## MV speech advances 36 entries to state

The Maquoketa Valley Contest Speech Team held their district individual events contest Feb. 27 in-person. The Wildcats finished the day with 36 division I ratings and 11 division II ratings.

Those students earning a I rating and advancing to state include Abbie Sheehy (Prose), Erin Knipper (Prose), McKenna Thompson (Public Address and Reviewing), Amanda Mohr (Reviewing), Amaya Hunt (Reviewing), Paige Panosh (Spontaneous Speaking and Acting), George Livingston (Spontaneous Speaking), Logan Johnson (Spontaneous Speaking and Radio News Announcing), Molly Anderegg (Solo Musical Theatre and Acting), Andrew Kloser (Public Address and Storytelling), Allie Dunn (Public Address and Expository Address), Carlie Lewin (Original Oratory), Kaela Clemen (Original Oratory and Poetry), Kendra Hillers (Original Oratory), Emma Beitz (Improvisation), Noah DeVore (Improvisation and Acting), Keziah Ambundo (Improvisation), Madeline Gellersen (Expository Address), Liz McDowell (Expository Address and Acting), Josie Teymer (Expository Address),

Ashtyn Porter (Poetry), Brock Trenkamp (After Dinner Speaking and Radio News Announcing), Anna Deutmeyer (After Dinner Speaking), Preston Roling (Radio News Announcing), Carissa Sabers (Storytelling), and Kylie Chesnut (Storytelling).

The students who received division I ratings will perform tomorrow for three judges for state contest. MV is hosting that again. Students from Jesup will also be participating in the contest.

Students earning a division II rating include Lily Huber (Poetry), Saige Hunt (Poetry), Emma Ritz (After Dinner Speaking), Kaitlyn Nolan (Storytelling), Paige Winter (Prose), George Livingston (Prose), Emma Beitz (Spontaneous Speaking), Keziah Ambundo (Solo Musical Theatre), Emilee Supple (Literary Program), Matthew Brehm (Literary Program), and Carlie Lewin (Literary Program).

Above right: Mr. DeVore offers advice to George Livingston during his practice for spontaneous speaking.



#### CLASS OF THE WEEK

Ag Construction & Technology



The Ag Construction & Technology class built this table to assist the speech program with its need for a judge's table. The students took an inventory of the shop, determined the best materials to build the desk with, and began the design process. After some trial and error, the students were able to construct a desk with a swinging top on hinges. The project in total took two class periods.

All of our construction classes have been taking on some projects for the school, including new storage shelves for the athletic storage room, as well as platforms for both the High School and Middle School Gym to broadcast basketball games this season.

If anybody ever has a project they need done, contact Mr. Edwards or anybody taking a construction class so they can make it happen!

### Groups take part in service projects

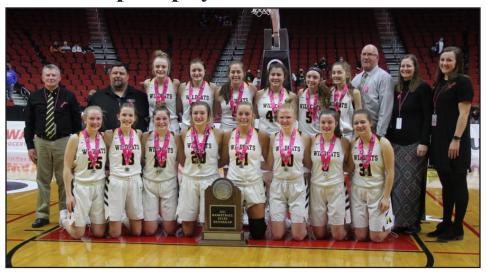


NHS members, like Adrienne Freiburger, wrote letters to hospice patients.



FFA members collected 542 items of food during the FFA Week challenge.

### Runner-up trophy finds its home in Delhi



#### by Tara Goedken

The journey to state has been an incredible one for the players, the coaches, the families, and the fans, and when that journey ended with a runner-up trophy, pride filled Wells Fargo Arena.

The Wildcats started their state tournament trip on Tuesday night against Rock Valley. The Wildcats come on top with a 51-35 win. The Wildcats were down at halftime with a score of 20-21. The Wildcats were able to score 31 points in the second half of the game.

Ella Imler led on offense with 20 points. Emerson Whittenbaugh had 12 points and Taya Tucker had 10 points.

On defense, Kylie Chesnut led in rebounds with 10 followed by Imler and



Carissa Sabers Ds up at State. (photos by Lesa Parmely)

Tucker with four rebounds each. Tucker led in steals with three followed by Chesnut with two steals. Tucker led in assists with four followed by Chesnut with three assists and Imler with two assists.

In the Semifinals the Wildcats played against Nodaway Valley on Friday. The Wildcats won with a score of 47-45. The Wildcats were able to score 26 points in the first half and 21 points in the second half.

