



The WILDCAT REPORT

Web Site: <http://www.maquoketa-v.k12.ia.us>

Twitter #maquoketavalley

February 2021

First 100 Days

In early February, students and teachers will be celebrating the first 100 days of school. As I was reflecting on my first 100 days at Maquoketa Valley, it made me realize how grateful I am that we can talk about being in school for 100 days. Last June, July, and August, this school year felt like a great experiment where nobody knew the outcome. After being asked to stay apart from each other for months, we were now going to bring everyone together in our classrooms.

The administrators, staff, students, and parents all across our district, across Iowa, and across the country knew the importance of bringing students back to school but we all wondered how to make it happen. School districts in Iowa went in many different directions to include going completely virtually to completely in person and many variations in between.

I am very glad we have had the opportunity for students to come to school each day and also the opportunity for some to learn from home. Like all school districts, we had had our successes and our bumps in the road. Last spring, it was very difficult for students, parents, and staff to have all students at home. We were reminded how valuable it is for students to be learning in our classrooms and the importance of being with each other.

The Maquoketa Valley community may not hear much about our school board but they play a very important role. It is extremely gratifying to hear at our board meetings how much our board cares about our kids and our employees and to understand the impact our school has on our community. When facing difficult choices, the board will ask what is best for our students and that drives our decisions. (continued on next page)

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Board of Directors

Donna Kunde - Area 1
Doug Dabroski - Area 2
Chris Huber - Area 3
Mike Feldmann - Area 4
John Zietlow Area 5

**Maquoketa Valley Community School District
Ensures High Levels of Learning to Empower All Students For Lifelong Success.**

(continued from front page)

First 100 Days

Our staff spent many hours wondering how to conduct their classrooms this year. They have done an amazing job and school looks very different this year. The teachers are designing lessons that work for kids at school and others at home. Each week looks different with students and even staff having to quarantine and teach from home. The MV staff members who support your children from the time they pick them up on the bus, throughout classes and lunch, all have been doing whatever it takes to make our schools work, even as our guidance continually is changing.

We all were wondering if students were going to wear masks or try to stay physically distant when possible and if they could learn in this new environment. Everyone was so impressed after even a few days on how well the students cooperated. This is a great tribute to the students and to the parents who helped support and clarify these expectations.

In the first 100 days at Maquoketa Valley this year, I am very grateful to the school board for their leadership and support. I am grateful to all the staff members who have made many changes so that we can continue to keep school open. I am also grateful to the students, parents, and entire community for their continued support and cooperation as our rules continue to change. After what we have accomplished in the first 100 days, I am very confident we will have a terrific second semester.

Dave Hoeger



With winter and the cold weather upon us, we remind you that our building temperatures are set at 65 degrees. Parents are encouraged to dress your children appropriately. It is perfectly acceptable for your child to wear a sweater or sweatshirt in class in order to stay comfortable.

MV reports their school closings and cancellations to 3 TV stations: KGAN (2), KWWL (7), and KCRG (9) by 6:25 am. They also report them to these radio stations: KMCH and KDST. When bad weather hits, please turn to one of these TV or radio stations. Please DO NOT call the school. Their lines will be busy contacting personnel, other schools, bus drivers, etc.

Text Alert System

The text alert system has been changed. We will be using your information in Power School to alert you. It is important to have your current phone number and email updated. If you have any questions or issues, please call Sarah Lown in the high school office, 563-922-2091.

SCHOOL BOARD MINUTES

Regular Board Meeting

January 18, 2021

The regular meeting of the Maquoketa Valley Board of Education was called to order by President Donna Kunde at 5:30 p.m. in the High School Library in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Five board members were present. There were seven staff members present and one visitors present. The agenda and consent items were approved.

Three open enrollment requests out were approved.

The following personnel recommendations were approved:

Julie Kloser – employed as Earlville Paraprofessional

Brandy Whittenbaugh – resignation as Head HS Volleyball Coach

Melissa Dutra – resignation as Assistant HS Volleyball Coach

Ron Besler – employed as HS Boys Golf Coach

Board Policy Series 500 was reviewed and approved on the on the first official reading.

