



The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: <http://www.maquoketa-v.k12.ia.us>
twitter#maquoketavalley

May 2019

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Board of Directors

Donna Kunde - Area 1
Doug Dabroski - Area 2
Chris Huber - Area 3
Mike Feldmann - Area 4
John Zietlow Area 5

Why Children and Teens are Particularly Sensitive to the Sleep-disrupted Impact of Electronics

With their brains, sleep patterns, and eyes still developing, children and adolescents are particularly vulnerable to the sleep-disrupting effects of screen time, according to a sweeping review of the literature published today in the journal *Pediatrics*.

"The vast majority of studies find that kids and teens who consume more screen-based media are more likely to experience sleep disruption, Associate Professor at the U of Colorado Boulder, Monique LeBourgeois, further explains the reasons *why* digital media adversely affects sleep."

- More screen time is associated with delayed bedtimes, fewer hours of sleep and poorer sleep quality.

Biological, neurological and environmental factors all play a role:

- Because children's eyes are not fully developed, children are more sensitive than adults to the impact of light on the internal body clock.
- Light is our brain clock's primary timekeeper. Meaning when light hits the retina in the eye in the evening hours it suppresses the sleep-promoting hormone melatonin, delaying sleepiness and pushing back the timing of the body clock. Younger individuals have larger pupils, and their lenses are more transparent, so their exposure and sensitivity to that light is even greater than in older individuals.
- One study found that when adults and school-aged children were exposed to the same amount and intensity of light, the children's melatonin levels fell twice as much.
- Studies also show that short-wavelength "blue light" in hand-held electronics -- is particularly potent at suppressing melatonin.
- Through the eyes of a child, exposure to a bright blue screen in the hours before bedtime is the perfect storm for both sleep and circadian disruption.

Psychological Stimulation factors:

- Whether it's exposure to violent media or texting with friends -- either can also sabotage sleep by boosting cognitive arousal.

Recommendations for Parents:

- Limit children's media use in the hour before bedtime.
- Turn off all electronic media devices, including yours, at bedtime, and charge them in a central location outside bedrooms.
- Remove all electronic media from your child or teen's bedroom, including TV's, video games, computers, tablets, and cell phones.
- Stick to a sleep schedule and avoid caffeine in the evening.

Excerpts are taken from the Journal of *Pediatrics*, Digital Media and Sleep in Childhood and Adolescence, 2017.

(continued on next page)

Maquoketa

Valley Community School District
Ensures High Levels of Learning to Empower All Students For

(continued from front page)

**Sleep Recommendations for Children and Teens
from The American Academy of Sleep Medicine,
endorsed by the American Academy of Pediatrics:**

- Preschoolers (3-5) should sleep 10 to 13 hours per 24 hours (including naps) on a regular basis to promote optimal health
- Children 6 to 12 years of age should sleep 9 to 12 hours per 24 hours on a regular basis to promote optimal health.
- Teenagers 13 to 18 years of age should sleep 8 to 10 hours per 24 hours on a regular basis to promote optimal health.



**Special Board Meeting
April 10, 2019**

A special meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 7:15 a.m. in the Middle School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Four board members were present. There were two staff present. The agenda was approved.

At 7:16 a.m., President John Zietlow declared this to be the time and place to hold the hearing on the proposed budget for the 2019-2020 school year. The proposed tax rate is \$10.21198. The documents were reviewed and there being no comments, the Board President declared the hearing closed. Motion by Kunde, seconded by Feldmann to approve the budget estimate as presented. A roll call vote was answered as follows: Dabroski, Feldmann, Kunde, Zietlow; all ayes. Carried.

One open enrollment request out was approved.

The following personnel recommendations were approved:

Alissa Fairbanks – resignation as Elementary Teacher
Sarah Cherne – resignation as Elementary Teacher
Dan Cassutt – employed as Assistant High School Baseball Coach
Brock Hillers – employed as Middle School Baseball Coach
Arlyn Johnson – resignation as Food Service

The Board approved the 2019-2020 AEA Cooperative Purchasing Agreement.

The following board policies were reviewed and approved: 401.12 Employee Use of Cell Phone, 505.020 Student Activity Accounts, 803.040 Public Purpose and Use of Public Funds, 803.040R1 Public Purpose and Use of Public Funds Regulation, 803.090 Employee Travel Compensation, 802.100 Internal Controls, 802.110 Internal Control Procedures, 803.120 Credit and Procurement Cards and 1004.010 Community Use of School District Facilities and Equipment.

The Board approved the receipt of the 2017-2018 District Audit which was filed with the State of Iowa.

The Board approved the operational sharing agreement with Springville, Lisbon, Central City, North Linn and Maquoketa Valley for the Human Resource Officer for the 2019-2020 school year.

The Board approved the TEL out of state trip to Dallas, Texas on July 14th through July 19th.

Nomination forms will be distributed for this year's 5-Star Award recipient. The award will be presented at graduation ceremonies on May 15th.

