

Meet Mr. Arnold: MV's newest staff member

by Amaya Hunt

As the school year comes back in full-swing, it's comforting to see familiar faces in the halls once more. Yet as most of us are aware by now, we've got some new faces walking around in the high school. One of these friendly faces is Mr. Arnold. Arnold is already well known amongst the athletes at MV through Volt, the year round weight training and athletics program, but how well do we really know Mr. Arnold? I asked Arnold all the questions students and staff alike were dying to know, so join me in getting to know one of the new faces at MV!

Q: What is your job here at MV?

Mr. Arnold: I'm the high school P.E. teacher, as well as the activities director for all 7th-12th grade sports teams. I'm also the head football coach and weight room coordinator.

Q: Where have you previously worked?

Mr. Arnold: I've been at the Oelwein school district the past two years, and before that I was in Elkader from 2010 to 2017.

Q: What's your hometown and where did you attend high school?

Mr. Arnold: I grew up in Titonka and I went to high school in town at Woden-Crystal Lake-Titonka.

Q: What sports did you play in high school and did you ever go to state/set records?

Mr. Arnold: I played football, basketball, baseball, and ran track. I pretty much have every football record due to the short amount of time my high school stayed open, but my 4x400 team did go down to state.

Q: What college did you attend and what did you major in?

Mr. Arnold: I went to Kirkwood and Northwest Missouri State University, and I also took online courses through Concordia University. I got my undergrad in K-12 P.E. athletics, as well as my Masters in coaching and athletic administration.

Q: What was your first impression of MV?

Mr. Arnold: My first impression was that

this school is very clean, organized, and people truly care here. As far as the comments I had previously heard about the district, MV is known throughout the state to be a great school in all aspects. Academics, athletics and extra curriculars, including the fine arts, matter to everybody.

Q: What do you like about MV so far?

Mr. Arnold: I like everything about MV. The kids are great to work with as are the adults. My family has settled into the community and it feels like home already.

Q: Are there any specific plans you have in store for MV?

Mr. Arnold: I have always had big dreams/goals anywhere I have been. That is no different here. Working hard and smart will get us where we want to go. As the Activities Director, I want all of our kids to be involved. Athletics, activities and in the community. Involvement in all of these things helps a young person become well-rounded and prepares them for life after high school.

Q: Is there anything specific you're looking to change at MV?

Mr. Arnold: There are always little things that need changed. Coming from different past experiences, some positive, and some not as positive, help shape the thoughts we have. Using those lessons and experiences will help me make changes and adjust to what I believe MV needs to become an even better place. Communication with those that have been here is key. It never works to just come in and say change this, change that. Showing that I know what I am talking about is important so I can gain the trust needed to make those decisions/changes.

Q: What athletic goals do you have for



this school year?

Mr. Arnold: Maximizing the opportunities we have. Increasing student participation. Unifying our athletics programs through the Volt Athletics program will help do all of that. Making sure everyone understands we are one big athletic family with goals and aspirations to get better together.

Q: What personal goals do you have for this school year?

Mr. Arnold: Be the best communicator I can be. Make sure kids, parents, fans, coaches are informed about everything they need to know and even more important, what they want to know. I believe communication can eliminate the possibility for certain problems to occur. Let's go ahead and call it pro-active communication.

Q: Tell me all about your family.

Mr. Arnold: I met my wife Rachel when we entered 8th grade. My dad became the principal at her school and we moved to the big city of Titonka. We didn't "date" until sophomore year of HS (2002) and we have been together ever since. We got married in 2008. We have three kids: Sadey (8), Camden (4), and Mace (2). Rachel and I talk about the possibility of a 4th child quite often. I'm pretty sure the more we talk about it the more likely it becomes. My family and I live north of Delhi, about 2.5 miles out.

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Best Buds



Tony Offerman & Jackson Wagner

by Holly Offerman

Where did you meet?

Jackson: I have no clue.

Tony: School.

Best memory?

Jackson: Oh lord, that's tough. There's been a lot of them.

Tony: Getting the jeep stuck in the cornfield while doing donuts in the winter.

Where is your favorite place to eat together?

Jackson: Dairy Queen.

Tony: Subway.

What is your least favorite thing about the other person?

Jackson: He's sometimes arrogant.

Tony: He's short.

What is your favorite thing about the other person?

Jackson: Sense of humor.

Tony: I like his family. And I like doing dumb stuff with him.

What is the other person's favorite food?

Jackson: Probably just pizza.

Tony: Flatizza. It's a mini pizza from Subway.

What is your favorite thing to do together?

Jackson: Riding on the back of his motorcycle.

Tony: Dumb stuff.

Where do you see yourself as best friends in the future?