The Board reviewed and approved the updated 2021-2022 High School Course catalog.

The Facility Rental Agreement to TNT5 was approved for the Iowa Prep Rivalry Saturday event which will be held on January 30th

The Board adopted the budget guarantee as follows: RESOLVED, that the Board of Directors of the Maquoketa Valley Community School District will levy property tax for the fiscal year 2021-2022 for the regular program budget adjustment as allowed under Iowa Code section 257.14. Roll call vote was answered all ayes.

Board Policy 409.2E1 Emergency Paid Sick Leave Request Form Under the Families First Coronavirus Response Act (FFCRA) and Board Policy 409.2E2 Expanded Family and Medical Leave Request Form Under the Family First Coronavirus Response Act (FFCRA) were reviewed and approved on the first official reading. The FFCA Leave expired on December 31, 2020 and the approval of these policies will extend the same benefits to employees until March 31, 2021.

Preparation for negotiations with the Teacher Association is underway. Further discussion of this will take place at the February meeting.

Supt. Hoeger updated the board on the new Scholarship Rule which states that students who fail a class do not need to sit out and will retain their eligibility which pertains to athletics, music and speech.

The meeting was adjourned at 6:15 p.m.



KINDERGARTEN ROUND-UP

Kindergarten round-up is scheduled for February 18th. In order to start kindergarten next year, children must be five by September 15th, 2021.

The following date has been set for Kindergarten Round-up:

February 18th Earlville Center Only

Times are:

8:15 - 9:45

10:15 - 11:45

12:30 - 2:00

2:30 - 4:00

During Round-Up children will be scheduled to spend 90 minutes with our staff. One parent per child will need to attend a short meeting at the beginning with Mrs. Becker and at the end of the 90 minute period meet with teachers and pick up their child. Even if you will be requesting Junior Kindergarten, please plan for your child to attend Round-Up and attend the parent meeting. Letters will be mailed February 1st with specific information about round-up. If you have any other questions please call Earlville Elementary @ 563-923-3225.

Items for Sale

Maquoketa Valley Community Schools has the following items for sale:

The High School FCS Dept has purchased a new gas stove and so they have their old one up for bid. It is set up for natural gas. It is a 4 burner white HOTPOINT gas stove. Works great. Questions about the stove can be directed to Karla Downs at

karladowns@maquoketa-v.k12.ia.us

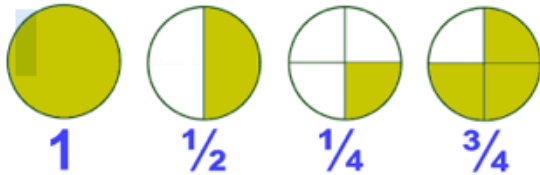
2 Ariens, 5520 snowblowers with electric start. Contact Doug Steger with questions @563-920-3045

Bids will be taken until Friday, February 5th. Please send sealed bids to Troy Osterhaus at the high school.

We reserve the right to reject any or all bids.

News from Miss Hoeger's 3rd Grade Classroom!

The students have been very busy since returning from break. In literacy, we finished up our unit on Freaky Frogs. We wrote a lot of paragraphs and researched many different frogs to write an essay to include in a student made Freaky Frog book. We are now in our Peter Pan unit, and the kids are loving it! In math, the students are working extremely hard on their basic multiplication facts. This is a work in progress, and students are becoming much more working on fractions in



Lastly, in science students are having a lot of fun! We have some interesting classroom pets, crayfish! These have been a hit among the students. Students like to examine the different parts of a crayfish, along with their habitat! We are having a great year thus far, and look forward to finishing the next few months strong!

