

# The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: http://www.maguoketa-v.k12.ia.us

**April 2017** 

Twitter#maquoketavalley

Administration Office Doug Tuetken, Superintendent 107 South St. P.O. Box 186 Delhi, IA 52223-0186 Phone (563) 922-2091 Fax (563) 922-3026

M.V. High School Doug Tuetken, Prinicipal Kevin Kudrna, Dean of Students 107 South Street P.O. Box 186, Delhi Phone (563) 922-2091 Fax (563) 922-3026

M. V. Middle School
Delhi Elementary
Tracy Morrison, Principal
Ann Norton, Director School
Improvement
112 3rd St., Box 186
Delhi, IA 52223
Phone (563) 922-9411
Fax (563) 922-9502

Earlville Elementary Brenda Becker, Principal 226 Prospect Street Earlville, IA 52041 Phone (563) 923-3225 Fax (563) 923-3305

Johnston Elementary Brenda Becker, Principal 131 Culver Road Hopkinton, IA 52237 Phone(563)926-2701 Fax (563) 926-2093

Board of Directors
Donna Kunde - Area 1
Doug Dabroski - Area 2
Chris Huber - Area 3
Mike Feldmann - Area 4
John Zietlow Area 5

## **Maquoketa Valley Remodel and Addition Project**

Maquoketa Valley Schools will be accepting bids for their projected \$4.5-million dollar renovation and addition project at our high school facility until March 21st.

The Delhi remodel and new addition project includes rearranging and remodeling public restrooms, raising the roof to add windows to the commons and entryway, remodeling the high school locker rooms, remodeling the office and guidance office areas, adding a public fitness room, moving the weight room facility to the northeast side of the high school, adding on to the instrumental room, moving the concession stand from the west side of the HS commons to the south end of the commons, and adding a new set building and storage room for the auditorium. Future updates include the science classrooms, the family and consumer science classrooms, new roofs for the HS shop area and the Earlville gym, new boilers at Earlville, new bleachers for the HS gymnasium and also a new floor for the High School and Earlville gyms.

Due to the diligence of your School Board, the District was able to pay off the existing G.O. bonds for our Delhi Elementary, Middle School and Earlville Elementary facilities at the end of this fiscal year. All of the revenue generated for this remodel and addition project will come from the District's SAVE funds (The State of Iowa 1-cent sales tax). Even with the proposed new remodel and additions, district property owners will actually see an approximately \$3.50 decrease in the property taxes for next fiscal year.

The project is expected to begin sometime in April with a completion date in October/November of this year. If anyone has any questions about the project please do not hesitate to contact Mr. Tuetken at 563-922-2091.

(See picture on next page)

## **Maquoketa Valley Remodel and Addition Project**



**Board Meeting – March 13, 2017 – 5:30 p.m.** 

Middle School Conference Room, Delhi, Iowa

The public hearing for the Maquoketa Valley Community Schools Remodel and Addition Project was called to order by President John Zietlow at 5:30 p.m. on March 13, 2017 in the Middle School Conference Room in Delhi, Iowa.

Board Members Present – Dabroski, Feldmann, Huber, Kunde, Zietlow Board Members Absent – None

Staff Present – Supt. Tuetken and Erika Imler

Visitors Present – Becky McAreavy, Terry Elgin, Gerene Gibbs, Ed Gibbs, Maddie Gibbs, Sue Digmann, Barb Wall, Brett Wall, Paula Hargrafen, Margo Bojorquez, Jade Hargrafen, Rick Bojorquez.

Motion by Dabroski, seconded by Feldmann to approve the meeting agenda as presented. Carried. All ayes.

Several patrons of the district raised questions regarding the upcoming building project. The items discussed were as follows: how the project will be funded, what was the process taken in order to prioritize project and scope of work addressed, scheduling concerns, why has the high school gym floor taken less priority than other areas, what are the sizes of the new weight room and fitness center and what will those current rooms be used for in the future. Supt. Tuetken addressed each of the patrons concerns.

The bid opening will take place at 2:00 p.m. on March 21, 2017 in the Middle School Conference Room.

The meeting was adjourned at 6:05 p.m. in a motion by Feldmann, seconded by Dabroski. Carried. All ayes.

## **Regular Board Meeting**

#### March 20, 2017

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 6:00 p.m. in the Middle School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Five board members were present. There were seven staff and two visitors present. The agenda and consent items were approved.

Steve Huegel and Dan Cassutt gave a presentation regarding the activities that take place in their Social Science classrooms as well as guests that they have had speak to students about life experiences.