The senior trio led on offense. Whittenbaugh had 19 points followed by Imler and Tucker with nine points each. Carissa Sabers added six points.

Tucker led in rebounds with six rebounds followed by Chestnut and Whittenbaugh with three rebounds each. Imler and Tucker each had three steals. Whittenbaugh led in assists with three followed by Chesnut and Tucker with two assists. Imler and Kennedy Rausch each added one assist.

On Saturday the Wildcats played against Dike-New Hartford in the 2A State Championship game. The Wildcats fell to the Wolverines comeback with a score of 42-47. The Wildcats were able to score 25 points in the first half and added 17 points in the second half of the game.

On offense, Tucker led with 14 points followed by Imler with 11 points and Chesnut with nine points.

Tucker led in rebounds with 11 rebounds followed by Whittenbaugh with eight rebounds. Tucker had three steals and Rausch had one steal. All three seniors had two assists.

The Lady Wildcats ended their incredible basketball season as the Class 2A State Runner Up with a record of 25-1.

#### **All-Conference Basketball**

First Team
Andrew Holtz
Ella Imler\*
Taya Tucker\*
Emerson Whittenbaugh\*
\*unanimous
Second Team
Avery Holtz
Honorable Mention
A.J. Ambundo
Kennedy Rausch
Carissa Sabers
Player of the Year: Ella Imler

Player of the Year: Ella Imler Coach of the Year: Coach Moenck

#### **Academic All-State**

Ella Imler Emerson Whittenbaugh

#### **Iowa Girls Coaches Association**

1st team: Ella Imler
2nd team: Emerson Whittenbaugh
3rd team: Taya Tucker
District Coach of the Year: Coach
Moenck

#### **IPSWA All-State**

First team: Ella Imler & Emerson Whittenbaugh Second team: Taya Tucker

#### **State All-Tournament Team**

Ella Imler Taya Tucker

### Interesting Basketball Conference Stats for the 2020-21 Season

Record: 14-0 Field goals made: 250 Field goal percentage: 41.5% Free throws made: 154 Free throw percentage: 65.5% Average rebounds/game: 27.6

MV Boys Record: 7-7

MV Girls

Field goals made: 239 Field goal percentage: 39.1% Free throws made: 94

Avery Holtz made: 94

(Avery Holtz made 25/26 for 96.2%) Free throw percentage: 70.2% Average rebounds/game: 24.4

### Coach Arnold embarks on a softball journey

compiled by Leah Ries

What is your past experience with coaching softball? I have a lot of coaching experience. (32) total seasons coaching a variety of sports but softball isn't one at the top of the list. I have coached Varsity Baseball before and played at a high level myself but this will be my first official season coaching softball. I am lucky to have good assistants and also have a lot of personal connections to fellow coaches who have coached softball for a long time that are helping me with the transition. The game of softball and baseball have a lot in common but at the same time, they are different games. Approach at the plate, defensive situations, substitutions, they all have their unique twist which are fun and also a new challenge to take on. One thing I pride myself on is when people doubt what I can do, I tend to thrive in those situations. There will always be doubters and I welcome the challenge. Is it May 3rd yet?

What do you have planned for the preseason? We already have pitchers/catchers that have gotten into things on their own and started preparing for the season. Thursday February 18th is our first Pitching/Catching session in Earlville that Coach Anderegg will be running that is open to all 8th-12th grade pitchers and catchers. Starting Monday March 8th I will be offering the same opportunity on Monday mornings before school.

The state changed the rules for how many contact days we can have with players for hitting which I think is a good thing. It puts everyone under the same rule and we have the flexibility to get some work in before May hits. We will start our hitting sessions in April. The Monday May 3rd is the first official day of practice and with the crazy schedule May is with track/ golf meets, conference meets and district meets along with graduation, awards nights and other things, we will get about 5 practices with the entire team present at the same time. Everyone else is in a similar situation so we will work through it and be ready to go Monday May 24th for our first game against North Linn.

What are your goals for the team this year? We will play hard, play smart, compete and have fun while doing it. Summer sports are great because you have a lot of things going on but as long as you can focus on softball for a couple hours a day when you are present, you can enjoy what you are doing and have success. Nothing better than having success and it also being fun through the process.