The meeting adjourned at 7:40 a.m.

Regular Board Meeting April 22, 2019

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 5:30 p.m. in the High School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Four board members were present. There were five staff members present and two visitors present. The agenda and consent items were approved.

Ed Wulfekuhle presented information to the Board regarding a possible solar project at the Delhi campus.

The Board approved the bus bid from Hoglund Bus Company in the amount of \$84,159.00 for the purchase of a 2020 IE CE gas 71 passenger bus. The bus will be purchased after July 1st and SAVE dollars will be used for the purchase.

The Board approved the 2019-2020 membership dues to Iowa Association of School Boards in the amount of \$2,541.00.

The Board approved the amendments to the group annuity contract issued by American United Life Insurance company.

The Board approved the list of the 2019 seniors for graduation at Maquoketa Valley Community High School as long as all graduation requirements have been met. Graduation is scheduled for May 15th at 7:30 p.m.

The following personnel recommendations were approved:

- Brittany Sabers – employed as Summer Custodial
- Norm Wilson – employed as Summer Custodial
- Blake Becker – employed as Summer Custodial
- Lane Coyle – employed as Summer Custodial
- Sarah Lown – resignation as Elementary Teacher
- Sarah Lown – employed as High School Administrative Assistant
- Taryn Fellingner – employed as Elementary Teacher
- Tim Andrews – resignation as Head High School Wrestling Coach
- Melissa Dutra – resignation as Middle School Softball Coach

The Board tabled item number 13 which was approving the 2019-2020 collective bargaining agreement between the Maquoketa Valley Education Association and Maquoketa Valley Board of Directors.

The Dollars for Scholars and Senior Award Ceremony will be held on Sunday, May 5th beginning at 3:00 p.m. Baccalaureate will also be held on May 5th and begin at 1:30 p.m.

Academic Excellence is scheduled for May 1st beginning at 6:30 p.m. Amy Sands will be the featured speaker for the evening.

Due to Memorial Day falling on our next regularly scheduled board meeting, the May board meeting will be held on Thursday, May 23rd at 5:30 p.m.

At 6:56 p.m. in a motion by Dabroski, seconded by Feldmann the Board entered into a closed session pursuant to Chapter 21.9 of the Code of Iowa for the purpose of discussing strategy matters relating to employment conditions of employees of the school who are not covered by the collective bargaining agreement. A roll call vote was answered as follows: Dabroski, Feldmann, Kunde, Zietlow; all ayes. Carried.

At 7:00 p.m. the Board entered into open session.

The meeting adjourned at 7:01 p.m.

MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p>	<p>ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME.</p> <p>ALL MEALS ARE SERVED WITH A 8 OZ. MILK</p> <p>WG= WHOLE GRAIN</p>	<p>1 GRILLED CHICKEN WG SCHOOL ROLL ROMAINE LETTUCE CARROT STICKS STRAW. APPLESAUCE BLUEBERRIES</p> <p>COMBO ON WG BUN</p>	<p>2 SUB ON WG BUN HASHBROWN BAKED BEANS CARROT STICKS HUMMUS MANDARIN ORANGES WG CHERRY BARS</p> <p>OMELET/TOAST</p>	<p>3 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO FRESH PINEAPPLE MIX FRUIT</p> <p>PANCAKES & SAUSAGE</p>
<p>6 SENIORS TOP PICKS THIS WEEK CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN STRAW. APPLESAUCE PEACHES</p> <p>BREAKFAST PIZZA</p>	<p>7 WG MAC & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS APPLES MIXED FRUIT</p> <p>WG CINN. ROLL</p>	<p>8 BBQ PORK ON WG BUN CHEESY POTATOES BAKED BEANS MIXED VEGGIES COLESLAW FRESH PINEAPPLE APPLESAUCE</p> <p>SAUSAGE EGG MUFFIN</p>	<p>9 MEATBALL SUB FRENCH FRIES CARROT STICKS HUMMUS STRAWBERRIES PEARS CARNIVAL COOKIE</p> <p>WAFFLES</p>	<p>10 CHICKEN STRIP WG SCHOOL ROLL (9-12) CURLY FRIES ROMAINE LETTUCE CALIFORNIA BLEND PEACHES ORANGES</p> <p>BREAKFAST CHOICE</p>
<p>13 GRILLED CHICKEN WG SCHOOL ROLL ROMAINE LETTUCE CARROT STICKS PEARS BLUEBERRIES</p> <p>BR. PIZZA</p>	<p>14 WG SOFT SHELL TACO REFRIED BEANS RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES</p> <p>WAFFLES</p>	<p>15 HAM WG SCHOOL ROLL BAKED POTATO SAVORY CARROTS BROCCOLI APPLESAUCE APRICOTS</p> <p>SAUS/EGG/MUFFIN</p>	<p>16 FISH WG SCHOOL ROLL POTATO WEDGES PEAS CAULIFLOWER APPLES STRAW. APPLESAUCE</p> <p>FRENCH TOAST</p>	<p>17 SUB ON A WG BUN HASHBROWN BAKED BEANS WINTER MIX PEACHES ORANGES WG APPLE CRISP</p> <p>WG CINN. ROLL</p>
<p>20 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN PEACHES APPLES</p> <p>PANCAKE ON A STICK</p>	<p>21 WG SPAGHETTI WG GARLIC BREADSTICK ROMAINE LETTUCE TOMATO CUCUMBER APPLESAUCE ORANGES</p> <p>WG CINNAMON ROLL</p>	<p>22 TENDERLOIN ON WG BUN NATURAL CUT FRIES MIXED VEGGIES BAKED BEANS PINEAPPLE MIXED FRUIT</p> <p>COMBO ON WG BUN</p>	<p>23 WG CORN DOG TATER TOTS SAVORY CARROTS PEAS BANANA PEARS</p> <p>PANCAKES & SAUSAGE</p>	<p>24 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX STRAWBERRIES KIWI</p> <p>BREAKFAST CHOICE</p>
<p>27</p> <p>NO SCHOOL TODAY</p>	<p>28 CHICKEN STRIPS WG SCHOOL ROLL (9-12) CURLY FRIES ROMAINE LETTUCE CALIFORNIA BLEND PEACHES ORANGES</p> <p>BREAKFAST PIZZA</p>	<p>29 TACO SALAD REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES</p> <p>COMBO ON WG BUN</p>	<p>30 COOK'S CHOICE</p> <p>BREAKFAST CHOICE</p>	<p>31</p> <p>ENJOY YOUR SUMMER</p>



