

The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: <http://www.maquoketa-v.k12.ia.us>

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November 2019

How does a Students Involvement in Extracurricular Activities

Lead to Academic Success and a Gain in Employability Skills?

Troy Osterhaus, 6-12 Principal

Much has been made in recent years over what can be done at the local, state, and national levels to increase the performance of our students in the classroom. Make no mistake about it, there have been, are currently, and will continue to be many strategies implemented in an attempt to boost classroom performance.

At Maquoketa Valley we continue to work to make the curriculum and content taught relevant and engaging to students. We have developed a High School course catalog with career pathways and links to post-secondary education & training, as well as links to employer information in this course catalog. Governor Reynolds Future Ready Iowa Initiative focuses on providing students the opportunity to receive education and training in career pathways in their interest area. At Maquoketa Valley we are currently providing students these opportunities through job shadows and the NICC career learning link, partnerships with local community colleges where students can get training and earn certificates that can be presented to employers, our CTE programs taught within our district where students learn employability skills in the areas of Business, Industrial Technology, Family & Consumer Science, and Agricultural Education, we include an employability skills report as part of the students report card at the end of each quarter, and our school to work program that provides students the opportunity to experience real-world experiences through visits to a variety of businesses, career fairs, and speakers in the area. However, one strategy often overlooked is the connection between academic success, and a student's involvement in extracurricular activities.

Studies at the state and national level are indicating there is indeed a strong correlation between the grade point average and student involvement in extracurricular activities. Studies show that those students who are in extracurricular activities, do the best in school and learn valuable life-long lessons.

(Continued on next page)

Administration Office

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Delhi, IA 52223-0186
Phone (563) 922-9422
Fax (563) 922-9502

M.V. High School

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Phone (563) 922-2091
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M. V. Middle School Delhi Elementary

Troy Osterhaus,
MS Principal
Brenda Becker,
Elem. Principal
112 3rd St., Box 186
Delhi, IA 52223
Phone (563) 922-9411
Fax (563) 922-9502

Earlville Elementary

Brenda Becker,
Principal
226 Prospect Street
Earlville, IA 52041
Phone (563) 923-3225
Fax (563) 923-3305

Johnston Elementary

Ann Norton,
Principal &
Director School
Improvement
131 Culver Road
Hopkinton, IA 52237
Phone (563) 926-2701
Fax (563) 926-2093

Board of Directors

Donna Kunde - Area 1
Doug Dabroski - Area 2
Chris Huber - Area 3
Mike Feldmann - Area 4
John Zietlow Area 5

How does a Students Involvement in Extracurricular Activities

Lead to Academic Success and a Gain in Employability Skills?

There are several reasons why students involved in extracurricular activities perform better academically, and gain valuable employability skills, including:

- **Students are better “connected” to school.** These students often take great pride in their school and their performance in the classroom as well as on the athletic field or stage.
- **Students are put in other situations where they are with and taught by caring, supporting educators.** Coaches and sponsors make strong connections with students – they help monitor attendance, behavior, grades and serve as additional mentors that often help students with personal skills, employability skills, as well as academic issues.
- **Students involved in activities show a much higher record of attendance than those who do not participate.** When students have more connection at school they will attend more frequently.
- **Activities teach and stress to students a number of life long skills such as a strong work ethic, responsibility to teammates or others, goal setting, time management and prioritizing, and how to deal with adversity.** These are skills that are unquestionably vital to the success of any person in the real world.
- **Leadership Roles.** Students are asked to take on leadership roles in their extracurricular activities. The learning that occurs in these roles is critical to success beyond High School.

Finally, this information does not just speak to the importance of student involvement in activities at the high school level. Rather, it is important to understand that involvement in school activities must be fostered and encouraged throughout a student’s K-12 education. If we wait until the start of high school to stress the importance of involvement in extracurricular activities the opportunity might well be lost. I encourage all of us, parents, educators, and community members to continue to impress on our students the importance of becoming and staying involved in extracurricular activities.