All kindergarten round ups are complete. We will have 53 students in our kindergarten classes and 11 students entering JK for the 2017-2018 school year. Preschool round ups will be held on April 19<sup>th</sup>.

Iowa Assessment results are back and will be shared with parents during spring conferences.

The Board reviewed and approved the 2017-2018 budget estimate as presented for publication and set the budget hearing for April 10, 2017 at 5:15 p.m. in the Middle School Conference Room. The estimate sets the proposed tax levy rate at \$10.62406 which is a decrease of \$3.74 from the 2016-2017 levy rate.

The Board approved the engagement letter for Piper Jaffray to be the Maquoketa Valley Community School District Private Placement Agent.

Eight open enrollment requests out and one open enrollment request in was approved.

The following personnel recommendations were approved:
Brianna Mensen – employed as Summer Custodial
Angie Wilson – employed as Summer Custodial
Dylan Wright – employed as Summer Custodial
Ron Besler – employed as Assistant Golf Coach
Melissa Dutra – employed as Middle School Softball Coach
Steve Huegel – employed as Middle School Track Coach

The Board as well as Supt. Tuetken expressed their appreciation to Mr. Hadley for his dedication to the students of Maquoketa Valley and wish him luck on his new endeavors.

The Board approved the call for bids on a bus purchase to be purchased after July 1<sup>st</sup> using SAVE funds.

The following operational sharing agreements for the 2017-2018 school year were approved:

Janie Mais - .20 Human Resource, Shared with North Linn, Center-Point Urbana, Springville and Alburnett Erika Imler - .25 Business Manager, Shared with North Linn

Mark Mulvaney - .33 Transportation, Shared with North Linn and Central City

Doug Tuetken - .50 Superintendent, Shared with Midland

The Academic Excellence Banquet is scheduled for May 3<sup>rd</sup>. Keith Kramer will be the guest speaker for the banquet.

Below is a list of upcoming meetings dates:

March 21st at 2:00 p.m. – Bid Opening

March 27<sup>th</sup> at 5:15 p.m. – Selection of Bids

April 10<sup>th</sup> at 5:25 p.m. – Budget Certification

April  $17^{\text{th}}$  at 6:00 p.m. – Regular Scheduled Board Meeting

The meeting was adjourned at 7:10 p.m.

## **Board Meeting – March 27, 2017**

5:15 p.m. – Middle School Conference Room, Delhi, Iowa

Board Members Present – Dabroski, Feldmann, Huber, Zietlow Board Members Absent – Kunde

Staff Present – Supt. Tuetken, Doug Steger and Erika Imler Visitors Present – Barb Wall, Ed Gibbs, Terry Elgin and Dan Zehr

Motion by Dabroski, seconded by Feldmann to approve the meeting agenda as presented. Carried. All ayes.

In a motion by Huber, seconded by Feldmann the Board approved the base bid for the Maquoketa Valley Community Schools Remodel and Addition project from Tricon Construction from Dubuque in the amount of \$4,591,000 as well as alternate bid #2 in the amount of \$28,000 and alternate bid #3 in the amount of \$6,400. Carried. All ayes.

In a motion by Dabroksi, seconded by Feldmann the Board awarded the financial proposal from JP Morgan Chase with an interest rate of 2.37% for the \$4,000,000 School Infrastructure Sales, Service and Use Tax Revenue Bonds, Series 2017 for the Maquoketa Valley Community Schools Remodel and Addition project. Carried. All ayes.

The meeting was adjourned at 5:56 p.m. in a motion by Feldmann, seconded by Dabroski. Carried. All ayes.