I would like to extend a **HUGE THANK YOU** to the girls' basketball team and their coaches (Scott, Ali, Brad, & Jesse) for organizing the annual "Pink Out" game. I especially want to thank you, the GENEROUS MV patrons, for your donations in my honor. I was overwhelmed and humbled to be the recipient of this incredible gift!

When I was diagnosed with cancer a year ago, I told myself this would be a "no tears project." Since that time, I have tried to stay true to that. The only times I have slipped have been when I was struck by the goodness of people who have reached out to me in so many different ways: through cards, gifts, words of support, and most of all through prayers. Maquoketa Valley is not just a school district, but a family. I am so blessed to be a part of this wonderful community!

Since that Pink Out game, another long time member of our MV family, Marty Tumey, has also developed cancer. Unfortunately, his prognosis is not as positive as mine. Therefore, I asked Coach Moenck and the girls's basketball team to transfer the game donations to Marty instead of me. I felt certain that our MV community would agree with this decision.

Please keep Marty in your thoughts and prayers as you did for me.

With gratitude,
Sue Goldsmith

3rd Grade News from Delhi Elementary

As the Delhi third graders near the end of the school year, they can be proud of their hard work and dedication this school year!

In math 3rd quarter, students worked on understanding that fractions are equal parts of a whole, relating fractions and whole numbers and comparing and ordering fractions. In order to deepen students' understanding of fractions they used manipulatives and a variety of strategies.

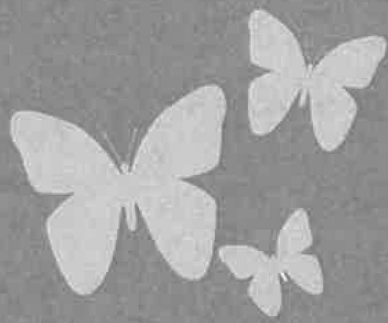


Our approach to reading encourages students to learn and apply new strategies in order to deepen their understanding of what's being read. We're learning how to connect text with our own experiences, as well as other texts we've read. We've also been discovering how making predictions, questioning, visualizing, inferring, drawing conclusions and summarizing can enhance our understanding of the stories we read. The students are also focusing on crafting well constructed written responses to what they're reading; using evidence from the text to support their thinking. We've already seen a lot of growth in the area of writing!



Science class 4th quarter has found the 3rd graders exploring water and climate with the use of the FOSS kit from Keystone. The FOSS kits are designed around active investigations that provide engagement with science concepts and science engineering practices. The investigations in this unit are Water Observations, Hot Water, Cold Water, Weather and Water, Seasons and Climate and Waterworks. At the end of the unit students will be designing, constructing, evaluating and redesigning a waterwheel to lift or pull objects!

It's been a busy and exciting 2nd semester in 3rd grade!



All About Kindergarten May 2019



Kindergarten News

It has been a very exciting spring for our Kindergarteners. Our Daily 4 routines have really taken off this semester and it has been amazing seeing how independent these little people can be! Our students have went from learning letter sounds to reading books all on their own.

One of the most exciting things that we were able to experience in March was watching the life cycle of a baby chick. Since our chicks have hatched our kindergarten wing has turned into a little farmhouse. We have had baby chicks, a bunny rabbit, and some puppies visit our rooms.