WEATHER CALLS

MV reports their school closings and cancellations to 3 TV stations: KGAN (2), KWWL (7) , and KCRG (9), by 6:25 a.m. They also report them to these radio stations: KMCH and KDST. When bad weather hits, please turn to one of these TV or radio stations. Please DO NOT call the school. Their lines will be busy contacting personnel, other schools, bus drivers, etc. If you would like to be added to the MV Text alert, contact Cheryl Gates at 563-922-9411.

SCHOOL BOARD MINUTES

October 21, 2019

The Board held the hearing on the proposed Resolution to Consider Continued Participation in the Instructional Support Program. In a motion by Kunde, seconded by Feldmann the following resolution was passed:

WHEREAS, the Board of Directors has determined that to continue the current level of services and to fund the ongoing programs of the School District, continuation of participation in the Instructional Support Program for a period of five years is necessary and in the best interests of the District and its residents and students; and

WHEREAS, the Board of Directors has given consideration to continue participation in the Instructional Support Program as provided in Sections 257.18 through 257.21, Code of Iowa; and

WHEREAS, the Board has published notice of the time and place of a public hearing on the Resolution; and

WHEREAS, a hearing has been held upon the proposal to continue participation in the Instructional Support Program and any objections are overruled:

NOW, THEREFORE, IT IS RESOLVED: The Board of Directors determines that it is consistent with the five-year finance plan to fund the ongoing programs and services of the School District and it is in the best interest of the School District to continue participation in an Instructional Support Program as provided in Sections 257.18 through 257.21, Code of Iowa, and to provide additional funding therefor for a period of five (5) years commencing with the fiscal year ending June 30, 2022.

The additional funding for the Instructional Support Program for a budget year will be determined annually and will not exceed ten percent(10%) of the total regular program district cost for the budget year and moneys received under Section 257.14, Code of Iowa, as a budget adjustment for the budget year.

Moneys received by the District for the Instructional Support Program may be used for any general fund purpose.

The Instructional Support Program will be funded by instructional support state aid and an instructional support property tax levied annually upon the taxable property within the School District.

Unless, within twenty-eight days following the adoption of this Resolution, the Secretary of the Board receives a petition containing the signatures of eligible electors equal in number to not less than one hundred or thirty percent of the number of voters at the last preceding regular school election, whichever is greater, asking that an election be called to approve or disapprove this action of the Board adopting the Instructional Support Program, this action of the Board is final and the Secretary is authorized and directed to certify a copy of this Resolution to the Department of Management. In the event a petition containing the required number of signatures is filed with the Secretary of the Board within twenty-eight days of the adoption of this Resolution, the President shall call a meeting of the Board to consider rescission of this Resolution, or to direct the county commissioner of elections to submit the following question to the qualified electors of the School District at a special election. If the Board determines to submit the question to the electors, the proposition to be submitted shall be as follows: Shall the Board of Directors of the Maquoketa Valley Community School District, in the County of Delaware, State of Iowa, be authorized for a period of five (5) years to levy annually, as determined by the Board, an instructional support property tax in an amount (after taking into consideration instructional support state aid) not to exceed ten percent (10%) of the total of regular program district cost for the budget year and moneys received under Section 257.14, Code of Iowa, as a budget adjustment in the budget year, to be levied upon the taxable property within the School District, commencing with the levy for collection in the fiscal year ending June 30, 2022, to be used for any general fund purpose.

A roll call vote was answered as follows: Dabroski, Feldmann, Huber, Kunde, Zietlow; all ayes. Carried.

SCHOOL BOARD MINUTES

October 21, 2019

The Board held the hearing for an early start date for the 2020-2021 school year. Following discussion, the Board authorized the submission of a request to begin our 2020-2021 school year as early as allowed by law.

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 5:45 p.m. at Earlville Elementary in Earlville, Iowa. All motions carried unanimously unless otherwise noted. Five board members were present. There were five staff members and five visitors. The agenda and consent items were approved.

Nate Whited, from Fusion Forward, gave a brief presentation on the promotional video he created for Dollars for Scholars.