Preschool News from Mrs. Ludovissy's Room:

The preschoolers have been very busy learning through play! We completed the following units: Polar Bear, Jan Brett, and Penguins. For our Polar Bear unit, we read the story – *Polar Bear, Polar Bear, What Do You Hear* and used retelling pieces to retell the story. We used play dough to build letters, traced letters in rice, and worked on creating a pattern with snowflakes. For our Jan Brett unit, we read the story, *The Mitten* and *The Hat*, used retelling pieces to retell the story, and made predictions based on Jan's illustrations. We matched pictures that rhyme, sorted objects that have similar beginning sounds, and sorted buttons based on color, size, and the number of holes. For our Penguin unit, we read the stories, *Flip and Flop* and *The Not-So-Perfect Penguin* and discussed the problem of the story. We identified numbers and counted out that amount using tongs and pom-poms, laced beads, identified letters on a bean bag and then tossed the bean bag through a snowman cut-out. Each day, we sing and dance to our good morning song and during our dance breaks, sing a finger play, complete an art project, or PE. The preschoolers enjoy playing with each other during center time and recess. At centers, the kids independently rotate between our art center, sensory table, ABC/123, dramatic play, blocks, library, trains, and writing. At recess, the preschoolers enjoy sledding, building snowman, creating snow angels, and using our snow shovels and castle buckets to build snow castles. Throughout our preschool day, the kids work on social skills by getting a peer's attention, asking friends to play, sharing, taking turns, and giving a play idea. The preschoolers have flourished since the beginning of the year and I cannot wait to see how they continue to grow.

Pandemic Parenting - Free Parenting Program

Keystone AEA is partnering with Worldmaker International through an East Central Region Mental Health and Disability Services Grant to provide support for parents during the pandemic. This free parenting program is available to all families within Keystone AEA's service area. Please help us in sharing the information below with families in your school district.

"Pandemic Parenting" is a program that provides families with evidence-based information and tools to help build resilience within the "new normal" of the pandemic. The program contains 10 (15 minute pre-recorded modules) that parents can work through at their own pace. Families will also receive a resource-based workbook and activities they can do with their children. The first five modules focus on parent resilience, and the last five will focus on parenting. The program is targeted towards families with children of all ages. In addition, a facilitator's guide will be coming shortly.

The program is free. However, families need to register online at: <https://worldmakerinternational.org/pandemicparenting/>. Families need to select "Keystone" as their county when registering to access the program.

For additional information, please see: [this flyer](#) or contact [Brooke Gassman](#), Family & Educator Coordinator at 563-553-3310, Ext. 2742

Kids Heart Challenge 2021 Update

Our kids heart challenge event will be kicking off and running for two weeks starting on February 8th. Be on the lookout for a parent email and a folder that will be sent home with the students in grades 2-5. This year will look a little different with tackling a pandemic, but we are sticking true to our mission to help raise funds to be used to help save lives!



UPCOMING EVENTS/MEETINGS

Maquoketa Valley Activity Calendar

This can be found on the website. Please check that for all activities. Cancellations will be updated on the Maquoketa Valley Website.



MV Fine Arts Boosters

Welcoming ALL parents who want to be involved
with their kids!

You are already a member and it is free!

Supporting kids from

Band, Choir, Speech, Drama,

and any other fine arts at Maquoketa Valley.

Join us at the next Fine Arts Booster Meeting,

Wednesday, Feb 8th, @ 6:00 PM in the HS

Cafeteria and see what we are all about!!

Athletic Boosters Need YOU!!!

The Maquoketa Valley Athletic Boosters are looking for members who would like to be involved in helping organize and run our events. The Athletic Boosters meet the **first Wednesday of every month** (except July) at 6:30 p.m. in the high school cafeteria. Please consider sharing your time & talents so that we may continue to provide the needed assistance to our athletic programs.

Use of Video Cameras

The Maquoketa Valley Community School District Board of Directors has authorized the use of video cameras on school district buses. The video cameras will be used to monitor student behavior to maintain order on the school buses to promote and maintain a safe environment. Students and parents are hereby notified that the content of the videotapes may be used in a student disciplinary proceeding. The content of the videotapes are confidential student records and will be retained with other student records. Videotapes will only be retained if necessary for use in a student disciplinary proceeding or other matter as determined necessary by the administration. Parents may request to view videotapes of their child if the videotapes are used in a disciplinary proceeding involving their child.

JOIN THE CLOVER BUDS ADVENTURE CLUB TODAY!