Lastly, we have been very busy in math as well. We have just completed a unit on addition and subtraction and have now started learning about numbers 10 and above. Each morning the students count how many days of school we have had so they are mastering being able to count to 100 and above as well!



Coming Soon

Graduation

Each of our students will get to celebrate finishing the school with a graduation celebration. This will be held on May 28th at Earlville Elementary!

May Day Fun

Each of our classes had a chance to brighten the day of our community members by delivering a basket of goodies on May 1st!

Note About Lunch

As of Wednesday, May 1, charging will not be allowed on lunch accounts. You must have money in your account or pay cash to eat. Also, all negative balances **must be paid by Friday, May 10th.**

Calendar Changes Due to Weather Make Up Days

We currently have 3 school days to make up that were lost due to bad weather. They will be made up on:

May 28

May 29

May 30

Therefore, at this time, the last day of school for students will be **May 30**. We will have an early dismissal that day - 1:05 pm.

Report Cards

Report cards for students in grades 7-12 will be available to students or their parents beginning June 11th. You may pick these items up from the Administration at the Delhi Elementary / Middle School Building. If you do not wish to take the time to come to school or do not wish to drive to Delhi, send a self-addressed, stamped envelope to the school's address (P.O. Box 186, Delhi, IA 52223) and the report card will be mailed to you after June 7th. This is the best way to get your child's report card.

Summer Hours

The Maquoketa Valley Administration will be working throughout the summer. Hours will be 8:00 AM until 4:00 PM each week, Monday through Thursday. The school office will be CLOSED on Fridays during the summer. This will begin the week of June 10th and run until the week of July 22nd.

FINE ARTS UPDATE

The Next Fine Arts Booster meeting is May 13th, at 5:30 in the High School commons.

If your child is in Speech, Drama, Music-choir or band you are a member – please help us make the decisions that affect your children.

Athletic Boosters Need YOU!!!

The Maquoketa Valley Athletic Boosters are looking for members who would like to be involved in helping organize and run our events. The Athletic Boosters meet the **first Wednesday of every month** (except July) at 6:30 p.m. in the high school cafeteria. Please consider sharing your time & talents so that we may continue to provide the needed assistance to our athletic programs.

Next School Year

2019-2020

The Maquoketa Valley school calendar for next year is now available on our website at :

<http://www.maquoketa-v.k12.ia.us>.

The first day of school for 2019-2020 is

August 23rd, 2019

Items for Sale

Maquoketa Valley Community Schools has the following items for sale:

Quantity/Item

- 3 Teacher desks
- 8 Wooden teacher chairs
- 3 4-drawer filing cabinets
- 4 Overhead projectors
- 30 Student desks
- 55-60 4' fluorescent light sets
- 35 Student chairs (burgundy) - jr. size
- 33 Student chairs (colored chairs, 6 blue, 6 red, 6 green, 15 yellow) - jr. size
- 1 Metal cabinet
- 4 Older book shelves
- 25 Chairs with a flip-up desk/arm
- 2 TVs
- 1 VCR
- 2 TV carts
- 1 Hanging file rolling cart
- 1 Old wooden teacher desk
- 1 Round table (wobbly)
- 5 Fold-up, bench-seat lunchroom tables

If you are interested in these items please send a SEALED bid to Erika Imler at the Administration Office, P.O. Box 186 Delhi, IA 52223 by Thursday, May 2, 2019. The sealed bids will be opened on Friday, May 3, 2019.

We reserve the right to reject any or all bids.



Delhi United Methodist Church is collecting pop tabs for Camp Courageous of Iowa. Camp Courageous is a year-round camp for youth, kids, and adults with disabilities. It is located in Monticello, IA. The camp is run entirely on donations. Pop tabs can be sent to Delhi Elementary/Middle School with your student.

DeAnna Hogan, in the library, will be managing these donations. Farr Jebens, member of the Visitation Ministry Team at the church, will then collect them. More information about Camp Courageous of Iowa can be found at www.campcourageous.org. Thank you for your help in raising money for this organization!

Maquoketa Valley's Summer Driver Education Class



It is time to think about Summer Driver Education at Maquoketa Valley. Information about the class is listed:

- 1)The class is held in Delhi at the high school.
- 2)Driver's Ed will begin May 10. Until the last day of school classes are held 7:00-8:00 each morning and a group will drive every day after school.
- 3)Classes/driving should end around June 22.
- 4)Students must be 14 years of age by April 10th to be in the class.
- 5)Each student must have 30 hours of class time; 6 hours of driving time.
- 6)An attempt is made to put students by towns for driving, so they may carpool.
- 7)A schedule of classes, driving times, driving groups will be mailed late April to all participants.
- 8)Greg Drew is the instructor for both class and driving.
- 9)To signup for driver's ed go to the following website: www.streetSMARTSDRIVERS.ED.COM
- 10)After getting the Street Smarts website, select CLASS REGISTRATION, then OTHER, and finally MAQUOKETA VALLEY
- 11)Cost for the class is \$335.
- 12)If you son/daughter is in Softball or Baseball, please email me by April 15. There is a limited number of driving spots for students involved in summer sports, so it is a first come basis on who gets these selected driving times.
- 13)Please do not hesitate to contact the school with questions.