The following personnel recommendations were approved: Erika Imler – employed as Prom Sponsor
Ali Sheehy – resignation as Assistant Softball Coach

Three open enrollment requests out were approved.

The Board will meet jointly with the North Linn School Board on December 16th and the area Representatives for a legislative session.

Enrollment for the 2019-2020 school year was certified on October 15th. It appears the district will see a decrease in enrollment of roughly 17 students. However, open enrolled students out decreased and open enrollment students in increased. This is a positive factor in overall enrollment.

Board policy 800 series will be reviewed in November and the series 900 and 1000 will reviewed in December and January. Supt. Tuetken also shared information regarding aligning the district policy numbers to IASB policy numbers.

Supt. Tuetken will bring an updated Early Separation package to the board in November for approval.

Supt. Tuetken took few minutes to discuss the initial comments from the FY19 district audit which was complete in October.

Supt. Tuetken took a few minutes to update the Board on the positive comments received from MFL parents and fans the evening of the Homecoming football game. He commended the students and staff on their actions.

The November meeting will be held in Earlville.



November 5 and November 7

All conferences are held at the Delhi Centers
Conferences times will be 3:00-7:00 pm

JK/Kindergarten - 2nd grade - MS Multipurpose room

3rd - 8th - Teachers will be in their classrooms

9th - 12th - Teachers will be in High School Gym

Stop in the High School office when arriving for 9th-12th grade conferences for your child's report card.



Delhi United Methodist Church is collecting pop tabs for Camp Courageous of Iowa. Camp Courageous is a year-round camp for youth, kids, and adults with disabilities. It is located in Monticello, IA. The camp is run entirely on donations. Pop tabs can be sent to Delhi Elementary/Middle School with your student.

DeAnna Hogan, in the library, will be managing these donations. Farr Jebens, member of the Visitation Ministry Team at the church, will then collect them. More information about Camp Courageous of Iowa can be found at www.campcourageous.org. Thank you for your help in raising money for this organization!



**To the Fire Departments:
THANK YOU FOR HELPING US
PRACTICE OUR
FIRE DRILLS, TEACHING US
ABOUT FIRE SAFETY,
AND GIVING US A RIDE ON THE
TRUCKS! WE APPRECIATE ALL
YOU DO TO KEEP US SAFE!**

Wildcat Way- Bus Expectations

The Wildcat Way has been an effective tool to help students learn about being respectful, responsible, and safe in many areas of the school. The Wildcat Way also addresses expectations for all students riding our buses. Being respectful on the buses means students are greeting the bus driver, using kind and appropriate language, and a voice level that allows the driver to focus on the main job of driving. Students also need to respect other's personal space and property. Students demonstrate responsibility by listening to and following directions, keeping track of their personal items, and going directly to their destination after exiting the bus. Students' behavior also effects their safety. Students can be safe by getting on and off the bus carefully, one student at a time. They also need to stay seated (back to back, seat to seat, feet on the floor) and keep their hands and feet to themselves. If students follow these expectations, everyone will have a pleasant bus ride to and from school. One additional procedure in place is we have our youngest students sit in the front of the bus, followed by our early elementary students, and then our upper elementary students. Our middle schoolers and high schoolers sit in the back of the bus. By using this seating arrangement, our students are interacting with students of the same age which is appropriate for them. We all want riding the bus to be a positive experience for everyone involved. If we follow the Wildcat Way, this will be achieved.

LOOKING for KINDERGARTNERS

We ask your assistance in compiling our list of children that will be entering kindergarten in the fall of 2020. Remember a child must be five years old on/before September 15, 2020 in order to be eligible to attend Kindergarten or Junior Kindergarten next fall. All of our Kindergarten and Junior Kindergarten students attend school at Earlville Elementary. Please list your own youngster and those of any of your friends or neighbors you believe may have not received this newsletter form. Please complete the form and drop it off or mail it to Maquoketa Valley Schools, 226 Prospect Street Earlville, IA 52041. Thank you!

