

The WILDCAT REPORT

Maquoketa Valley Community School District's newsletter

Web Site: http://www.maguoketa-v.k12.ia.us

MV Twitter @MaquoketaValley

September 2018

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Johnston Elementary

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Board of Directors

Donna Kunde - Area 1 Doug Dabroski - Area 2 Chris Huber - Area 3 Mike Feldmann - Area 4 John Zietlow Area 5

Your Mother Was Right

Eating breakfast can help your child concentrate, give them strength and even help them maintain a healthy weight.

Your mother was right: Breakfast really is the most important meal of the day. Not only does it give you energy to start a new day, but breakfast is linked to many health benefits, including weight control and improved performance.

Studies show that eating a *healthy* breakfast (as opposed to the kind containing doughnuts and soda) can help give you:

- * A more nutritionally complete diet, higher in nutrients, vitamins and minerals
- * Improved concentration and performance in the classroom or the boardroom
- * More strength and endurance to engage in physical activity
- * Lower cholesterol levels

Eating breakfast is important for everyone, but is especially true for children and adolescents. According to the American Dietetic Association, children who eat breakfast perform better in the classroom and on the playground, with better concentration, problem-solving skills, and eye-hand coordination.

Maquoketa Valley provides daily breakfast, for your child, at a nominal fee or through the free and reduced program, to assist you in providing this essential meal of the day. Options for all students include menu items such as: cereal, yogurt, bagels, peanut butter and jelly sandwiches, a cheese stick or a hot entre. Also, fruit juice or a piece of fruit, white milk (for students PS-8) or white/chocolate milk (for students 9-12). More menu options, for our HS students, are being looked at for our 2018/19 school year.

SEPTEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	_			
NO SCHOOL	4 CHICKEN STRIPS CURLY FRIES ROMAINE LETTUCE MIXED VEGGIES PEACHES ORANGES SAUSAGE EGG MUFFIN	5 MAID RITE ON WG BUN POTATO WEDGES SAVORY CARROTS BAKED BEANS KIWI STRAWBERRIES BREAKFAST BURRITO	6 SOFT SHELL TACO REFRIED BEANS RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES BREAKFAST BOAT	7 PEPPERONI PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO PEARS STRAW. APPLESAUCE BREAKFAST CHOICE
10 CHICKEN PATTY WG SCHOOL ROLL POTATO TRIANGLE WINTER MIX SAVORY CARROTS STRAWBERRIES APPLES COMBO	11 MR RIB ON WG BUN POTATO PUFFS BAKED BEANS CALIFORNIA BLEND ORANGES BLUEBERRIES WG CINNAMON ROLL	12 OUT AT 1:00 PM HAM WG SCHOOL ROLL BAKED POTATO SWEET POTATOES BRAINY BROCCOLI APPLESAUCE APRICOTS FRENCH TOAST	13 MEATBALL SUB FRENCH FRIES CARROTS STICKS HUMMUS APPLES PEARS WG CARNIVAL COOKIE WAFFLES	14 HAMBURGER GRAVY MASHED POTATOES WG BREAD & BUTTER COTTAGE CHEESE CORN PEACHES TROPICAL FRUIT OMELET & TOAST
17 WG MAC & CHEESE WG CINNAMON ROLL ROMAINE LETTUCE PEAS STRAWBERRIES ORANGES BREAKFAST PIZZA	17 CHICKEN NUGGETS FRENCH FRIES CORN CARROT STICKS STRAW. APPLESAUCE PEARS BREAKFAST BURRITO	19 TENDERLOIN ON WG BUN NATURAL CUT FRIES MIXED VEGGIES BAKED BEANS PINEAPPLE PEACHES WG PANCAKES/SAUSAGE	20 CHICKEN FAJITAS REFRIED BEANS FIESTA SALAD RED PEPPER STRIPS GREEN BEANS RICE MANDARIN ORANGES SCR. EGGS/TOAST	21 HOMECOMING HAMBURGER ON WG BUN CHEESE FRENCH FRIES WINTER MIX SQUASH FRUIT COCKTAIL APPLES BREAKFAST CHOICE
NO SCHOOL	25 WG CHICKEN TETRAZZINI WG PEANUT BUTTER SANDWICH ROMAINE LETTUCE PEAS PEARS APPLES PANCAKE ON A STICK	26 BBQ PORK ON WG BUN CHEESY POTATOES MIXED VEGETABLES COLESLAW MIXED FRUIT APPLESAUCE COMBO	27 SUB ON WG BUN HASHBROWN BAKED BEANS CARROT STICKS HUMMUS PINEAPPLE WG APPLE CRISP SAUS./EGG/MUFFIN	28 CHEESE PIZZA WG GARLIC BREADSTICK ROMAINE LETTUCE CUCUMBER TOMATO PEARS STRAW. APPLESAUCE WG CINNAMON ROLL
			MAQUOKETA VALLEY CSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME. ALL MEALS ARE SERVED WITH A 8 OZ. MILK WG= WHOLE GRAIN	ATTENTION PARENTS: IT IS VERY IMPORTANT TO KEEP A POSITIVE BALANCE IN YOUR CHILD'S ACCOUNT AT ALL TIMES.