# **APRIL 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN BROCCOLI BLUEBERRIES APPLES	4 SPAGHETTI WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO STRAWBERRY APPLESAUCE PEARS	PORK & GRAVY MASHED POTATOES WG BUTTER SANDWICH COTTAGE CHEESE GREEN BEANS BANANAS PEACHES	6 TENDERLOIN ON WG BUN FRENCH FRIES CARROT STICKS HUMMUS CALIFORNIA BLEND BAKED BEANS GRAPES PINEAPPLE	7 FISH POTATO PUFFS COTTAGE CHEESE WINTER MIX CARROTS ORANGES MIXED FRUIT
СОМВО	BR. BURRITO	FRENCH TOAST	OMELET/TOAST	WAFFLES
10 CHICKEN STRIPS CURLY FRIES ROMAINE LETTUCE BROCCOLI PEACHES ORANGES	11 MAID RITE ON A WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES	12 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO MIXED FRUIT APPLES	13 HAM WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY GREEN BEANS SWEET POTATOES APPLESAUCE CONFETTI CAKE	NO SCHOOL
BR. BAGEL	WG CINNAMON ROLL	PANCAKES & SAUSAGE	BREAKFAST CHOICE	
17 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE WINTER MIX SAVORY CARROTS STRAWBERRIES APPLES\	18 MR. RIB POTATO PUFFS BAKED BEANS CALIFORNIA BLEND MIXED FRUIT ORANGES	19 CORN DOG FRENCH FRIES SWEET POTATOES PEAS STRAWBERRY APPLESAUCE PEACHES	20 MEATBALL SUB HASHBROWN POTATO CARROT STICKS CELERY STICKS HUMMUS APPLES PEARS CARNIVAL COOKIE	21 HAMBURGER GRAVY MASHED POTATOES WG BREAD & BUTTER COTTAGE CHEESE CORN PINEAPPLE TROPICAL FRUIT
BREAKFAST PIZZA	WG CINNAMON ROLL	PANCAKE ON A STICK	BREAKFAST WRAP	SAUSAGE/EGG/BISCUIT
24 WG MACARONI & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS STRAWBERRIES KIWI	25 WEINER WINKS POTATO TRIANGLE CORN CARROT STICKS HUMMUS APPLESAUCE PEACHES	26 OUT AT 1:00 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX BAKED BEANS TROPICAL FRUIT PEARS	27 CHICKEN FAJITAS REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BLUEBERRIES	28 MEXICAN GOULASH WG GARLIC BREADSTICK ROMAINE LETTUCE BROCCOLI APPLES ORANGES WG CHOC. CHIP COOKIE
COMBO	FRENCH TOAST	OMELET & TOAST	BREAKFAST PIZZA	PANCAKE ON A STICK
			ATTENTION PARENTS IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES  MAQUOKETA VALLEY SCHOOL IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	ALL MEALS ARE SUBJECT TO CHANGE AT ANY TIME  EVERY MEAL IS SERVED WITH A 8 OZ. MILK  WG= WHOLE GRAIN

# Calendar Changes Due to Weather Make Up Days

We currently have 2 school days to make up that were lost due to bad weather. They will be made up on:

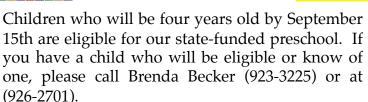
## May 25 May 26

Therefore, at this time, the last day of school for students will be May 26. We will have an early dismissal that day - 1:05 pm.

# **Elementary Concerts**

The elementary students are busy rehearsing for their upcoming music concerts to be held on April 10. We will be holding two concerts in Delhi on Monday, April 10, in the Delhi Elementary multi-purpose room. The JK-2nd grade concert will be at 6:15 p.m., and the 3rd-5th grade concert will be at 7:15 p.m. (in the same format we did in December). We invite you to come and enjoy an evening of music.





Preschool Roundup day Earlville - April 19

## Let's Move in Junior Kindergarten!

Spring is an exciting time in Junior Kindergarten because students are showing Kindergarten readiness skills in many different ways! JK is not just about showing that they know letters, numbers, and sounds, but it is also about showing maturity, readiness to sit and follow directions, and the ability to work through a problem whether it is socially or academically. Our latest theme, Let's Move, has taught JK'ers how things move, including ourselves! We read about different machines that move, and we read many fun stories about characters that moved. Some of our favorites were The Gingerbread Man, Thesaurus Rex, We're Going on a Lion Hunt, Rabbit's Rope Tug, Do Like a Duck Does, and The Dancing Turtle. With each exciting story they use the skills they They draw pictures of have learned in JK. characters to show what happened in the story, and use writing skills to label what they have drawn! This is one piece of their literacy time as they work in small groups. JK also gets to use iPads to practice letters and sounds, use writing skills even more to trace words that begin with our sound of the day, and they have one last group with the teacher where they focus on the sound of the day. Working in small groups gives them many opportunities to practice what they've learned and teaches them getting along with others in a small group.

Our next theme, <u>Growing and Changing</u>, will have the JK class discovering how and why plants grow and change and why we grow and change. They will be planting seeds and journaling about what they see, and then they will be starting the most exciting project of the year for JK, grow animals! Hope your Spring is as fun as it is for the JK class!

