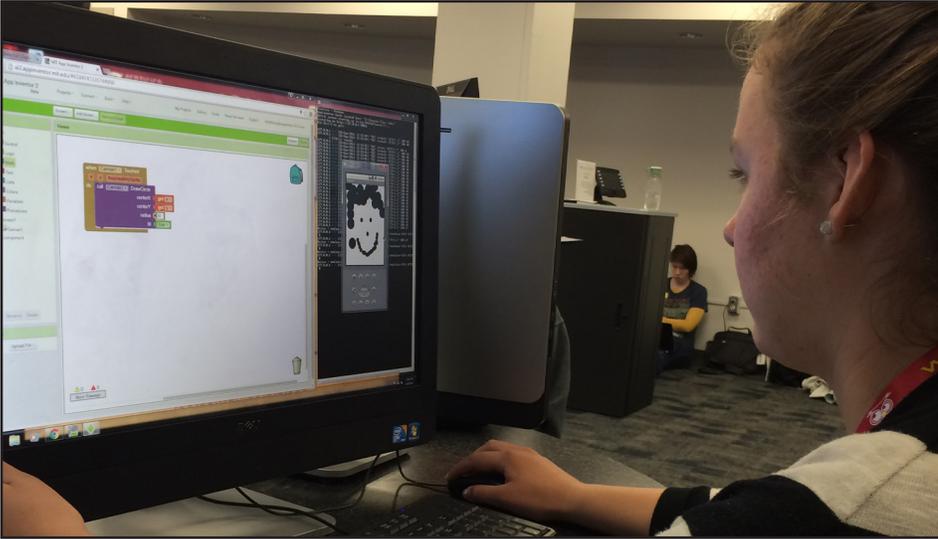


## Students attend career conference, career fair



Five freshmen attended Iowa State University's "Taking the Road Less Traveled: A Career Conference for girls" yesterday. Kelly Winter, Chloe Roling, Emma McDowell, Kristin Lucas and Faith Hunt were accompanied by Mr. Besler. Yesterday, the sophomores attended the career fair at West Delaware where various occupations were represented by area residents.

Above: Kelly Winter tests her skills in a mobile app development session. (photo by Kristin Lucas)



Sophomores had the opportunity to visit with several professionals yesterday as the students explored career options. (photo by McKenzie Lansing)

## Ag students host annual Farm Safety Day



Ag students shared their knowledge, leadership skills and communication skills with elementary students today as they sponsored Farm Safety Day. Above: Colton Nefzger poses with his lawnmower that he brought. Right: Andy Huber and Rob Bockenstedt lead a presentation. (photos by Kristi Goeden)



# Sports Connection

## Boys track: Krapfl and Wilson earn first place finishes

by Tate Trenkamp

Last Thursday the boys track team made its way down Hwy 38 to participate in the Monticello Co-Ed meet. The team finished fifth with 36 points.

First place honors went to Clint Krapfl in the discus with a throw of 121-02. Brody Severt finished sixth in the event with a throw of 104-04. Severt also finished sixth in the shot put with a heave of 40-01.

In individual running events, Zak Harbach finished fourth in both the 100 meter dash and the 200 meter dash with times of 11.82 and 23.93, respectively. Kyle Wilson finished third in the 800 meter run in 2:05.24. Alec McDowell crossed the finish line in the 110 high hurdles in 17.88, good enough for sixth place. Brenden Hogan earned points for the team with his sixth place finish in the 400 meter hurdles with a time of 1:01.87.

In relays, the 4x100 took fifth

place in a time of 47.18. Runners were Mitchell Neuzil, Krapfl, McDowell and Harbach. The 4x200 placed fifth in 1:39.58 with Neuzil and Krapfl joined by Wilson and Evan Hofer. The shuttle hurdle relay team of Wilson, McDowell, Neuzil and Tyler Britcher finished fourth in 1:10.26.

The boys track hosted a 15-team meet Monday. The team finished 12th overall with 15 points. Anamosa won the meet with 138 points.

In the 200m dash in sixth was Zak Harbach with a time of 23.95. In the 800m run in first was Kyle Wilson with a time of 2:03.12. Clint Krapfl finished fourth in the discus with a throw of 134-03. The weightman's 4x100 relay finished sixth in a time of 54.17.

The boys competed at Cascade last night. Results will be in next week's issue.



Alec McDowell makes his way over a hurdle at the Monticello meet last week. (photo courtesy of Pete Temple)

## Golfers hit the links: LaGrant medals twice

The golf team hosted North Linn Tuesday night at Hart Ridge. The MV boys won 210-215, and the MV girls won 229-243.

