 6th, while the varsity team placed 8th with a time of 1:56.13. The 4x400 Varsity team ran with a time of 4:32.61 and placed 7th, while the JV team placed 10th with a time of 5:01.02. The sprint medley team gained the team 2 points with their 5th place finish in a time of 2:02.08. The distance medley got 9th place with a time of 4:52.33. The shuttle hurdle team gained a point with their 6th place finish in a time of 1:15.11.

Fine Arts Boosters make donation

The Fine Arts Boosters recently purchased stage blocks and risers for the speech and drama department.

The equipment will be used in plays and in contest speech in categories such as choral reading, readers theatre and one-act play. They are currently part of the set for the one-act play *Selfie*.

The equipment cost \$3000.

Mr. DeVore said the efforts of the Fine Arts Boosters benefit the students. "These individuals truly have the students' best interests at heart. This core unit of caring individuals want to keep the speech and drama department on the right track and headed in a positive direction. They want the students to have the best equipment possible."



Macy Hoeger runs her leg of the shuttle hurdle relay at the home meet Monday night.

Madison Imler also gained a point for the team with her 6th place finish in the long jump with a jump of 14' 8.5." Megan Mensen placed 12th with a jump of 14' 6.5." Whitney Wilson placed 10th in the shot put with a throw of 31' 8.25," while Becky Thompson finished 20th with a throw of 24' 11.5." Ali Sheehy threw the discus 89' 01" landing herself in 9th place.

Last night's results will be in next week's issue.



The risers and stage blocks that the MV Fine Arts Boosters purchased for the speech and drama department will be utilized in many ways. They replace heavy, worn, wooden boxes.

The Cat Box Hall Smarts

opinions, ideas and random thoughts from the staff of The Wildcat Echo



A meow to the Fine Arts Boosters for all they do to support our talented performers.



A meow to the MV Athletic Boosters for their tremendous work as well. A special meow goes out to the crew who maintains the MV Athletic Boosters Facebook page. If you haven't "friended" them yet, you should. They post the week's schedule as well as amazing photos!



A meow to the friends of the Echo staff who submitted pictures of the clean up day: Mr. Drew, Mr. Huegel, Mr. DeVore and Brianna Mensen.



A meow to the Español IV class for producing an impressive periódico.



A meow to the junior class and the junior parents for all they've done to make Saturday's event special. It's all about experiences, folks!



An exciting meow for the NBA playoffs.



A meow to our athletes who are excelling. When you read the sports stories, you'll notice MV had some top finishers and improved scores and times. Rock on!



A welcome back meow to Nichole Lucas. It's good to have you back, Nichole!



A furball to the lack of juniors showing up for prom decorating and play cast members for set building.



A meow to MAP testing wrapping up. Now let's carry on with education!



A meow to Español III for their final episodio.



A furball to the complainers and skippers from Friday's clean-up.

by Emily LaGrant

This week's Hall Smarts is all about the popular Spanish program. The contestants are Kara Orcutt, Lucas Rickels, Tony Thompson (and friends) and Ben Thompson.



1) Where is the Spanish trip?

Kara: Mexico
Lucas: Mexico
Tony: Mexico
Ben: Mexico
A: Mexico

2) There used to be two languages taught here. Spanish and what?

Kara: German
Lucas: German
Tony: German
Ben: German
A: German

3) What Spanish book do the seniors read?

Kara: No clue
Lucas: Something in Spanish
Tony: Don Quijote
Ben: Don Juan
A: Don Juan

4) What does berenjena mean?

Kara: Eggplant
Lucas: I don't know
Tony: Dinosaur
Ben: No clue
A: Eggplant

5) What project happens around Christmas every year?

Kara: Pinatas
Lucas: That one thing.
Tony: Pinatas
Ben: Pinata
A: Piñatas

The winners this week were Ben and Kara with 4 points. Tony (and friends) received 3 points, and Lucas received 2. It looks like the student body knows a lot about one of our most popular programs. Even the students not in Spanish know a lot. Great job, Wildcats!

WHAT'S HAPPENING AT MV the week of April 27, 2015

SUNDAY, APRIL 26, 2015

1. MV HS Post PROM Party - HS Cafeteria & Gym - Midnight until 3:00 AM

MONDAY, April 27, 2015

1. Earlville Elementary Pre-School to The Green Spot Flower Shop in Manchester (Bus Leaves at 9:15 AM)
2. HS V Girls Golf to Bellevue
3. HS Girls Track at Center Point / Urbana - 4:45 PM (Bus Leaves at 2:45 PM)
4. HS V Boys Golf to Monticello - 4:00 PM (VanLeaves at 2:55 PM)
5. JH Girls Track to Monticello High School - 4:00 PM
6. HS Boys Track - HOME - MV Wildcat Relays - Field Events start 4:30 PM / Running 4:50 PM

TUESDAY, April 28, 2015

1. HS FFA to District Ag. MechanicsContest at Calmar
2. 5/6th Choir Students to NEICDA Honor Festival in Oelwein (Van Leaves at 8:30 AM) - Concert at 7:00 PM
3. Johnston Elementary Pre-School to The Green Spot Flower Shop in Manchester (Bus Leaves at 9:15 AM)
4. HS Girls Track at Anamosa - 4:30 PM

WEDNESDAY, April 29, 2015

1. Earlville Elementary Pre-School Round Up - 8:30 AM

THURSDAY, April 30, 2015

1. HS 10th Graders to Tour of John Deere Tractor Works in Dubuque - 9:00 AM
2. HS Girls & Boys Track to Cougar Co-Ed Invite at Cascade - 4:30 PM (Bluebird Bus Leaves at 3:00 PM)
3. JH Boys Track to Monticello

FRIDAY, May 1, 2015

1. HS & MS Proficiencies / Deficiencies Due - Please Take to the Office
2. HS Tri-Rivers Conference Art Fair at Alburnett - 10:00 AM to 3:30 PM

SATURDAY, May 2, 2015

1. MV HS FFA Greenhouse Open - 7:00 AM until 11:00 AM

SUNDAY, May 3, 2015

1. AB Mini Wildcat Track Meet for Grades 1st-6th - Registration & Check-In at 11:00 AM
2. Maquoketa Valley High School Academic Awards Banquet - High School Cafeteria - 6:00 PM



Service in Action