Courtney Freeze



## 4th Grade Fun

Mrs. Shaina Gearhart and Mrs. Jane Huber

The Delhi Elementary 4th grade classes have had some spectacular science fun this year. To enhance the learning of electricity, the fourth graders had a walking field trip to local electrician, Ed Wulfekuhle's shop. They enjoyed a tour of his shop, hearing and learning about solar panels, and finding out what it takes to be an electrician.

Nurse Mary also elected to help out with our living systems kit by bringing in pig organs for the classes to see after learning about the body systems. She chose pig organs because they are very similar to the human body systems. The students enjoyed watching her explain and show the brain, esophagus, heart, lungs, spinal cord, eyes, trachea, stomach, and various other parts. The students most enjoyed watching her demonstrate how the respiratory system works by blowing up the lungs with a straw. Afterwards, Nurse Mary allowed the students to touch and feel the pig parts.



## 2nd Grade News

It is so hard to believe we are entering the 4th quarter of the school year. Lots of fun and exciting things have been happening in 2nd grade! We just finished up a special reading month at Johnston Elementary called "Camp Read S'More." Thanks to Sue Kramer and Jen Teymer, our library and hallways were transformed into a beautiful campground setting. The students enjoyed extra time set aside for reading and snacks each week. They also set weekly reading goals to increase their personal reading time at home each night.

Science has been one of the favorites for the 2nd graders. We finished a unit which studied the life cycles of mealworms, caterpillars, and plants. The kids loved arriving each morning to see what kind of changes had occurred over night. They recorded changes and observations in their science journals. We are getting ready for a new unit of study on Pebbles, Sand, and Silt. This will provide the students with hands on opportunities to understand the Earth's natural resources: rocks, soil, and water.

In math we have been learning a variety of strategies to add and subtract two digit numbers with and without regrouping. It always amazes me to see how these new strategies increase their mental math skills as well. One of the favorite ways to reinforce this learning is through the use of math games and activities.

We look forward to all the fun and exciting things yet to learn during our final quarter of the school year!



### Don't Toss 'Em...Clip 'Em!

Maquoketa Valley is one of the many schools across America that collects Box Tops for Education. Box Tops for Education is one of the largest school earnings loyalty programs in the United States. For each Box Top that is donated, Maquoketa Valley receives 10 cents. MV can then use this money to buy whatever is needed for our school. It's easy to find Box Tops. In fact, you may have some in your home right now. Box Tops are found on hundreds of your favorite products-including paper products and school supplies! Just look for the Box Tops for Education symbol and cut it out. Maquoketa Valley collects Box Tops all year long. Simply send them to school with your child to give to their classroom teacher. Once the Box Tops are collected at Maquoketa Valley, they are counted and submitted. Box Tops earnings are then sent out to MV twice a year-once in November and once in March. This is a great way for our school to earn extra money and it's so easy. Clip some Box Tops and turn them into our school today! For more information about Box Tops for Education and a full list of participating products, visit www.boxtops4education.com. Maquoketa Valley appreciates your support!

## **MV Fine Arts Boosters**

Welcoming ALL parents who want to be involved with their kids!

You are already a member and it is free!

Supporting kids from Band, Choir,

Speech, Drama,

and any other fine arts at Maquoketa Valley.

Join us at the next Fine Arts Booster
Meeting, **April 10**, @ **5:30 PM** in the HS
Cafeteria and see what we are all about!!

# Athletic Boosters Need YOU!!!

The Maquoketa Valley Athletic Boosters are looking for members who would like to be involved in helping organize and run our events. The Athletic Boosters meet the **first Wednesday of every month** (except July) at 6:30 p.m. in the high school cafeteria. Please consider sharing your time & talents so that we may continue to provide the needed assistance to our athletic programs.



Maquoketa Valley
Dollars for Scholars

Presents:

**Dueling Pianos** and

Karaoke Night Fundraiser
Pianists
Chris Hadley/Alissa Unertl

April 8th, 2017

Pin Oak Pub & Links Manchester IA

Doors Open 6 p.m. Entertainment 7 - 9 p.m. Cash Bar

## **Thank You Manchester Dairy Queen**

The Manchester Dairy Queen has been a supporter of Maquoketa Valley in multiple ways for many years. The first Tuesday of every month they donate 10% of all sales from 3:00 PM to close to Maquoketa Valley.

The date left for this year is:

April 5



Please support your school with a cool treat from Dairy Queen on these evenings. In addition, they have supported all the elementary centers and the Rising Star Award.

