

Girls basketball sets high expectations

Returning letter winners include, front row Sam Wall, Abby Holtz, Maddy Anderegg, Kara Orcutt and Madison Imler; back row: Macy Hoeger, Payton Ries, Brooke Wilson, Maci Freiburger, Lydia Helle and Gracie Gellersen.



Lots of talent returns to the girls basketball team, but Coach Moenck knows he's got some gaps to fill.

"My main concern going into this season is how do we make for the things we lost to graduation last year," he stated. "We have some pretty big shoes to fill on and off the court. We talked with our kids that we have to do it collectively, that each person will have to do something extra to make up for what we lost."

Filling those shoes will be junior Sam Wall who was first team all-conference last year and averaged 13 points per game. Payton Ries, second team all-conference, averaged 8.2 points per game. Other returning starters include Gracie Gellerson, all-conference honorable mention, and senior Macy Hoeger.

Other returning letter winners include seniors Madison Imler, Kara Orcutt and Abby Holtz and juniors Maddy Anderegg, Maci Freiburger, Brooke Wilson and Lydia Helle.

That team finished 19-5 overall last year an 9-3 in the conference.

"We have a lot of girls who can do many things on the floor," stated Coach Moenck. "This is such a good group to be around. This group has put high expectations on themselves and have some very high goals. I am excited to see what the season has in store for them."

Coach Moenck noted promising newcomers: Brooklyn Sands, Brooke Elgin, Ella Imler, Emerson Whittenbaugh, Taya Tucker and Madeline Gellersen.

This squad will face tough competition in the conference, including last year's state qualifiers, Springville and North Linn.

"We have to the potential to be very, very good as well, but we will have to be ready to go every night," commented Coach Moenck.

Coach Moecnk, who has a 195-62 record at MV and a 234-90 career record, is assisted once again by Brad Huber and Jesse Wooten.

Wrestling team filled with mix of talented upperclassmen and freshmen

As Coach Andrews enters his ninth season as head wrestling coach at MV, he knows he's relying on experienced wrestlers to show the newcomers how wrestling is done at MV.

Five seniors will lead the way for the Wildcats, and they are accompanied by some underclassmen who have made a name for themselves on the mat.

Chance Downs (36-15 last year) and Norman Wilson (25-9 last year) both return as wrestlers with state tournament experience. Downs finished seventh at state, and Wilson got one win.

Other returning letter winners include seniors Cole Kruse, Mitch Smith and Robert Hildebrand.

Coach Andrews noted other promising freshmen: Zach Digman, Evan Elgin, Tim Harmon, Carter Kruse and Parker Sternhagen.

MV had a second place finish last year in dual meets, and a fifth place finish at the conference tournament.



Pictured returning letter winners for the wrestling team include, front row: Robert Hildebrand, Mitch Smith and Aden Atwell; back row: Mason Kruse, Tanner Parmely, Chance Downs and Norman Wilson.

Boys basketball team made up of good mix



The boys basketball team is relying on its strong bond as it begins its season.

The team finished 10-13 overall last year and 7-5 in the conference.

Returning starters include Brock Hillers (second team all-conference last year) who tallied 214 points last year, Tyson Tucker as a power forward and Garrett Hogan as guard.

Other returning letter winners include seniors Trevor Elgin, Heath Gibbs, Cole Willenbring, Brenden Hogan, Blake Becker and Brian Heims.

"We will have a great group of returning players both starts and guys that contributed off the bench," stated Coach Dunlap, who is starting his fifth year as head coach. "This group of seniors has been playing together since they were very Returning letter winners for the boys basketball team are, front row: Heath Gibbs, Tyson Tucker, Brock Hillers and Mason Lubben; back row: Zac Lansing, Trevor Elgin, Garrett Hogan, Cole Willenbring, Adam Goedken, Blake Becker, Brenden Hogan and Brian Heims.

young and have a strong bond to each other. They play unselfish basketball. These guys will have a good mix of outside shooters and physical post players. They will not have a lot of height but will make up for it with their effort and strength.

Coach Dunlap also noted newcomer Andrew Holtz. "Andrew has good balls skills and works very hard to improve in basketball. He was dedicated this summer and worked with the varsity players. He should make an immediate impact on our varsity team."

"I'm excited about this group of guys with both their skill level and ability to improve," stated Coach Dunlap. "It's going to be a big season for the Wildcats!"

Dancers prep for state team competition, two compete at state solo contest

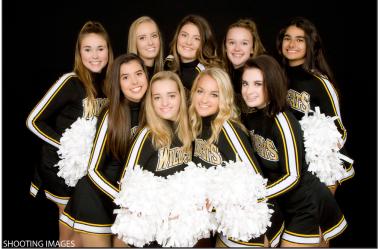


Katilyn Deutmeyer and Hannah Lahr pose with their send-off poster.

Earlier this month juniors Katilyn Deutmeyer and Hannah Lahr put their dance skills to the test in the ISDTA state solo dance competition.

Both dancers earned a Divison I rating. Katilyn finished 15th out of 72 dancers.

Both athletes credit their success



to the amount of practice they put in. "I would go to practice early, then stay late after practice," stated Hannah. "Then I would go home and practice some more. I was determined to do well at State."

Katilyn said she was pleased with her performance. "I think the dance went pretty well. I went out there and gave it my all. I fell out of my turns a little bit but still did really well. I'm very proud of where I placed."

Hannah concurs. "I think it went

members
include, clockwise, starting
in front center:
Kiesha Stelken,
Katilyn Deutmeyer, Allison
Dunn, Megan
Rausch, Madison McIntyre,
Annisten Trenkamp, Valentina Asias, Kara
Leibold and
Hannah Lahr.

Dance team

great for my first year. I received a division 1 which is really good! I did go a little fast at the beginning of my solo because of nerves, but for the most part, I was really proud of how it went."

Now it is the team's turn to get ready to compete. They will compete at the team state competition in Des Moines later this month.

They will be competing in pom and hip-hop.