Child's Name _____ (Circle One)
Boy or Girl

Date of Birth _____

Parent's Names _____

Address _____

Phone _____



LOOKING for 4-Year Olds

We also need your assistance in compiling a list of children that will be FOUR years old on/before September 15, 2020 in order to be eligible for Maquoketa Valley's Pre-School program to start next fall. All of our Pre-School students attend school at Earlville Elementary. Please list your own youngster and if you know of any other families that have a 4-year-old, please contact them. Simply complete this form and drop it off or mail it to Maquoketa Valley Schools, 226 Prospect Street, Earlville, IA 52041. Thank you!

Child's Name _____ (Circle One)
Boy or Girl

Date of Birth _____

Parent's Names _____

Address _____

Phone _____

UPCOMING EVENTS/MEETINGS

Items for Sale

Maquoketa Valley Community Schools has the following items:

Merry-Go-Round at Johnston Elementary

Air Jordan Warm Up Full Zip Jackets

Small - 2

Medium - 4

Large - 4

XL - 2

XXL - 1

If you are interested in any of these items please send a SEALED bid to Erika Imler at the High School, P.O. Box 186 Delhi, IA 52223 by Monday, November 11th, 2019. The sealed bids will be opened on Friday, November 15th, 2019.

We reserve the right to reject any or all bids.



Athletic Boosters Need YOU!!!

The Maquoketa Valley Athletic Boosters are looking for members who would like to be involved in helping organize and run our events. The Athletic Boosters meet the **first Wednesday of every month** (except July) at 6:30 p.m. in the high school cafeteria. Please consider sharing your time & talents so that we may continue to provide the needed

Adult-Focused Prevention Survey -

Input Requested

The Delaware County Drug Abuse Coalition's (DDAC) mission is to identify and address issues related to substance use and abuse in Delaware County; with a focus on youth-related strategies, issues and activities. In order to understand our youth use, accessibility and perception of harm, we are collecting data on the adults' use, accessibility and perception of harm.

We believe that with this data we can tailor our prevention strategies in the county to ensure a reduction of substance use and abuse across the generations.

If you can please take a few minutes to complete this anonymous survey to help in reaching our goal, we would truly appreciate your feedback. Click the link to begin:

<https://forms.gle/6WhkR4w22QN6ijXn9>

MV Fine Arts Boosters

Welcoming ALL parents who want to be involved with their kids!

You are already a member and it is free!

Supporting kids from **Band, Choir, Speech, Drama,**

and any other fine arts at Maquoketa Valley.

Join us at the next Fine Arts Booster Meeting,

November 11th, @ 5:30 PM in the HS

Cafeteria and see what we are all about!!

Maquoketa Valley High School
proudly presents

BRIGHT STAR

*"If you knew my story,
you'd have a good story to tell."*

NOVEMBER 8TH 7PM
NOVEMBER 9TH 7PM
NOVEMBER 10TH 2PM
MAQUOKETA VALLEY AUDITORIUM

ALL SEATS \$5.00

TICKETS MAY BE PURCHASED IN THE HIGH SCHOOL OFFICE OR
RESERVED BY CALLING (563) 922-2091 BEGINNING OCTOBER 28TH

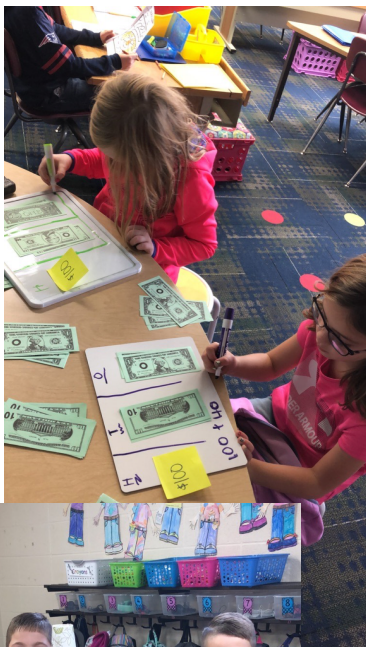
"BRIGHT STAR" IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH, AND ALL AUTHORIZED PERFORMANCE MATERIALS ARE SUPPLIED BY,
THEATRICAL RIGHTS WORLDWIDE, 1190 AVENUE OF THE AMERICAS, SUITE 640, NEW YORK, NY 10036 WWW.THEATRICALRIGHTS.COM