What are you most looking forward to this upcoming season? I have coached a girls sport for (6) of my (32) total seasons coaching football, basketball, baseball, track and golf. The top 6 most enjoyable seasons I have had coaching were (3) sea-

sons coaching a girls sport and (3) seasons coaching a boys sport over the (14) total years that I have coached. The dynamics of coaching girls is different than boys and I enjoy that. After a while you can see too much of one another and it is good to have a change both for the kids and the coaches.

We have a lot of hard working girls who show up, allow you to coach them and then take that coaching and try to apply it to the skill or task you are working with them on. Seeing progress from Day 1 to the end of the season is the most enjoyable. Whether that be from the best player on the team or the person who has never played the game before. The full range of abilities is fun to coach and see them get better throughout the year and throughout their career.

We will have (4) Seniors this upcoming season, Taya Tucker, Payton Beaman, Krista Ries and Abbie Sheehy. We will look to those girls to lead the right way and finish off their Wildcat softball career the right way. Have success and have fun through the process.

What is the most rewarding part about being a coach? The interactions with the players is the best part. I also look forward to my daughter Sadey (9) who will be around the team a lot and be able to see what a good group of girls who work hard and work as a team can achieve. I was able to see that growing up as a coach's son and I want that for her.

### Instrumentalists take the floor



Mrs. Fisher and Mr. Ford led the 5-12 bands in their annual Parade of Bands concert Tuesday night. The concert bands performed as well as the jazz band. The jazz band, above, performed a chart for the student body before school Tuesday.

Name: Kaela Clemen

What event are you in for speech? Poetry and Original Oratory What do you enjoy most about individual speech? Having fun with my poetry piece and really bringing each



mood and emotion out in my piece. Also seeing my progress through my Original Oratory piece grow.

What have you learned through this event? That I am capable of memorizing and giving a speech like in Original Oratory in front of people a group of people even though it makes me nervous.

What other event would you like to try and why? Public Address because I have watched other public addresses and even though it is harder to memorize a speech that is written by someone else, there are so many options like Ted talks or speeches pulled from court cases. I think it would be really fun to do.

How will speech help you in the future? Being confident when talking in-front of groups of people, and it helps to build confidence and conversation skills.

Name: Amaya Hunt

What event are you in for speech? I am in Reviewing with Mrs. DeVore. What do you enjoy most about individual speech? It's odd, but I like the feeling of knowing that I have everyone's attention; I



like knowing that all eyes in the room are on me. I enjoy the challenge of making people feel a certain way, or getting them to look at a certain aspect of life in a new way, or with a better appreciation. I love the freedom that comes with it-you can take a speech and do whatever you want with it... it's really a blank slate.

What have you learned through this event? I've learned that one of the biggest & strongest tools in life are emotions. It's what really makes us human and what

#### Fine Artists of the Week

allows us to connect with one another. What other event would you like to try and why? I think I would really love to be in Acting, or Public Address. I like truly taking on a new character, which I think you can easily embody through Acting. Public Address would just be cool because I wouldn't have to write my own speech;)

How will speech help you in the future? Obviously, it will help majorly with communication skills, but I think it aids a lot in your personal confidence.

Name: Andrew Kloser

What event are you in for speech? Public address and storytelling What do you enjoy most about individual speech? The pressure of it all being on you, no one else.



What have you

**learned through this event?** I've learned what it takes to stand up in front of people and speak confidently. It's not easy

What other event would you like to try and why? Acting, I've never done it and it sounds fun.

How will speech help you in the future? It will help me in school and after school communicating.

Name: Kylie Chesnut

What event are you in for speech? Storytelling What do you enjoy most about individual speech? Being able to spend more time with friends and having fun

with our events.



What have you learned through this event? Going all out with the characters makes it a lot more fun.

What other event would you like to try and why? I think I would try Acting, but Storytelling is for sure my favorite! How will speech help you in the future? In the future, I will be much more confident and comfortable when I have to talk to larger groups of people.

Name: McKenna Thompson What event are you in for speech?

I am in reviewing and public address What do you enjoy most about individual speech?

I like getting to send people a message with my speeches or entertaining them.



What have you

learned through this event? I've learned that I love public speaking and want to incorporate it into my future job
What other event would you like to try and why? I would like to try original

oratory **How will speech help you in the future?**I will learn how to speak in front of others as well as inspire or persuade them.

Name: Josie Teymer

What event are you in for speech? I am in expository speech. What do you enjoy most about individual speech? I enjoy teaching people about my topic and watching other people's performances.



What have you learned through this event? I have learned how to memorize something in a short amount of time.