Maquoketa Valley Community Garden

At the beginning of the 2018-2019 school year, Maquoketa Valley Ag Classes, MV FFA and the Delhi United Methodist Youth Group joined forces to provide a Community Garden for the Maquoketa Valley Community. The goal of these groups decided there was a need for free fresh produce in the community.

According to the Census Bureau in 2017 Delaware County's median household income was \$60,534, which is greater than the state of Iowa's median household income at \$56,570. Even though our county has a higher income than state's income, there are still families going hungry.

Delaware County covers 579 square miles and is the home of 17,153 people as of 2017. Feedingamerica.org states 9.3% of people in Delaware County are struggling with food insecurity. In our county alone there are 1,610 people are hungry and have no food.

In the fall, ground was broke at 506 Market St. in Delhi. The Youth Group built a storage shed and helped remove the sod from the new garden plot. The MV Ag classes put up a fence around the garden, took soil samples and tested for soil health, and built a vegetable stand and an information kiosk. They also started vegetables, herbs, ornamental corn and a few flowers in the greenhouse. The vegetables are ready to be transplanted as soon as Mother Nature cooperates.

MAQUOKETA VALLEY GREENHOUSE

Plant Sale

MAY 1 - MAY 29

HERBS & VEGETABLES AVAILABLE

HOURS: MON & WED 7:30-9:30 AM

TUES & THURS 3:30-5:30 PM

SATURDAY 9:00-11:00 AM

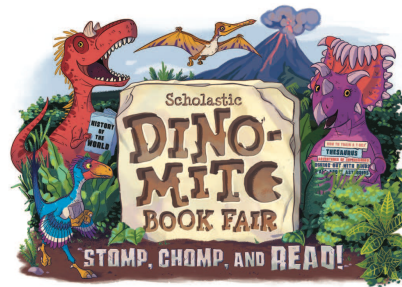
CALL 563-922-2091

Between the MV Ag students, FFA members and the Youth Group, the garden will be tended to and vegetables will be harvested and available for free for people in need. We ask that you only take what you can use. This produce is not intended for someone to use for canning or freezing purposes.

Donations are not expected but will be accepted. These donations will be used for supplies for the garden next year.



Maquoketa Valley is one of the many schools across America that collects Box Tops for Education. Box Tops for Education is one of the largest school earnings loyalty programs in the United States. For each Box Top that is donated, Maquoketa Valley receives 10 cents. MV can then use this money to buy whatever is needed for our school. It's easy to find Box Tops. In fact, you may have some in your home right now. Box Tops are found on hundreds of your favorite products—including paper products and school supplies! Just look for the Box Tops for Education symbol and cut it out. Maquoketa Valley collects Box Tops all year long. Simply send them to school with your child to give to their classroom teacher. Once the Box Tops are collected at Maquoketa Valley, they are counted and submitted. Box Tops earnings are then sent out to MV twice a year—once in November and once in March. This is a great way for our school to earn extra money and it's so easy. Clip some Box Tops and turn them into our school today! For more information about Box Tops for Education and a full list of participating products, visit www.boxtops4education.com. Maquoketa Valley appreciates your support!



SCHOLASTIC BOOK FAIR

The Scholastic Book Fair visited Maquoketa Valley on March 12 & March 14 during Spring Conferences in Delhi, but the excitement didn't start there. Students spent the days prior to the Book Fair creating Wish Lists, previewing the Book Fair, and participating in a Pre-8 Coin War. The hallways were buzzing with an eagerness to earn some new books for our district classrooms and libraries. The Coin War winners also earned special prizes throughout the week. The competition got fierce as each Pre-5 classroom was eager to win privileges such as lunch in the classroom, extra recess, and other incentives. The elementary students (Pre-5) in all buildings (Delhi, Johnston, Earlville) were able to raise \$2,778.90 to purchase new books for their classrooms. The Middle School students (grades 6-8) got excited about a separate bank of prizes: Free WIN, Egg Roulette, Relay Race Games, and Free Study Halls. For every \$25 earned per grade, the students would cash in on another incentive. The Middle School students were able to raise \$308.42 to purchase new books for their ELA classrooms. With the money earned over the course of the Coin War, teachers were able to purchase 368 new books for their classrooms (Pre-8). The students were thrilled! All of this excitement spilled over into the following week when the Book Fair opened to the public during Spring Conferences. The district sold over 1,700 books in just 2 days! With the profit earned from this year's Book Fair, our district libraries have already been able to purchase 330 new books with many more to be purchased during the upcoming 2019-2020 school year. A big "Thank You" to everyone who contributed to the success of MV's Scholastic Book Fair this year -- our classrooms, libraries, teachers, and students benefit greatly from your support!