JOIN THE NEW CLOVER BUDS ADVENTURE CLUB!
This Clover Kids Club is designed for kindergarten through third grade! Clover kids learn by doing through fun, hands-on educational activities!

The Clover Buds Adventure club will meet
● **monthly from January-July 2021!**

Each month you will pick up a TO-GO Club Meeting Bag then join in for a virtual club meeting!

Virtual club meetings will be held the third Tuesday of the month from 4:00-5:00 pm.

Cost is \$10!

Enroll online at: v2.4honline.com

You will receive an email with more information on club meetings after enrolling!

If you need any assistance please call our office 563-927-4201 OR email Sara Hawkins at sarab1@iastate.edu



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IOWA STATE UNIVERSITY
Extension and Outreach

STAY SAFE. STAY HEALTHY



-  Counseling will take place via virtual sessions, chat or phone call.
-  People of all ages may join groups online to find support and learn new strategies to cope with the effects of the pandemic in a variety of creative ways.

Every Iowan is eligible for FREE, confidential counseling, group activities, support groups and resources.

Visit www.COVIDrecoveryiowa.org and complete a contact form and a counselor will get back to you.

Facebook, Instagram and Twitter: COVID Recovery Iowa

Call the Iowa Warm Line, 844-775-9276;
to connect with a peer counselor or request to get in touch
with a COVID Recovery Iowa counselor.



FEMA

COVID RECOVERY IOWA is here to help.

COVID Recovery Iowa offers a variety of services to anyone affected by the Coronavirus pandemic in any way. Virtual counselors provide counseling, activities, referral information and help finding resources to any Iowan seeking personal support.

A person can access all **COVID Recovery Iowa services** by completing an online contact form to connect with an outreach counselor, who will guide to resources and support tailored to individual needs. The site translates into 65 languages. www.COVIDrecoveryiowa.org

Iowa Warm Line 844-775-WARM (9276): Provides confidential access to peer counseling and can connect you upon request with **COVID Recovery Iowa services**. Provides confidential access to virtual counselors and information and referral services for a wide variety of topics, including COVID-19 services. Language interpretation service is available.

Iowa Concern: 800-447-1985: Provides confidential access to stress counselors and an attorney for legal education focusing on rural and agricultural issues. Iowa Concern services are available 24 hours a day, seven days per week at no charge. Language interpretation service is available.

541-800-3687 Answered Live in Spanish: Se responde en vivo en español. Proporciona acceso confidencial a consejeros virtuales, información, y una variedad de servicios de remisión que incluyen servicios relacionados a COVID19.



FEMA

Comm. 559 (08/20)

FACEBOOK GROUPS AND ACTIVITIES:

Caring for oneself emotionally and physically is essential during stressful times. Check the site as new options are added regularly.

- **Book Club** – A way to de-stress and sort through thoughts by reading and sharing.
- **Crafty Kids Club** – A creative space for kids to come and learn new activities and skills.
- **Domestic Violence, Past, Present and Future** – Support group and statewide resources.
- **Easing Anxiety During COVID-19** – A group focusing on normalizing experiences, offering tips for coping and providing approaches to living in the world today during the pandemic.
- **Four Legged Therapy** – Sharing of pets is a great stress reliever and one of the most popular groups.
- **Gardening Reduces Stress** – People get free flower seeds in the mail upon request and support regarding social isolation.
- **Inclusion for All** – This group allows individuals with disabilities and their caregivers a place to chat, join activities and learn about resources for programs across the state.
- **Meditation and Yoga** – Weekly recorded exercises for coping and stress release.
- **Next Level Gaming** – Connect with other gamers from within Iowa.
- **Show Us Your He(art)** – Art projects with things around the house.
- **Songs From the Good Old Days** – A stress reliever each week for a half hour of sing-a-long songs.
- **Story Starter** - A creative writing to create a mindfulness exercise and how to build resiliency.
- **Summer Bucket List** – Activities to help keep everyone happy and healthy.
- **Tell Me a Story** – Activity each week where staff read stories to children.
- **Workforce Resources** – Resume workshop, stress reduction and education on self-care while looking for employment. Resources for all people whether working or seeking employment

AGRICULTURAL AND RURAL EDUCATION:

- **Stress on the Farm:** Strategies that Help Farming.
- **Stress on the Farm:** Strategies to Help Each Other During a Pandemic.
- **Avoiding Burnout in a Crisis:** The ABC is for Self Care.
- **Question. Persuade. Refer. (QPR):** Three simple steps anyone can learn to help save a life from suicide.
- **Workplace Diffusion:** Virtual one-hour sessions are a safe place to talk about the way work your work has changed due to the COVID-19 pandemic.