# Spectrum 2017

"Spectrum" will be held on Friday, April 7th, at 7:00 p.m. in the High School Auditorium. The 7th and 8th grade Chorus members will be performing a few large group numbers. The concert will also feature some very talented young soloists and small groups. Admission will be \$3.00 for Adults and \$2.00 for students.







## **Post Prom Contracts**

A reminder to students attending Post Prom the contracts must be signed and returned to the MV office by **Wednesday, APRIL 5th**.



It is time to think about Summer Driver Education at Maquoketa Valley.

Information about the class is listed:

- 1)The class is held in Delhi at the high school
- 2)Driver's Ed begins in May, around May 11. Classes before school ends in May are from 7:00-8:00 each morning and a group will drive every day after school.
- 3)Classes/driving should end around June 23.
- 4)Students must be 14 years of age by April 1st to be in the class.
- 5)Each student must have 30 hours of class time; 6 hours of driving time.
- 6)An attempt is made to put students by towns for driving, so they may carpool.
- 7)A schedule of classes, driving times, driving groups will be mailed late April to all participants.
- 8)Greg Drew is the instructor for both class and driving
- 9)To signup for driver's ed go to the following website: www.streetsmartsdriversed.com
- 10)After getting the Street Smarts website, select CLASS REGISTRATION, then OTHER, and finally MAQUOKETA VALLEY
- 11)Cost for the class is \$335
- 12)If you son/daughter is in Softball or Baseball, please email me by April 15. There is only so many spots for students involved in summer sports, so it is a first come basis on who gets those select driving times.
- 13)Please do not hesitate to contact the school with questions.

## JUNIOR-SENIOR PROM

Prom is Saturday, April 29 from 8:00 to midnight in the middle school gym. The theme for the Prom is "A Night Under the Lights." Everyone MUST be checked in by 8:00 p.m. Remember, Prom is formal wear, so no jeans are allowed. Students must have all class dues paid, whether a junior/senior or guest. Admission in the Prom is \$1 for each attendee. Prom signup will be April 24-26.

The Grand March will take place in the HIGH SCHOOL gym from 7:15 to 7:45 p.m. The doors will open at 6:45 to the public. Admission in to the grand march is \$1. The Prom will be open to the public until 8:15 Parents and friends are encouraged to take pictures at the completion of the Grand March in the High School gym of your child, with friends and family!

Delhi United Methodist Church is collecting poptabs for Camp Courageous of Iowa. Camp



Courageous is a year-round camp for youth, kids, and adults with disabilities. It is located in Monticello, IA. The camp is run entirely on donations. Pop tabs can be sent to Delhi Elementary/Middle School with your student.

DeAnna Hogan, in the library, will be managing these donations. Farr Jebens, member of the Visitation Ministry Team at the church, will then collect them. More information about Camp Courageous of I o w a can be found at www.campcourageous.org. Thank you for your help in raising money for this organization!

#### **Citizen Scientists:**

Christina Rudd

What does a scientist look like? What do they do? We know because we do it every day! In Maquoketa Valley's Middle School Science class, we are scientists.



Our universe is vast, and we as a species have spent centuries exploring it, and passing that information on. Today, we have more tools, technology and collective intelligence to be able to analyze and process information to further advance our understanding. Your children are learning about it and already contributing. We focus on three major branches of science: Life, Physical, and Earth. This year our three units are Populations and Ecosystems, Waves and Energy, and Weather and Water.

During populations and ecosystems students acted as citizen scientists when they observed living organisms, set up working habitats for them, and documented changes. They were responsible for the care of 10 different living species. They graphed populations and found cause and effect relationships of limiting factors. They also used simulations online to predict population changes, and looked at data to create graphs to show changes.

During our waves and energy unit, they demonstrated how Maglev trains levitate and propel cars with everyday magnets. They created visible waves with slinkys and found the wave's velocity. They were able to prove that the relationship between frequency and wavelength is inverse and relate it to how we see colors. They applied how sound waves travel to how to stop sound from getting into a soundproof box they designed and built. They used personal devices with a decibel reader to record the sound level inside the box. Then they wrote a peer reviewed lab report. They recorded natural and fluorescent light's spectrum and compared these through a filter. They used lasers safely and observed the law of reflection and refraction, relating it to how we see objects. Our current unit is Weather and Water. Here students will really be able to see the impact of everyday citizens using technology to contribute data on climate. We will be using several Personal Weather Stations from around the world to record the data the sensors pick up every day, and analyze this for patterns. Scientists do this same thing every day and use it to predict weather and climate patterns. By doing this, students will see the impact we can have, and that we can all do science!