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Sale Ends: 6/16

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www.educationalproducts.com/shoppacks

Enter Our School ID: **MAQ003**

Actual pack contents will vary.

[Preview YouTube video Parents: Shop & Save on School Supplies](#)



Baccalaureate
Sunday, May 5th, 2019
1:30 p.m.
High School Auditorium



**National Honor Society
and
Academic Excellence Banquet**

On May 1, the High School will be celebrating and recognizing those students that have excelled in the classroom and have displayed the established pillars of scholarship, service, leadership and character. The banquet will begin at 6:30 in the high school cafeteria and then after supper the awards will be presented in the high school auditorium.

Speech and Drama Awards Night

The Speech and Drama Awards Night will be held **Friday, May 10th** at 6:30 p.m. in the high school auditorium. Students who were involved in the musical, large group speech, individual speech, and/or the spring play will be receiving recognition for their participation. Freshmen & sophomores are asked to bring a dessert. Juniors are asked to bring a gallon jug of Hawaiian Punch to share with everyone after the awards ceremony. Family members are also welcome to attend.



**CONGRATULATIONS
TO THE
CLASS OF 2019!
Commencement:
May 15th - 7:30
High School
Gymnasium**

SENIOR AWARDS

Maquoketa Valley High School Senior Awards Night will be held in the Middle School Multipurpose Room on **Sunday, May 5, 2019, at 3 p.m.** Dollars for Scholars scholarships and other awards and scholarships will be presented at this time.





The Seussification of



a comedy by
Peter Bloedel

Produced by special arrangement with
Playscripts, Inc.
(www.playscripts.com)

**Presented Friday, May 3 and Saturday, May 4
at 7 p.m.**

in the Maquoketa Valley High School Auditorium

Cost \$5 per ticket; tickets go on sale April 29

The Maquoketa Valley Drama Department will present Peter Bloedel's *The Seussification of Romeo and Juliet* on May 3 and 4 at 7 p.m. in the MV auditorium. For those who are fans of Shakespeare or Dr. Seuss, Bloedel has intertwined the two into a comedy that will leave you shouting, "One more time!" (And you will get your wish.)

Join the narrators as they explore Verona and attempt to fix the problems that exist. Will Romeo and Juliet live happily ever after? Will the Capitulates and Monotones hate each other for the rest of time? All of these questions will be answered on May 3 and 4 as the Grinch (Zach Digman) reminds us how our hearts can grow. Stop by for a night full of merriment, tragedy, comedy, laughs, and rhyming tetrameter!

Narrator 1 and Narrator 2 (Emma McDowell and Allison Dunn) guide the audience through this play, filled with enchanting wordplay, bouncy rhyming, Dr. Seuss-like inventions, and minor plot changes. The Prologue (Brylie Pohlman, Tate Trenkamp, Devin Smith, and Madalynne Naab) sets up the basis of Shakespeare's classic love story. Lord and Lady Capitulate (Brock Trenkamp and Kristin Lucas) as well as their followers (Maddie Lahr, Keziah Ambundo, Madeline Gellersen, Emma Hill, Emma Beitz, Tate Trenkamp, & Madalynne Naab) hate Lord and Lady Monotone (Lucas Johnson and Lydia Helle) and their followers (Amanda Mohr, Tony Offerman, Erika Supple, Layla Crippen, Carlie Lewin, Jordan Hogan, Brylie Pohlman, & Devin Smith); of course, the Monotones also despise the Capitulates.

Paris (Logan Johnson) is determined to marry Juliet Capitulate (Shelby March), so he lures in her father with tasty candy. Meanwhile, Romeo (Noah DeVore) is heartbroken because the girl he loves doesn't feel the same way. His cousin Benvolio (Liz McDowell) and friend Mercutio (Paige Panosh) decide they need to get Romeo out of the black hole he's fallen into, and the Capitulate party is the perfect place for this to happen. As a result, Romeo and Juliet fall in love, and with the help of Monk Larry (Andrew Hildebrand) and the Nurse (Amaya Hunt), the two teens marry. Unfortunately, fights break out; Tybalt (Alex Digman) and Mercutio die causing the Prince (Brian Heims) to banish Romeo. With the creativity of Narrator 1 and Narrator 2, Shakespeare's classic will never be the same.

2019 Maquoketa Valley Youth Boys Basketball Camp

Who: Incoming Grades 2 - 8 (2-4 Together, 5-8 Together)



When: July 15th - July 18th

- **2-4** 8:30 - 10:00
- **5-8** 10:30 - 12:00



Where: Middle School Gym

What: Basketball Camp that will encompass offensive and defensive skills of basketball.

What to Bring: basketball shoes, water bottle, towel

Please Return the Bottom Form and Payment to the Middle School Office by Friday, July 6th, 2019

Cost: \$35

Make Checks Payable to MV Boys Basketball

All proceeds from the camp will be put back into the Maquoketa Valley Boys Basketball Account. The players who attend the camp will be assisted by the Maquoketa Valley Basketball Coaches and high school players learning many different aspects regarding the game of basketball. There will be give-away items throughout the week that campers will be able to earn based upon their performance in drills as well as hustling at all times.