D.A.R.E. Returns to Fifth Grade

For the third year, Fifth Graders are again participating in the D.A.R.E. program at school. On ten consecutive Mondays, Deputy Matt Menard from the Delaware County Sheriff's Department works with the Fifth Graders to learn important life lessons. Although D.A.R.E. stands for "Drug Abuse Resistance Education," the program is about much more than avoiding drugs and alcohol.

In each of the weekly lessons, students discuss how to apply the Dare Decision Making Model (a.k.a. DDMM) to real-life situations. The Dare Decision Making Model helps students to: define a problem, assess possible choices, consider positive and negative consequences, respond with an informed choice, and evaluate their decision.

This model helps them learn ways to make responsible choices, to respond to peer pressure and other stressful situations, to handle bullying situations, and to seek adult help using confident communication. Deputy Menard's 50-minute lessons keep the students engaged in thoughtful discussions. In December, when the weekly lessons are over, a brief "graduation" ceremony will be held to recognize the growth students have made. We are grateful to Deputy Menard and the Sheriff's department for sponsoring this program for our students!



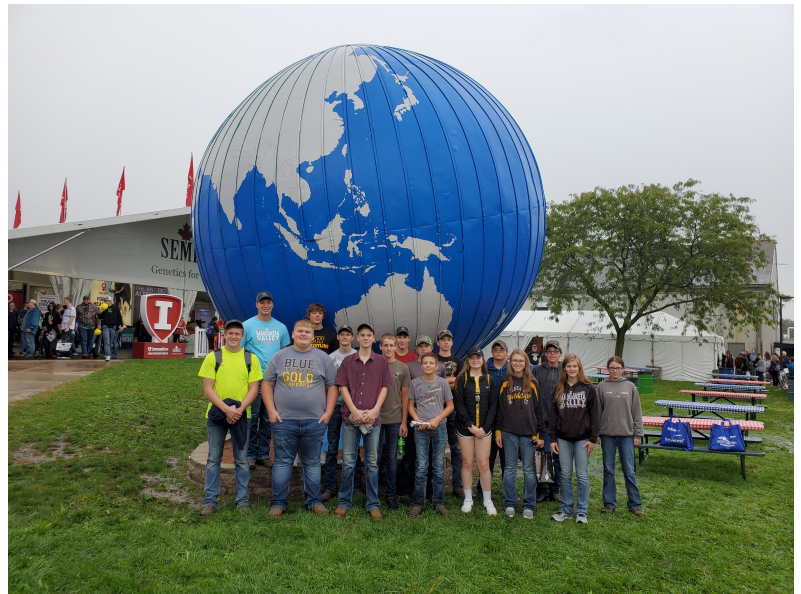
News from Mrs. Orr's 2nd Grade Classroom

The first quarter of school has been very busy! Second grade students have learned how to read and identify all parts of a story's structure in Reading. We have also been working on becoming more fluent readers. In Science, we have studied solids, liquids and gases. Our students spent time using solid objects to build tall towers. We even got to taste six different liquids and describe their properties! In Math, we have learned how to measure objects with rulers, practice addition and subtraction facts, and are now diving into three-digit numbers. Some of our most fun math lessons have included building three-digit numbers with Cheese-its, pretzel sticks, and M&Ms, and using one-dollar bills and ten-dollar bills to create three-digit numbers. Our year is off to a great start!



Mrs. Grant's Ag classes attended the World Dairy Expo in Madison, Wisconsin on Tuesday, October 1st. Many vendors were there displaying their products and supporting this year's theme, "Tools for Dairy's Progress." The students watched judging of Junior Holstein & Ayrshire Dairy Cows from across the USA and Canada. And of course, it wouldn't be complete without sampling grilled cheese sandwiches and milkshakes.