Jackson: Probably us still being tight, we'll still hang out all the time

Tony: I can't predict the future, I assume we'll be friends. We'll probably be scratching off a bucket list like that one movie. (You mean *The Bucket List*???)

Welcoming new Wildcats

by Klynn Clary

We all know MV is a special place, and now two new students get to learn just how special it is.

Tanner DeMoss is a new sophomore from West Delaware. He plans to do football and wrestling. Fishing is one of his hobbies. He works on a goat farm with Nia Burnett and Ethen Brockhohn. He also enjoys his classes here at Maquoketa Valley, especially. Water skiing is another thing he likes to do.



Corbin Midkiff is a new senior who comes to us from West Delaware. He likes how nice everyone is to each other at MV. He works with hogs, sells hogs, and fixes buildings for hogs. Making money, riding four-wheelers, fishing, and hanging out with friends. Corbin plans to graduate at semester.



Take time to welcome these new Wildcats to MV!



High Five Friday

The band gears up to play the school song last Friday morning for High Five Friday. (photo by Klynn Clary)

Brain Teaser

by Mason Lubben

What kind of tree can you carry in your hand?

Answer: A palm!

Comedy Corner

—compiled by Lydia Helle

Why was school easier for cave people?...
There was no history to study!

Why do magicians do so well in school?...
They are good at trick questions.

Teacher: Class, we will only be having a half a day of school this morning.

Class: Hooray!

Teacher: We will have the other half this afternoon.

Mom: What did you do in school today?

Son: We played a guessing game.

Mom: I thought you had a math test today?

Son: That's right!

Wildcats take Bucs to four OTs

by Kylie Chesnut

Football fans got their money's worth during last Friday's game at East Buchanan as the two teams battled it out through four overtimes. The Bucs came out ahead 44-38.

Coach Arnold noted that this game was notable in many ways. For the Wildcats, this was the most points scored since Oct. 6, 2017 when the Wildcats scored 40 points against Jesup. The Wildcats also had the most passing yards in a game they've had since Tyson Tucker's 2016's 297 yards against West Branch. Lastly, it was the most pass attempts and completions in a game since Cody Schindler's 24-45 effort in 2011.

Junior quarterback Parker Sternhagen threw for 256 yards on 40 attempts. He made contact with Trent Koopmann for 77 yards on seven tries, Owen Mensen for 75 on four passes, A.J. Ambundo for 68 yards on six passes and Andrew Holtz with 27 yards on two tries. Andrew Kloser gained nine yards on two passes.

The Wildcats also played a rushing game. Leading rushers were Zach Digham with 85 yards on 12 carries. Sternhagen kept the ball and ran for 56 yards on 20 attempts. Derek Becker, who left the game injured, had six yards on two attempts.



Senior Trent Koopmann makes his way down the field. He had 77 yards for the night.

The Wildcats found their way to the endzone for a touchdown five times: Sternhagen ran it in three times, Holtz caught the ball once as did Mensen. Scoring the two-point conversions were Koopmann, Mensen and Sternhagen (twice).

Defensively, the Wildcats were led in tackles by Michael Feldmann with 10, Tim Harmon and Kloser with six apiece and Ambundo with 4.5.

The defense also kept it exciting defensively. Sternhagen had an interception and Harmon had a fumble recovery and Koopmann recovered fumbles three

times.

Kickoff duties were handled by Michael Feldmann who kicked 129 yards on three attempts and Ambundo for 43 on two attempts. Feldmann also took on punting duties and kicked 84 yards on three punts.

Tonight the Wildcats host the North Linn Lynx. The JV team will play two quarters with kickoff at 5:45. Coach Arnold advised fans to "look to the skies for a surprise" at 6:40, and varsity will kickoff at 7:30.

Volleyball team starts season play going 1-1

by Tara Goedken

Maquoketa Valley started their volleyball season Tuesday night at Jesup. They lost against Jesup 0-2. The score of the first match was 15-25 and second match was 24-26.

In the Jesup match, leading in kills were Emerson Whittenbaugh with 19, Taya Tucker with 8, and Payton Beaman with 6. Carissa Sabers had 28 assists.

Sabers, Lydia Helle, Ella Imler, Whittenbaugh, Beaman, Kylie Chesnut, Tucker, and Allie Knipper all had 4 sets.

On defense, leading with digs was Imler with 27, Beaman with 21, and Whittenbaugh with 17. Whittenbaugh had 6 total blocks. Helle, Chesnut, and Tucker each had 3 total blocks.

Beaman led in serves with 12 and Whittenbaugh followed behind with 8, each serving 100%.

On Tuesday night the Wildcats also played against Clayton Ridge and defeat them. The score of the first match was 25-25 and the second match was 20-17.