=====

Name of Player: _____ Grade: _____

Name of Parent(s)/Guardian: _____

Emergency Contact Information: _____

T-Shirt Size: _____

I _____, understand that basketball is a sport where injuries sometimes occur. I will not hold Maquoketa Valley or it's personnel responsible for any injury that may occur to my son(s) while at this basketball camp. I also grant permission for the people who are in charge to seek/administer medical help for any injury that may occur. I also understand that I will be notified for any injury as soon as possible.

Parent Signature: _____ Date: _____

MAQUOKETA VALLEY'S ANNUAL WILDCAT GOLF CLASSIC

Saturday, August 3rd, 2019

Woods Edge Course - Edgewood, IA

4 Person Best Shot 18 holes

9 am shotgun start

CONTRIBUTE IN 3 WAYS:

**Sponsor a hole
for \$100**

**Includes: a sign
on display**

Golf foursome:

\$200 per team

**Includes: green fees,
cart, meal and
door prizes**

**Donate items to
silent auction
and door prizes**

You can enter by sending the enclosed form and any donation items to:
Registration Form
Maquoketa Valley High School by July 12:

Attn: Eric Conner 107 South St. Delhi, IA 52223



Golf Details:

Four Person Best Shot
Woods Edge Golf Course
Edgewood, IA

Saturday August 3rd, 2019
9:00 AM Shotgun Start

\$50.00 / Person (\$200 per group)

Includes: Golf Cart, Green Fees, Lunch, and
Door Prizes

Golf Entry Form:

To secure your spot we are asking that you include payment of \$200 for your foursome along with this form.

Contact Person for your Group:

Phone Number:

Email Address:

Golfers in your Group:

1. _____
2. _____
3. _____
4. _____

-Please include check with Form-

Sponsorship / Donation Information & Form:

Sponsorship:

-For \$100 we will print a sign with your personal name or business name and place it on one of the holes.

_____ I would like to purchase a \$100 hole sponsorship.

Name to be listed on hole advertisement:

-Please include check with Form-

Donation:

_____ I would like to donate to the silent auction or door prizes.

Name of Donor:

Item(s) to be donated:

Please make checks payable to: Maquoketa Valley Athletics

Please send Registration Form and Donation items to Maquoketa Valley High School, 107 South St., Delhi, IA 52223.

2019 MAQUOKETA VALLEY BOOSTER CLUB TRACK MEET

TRACK MEET DATE: Sunday, May 5th

LOCATION: Maquoketa Valley High School Track, 107 South St, Delhi, IA 52223

DIVISIONS: Boys & Girls Divisions--Grades 1st through 6th

AWARDS: Medals for top three places in each division-ribbons for 4th-6th place finishers.
Participation ribbons for anyone not receiving medal or place ribbon.

CHECK IN: 11:00 a.m. to Noon

First event will be 800 M run, followed by field events.

Entry Fee: \$10.00

Registrations must be received by Wednesday, May 1st.

\$15.00 – Walk-in registration on event day by 11:30 a.m.

Admission: Adults: \$4.00; Non-participating students - \$1.00; 5 & under – free

Food: A concession stand will be available. *Please no carry-ins.*

In case of inclement weather: Please tune into KMCH 94.7. There will be no rain date and no refunds.

REGISTRATION

Name: _____ Grade: _____ Boy: _____ Girl: _____

Address: _____

Phone: Home _____ Cell _____

Circle up to 3 events (including relay race) you wish to enter:

Individual Race

50 Meter Dash

100 Meter Dash

200 Meter Dash

400 Meter Dash

800 Meter Dash (2 times @ track)

Field Events

Long Jump

Softball Throw (Girls)

Football Throw (Boys)

4 x 100 Relay _____, _____,

_____, _____
(Please list names of relay runners, must be from same school, can "run up a grade, but not down")

_____ has my permission to compete in the Maquoketa Valley Booster Club 1st-6th Grade track meet. I hereby accept full responsibility for his/her behavior & for his/her participation. I waive all claims for damages, losses or injury. I understand the MV Athletic Booster Club & the Maquoketa Valley Schools cannot be held responsible for lost items or for accidents. All participants are responsible for their own insurance.

Parent/Guardian Signature: _____ Date: _____

Send Registration form & entry fee to:

MV Booster Club/Phil & Vicki Ries

Allow at least 2 days mail time.

27698 220th St.

Earlville, IA 52041

Please call 563-920-3381 or email philandvicki@iowatelecom.net with any questions.

All Maquoketa Valley students can turn your registration and fee into your school office by Wednesday, May 1st.

Summer Day Camps!