"It was a very cold night especially with the wind," stated Coach Andrews. "I was happy to see our boys have one of their better team scores of the season. Although we are not where we want to be yet we had a lot of encouraging scores given the circumstances with the weather. The kids continue to work hard on improving their game and as a whole are more consistently lowering their scores day in and day out."

Individual results-

Jordy Downs 50; Jon Seibert 50; Tanner Parmely 53; Logan Fronatt 57; Carter Klostermann 60; Nate Lansing 66; Emily LaGrant 50; Riley Sternhagen 59; Kelsey Ries 59; Kelly Winter 61; Faith Hunt 61; Chloe Roling 66

Medalist Boys- Brad Pflughaupt 50 North Linn (Won tiebreaker over Jordy D. and Jon S.)

Runner-up medalist- Jordy Downs 50 MV, Jon Seibert 50 MV

Medalist Girls- Emily LaGrant 50 MV

This past Friday night the boys and girls golf teams squared off against Midland. It was a great night for golf as they were more than a couple personal records for the MV golf teams. The girls came out victorious posting a team score of 227 while Midland came in with a 249. Emily LaGrant earned medalist honors in the meet carding a 49. The boys team came up short against Midland as they posted a team score of 220 while Midland came in with a 186.

Individual results-

Nate Lansing 53; Logan Fronatt 54; Jon Seibert 56; Jordy Downs 57; Emily LaGrant 49 (Medalist); Kelly Winter 58; Chloe Roling 59; Riley Sternhagen 61

The boys compete in the conference meet Monday, and the girls golf next on Tuesday at East Buchanan.



Carter Klostermann attempts a putt at the North Linn meet Tuesday night. (photo courtesy of MV Athletic Boosters)

# Girls track: Many athletes score points

by McKenzie Lansing

Welcome back, Wildcats! The girls track team has had a busy week, and their schedule isn't slowing down. The team has seen some consistent scoring from many athletes.

We will start off with the West Delaware Girls Invite Meet held last Thursday. Overall, the team placed 12th, scoring 17 team points.

In the relay events, the 4x200m relay team, made up of Megan Mensen, Ashley Stogdill, Brianna Mensen, and Caitlin Schumann, ran a 1:52.40, placing 7th, gaining 1 point. The 4x400m relay team, consisting of, Megan Mensen, Brianna Mensen, Kara Orcutt, and Aspen Britt, ran a 4:21.48, placing 4th, gaining 4 points. The Shuttle Hurdle relay team, consisting of Katilyn Deutmeyer, Angela Wendt, Cassidy Wilson, and Kara Orcutt, ran a 1:12.62, placing 5th, gaining 2 points. The Distance Medley team, consisting of Caitlin Schumann, Aspen Britt, Brianna Mensen, and Rejji Smith, ran a 4:38.96, placing 5th, gaining 2 points.

In the field events, Alison Sheehy competed in the Discus Throw. She threw a 112 ft. 4 in. placing 2nd, gaining 8 points for the team.

Their next meet was the CPU Invitational held on Monday. Our girls got 6th, with a total of 41 points.

Starting with the running events, in the 400m run, Sam Wall ran a 1:03.49, placing 2nd, gaining 8 points. In the 100m hurdles, Cassidy Wilson ran a 18.10, placing 6th, gaining 1 point. In the 400m hurdles, Kara Orcutt ran a 1:09.98, placing 3rd, gaining 6 points.

Moving on to the relay events, in the 4x100m relay, consisting of Ashley Stogdill, Aspen Britt, Megan Mensen, and Caitlin Schumann, ran a 53.75, placing 5th, gaining 2 points. In the 4x200m relay, Megan Mensen, Ashley Stogdill, Brianna Mensen, and Caitlin Schumann, ran a 1:54.12, placing 4th, gaining 4 points. In the 4x400m relay, Kara Orcutt, Brianna Mensen, Sam Wall, and Aspen Britt, ran a 4:22.54, placing 4th, gaining 4 points. In the Sprint Medley, consisting of Caitlin Schumann, Ashley Stogdill, Aspen Britt, and Megan Mensen, ran a 2:00.20, placing 4th, gaining 4 points. In the Distance Medley, Caitlin Schumann, Aspen Britt, Brianna Mensen, and Cassidy Wilson, ran a 4:49.75, placing 4th, and gaining 4 points. The Shuttle Hurdle relay team, consisting of Megan Mensen, Angela Wendt, Cassidy Wilson, and Kara Orcutt, ran a 1:13.58,

placing 3rd, gaining 6 points.