Maquoketa Valley Ag Students: Front row: Carter Kruse, Mason Kruse, Lane Domeyer, Kade Freiburger, Anthony March, Dannielle Burkle, Brooke Hogan, Holli Hogan, Marley Wagner Back row: Michael Feldmann, Carter Stahlberg, Chance Kemp, Luke Richter, Tanner DeMoss, Lucas Orcutt, Jeremy Weber, Ben Weber



Maquoketa Valley Shoebox Program

What is the MV Shoebox Program?

Gently used or new athletic shoes for our Wildcat athletes to use during their athletic season. It gives students the opportunity to try a sport and return at the end of the season if they are in condition so another athlete can use them the following year. Shoes will be kept at the school and distributed/stored by Patty Wilson and Tammy March.

We will accept the following items for youth through high school age:

- Football cleats
- Volleyball cleats
- Cross country shoes/spikes
- Basketball shoes
- Wrestling shoes
- Track spikes
- Baseball cleats
- Softball cleats


All you have to do is let us know what size your athlete wears along with what sporting activity and we will check and see if it is available.

If you have any questions about MV Shoebox or want to make a donation, please contact Patty Wilson (pattylynn_23@hotmail.com / [563.608.2023](tel:563.608.2023)) or Tammy March (marcht17@gmail.com / [563.590.3658](tel:563.590.3658)).

Follow us through Maquoketa Valley Community School District or Maquoketa Valley Athletic Boosters Facebook pages.


CALENDAR

November 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|--|--|---|
| | | | | | 1 | 2 |
| 3 Daylight Savings Time | 4 | 5 Dismiss 1:05 @ All Centers Parent-Teacher Conferences (3-7 pm) Band Bash - 7:00pm | 6 School Picture Retakes @All Centers Athletic Boosters Mtg 6:30 @HS Cafeteria | 7 Dismiss 1:05 @ All Centers Parent-Teacher Conferences (3-7 pm) JHBB@East Buchanan 4:00 JHWR@Alburnett 4:30 | 8 No School @All Centers Fall Musical @ 7:00 pm | 9 Fall Musical @ 7:00 pm |
| 10 Fall Musical @ 2:00 pm | 11 JHBB-Springville 4:00 Home Fine Art Booster Mtg 5:30 @HS Cafeteria Contest Speech Parent Mtg 6:30@HS Aud | 12 JHBB-Midland 4:00 Home JHWR@Colesburg gym 4:30 FFA Mtg & Degree night 7:00pm@HS Aud | 13 | 14 JHBB@Colesburg gym 4:00 JHWR – Home 4:30 | 15 | 16 AB Boys/Girls Basketball Tournament FFA @Ignite, Amplify & Transform Conference |
| 17 AB Boys/Girls Basketball Tournament | 18 JHBB –Central City 4:00 Home School Board Meeting 5:30 | 19 TRC HS Honor Choir @Marquette Catholic JHWR@East Buchann 4:30 | 20 Dismiss 1:05 @All Centers Teacher PD | 21 JHBB@Starmont 4:00 JHWR@Central City 4:30 | 22 | 23 Boys JV/V BB@Clayton Ridge 8:30am |
| 24 | 25 JHBB-Alburnett 4:00 Home | 26 Dismiss 1:05 @All Center Thanksgiving Break JHWR – 4:30 Home Girls JV/V BB@Ed-Co 6:00 | 27 No School- Thanksgiving Break | 28 Thanksgiving  | 29 No School- Thanksgiving Break | 30 |