In the Clayton Ridge match, leading in kills were Whittenbaugh with 11, Tucker with 6, and Beaman with 5. Sabers led with 18 assists.

Beaman, Chesnut, Helle, Imler, Knipper, Sabers, Tucker, and Whittenbaugh tied with 2 sets. Shelby March and Krista Ries had 1 set each.

Beaman led with 13 digs, while Imler and Sabers followed behind with 11 digs. Helle, Tucker, and Whittenbaugh each had 2 blocks.

Imler led in serves with 13 and Whittenbaugh followed behind with 12 while Beaman has 10.

Come and support the volleyball girls next Tuesday night at 5:30 for their first home game of the season.



Lydia Helle attacks at the net during Tuesday night's triangular at Jesup. (photos courtesy of MV Athletic Boosters.)

what's up?

What was the highlight of your summer?

by Keziah Ambundo

Mason Lubben: Going on two vacations one week after the other.

Emma Hill: hanging out with my family!!

Hadley Underwood: The highlight of my summer was going to Wisconsin Dells with my boyfriend!

Taya Tucker: Playing my sophomore year of softball and my junior year of summer basketball all in the same summer and being with all of my teammates.

Tony Offerman: Going places and doing things, Zac Brown, Nashville, Wisconsin Dells.

Kylie Chestnut: My highlight of my summer was hanging out with my friends and seeing Zac Brown Band in live concert!

Noah DeVore: Nashville trip

Zach Mineart: The highlight of my summer was going to Lost Island.

Cutie



by Maria Cole

This week's cutie is a sophomore! She lives in Hopkinton and is out for track, cross-country, and softball! She has four other siblings and a pet cat. Her favorite subject is English!

Meet the Freshmen



Trista, Brooke & Saige

Name: Trista Elgin

Siblings: Trevor and Brooke

Activities you plan to be in: Basketball and Softball

Favorite subject: Earth Science

Career aspirations: Something with dental

Hobbies: Playing sports and hanging out with friends

Something cool about you: My family owns a restaurant

Name: Saige Hunt

Siblings: Faith, Teige, Amaya, Kash

Activities you plan to be in: Speech, Play, maybe TEL

Favorite subject: Math

Career aspirations: Possibly a pharmacist

Hobbies: Water skiing

Something cool about you: I am on the Hartwick Huskys Water Show ski team

Name: Brooke Hogan

Siblings: Tori, Holli, Allison, and Skyelor

Activities you plan to be in: Golf, FFA, Play, Musical

Favorite subject: Ag Classes

Career aspirations: Nurse

Hobbies: Showing cattle

Something cool about you: I live on a farm

—typist: Allie Knipper

MV TEL-ALL

by Lydia Helle

623,000 adolescents (ages 12-17) have alcohol use disorder. 298,000 were male and 325,000 were female.

Information came from the 2015 NSDUH and found on the National Institute on Alcohol Abuse and Alcoholism

Athletes of the Week

Name: Parker Sternhagen

Sport: Football

What do you enjoy most about football?

The thing I enjoy playing most about football is being out there and having a good time with my teammates.

What lessons about life have you learned from the sport?

When things in life get tough, you have to find a way to stay positive and work through it.

How have you changed as an athlete over the past few years?

I have worked very hard in the offseason to get better.

Why is football a sport worth going out for?

There is no better feeling than playing under those lights.

Who is your football role model?

Patrick Mahomes

Name: Allie Knipper

Sport: Volleyball

What do you enjoy most about volleyball? I enjoy the positivity that is used in the sport and I enjoy the awesome plays that can be made.

What's your favorite drill in practice?

My favorite drill would be group peppering.

What's your least favorite drill in practice? Serve receive.

What's your goal for the team this season?

To beat those in front of us in rankings and be conference champs.

What has made this year unique for you? Being a senior and being looked upon more.

"Allie goes above and beyond to be encouraging to fellow teammates and leads by example daily in drills and conditioning, always pushing herself and her teammates." —Coach Whittenbaugh



**Student Council Members
2019/2020**

Seniors:

Student Council President: Lydia Helle
Reps: Brooke Elgin, Allie Knipper, Shelby March, Chance Downs (CP)

Juniors:

Reps: Carter Kruse, Ella Imler, Andrew Kloser, Miguel Bojorquez (CP)

Sophomores:

Reps: Kendra Hillers, Amaya Hunt, Amaya Hunt (CP)

Freshmen:

Erin Knipper, Erin Knipper (CP)

**Class Officers
2019/2020**

Seniors:

Class President: Chance Downs
Vice-President: Shelby March
Secretary / Treasurer: Jordyn Kemp

Juniors:

Class President: Miguel Bojorquez
Vice-President: Ella Imler
Secretary / Treasurer: Krista Ries

Sophomores:

Class President: Amaya Hunt
Vice-President: Carissa Sabers
Secretary / Treasurer: Kylie Chesnut

Freshmen:

Class President: Erin Knipper
Vice-President: Anna Deutmeyer
Secretary / Treasurer: Ella Mensen

Mr. Arnold, cont.