CONNECTION POINTS:

COVID Recovery Iowa: Facebook, Instagram, Twitter, You Tube and Discord

Weekly newsletter – email info@covidrecoveryiowa.com if interested

To request more information on how **COVID Recovery Iowa** can be of assistance contact

Karen Hyatt: Khyatt@dhs.state.ia.us. 515-601-7899.

People of all ages may join groups online to find support and learn new strategies to cope with the effects of the pandemic in a variety of creative ways.

www.COVIDrecoveryiowa.org
844-775-WARM
800-447-1985
COVID Recovery Iowa
Info@covidrecoveryiowa.com



Covid Resources



Pathways received a FEMA grant to carry on the **COVID RECOVERY IOWA** program

(<https://covidrecoveryiowa.org/>) which offers FREE crisis counseling and other services **via phone or ZOOM** to people impacted by COVID-19 (*services available in English and Spanish*).

AbbeHealth Services

Abbe Center for Community Health - Kathy Johnson from Abbe Center has immediate openings for children with a children's psychiatrist at the Independence location. 319-334-4010

DHS Launches COVID Recovery Iowa

Iowans can access services through the following options:

Call 800-447-1985 to connect with a counselor specializing in rural issues and agriculture 24 hours a day, seven days a week

Call the Iowa Warm Line, 844-775-9276; to connect with a peer counselor or request to get in touch with a COVID Recovery Iowa counselor

Visit www.COVIDrecoveryiowa.org and complete a contact form and a counselor will get back to you

COVID-19 INFORMATION RESOURCES

Center for Disease Control (CDC)

cdc.gov

Iowa Department of Public Health (IDPH)

idph.iowa.gov

COVID-19 in Iowa

coronavirus.iowa.gov

COVID-19 MULTI-LINGUAL HOTLINE

877-558-2609

Monday – Friday, 8:30am-5:00pm

Voicemail: 24 Hours / 7 days a week

COVID-19 information, answers to questions,

and connections to doctors / supports is

available in your native language. Free, confidential

Covid Resources continued...

MENTAL HEALTH & OTHER RESOURCES

Your Life Iowa: 855-581-8111

Text: 855-895-8398

Warm Line: 844-775-9276

Domestic Violence Hotline: 800-799-SAFE

TTY: 800-787-3224

Suicide Prevention Lifeline: 800-273-8255

ISU Extension Iowa Concern: 800-447-1985

National Alliance on Mental Illness:
800-950-6264

Text: NAMI to 741741

Parent Helpline: 855-427-2736

DEPARTMENT OF HUMAN SERVICES (DHS)

Report child or dependent adult abuse, call

1-800-362-2178

Apply for food assistance (SNAP), FIP, or

Hawki/Medicaid online at dhs.iowa.gov

or call 1-855-889-7985 (apply Medicaid)

or call 1-855-944-3663 (apply SNAP)

Medicaid Member Services: 1-800-338-8366

Hawki Member Services: 1-800-257-8563

Amerigroup: 1-800-600-4441

Iowa Total Care: 1-833-428-6825

Rental Assistance

The Eviction and Foreclosure Prevention Program has been extended and can now offer assistance through November 2020. Applicants may qualify for up to 4 months of assistance or \$3200, WHICHEVER IS LESS. For more information on the program, or to begin the application process, visit www.iowahousingrecovery.com. The direct link to begin the application process is <https://www.iowafinance.com/covid-19-iowa-eviction-and-foreclosure-prevention-program/>