# 2017 MAQUOKETA VALLEY BOOSTER CLUB TRACK MEET

TRACK MEET DATE: Sunday, May 7th

LOCATION: Maquoketa Valley HS Track, 107 South St, Delhi, IA 52223

**DIVISIONS**: Boys & Girls Divisions--Grades 1through 6

AWARDS: Medals for top three places in each division-ribbons for 4-6 place finishers.

Participation ribbons for anyone not receiving medal or place ribbon.

CHECK IN: 11:00 am to Noon, First event will be 800 M run, followed by field events.

# Entry Fee: \$10.00 - Registrations must be received by Wednesday, May

\$15.00 – Walk-in registration on event day by 11:45.

Admission: Adults: \$4.00; Non-participating students - \$1.00; 5 & under – free

Food: A concession stand will be available. Please no carry-ins.

For inclement weather, please tune into KMCH, no rain date, no refunds

### REGISTRATION

Name:					
Address:					
Phone: home	cell				
<b>Circle</b> u	up to <b>3</b> events (includi	ing relav race)	vou wish	to enter:	
Individual Race	•	Field Eve	•		
50 Meter Dash	•	Long Jun			
100 Meter Dash	1	_	Throw (Gi	rls)	
200 Meter Dash	1	Football Throw (Boys)			
400 Meter Dash	1		`	•	
800 Meter Dash	(2 times @ track)				
4 x 100 Relay				,	
•					
(Dlaga lig	t names of relay runners	must be from see	ma sahaal <i>a</i>	 can "run up a grade, but not down	
(Flease IIs	names of relay runners,	must be mom sai	ille school, c	ran Tun up a grade, but not down	
	has my permission to c	compete in the N	Maquoketa	Valley Booster Club 1st-6th	
Grade track meet. I hereby acce	ept full responsibility for	or his/her behav	ior & for h	is/her participation. I waive al	
claims for damages, losses or in	•			± • • • • • • • • • • • • • • • • • • •	
Schools cannot be held responsi	ble for lost items or for	r accidents. All	participant	ts are responsible for their own	
insurance.					
Parent/Guardian Signature:		Da	ate:		
Send Registration form & entry	fee to: MV Boos	ter Club/Brett	& RorhW	'all	
Allow at least 2 days mail time		325. Delhi, IA		an	

Please call 563-920-6244 or 319-480-0543 or email <u>bwall1@iowatelecom.net</u> with any questions.

All Maquoketa Valley students can turn your registration and fee into your school office by Wednesday, May 3rd.





### UNDERAGE DRINKING PREVENTION NATIONAL MEDIA CAMPAIGN

#### WHY YOU SHOULD TALK WITH YOUR CHILD ABOUT ALCOHOL

The Chance That Children Will Use Alcohol Increases as They Get Older.

About 10 percent of 12-year-olds say they have tried alcohol, but by age 15, that number jumps to 50 percent. The sooner you talk to your children about alcohol, the greater chance you have of influencing their decisions about drinking.<sup>1</sup>

Parents Play a Critical Role in Children's Decisions to Experiment With Alcohol.

Studies have shown that parents have a significant influence on young people's decisions about alcohol consumption, especially when parents create supportive and nurturing environments in which their children can make their own decisions. In fact, around 80 percent of children feel that parents *should* have a say in whether they drink alcohol. 4,5

The Conversation Is Often More Effective Before Children Start Drinking.

If you talk to your kids directly and honestly, they are more likely to respect your rules and advice about alcohol use. When parents know about underage alcohol use, they can protect their children from many of the high-risk behaviors associated with it.

Some Children May Try Alcohol as Early as 9 Years Old.

Most 6-year-olds know that alcohol is only for adults. Between the ages of 9 and 13, children start to view alcohol more positively. Many children begin to think underage drinking is OK. Some even start to experiment. It is never too early to talk to your children about alcohol.<sup>6</sup>

If You Do Not Talk About It, You Are Still Saying Something.