CALENDAR

December 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|---|---|---|---|
| 1 | 2 4:00 HBB@North Linn 4:15 JHWR@Bellevue 5:30 HSWR@North Linn | 3 4:30 JHWR@Colesburg 5:00 HSWR@Jesup | 4 6:30 AB@HS Cafeteria | 5 Dance Team – State Dance – Des Moines 4:00 JHBB- East Buchanan - HOME | 6 Dance Team – State Dance – Des Moines 4:30 HSJV/V BG BB@ O'Donnell's Athletic Center | 7 NEIBA Honor Band 1:00 HSJV/V BG BB- HOME- Monticello |
| 8 | 9 4:00 JHBB@Springville 5:30 FAB@HS Cafeteria 7:00 HS Band/Choir Christmas Concert@ St. John's Church | 10 4:15 JHWR@West Delaware Middle School 4:30 HSJV/V BG BB@ HOME – Marquette Catholic | 11 1:05 DISMISSAL@all centers Teacher PD 7:00 FFA Monthly meeting – RM 307 | 12 4:00 JHBB- HOME – ED-CO 4:30 HSJV/V BG BB@ Sumner- Fredericksburg | 13 4:30 HSJV/V BG BB@ Springville | 14 2:00 MS Musical – “Elf, Jr.” |
| 15 | 16 5:30 School Board Mtg 6:15 Elementary Christmas Concert | 17 4:00 JHBB@West Delaware 4:30 HSJV/V BG BB@ HOME - Lisbon | 18 1:30 MS Band/Choir Christmas Concert | 19 6:00 HSWR@HOME | 20 1:05 DISMISSAL@all centers – Christmas Break 4:00-8:00 FFA Soup Supper 4:30 HSJV/V BG BB@ HOME – East Buchanan | 21 |
| 22 | 23 NO SCHOOL – CHRISTMAS BREAK | 24 NO SCHOOL – CHRISTMAS BREAK | 25 NO SCHOOL – CHRISTMAS  | 26 NO SCHOOL – CHRISTMAS BREAK | 27 NO SCHOOL – CHRISTMAS BREAK | 28 |
| 29 | 30 NO SCHOOL – CHRISTMAS BREAK | 31 NO SCHOOL – CHRISTMAS BREAK | | | | |



MV POST PROM 2020

HOMEMADE PIES

Apple \$12 *Frozen and ready to bake

Pecan \$15 *Ready to serve

Great for the Holidays!

**To order call: Margo Bojorquez @563-920-0106 or
mrbojorquez@hotmail.com, or
<https://forms.gle/5dxZQxzxaXqAVesr8>**

We will have order forms at the Athletic Booster Craft Show, 4H Craft Show in Hopkinton, and the Fall Musical.

Apple _____ # Pecan _____

Total Price: _____

Date needed by: _____

Print Name: _____

Phone #: _____

The pies will be available for pickup on Sunday, November 24th and Thursday, December 19th from 5:00 to 7:00 pm at Maquoketa Valley High School.

MAQUOKETA VALLEY POST PROM 2020



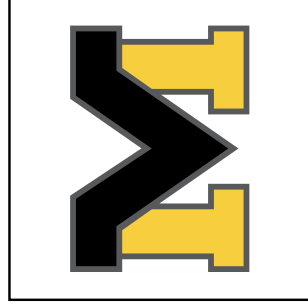
DESIGN 1



DESIGN 2



DESIGN 3



DESIGN 4



DESIGN 5



DESIGN 6

BASICS

Hooded Sweatshirts
Youth & Adult

Crew Sweatshirts
Youth, Adult, & Talls

Long Sleeve Tees
Youth, Adult, & Talls

Short Sleeve Tees
Youth, Adult, & Talls

Colors Available:
White, Black,
Dark Heather Grey, & Gold

Sweatpants
Youth, Adult, Ladies,
Joggers, & Performance

Colors Available:
Black, Charcoal, & Heather Grey



SPECIALTY ITEMS

Varsity Sweatshirt
Jackets

Adult Polos

Blankets

Bag Chairs

Stadium Seats

Baseball Caps

Ladies Tanks

Ladies Hooded Tees

Ladies Double Hood
Sweatshirts

Ladies Sherpa Vests



To purchase MV Post Prom items, please go to the link below:

momentumscreen.com/mv-pp

NOVEMBER 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| <p>MAQUOKETA VALLEY CSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p> <p>EVERY MEAL IS SERVED WITH AN 8 OZ MILK</p> <p>ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME</p> | <p>ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES</p> <p>WG= WHOLE GRAIN</p> | <p>(9-12) SALAD BAR WILL BE OFFERED TO STUDENTS IN HIGH SCHOOL EVERYDAY..</p> <p><u>BREAKFAST CHOICES:</u> ENTREE OF THE DAY CEREAL CHOICES BAGEL CHOICES PBJ YOGURT</p> | | <p>1 BBQ PORK ON WG BUN CHEESY POTATOES MIXED VEGGIES COLESLAW GRAPES MIXED FRUIT</p> <p>BREAKFAST PIZZA</p> |
| <p>4 GRILLED CHICKEN WG SCHOOL ROLL LETTUCE PEAS & CARROTS APPLESAUCE BLUEBERRIES</p> <p>PANCAKE ON A STICK</p> | <p>5 OUT AT 1:00PM CHICKEN FAJITA REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES</p> <p>WG CINNAMON ROLL</p> | <p>6 MR. RIB ON WG BUN POTATO TRIANGLE PEAS CALIFORNIA BLEND PINEAPPLE APPLES</p> <p>SAUS. EGG BISCUIT</p> | <p>7 OUT AT 1:00 PM SUB ON A WG BUN HASHBROWN PATTIE BAKED BEANS CARROT STICKS HUMMUS PEACHES WG APPLE CRISP</p> <p>PANCAKES & SAUSAGE</p> | <p>8</p> <p>NO SCHOOL TODAY</p> |
| <p>11 CHICKEN NUGGETS WG SCHOOL ROLL MASHED POTATOES CHICKEN GRAVY CORN STRAW. APPLESauce PEACHES</p> <p>COMBO ON WG BUN</p> | <p>12 WG MAC & CHEESE WG CINNAMON ROLL LETTUCE PEAS APPLES MIXED FRUIT</p> <p>WAFFLES</p> | <p>13 HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX BAKED BEANS PEARS ORANGES</p> <p>WG CINNAMON ROLL</p> | <p>14 TENDERLOIN ON WG BUN NATURAL CUT FRIES MIXED VEGGIES BROCCOLI STRAWBERRIES/BANANAS APRICOTS</p> <p>OMELET & TOAST</p> | <p>15 PIZZA WG GARLIC BREADSTICK LETTUCE CUCUMBER TOMATO PINEAPPLE APPLESAUCE</p> <p>PANCAKES & SAUSAGE</p> |
| <p>18 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE CORN BROCCOLI APPLES MIXED FRUIT</p> <p>BREAKFAST PIZZA</p> | <p>19 MEATBALL SUB FRENCH FRIES CARROT STICKS HUMMUS PEACHES PEARS CARNIVAL COOKIE</p> <p>WG CINNAMON ROLL</p> | <p>20 OUT AT 1:00 PM MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS STRAWBERRIES KIWI</p> <p>SAUSAGE EGG BISCUIT</p> | <p>21 MR. RIB ON WG BUN POTATO TRIANGLE PEAS CALIFORNIA BLEND PINEAPPLE APPLES</p> <p>FRENCH TOAST</p> | <p>22 TURKEY MASHED POTATOES CHICKEN GRAVY BREAD STUFFING SWEET POTATOES CORN APPLESAUCE PUMPKIN CUSTARD</p> <p>BREAKFAST CHOICE</p> |
| <p>25 CHICKEN STRIPS WG SCHOOL ROLL (9-12) CURLY FRIES LETTUCE CALIFORNIA BLEND PEACHES ORANGES</p> <p>PANCAKE ON A STICK</p> | <p>26 OUT AT 1:00 PM PIZZA WG GARLIC BREADSTICK LETTUCE BROCCOLI PEARS APPLES</p> <p>BREAKFAST PIZZA</p> | <p>27</p> <p>NO SCHOOL TODAY</p> | <p>28</p> <p>HAPPY THANKSGIVING</p> | <p>29</p> |