[Iowa Mortgage Help](http://www.iowahousingrecovery.com) 877-622-4866 State-wide referral hotline, foreclosure intervention and negotiation, mediation services (website available in Spanish)

Iowa Finance Authority's [COVID-19 Iowa Eviction and Foreclosure Prevention Program](https://www.iowafinance.com/covid-19-iowa-eviction-and-foreclosure-prevention-program/) provides short-term relief to income-eligible renters and homeowners who are at risk of eviction or foreclosure due to a documented COVID-19 related loss of income. Housing Recovery Helpline 855-300-5885

Iowa COVID-19 Free Legal Hotline

[Iowa COVID-19 Legal Advice Hotline](https://www.iowafinance.com/covid-19-iowa-eviction-and-foreclosure-prevention-program/) 800-332-0419 Iowans experiencing legal issues related to COVID-19, such as eviction, denial of unemployment benefits, employment issues or identity theft may call the hotline. Callers can leave a message, and a representative will call them back. The hotline is a project of Iowa Legal Aid, the Iowa State Bar Association and the Polk County Bar Association's Volunteer Lawyers Project.



FEBRUARY 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1 CHICKEN PATTY/WG BUN POTATO TRIANGLE MIXED VEGGIES ORANGES COMBO/WG BUN	2 CHILI MOZZ. STICKS CELERY APPLES WG CINNAMON ROLL	3 OUT AT 1:00 PM HOT DOG/WG BUN TATER TOTS GREEN BEANS MIXED FRUIT OMELET/CROISSANT	4 CHICKEN STRIPS WG DINNER ROLL (9-12) FRENCH FRIES CORN STRAW. APPLESAUCE LONG JOHN	5 BOSCO STICK STRING CHEESE MARINARA CARROTS PEACHES WAFFLES
8 CHICKEN NUGGETS MASHED POTATOES GREEN BEANS ORANGES BREAKFAST PIZZA	9 MAIDRITE POTATO TRIANGLE MEXICALI CORN APPLES SAUSAGE/EGG/BISCUIT	10 OUT AT 1:00 PM CORN DOG TATER TOTS BAKED BEANS PEARS PANCAKE ON A STICK	11 CHICKEN TETRAZZINI BREADSTICK PEAS PEACHES FRENCH TOAST	12 TENDERLOIN/WG BUN FRENCH FRIES CHEESY BROCCOLI STRAWBERRIES BREAKFAST CHOICE
15 NO SCHOOL TODAY	16 CHICKEN STRIPS WG DINNER ROLL (9-12) CURLY FRIES CORN STRAW. APPLESAUCE PANCAKES & SAUSAGE	17 OUT AT 1:00 PM CHEESY BREADSTICK/ PIZZA DIPPERS MARINARA BROCCOLI APPLES COMBO/WG BUN	18 MR. RIB/WG BUN STEAK FRIES BAKED BEANS ORANGES OMELET/CROISSANT	19 FISH WG ROLL (9-12) FRENCH FRIES CARROTS BANANA FRENCH TOAST
22 COUNTRY FRIED STEAK W/GRAVY MASHED POTATOES CORN APPLESAUCE PANCAKE ON A STICK	23 BBQ PORK/WG BUN HASH BROWN BAKED BEANS PEACHES WG CINNAMON ROLL	24 OUT AT 1:00 PM GR. CHICKEN/WG BUN TRI TATER PEAS & CARROTS PEARS BREAKFAST PIZZA	25 SPAGHETTI GARLIC BREAD BROCCOLI ORANGES LONG JOHN	26 CHEESE PIZZA BREADSTICK MARINARA CARROTS MIXED FRUIT BREAKFAST CHOICE
		PARENTS: YOUR CHILD CAN RECEIVE 1 FREE BREAKFAST AND LUNCH EVERYDAY THIS SCHOOL YEAR. ALA CART AND 2NDS DO COST YOU THE PARENT.	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER ATTENTION PARENTS IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR STUDENTS ACCOUNT AT ALL TIMES. .	ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME. EVERY MEAL IS SERVED WITH A 8 OZ. MILK WG = WHOLE GRAIN (9-12) = HS ONLY