On My Own & Okay
7:45 AM -3:30 PM
June 11 at Seibert
Park in Manchester
June 13 Johnston
Elementary in
Hopkinton
3rd - 6th grade

Robot Mania!
7:45 AM -3:30 PM
June 18 at Seibert
Park in Manchester
June 20 James
Kennedy Library
K-3rd Grade

**Zombie Apocalypse
Survival Camp**
7:45 AM -3:30 PM
June 25 at Seibert
Park in Manchester
June 27 at Colesburg
Community Center
3rd -6th grade

Science of BBQ
9:00 AM -3:00 PM
June 24 at
Community Center
at Delaware County
Fair Grounds
6-9th grade



Quest to be Your Best
7:45 AM -3:30 PM
July 1 at Seibert Park in
Manchester
3rd-7th

Theater Improv!
7:45 AM -3:30 PM
July 16 at Seibert
Park in Manchester
July 18 at James
Kennedy Library in
Dyersville
3rd-6th

Digging up Dinosaurs!
7:45 AM -3:30 PM
July 23 at Seibert
Park in Manchester
K-3rd Grade

Makers Space Camp!
7:45 AM -3:30 PM
Aug 6 at Seibert Park
in Manchester
Aug 8 Colesburg
Community Center
3rd-6th



The Day Camps cost \$15. Register online at:
<https://goo.gl/forms/K0XjdmcmT5eQspTh2> or use our QR code.
For more information please contact the ISU Extension and Outreach
Delaware County Office at 563-927-4201.

Iowa State University Extension and Outreach programs are available to all without regard to race, color, national origin, religion, sex, age, or disability.



IOWA STATE UNIVERSITY
Extension and Outreach

DANCE TEAM TRYOUTS!!

do you love to Dance? Come try out for the MVDT! Be part of a great team!

Tryouts: Saturday 11th

Practice is 9 am-1p
Tryout is 4 pm-7p

The tryout dances will be posted on
YouTube - Jennifer Teymer after April 25th



◀ April June ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HS Decision Day Assembly- 8:05 –Aud Athletic Booster Mtg Café - 6:00 pm Academic Excellence Aud/Café – 6:30	2 FFA Field Trip @ Dyersville HS Industrial Tech @ Strawberry Point TRC HSBT/HSGT @ Ed/Co – 4:00 HSGolf @ Anamosa 4:00	3 Spring Play “Seussfication of Romeo & Juliet” Auditorium – 7:00	4 Spring Play “Seussfication of Romeo & Juliet” Auditorium – 7:00 AB Softball Tournament HSMusic @ Large Group Contest @ Tipton
5 AB Mini Cat Track Baccaulaureate – Auditorium – 1:30 Dollars for Scholars Senior Awards MSMPR – 3:00	6 PreSchool Spring Bash TRC Girls Golf @ Meadowview CC 9:00 am	7 AP Physics Exam Library – 12-4:00 TRC JHBT @ Central City – 4:00 TRC JHGT @ Home 4:00 HSGolf – Ed/Co – 4:00 (Girls/Colesburg) (Boys/Edgewood)	8 HS Band @ Little Kids Band Tour – 11:15	9 HSBT Districts – 4:00 @ Central City HSGT Districts – 4:00 @ Central City	10 AP US History Exam Library - 8-Noon Speech & Drama Awards – Aud/Café Boys Sectional Golf – 10:00 – Buffalo Creek Golf Course	11 AB Baseball Tournament Dance Team practice/tryouts (8-12/4-6)
12	13 Girls Regional Golf – 10:00 – Cal-Wheat FFA Senior Farewell Mtg – 7:00 Fine Arts Boosters Mtg MSCommons – 5:30	14 AP Calculus Exam Library – 8-Noon 5 th Music Concert for grades 3-4 FFA @ Kirkwood Ag Day – Cedar Rapids	15 Seniors @ Commencement Practice – 9:00 GRADUATION 7:30 HS Gym	16	17	18
19	20 MS Spring Concert MSMPR – 1:30	21 JVBaseball @ Lisbon 5:00 JVSoftball @ Lisbon 5:00	22 Interior Design/Ind. Tech Field Trip @ Quasqueton	23 3 rd Gr. Field Trip @ Dubuque VBaseball – Starmont 5:00 (H) VSoftball – Starmont 5:00 (H) School Board Mtg @ 5:30	24	25
26	27 No School Memorial Day	28 VBaseball – Central City – 5:00 (H) VSoftball – Central City – 5:00 (H) HSMusic Trip to Nashville, TN (5/28-6/2)	29 7/8 Baseball – Ed/Co 5:00 (H) 7/8 Softball – Ed/Co 5:00 (H) JVBaseball @ Central City – 5:00 JVSoftball @ Central City – 5:00	30 Dismiss @ 1:05 Last Day of School VBB @ Midland 5:00 VSB @ Midland 5:00	31 Teachers @ Professional Development VSB @NFayette Valley 9:00 7/8 Baseball @ Starmont 10:00 7/8 Softball @ Starmont 10:00	