What other event would you like to the

What other event would you like to try and why? After watching a few other categories I think that I would like to try storytelling.

How will speech help you in the future? This will help me in the future to give presentations at work.

Congratulations to Smooth
Harmony on being selected to the
Iowa Vocal Jazz Championships
for the 15th consecutive year!
Class 1A/2A will compete on Monday, March 29th at Valley High
School in West Des Moines.

### **Best Buds**

The Lunch Ladies (Karlene Sellner, Rose Tumey, Bonnie Nurre, Patty Wilson, Laura Begle) by Amaya Hunt

### How long have you been working at lunch here in the high school?

Karlene: 15 years Rose: 7 years.

Bonnie: I actually started in 1997- I helped the cooks when they needed it. In 2009, I

started working every day. Patty: 16 years- this is year 17.

Laura: 3 years.

### In your time spent here at MV, what is the best memory you've created?

Karlene: My time with the gals in the kitchens, and with the entire MV staff in general:)

Bonnie: In Halloween of 2020, I dressed up as Mary Sanderson from the movie Hocus Pocus. I would tell people, "I smell children.":

Patty: We've created so many, but I'd have to say that most recent was dressing up with Laura & Bonnie as the Sanderson Sisters from Hocus Pocus last Halloween. The elementary kids especially loved it! Laura: I loved dressing up as the Sanderson Sisters for Halloween and walking around the school!

# What do you love most about coming to work in the morning and seeing your co-workers?

Karlene: I love when everyone is laughing and having a good time -- things go so well. I really enjoy hearing what they did last night or what they did over the weekend before.

Rose: I like the camaraderie that comes with working alongside my co-workers. Bonnie: Seeing my co-workers' smiling faces:)

Patty: Life is so busy; it is sometimes hard to make time to spend time with friends. When Covid hit, it made it that much harder. So, coming to work every day, I get to see Bonnie, my dear friend; Laura, who always makes me laugh; Rose, a trusted friend & neighbor; Lisa, whom I love to spend time with; and Pam, who is so humble & thoughtful.

Laura: Seeing my co-workers; I really enjoy working with Patty, Rose, Bonnie, Pam and Lisa.



# If you weren't involved with the MV community, what would you absolutely love to do with your life?

Karlene: I would spend more time with my family & grandkids; I would also spend more time helping out at Camp Courageous' garage sales, as they are focused on helping kids.

Patty: Travel- there's such a great, wide world out there to be seen & experienced.

### What is your favorite time of the school year, and why?

Karlene:I really love Summer. But in general, I really like the warmer months (spring, summer & fall) when I can be outside camping, and working in my flower beds.

Rose: I like spring- it's close to the end of the school year, and brings summer!
Bonnie: Even though most of us aren't excited about the beginning of the school year, I am. Everywhere you look, it's clean! The floors shine, windows sparkle, the hallways, bulletin boards, desks....
They're all clean and look awesome!
Patty: This is a tough question, because Christmas has always been my favorite.
But, I really love homecoming because the students are having fun and showing so much school spirit!:)

Laura: Spring- I just like the changing of the seasons.

# What's one piece of information about yourself that most students wouldn't know?

Karlene: I am more of a quiet person. Patty: I started the MV Shoebox. Shoes are free for athletes of all ages; I believe every child should be able to play a sport, or at least try it. Shoes are donated, and then I clean them and hand them out to anyone that could use them. Covid slowed us down this year, but we are ready to hand out shoes!

### What's one piece of advice you'd love to give to the students in the high school?

Karlene: Make the best of your high school years. Make sure it's fun and enjoyable! It goes by so fast.

Bonnie: Find a job that you love & enjoy doing, and you will never have to work a day in your life.

Patty: Get involved! I feel everybody at MV has a talent to share or explore. Music, arts, speech, sports, technology... you will find like-minded friends, and find things you love (or don't love;). Explore! Laura: Always be kind. And make sure to help out wherever you can!

### If you could have one meal cooked for you, what would it be?

Karlene: Any meal that I don't have to prepare for myself:)

Rose: Lasagna, breadsticks, a garden salad & cheesecake!

Bonnie: Chicken tetrazzini & peas. Patty: Seafood & steaks. But I love chefs who have specialty sauces to enhance meals.

### And as always... in 10 or 15 years, where do you hope to be in life?

Karlene: I hope that I'll be kicking back, relaxing and enjoying life.... and retirement:)

Bonnie: I want to be healthy and enjoying time with my family.