What you say to your children about alcohol is up to you. But remember, parents who do not discourage underage drinking may have an indirect influence on their children's alcohol use.<sup>7</sup>

#### References

- 1, 6 U.S. Department of Health and Human Services. The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking: A Guide to Action for Educators. U.S. Department of Health and Human Services, Office of the Surgeon General, 2007.
- 2, 5 Nash, S.G., McQueen, A., and Bray, J.H. (2005). Pathways to adolescent alcohol use: Family environment, peer influence, and parental expectations. Journal of Adolescent Health, 37(1), 19–28.
- 3 Barnes, G.M., Reifman, A.S., Farrell, M.P., and Dintcheff, B.A. (2000). The effects of parenting on the development of adolescent alcohol misuse: A six-wave latent growth model. *Journal of Marriage and Family*, 62(1), 175–186.
- 4 Jackson, C. (2002). Perceived legitimacy of parental authority and tobacco and alcohol use during early adolescence. Journal of Adolescent Health 31(5), 425–432.
- 7 Sieving, R.E., Maruyama, G., Williams, C.L., and Perry, C.L. (2000). Pathways to adolescent alcohol use: Potential mechanisms of parent influence. *Journal of Research on Adolescence*, 10(4), 489–514.





### UNDERAGE DRINKING PREVENTION NATIONAL MEDIA CAMPAIGN

### **ANSWERING YOUR CHILD'S TOUGH QUESTIONS ABOUT ALCOHOL**

As your child becomes curious about alcohol, he or she may turn to you for answers and advice. Use this opportunity to start an open, honest conversation about drinking. Because some questions can be difficult to answer, it is important to be prepared. The following are some common questions and answers about underage drinking.

#### "I got invited to a party. Can I go?"

Ask your child if an adult will be present at the party or if he or she thinks children will be drinking. Remind your child that even being at a party where there is underage drinking can get him or her into trouble. Use this time to establish or reinforce your rules about alcohol and outline the behavior you expect.

#### "Did you drink when you were a kid?"

Don't let your past stop you from talking to your child about underage drinking. If you drank as a teenager, be honest. Acknowledge that it was risky. Make sure to emphasize that we now know even more about the risks to children who drink underage. You could even give your child an example of a painful moment that occurred because of your underage drinking.

#### "Why do you drink?"

Make a distinction between alcohol use among children and among adults. Explain to your child your reasons for drinking: whether it is to enhance a meal, share good times with friends, or celebrate a special occasion. Point out that if you choose to drink, it is always in moderation. Tell your child that some people should not drink at all, including underage children.

#### "What if my friends ask me to drink?"

Helping your child say "no" to peer pressure is one of the most important things you can do to keep him or her alcohol-free. Work with your child to think of a way to handle this situation, whether it is simply saying, "No, I don't drink," or saying, "I promised my mom (or dad) that I wouldn't drink."

#### "You drink alcohol, so why can't I?"

Remind your child that underage drinking is against the law, and for good reason. Point out that adults are fully developed mentally and physically so they can handle drinking. Children's minds and bodies, however, are still growing, so alcohol can have a greater effect on their judgment and health.<sup>1</sup>



#### "Why is alcohol bad for me?"

Don't try to scare your child about drinking or tell him or her, "You can't handle it." Instead, tell your child that alcohol can be bad for his or her growing brain, interferes with judgment, and can make him or her sick. Once children hear the facts and your opinions about them, it is easier for you to make rules and enforce them.