In the field events, Alison Sheehy competed in the Discus throw. She threw a 100 ft 2 in. placing 5th and gaining 2 points.

On Tuesday, the girls competed in the Anamosa Girls Invitational meet. They placed 7th overall, with 43 team points.

In the running events, Brooke Wilson ran in the 200m dash. She ran a 30.32, placing 8th, gaining 1 point. In the 100m hurdles, Kara Orcutt ran a 17.28, placing 6th, gaining 3 points. In the 400m hurdles, Cassidy Wilson ran a 1:14.95, placing 5th, gaining 4 points.

Moving on to the relay events, Megan Hogan, Aspen Britt, Ashley Stogdill, and Caitlin Schumann ran in the 4x100m relay. The team ran a 55.36, placing 4th, gaining 5 points. Caitlin Schumann, Ashley Stogdill, Brianna Mensen, and Megan Mensen, ran in the 4x200m relay. This team ran a 1:26.12, placing 4th, and also gaining 5 points. Megan Mensen, Brianna Mensen, Kara Orcutt, and Aspen Britt ran in the 4x400m relay. They ran a 4:20:39, placing 5th, gaining 4 team points. Ashley Stogdill, Madison Imler, Maddy Andregg, and Rejji Smith competed in the Sprint Medley. They ran a 2:07.16, placing 8th, gaining 1 point. Caitlin Schumann, Brianna Mensen, Aspen Britt, and Rejji Smith ran in the Distance Medley. They ran a 4:44.10, placing 5th, gaining 4 points. Megan Mensen, Angela Wendt, Cassidy Wilson, and Kara Orcutt competed in the Shuttle Hurdle. They ran a 1:11.82, placing 2nd, gaining 8 team points.

In the field events, Alison Sheehy competed in the Discus Throw. She threw a 103 ft 6 in, placing 2nd, and gaining 8 points.

Their meet yesterday was at Cascade. Their next meet will be Monday at Independence. Look for results in next week's issue.

# Athlete of the Week

Name: Sam Wall

Sport: Track

**What are your favorite events to run at a track meet?** My favorite race is the 4x4.

**What do you think about when you run?** I don't think about anything really.

**How do you mentally prepare for a race?** I think about the race and who's in it.

**What's your favorite part of practice?** being with the people

**What did you eat for breakfast?** cereal

## Ag Mechanics teams bring home first, fourth place honors

On Tuesday two MV FFA Ag Mechanics teams competed at district competition in Calmar.

The team of seniors Calvin Orcutt, Andrew Palmersheim, Alex Richter and Ryan Goedken earned first place. The team of Garrett Hogan, Andy O'Connell, Kaleb Kruse and Kyle Richter finished fourth.

Individually, Orcutt placed second; Hogan, fourth; Palmersheim, fifth; Alex Richter, seventh; and Goedken, ninth.

**Below: The winning team poses with district FFA officers.**



## Fine Artists of the Week

Name: Taylor Guthrie  
Activity: Band

**You have achieved a feat few seniors do: You have received Division I ratings on your solo every year in high school. What advice do you have for underclassmen as they prepare for future contests?**



Work hard; success pays off. I always love how accomplished I feel after my performance when I've done the best I could.

**What has band meant to you in your 5-12 career?** Band has given me a passion in life and a family. I wouldn't be who I am today without Mr. Hadley and all my fan family.

**What's your favorite band memory?** There are too many to mention. Probably telling Mr. Hadley "I quit" every day my sophomore year.

**What will you miss most about being in band in high school?** Having a ton of fun in class and spending time with Mr. Hadley and all my friends.

**What are your future music plans?** I will be attending Wartburg College. I took a vocal scholarship and will also be participating in band while at Wartburg. I can't wait!

Name: Angie Wilson  
Activity: Spring play

**What is your role in the spring play?** I am a factory worker; I rivet airplanes.

**What do you enjoy most about being a part of this show?** Being able to take part in a production



that was a big part of our history and being able to work with all my peers.

**What will audience members enjoy most about the play?**

They will enjoy the moral to this story line. Hopefully everyone will feel inspired and touched.

**If you could star in any TV show, what would it be?** *Nashville*

## Angie's Angle

by Angie Wilson  
Behind the Sparkles



Who's ready for a fun filled day tomorrow? Whoot whoot! Me! Maquoketa Valley presents "Burlap and Lace" Prom 2016! Tomorrow is a day full of glitz, glamour and countless amounts of pictures. Hair appointments, makeup appointments and the whole process of getting for the big night starts right off the bat. We all will be checking the mirror a number of times to be sure that we look as sharp as can be. I love to eat and dance so prom is a blast for me! But my favorite part about it all is seeing everyone dressed up and looking beautiful (or handsome.)