Patty: In 10 years, I hope to be retired with my husband. I hope that we go hiking, fishing, camping, and travel to see my children wherever life takes them.

### **Hall Smarts**

by Cadence Freiburger

In celebration of Maquoketa Valley's Girls' Basketball making it to state, I thought it might be fun to ask some of MV's high schoolers (including three of our \*girls'



basketball players) some trivia questions about the Women's National Basketball Association (WNBA).

1. Who was the first president of the WNBA league?

\*Emerson Whittenbaugh: idk \*Erin Knipper: Val Ackerman Lily Huber: Pam Beesley \*Isabel Imler: Val Ackerman Answer: Val Ackerman

2. What year was the WNBA formed?

\*Emerson: 1995 \*Erin: 1998 Lily: 1976 \*Isabel: 1990s Answer: 1996

3. Who scored the first point in WNBA

history?

\*Emerson: Lesa Leslie

\*Erin: Margo Dydek, from Utah

Lily: Livia

\*Isabel: Sheryl Swoopes Answer: Penny Toler

4. Which team was the first WNBA team

to visit the White House? \*Emerson: LA Sparks \*Erin: Washington Senators

Lily: Houston Ballers \*Isabel: Houston Comets

#### Comedy Corner

#### -compiled by Paige Panosh

What do pre-teen ducks hate? Voice quacks

Why do rappers need umbrellas? Fo'drizzle

How do you find Will Smith in the snow? Look for the fresh prints.

What's the difference between ignorance and apathy?

I don't know, and I don't care.

compiled by Paige Panosh

Almost 150,000 college students develop an alcohol-related health problem each vear.

-Ohio University



This week's cutie lives in Delhi. He's in basketball, track, cross country, speech, and jazz. He is a junior and loves to waterski and play basketball in the summer.



Last week's Cutie was Madeline Gellersen.



#### What would you put on your dream sandwich if you could use any ingredients you wanted to make it? by Paige Winter

Amaya Hunt: chicken, bacon, ranch Mr. Dunlap: turkey, bacon, and mayo Amanda Mohr: turkey, cheese, lettuce, and ranch

Ashtyn Porter: pepperoni, lettuce, cheese, and ranch

Jackson Hunter: roast beef and provolone, like a French dip

Keziah Ambundo: A BLT but add pickles and mayo

Mr. Arnold: roast beef, mayo, lettuce, tomato, colby jack cheese, and Famous Dave's Hot Spicy Pickles, and toasted bread

Mr. O: ham, turkey, bacon, lettuce, tomato, banana peppers, jalapenos, black olives, pickles, and honey mustard Saige Hunt: just ham and cheese Leah Ries: chicken, bacon, lettuce, and spinach

Kendra Hillers: ham, potatoes chips, lettuce, tomato, and pickles

Cy Huber: turkey

Nolan Ries: peanut butter and jelly, you can't get better than that

# MV TEL-ALL Quotes

by Matthew Brehm

Prepare for whatever may lie ahead because it's impossible to know for sure where the future will go. This week's quote is,



"Sweat more during

peace; bleed less during war." - Sun Tzu.

In Boy Scouts, there is one motto we try to keep in the forefront of our minds: "Be prepared." Simple though it is, it's a motto we could all stand to live by. On a surface level, you might think of carrying a first aid kit, knowing how to build a shelter, etc. These are all valuable skills to possess, but when we broaden the scope, we can apply it to being well-educated, being mindful of human behavior, and being willing to work hard when times get tough.

Sun Tzu became a military strategist for China in the year 512 B.C., writing his famous book, *The Art of War*, about 12 vears later. His primary strategy was not to use force, but rather to collapse a powerful government from the inside out. With this bit of context, perhaps he meant in this quote that time would be best spent studying opponents before facing them.

Whether we'd like to admit it or not, we all give in to unproductive temptation at times. That's just part of the human condition. However, the best work always happens when we allow ourselves time to complete something well rather than procrastinate. By sweating during peace, we bleed less during war. By working hard while we aren't under high pressure, we won't be as stressed when time runs out.

To me, the "war" in this quote sounds like a test. The more dedication you put into preparing for that test ahead of time, the better equipped you will be to pass it. The test of life requires work. Don't give up a battle before it is in progress; instead, be proactive. Be ready for whatever is thrown at you because it's better to overestimate the future than to underestimate it.