■ March			April 2017	•		May <b>▶</b>
Sun	Mon	Tue	Wed	Thu	Fri	Sat
MAP TESTING: April 17 – May 5						1 HS BAND/VOCAL @ Solo/Ensemble Contest Athletic Boosters 3-n-3 Basketball Tourney
2	3	4 Preschool Black @ Zumbach Farm  HSGolf @ East Buchanan – 4:00  HSGT @ Jesup - 4:30  HSBT @ Anamosa	5 Preschool Gold @ Fischer's Farm Athletic Booster Mtg 6:30 pm – HS Cafe	6 HSBT @ Independence 4:30	7 MS "Spectrum" 7:00 pm – Auditorium  HSGolf @ Ed-Co – 4:00 pm (G @ Colesburg / B @ Edgewood)	8 ACT testing 8:00 am MSMPR HSBoys Golf @ Ed-Co - 8:30 am
9 FFA @ State Convention – Ames (4/9 – 4/11)	IO Elem. Spring Concert – MSMPR JK-2nd Grades @ 6:15 3rd-5th Grades @ 7:15  HSGolf – North Linn 4:00 – Home Fine Arts Booster Mtg - 5:30 MS Commons	4:30  11 JHGT @ West Delaware 4:00  JHBT @ Clayton Ridge 4:00  HSGT @ Anamosa - 4:30  HSBT @ Jesup - 4:30	12	13 HSGT @ Starmont- 4:45 HSBT @ West Delaware 4:45	NO School Easter Break	15
Happy Easter!	17 JHGT @ Cascade - 4:15 HSGT – MV Invite 4:30 – Home School Board Mtg @ 6:00 pm	18 7th-8th Grade @ NEICA Honor Choir – Oelwein  HSGolf – Alburnett 4:00 – Home  JHBT @ West Delaware 4:00  JHGT @ Starmont - 4:30  HSBT @ CtPt/Urbana 4:45	19	20 Preschool Black @ Sue's Greenhouse  JHGT – MV Invite 4:15 pm – Home  JHBT @ Starmont 4:30 pm  HSGT @ West Delaware 4:45 pm  HSBT @ Monticello 4:30 pm  FFA Mtg @ Beckman 7:00 pm	21 Preschool Gold @ Sue's Greenhouse  TRC Art Show @ Springville  HSGolf @ Springville – 4:00	22
23	24 FFA @ World Food Prize JHGT @ Monticello 4:00 HSGT @ CtPt/Urbana 4:45 HSBT – MV Invite 4:30 - Home	25 5th-6th Grade @ NEICA Honor Choir – Oelwein HSGT @ Anamosa - 4:30	26 1:05 Dismissal Teacher Learning	27 10th Grade @ Career Fair – West Delaware JHBT @ Monticello-4:00 pm	28 FFA Farm Safety Camp HSGolf @ Monticello (Boys) 4:00 HSGolf – Monticello Girls (H) – 4:00 HSGT @ Cascade - 4:30 HSBT @ Cascade - 4:30	<b>29 PROM</b> – MS Gym 8:00 pm
30 Post Prom 12:00 am Athletic Booster Mtg 6:30 pm						

Download: 2017 Calendar Template, 2018 Calendar Template

■ April			May 2017			June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 JHBT – MV Invite 4:15 pm – Home  HSGT @ Independence 4:30 pm  HSGolf (BOYS) – TRC 9:00 am - Pin Oak  HSBT @ Marion 4:45 pm	Preschool Spring Bash @ Earlville Elem  JHGT @ Central City – 4:15 pm  JHBT @ Central City – 4:15 pm  HS Spring Music Concert - 7:00 pm	AP Physics Exam 12:00  Academic Excellence & National Honor Society Banquet – 6:30 pm HS Café & Auditorium	4 HSGT @ TRC Meet/ MVHS – 4:00 pm HSBT @ TRC Meet/ MVHS – 4:00 pm	5 AP US History Exam - 8:00 Spring Play 7:00 pm - Auditorium	6 HS Band/Vocal Large Group Contest  Athletic Boosters Baseball Tourney  Spring Play 7:00 pm - Auditorium
7 Athletic Boosters Mini Cat Track  Dollars for Scholars Senior Awards MSMPR	8 HSGolf (GIRLS) – TRC 9:00 am – Valley Oaks  FFA Senior Farewall Mtg – Delhi – 7:00 pm  Fine Arts Booster Mtg - 5:30 pm MS Commons	MSMPR  9 AP Calculus Exam - 8:00  JHBT @ TRC/Alburnett 4:00 pm  JHGT @ TRC/Central City - 4:00 pm	10	11	12 Speech & Drama Awards – 6:30 pm HS Café & Auditorium HS Boys Golf Sectionals @ Guttenberg Golf & Country Club – 10:00	13 Athletic Boosters Softball Tourney
14	15 School Board Mtg @ 6:00	16	Commencement 7:30 pm	18 MS Spring Music Concert – 1:30 pm MSMPR	19	20
21	22 VarSB – CtPt/Urbana Home – 5:00 pm	JV/V Baseball @ Don Bosco – 5:00 pm	24	VarSB – EBuchanan Home – 5:00 pm VarBB – Ebuchanan Home – 5:00 pm	School's  26  LAST DAY OF SCHOOL 1:05 Dismissal  JVSB @ EBuchanan 5:00 pm  JVBB @ EBuchanan 5:00 pm  VarSB @ Cascade - 5:00	27
28	Memorial Day	Teacher PD  FFA Vet Science Contest  VarSB @ Springville 5:00 pm  VarBB @ Springville 5:00 pm	31 Teacher Work Day  JHSB - Ed/Co Home - 10:00 am  JHBB - Ed/Co Home - 10:00 am  JVSB @ Springville - 5:00  JVBB @ Springville -5:00  VarBB @NFayette - 5:00			