When I was little I would come to the grand march just to see the pretty dresses. At the end of the night I would think back to all of them and pick out my favorite one. When I got into high school and I walked up on stage for the grand march, my perspective changed. We put the time and effort into making ourselves look beautiful for one night. After the night is over and the dresses are put away and the makeup is wiped clean, we will return to our normal selves.

My message to you is to not put away the beauty that each and everyone has inside. Because beauty is always there, it is just a matter of who sees it.

## Do's and Don'ts of Prom

by Shaylyn Trenkamp



The big night's tomorrow, but how it goes depends on you. That's right, prom is a magical-fairytale-kind-of-night, but attitude has a lot to do with how much fun you really have. Upperclassmen (and the overwhelming swarm of underclassmen attending): this one's for you.

Do make it fun. It's up to you to be in a good mood, and trust me, prom's all the better when you do. Keep a smile on your face and don't be a party pooper, and you'll have the most fun!

Don't ignore your date or take out any negativity on them. They're there for you, so treat them accordingly! If you're having a good time, chances are they will be too and twice the smiles = twice the fun! :)

Do DANCE. Seriously, just dance. It's prom, for goodness sake, loosen up and bust a move or two.

Don't compare yourself to everyone else. Prom, in my opinion at least, isn't about who has the prettiest hair or most expensive dress; it's about having a great time! So be confident in yourself (you're going to rock whatever you're wearing anyway!) and make some memories.

Do score at the awesome photo opportunities after grand march. After all, we all know everyone's going to be using these pictures as their profile pictures next week, might as well get some of your own! (Plus, memories!)

Don't get caught up in any drama. Like always, it's not worth your time. Dancing to the music, looking amazing while doing so, and eating some delicious food afterwards... What more do you need? Certainly not drama, ain't nobody got time for that.

Do get some shut-eye. Whether you can squeeze it in before or after, it's not a bad idea. You're going to need it to show off your best moves and to recharge after you do so. Happy prom weekend, everyone!

TICKETS ARE NOW  
AVAILABLE IN THE  
OFFICE FOR MV'S  
SPRING PLAY:

ROSIE THE  
RIVETER

FRIDAY, MAY 6 AT  
7:00PM  
SATURDAY, MAY 7 AT  
7:00PM

HIGH SCHOOL  
AUDITORIUM  
\$5 PER PERSON

# Promposals

by Kristi Goedken



**Kyle Wilson & Josie Young**

**What made you want to ask Josie to Prom?**

Well Josie is pretty chill

**How did you get that idea?**

One of my close friends helped me with the idea and who doesn't like food

**What color will you be wearing?**

Black with red accessories

**Are you going with a group or by yourselves?**

Riding the junior Bus



**Angie Wilson & Zach Salow**

**What made you want to ask Zach to Prom?**

Ummm well I thought I better because I am dating him and it wouldn't be the same without him

**How did you ask him?**

I drew on a map the route from Cedar Rapids to Delhi. It said "Don't get lost.... Prom?"

**What color will you be wearing?**

Royal Blue

**Are you going with a group or by yourselves?** Hangover Express with the seniors

# Hall Smarts

by Shawnae Hoeger

This is our LAST WEEK of teacher trivia. This week's contestants are Kristin Brehm, Mitch Smith, Daniel Hunter and Cassie Schwandt. Read on to find out how much they know about our fellow teachers.



1. What kind of pet does Ms. Bolsinger own?

Kristin: bird

Mitch: dog

Daniel: dog

Cassie: dog

Answer: dog

2. How many kids did Mrs. Mueller have graduate from MV?

Kristin: 2

Mitch: 3

Daniel: 3

Cassie: 2

Answer: 2

3. What is Mr. Drew's first name?

Kristin: Greg

Mitch: Greg

Daniel: Greg

Cassie: Greg

Answer: Greg

4. What did Mr. Dunlap do before coming to MV?

Kristin: Army

Mitch: Army

Daniel: Military (Mr. Dunlap said he'd give him the point)

Cassie: Army

Answer: Army

5. What are Mrs. Downs' kids' names?

Kristin: Jordy and Chance

Mitch: Jordy and Chance

Daniel: Jordy and Chance

Cassie: Jordy and idk (1/2 point)

Answer: Jordy and Chance

6. Name one class Mrs. Mausser offers.

Kristin: Animal Production

Mitch: Horticulture

Daniel: Intro to Ag.