Q: What can you be found doing in your free time?

Mr. Arnold: Playing sports with my kids mainly football, basketball, baseball and wrestling. I love to watch sporting events, go to the movies with my wife, go out to eat with friends, anything Iowa Hawkeyes and Kansas City Chiefs or Royals.

Q: What are some of your favorites?

Mr. Arnold: Favorite song- "Back in Black," of course. Movie- *Friday Night Lights* or *Varsity Blues*. Book- *High Porch Picnic* by Hayden Fry. Food- anything Mexican. College team- the Hawkeyes or the Kansas Jayhawks. Pro team- Kansas City Chiefs or the Kansas City Royals.

Q: When you retire, what do you hope people remember about you?

Mr. Arnold: I want people to say that I understand kids and how to work with them on a daily basis and that I communicated well with kids and adults; that I was fun to

Hall Smarts

by Lydia Helle



If you are anything like me, your brain is basically fried from having to come back to school. So, in order to help this, I decided that I would fry these people's brains some more. For our first week, I asked Mason Lubben, Kaela Clemen, and Amaya Hunt if they could answer these riddles.

A chicken says, "All chickens are liars." Is the chicken telling the truth?

Mason: No

Kaela: No

Amaya: No

Answer: Chickens cannot talk.

How many three cent stamps are in a dozen?

Mason: Twelve

Kaela: Twelve

Amaya: Twelve

Answer: A dozen

If there are three oranges and you take away two, how many will you have?

Mason: Two

Kaela: Two

Amaya: Two

Answer: Two

What disappears as soon as you say its name?

Mason: Silence

Kaela: Cat

Amaya: Ghost

Answer: Silence

What has ten letters and is awesome?

Lydia Helle. That's all for this week- "catch you on the flip side!"

be around and it was easy to see that I truly enjoyed what I did. If they say that, I'd be happy.

Q: What are certain quotes or morals that you live by?

Mr. Arnold: Don't make the same mistake twice. We all have and will make mistakes. If you try your best to not make the same mistake twice, you will be doing pretty good and always improving in everything you do. You are either getting better or get-

**WHAT'S HAPPENING AT MV
the week of SEPTEMBER 9, 2019**

MONDAY, SEPTEMBER 9, 2019

1. JH Football Practice at Ed/Co HS in Edgewood
2. MV Fine Arts Boosters Monthly Meeting - HS Cafeteria - 5:30 PM

TUESDAY, SEPTEMBER 10, 2019

1. HS Junior Class to UNI College Fair in Cedar Falls - 9:00 AM (Bus Leaves at 8:10 AM)
2. JH Football Practice at Ed/Co HS in Edgewood
3. HS V Volleyball Tournament - HOME - Liston, MFL/MarMac, W. Central - 5:30

THURSDAY, SEPTEMBER 12, 2019

1. HS Ag Students to Tri-State Dairy Expo at NICC in Calmar (Vans Leave at 7:00 AM)
2. Junior High (7th & 8th) Volleyball at Springville - 4:00 PM
3. Junior High Football - HOME - Alburnett - 4:30 PM
4. HS 9th/JV/V Volleyball - HOME - Easton Valley — 5:15 PM

FRIDAY, SEPTEMBER 13, 2019

1. Grandparents & Special Friends Day at Johnston Elementary - 1:30 - 2:45 PM
2. HS JV/V Football at Cascade - 5:45 PM

SATURDAY, SEPTEMBER 14, 2019

1. HS FFA to Dairy Cattle & Milk Quality Contest in Manchester (Vans Leave at 7:30 AM)
2. HS JH/HS Cross Country at Golf Course in Monticello - 8:00 AM (Bus Leaves at 6:45 AM)
3. HS 9/10th Volleyball at West Delaware in Manchester - 9:00 AM (Bus Leaves at 8:10 AM)
4. HS Dance Team Candy Sales @ Delhi Library for "Movie in the Park" Night

ting worse. Nobody ever stays the same.

After peppering Coach Arnold with all these questions, I'm sure there's no doubt in any staff or student's mind that he's what MV didn't know we needed. On behalf of all who attend MV, we welcome Mr. Arnold into the school district with open arms. And as Coach Arnold said himself, "Go Cats!"