Cassie: idk

Answer: (all above answers are correct)

Looks like Daniel came in first with all 6 points. Kristin and Mitch came in second place with 5 points each. Last but not least was Cassie with 4 1/2 points. Great job this week to all! :-)

## WHAT'S HAPPENING AT MV the week of May 1, 2016

SUNDAY, MAY 1, 2016

1. Post PROM Party - HS Cafeteria - Midnight until 3:00 am
2. MV Athletic Boosters Mini-Wildcat Track Meet for Grades 1st - 6th - HS Track - 11:00 AM
3. MV Athletic Boosters Meeting - HS Cafeteria - 3:30 PM

MONDAY, MAY 2, 2016

1. HS Tri-Rivers Conf. Boys Golf at Valley Oaks Golf Club in Clinton - 9:00 AM (Vans Leave at 6:20 AM)
2. HS Girls' Track at Independence - 4:30 PM (Bus Leaves at 2:45 PM)
3. HS Boys' Track at Marion - 4:45 PM (Bus Leaves at 2:45 PM)
4. JH Boys' Track - HOME - Wildcat Invitational - 4:15 PM

TUESDAY, MAY 3, 2016

1. HS FFA to District Floraculture Contest at Hawkeye Tech. in Waterloo (2 Vans Leave at 2:00 PM)
2. HS V Girls Golf with E.B. at Buffalo Creek Golf Club in Winthrop - 4:00 PM (Vans Leave at 2:50 PM)
3. HS Band and Choir Awards Concert - Middle School Commons & Multi-Purpose Room - 7:00 PM

WEDNESDAY, MAY 4, 2016

1. MV HS Academic Excellence & National Honor Society Banquet - HS Cafeteria & Auditorium - 6:30 PM

THURSDAY, MAY 5, 2016

1. HS Boys & Girls' Co-Ed TRC Track at C.C. - 4:00 PM (Leave at 2:30 PM)

FRIDAY, MAY 6, 2016 - National School Nurse's Day

1. HS Spanish IV Class Trip to Los Flores in Manchester (Bus at 10:45 AM)
2. HS Spring Play "Rosie the Riveter" - HS Auditorium & Cafeteria - 7:00 PM

SATURDAY, MAY 7, 2016

1. MV Athletic Boosters Baseball Tournament - 8:00 AM
2. MVHS Band/Choir Lrg Grp Contest @ Tipton (Bluebird Bus & Suburban/Trailer Leave at 8AM / Delhi 8:10)
3. HS Spring Play "Rosie the Riveter" - HS Auditorium & Cafeteria - 7:00 PM

SUNDAY, MAY 8, 2016

MOTHER'S DAY

# Real life learning: Advance Construction class puts mettle to the test

by Kristi Goedken

Mr. Drew and his Advanced Construction class have been busy the past few months building a large shed for Mason Hermanson's dad. From the sounds of it, the construction of the shed is coming to an end after six full workdays during school. Mr. Drew has never built a shed this large as a product before. One of the reasons the class took on this project was to gain experience while working together. Some kids provided great construction skills while others learned more about the skills necessary. Mr. Drew said Mr. Tuetken was very supportive of letting the students travel to the work site. Mr. Drew normally builds sheds right behind the school, but a shed this big would have been hard to transport from Delhi to Hopkinton.

"The project went very well! I was excited to see how the boys progressed their skills over our six days of building.

They were all hard workers who are willing to accomplish anything. All the men worked really well together. We were able to have the Advanced Construction class as well as others help which helped speed up the process." stated Mr. Drew.

A few of the students that were able to help were Alex Richter, Mason Hermanson, Rob Bockenstedt, Jordy Downs, Calvin Orcutt, Michael Lewis, Andy Huber, Austin Stogdill and many other students who volunteered their time.

Reflecting back on the project, seniors Alex Richter, Mason Hermanson and Rob Bockenstedt were able to answer a few questions I proposed. The biggest aspects that the boys' learned was how well you need to explain directions to others so that you don't encounter any major problems. Mason said that working together in a team setting is always important. Rob said it helped him learn to work with people who

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*"They were all hard workers who are willing to accomplish anything."*  
—Mr. Drew

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took breaks every 42 minutes.

As graduation approaches, these boys' will have memories to reflect on the hard work they put in to build the shed. Alex Richter is looking at going into construction business upon graduation. He said that the skills he learned will be put to use every day in the future in his own construction business and that he was grateful for the experience.

If you see any of these senior boys in the hallway, be sure to acknowledge them on their hard work for making the shed building go quickly.