Regular Board Meeting

July 30, 2018

The regular meeting of the Maquoketa Valley Board of Education was called to order by President John Zietlow at 6:00 p.m. in the High School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Five board members were present. There were two staff present and one visitor present. The agenda and consent items were approved.

Keith Kramer and Steve Dircks, from the Maquoketa Valley Dollars for Scholars, took a few minutes to update the Board on the activities and financial status of the organization.

Bimbo Bakeries will provide the district bakery needs and Prairie Farms will supply the dairy needs for the 2017-2018 school year.

The following personnel recommendations were approved:

Margie Feldmann – employed as Special Education Associate

Pamela Jenkins – employed as Special

Education Associate

Bobbi Bauers – employed as Special Education Associate

Sharon Goedken – employed as Special Education Associate

Dan Cassutt – resignation as Assistant Baseball Coach

Ayes – Dabroski, Huber, Kunde, Zietlow. Abstain – Feldmann.

One open enrollment request out and two open enrollment requests in were approved.

The 2018-2019 Preschool, Delhi Elementary, Earlville Elementary, Johnston Elementary, Middle School and High School Student and Staff Handbooks as well as the Coaches/Sponsor Handbook were approved.

The Board approved the participation in the National Hot Lunch Program for the 2018-2019 school year.

The Board approved the Superintendent authority to seek the advice of appropriate legal counsel as needed among the firms listed:

Ahlers, Cooney, Dorweidler of Des Moines The Gruhn Law Firm of Cedar Rapids Lynch Dallas, P.C. of Cedar Rapids The Compton Law Firm of Strawberry Point Tom Hanson, Manchester Swisher and Cohrt, Waterloo Iowa Association of School Boards School Administrators of Iowa Erika Imler was appointed as the District School Business Official for the 2018-2019 school year.

Board policy 604.080 Title I Parent Participation was reviewed and approved.

The Board reviewed the IASB Legislative Action Priorities and will finalize the District's top five priorities for 2018-2019.

Supt. Tuetken presented the Board with a rough draft of Board and Superintendent Goals as well as guiding principles and expectations for the 2018-2019 school year and Superintendent evaluation. Supt. Tuetken reviewed the indicators and goals with the Board and noted possible changes and modifications. Further discussion of these goals and indicators will take place at the August meeting.

In other information, school registration is scheduled for Tuesday, August 7^{th} from 9:00 am -5:00 p.m. at the Delhi campus. E-registration will be used again this year and fees associated with the online payment system will be waived during this time.

Supt. Tuetken presented the board with information regarding an additional Physical Plan and Equipment Levy (PPEL). Timelines for possible voter approval were discussed. With the additional funds generated by the levy, updates to outlying centers air conditioners, boilers, possibly installing air conditioning for Delhi Elementary, updating Delhi Elementary and Middle School, Earlville and Johnston such as painting, floor coverings, classroom improvements, renovating our practice facilities (wrestling room), staying updated with student technology districtwide, increase building security measures and having the opportunity to maintain our transportation fleet. Further discussion on this will take place during the year.

The Board discussed possible work sessions for the upcoming school year.

The meeting adjourned at 7:22 p.m.

2018 Graduates

If you ordered a yearbook, please pick it up in Pam's office the next time you are home!

Regular Board Meeting

August 27, 2018

The regular meeting of the Maquoketa Valley Board of Education was called to order by Vice President Mike Feldmann at 6:00 p.m. in the High School Conference Room in Delhi, Iowa. All motions carried unanimously unless otherwise noted. Four board members were present. There were six staff members present and one visitor. The agenda and consent items were approved.

Board policy 403.05 Early Retirement was rescinded. Also, language changes to board policy 204.140 Public Participation in Board Meetings and 1003.030 Citizens' Complaints About School Personnel were reviewed and approved.

One open enrollment requests out and eight open enrollment requests in were approved.

The following personnel recommendations were approved:

Laura Begle – employed as Food Service Cook

Julie Boge – employed as Food Service Cook

Ali Scherrman – employed as Middle School Softball Coach

John Swisher – employed as Middle School Associate

Ron Besler – resignation as Assistant Golf Coach

The board approved a change in the 2018-2019 school calendar to move the September 13th early out for professional development to September 12th.

The Board approved Ann Grant, Vo-Ag Instructor, permission to take students to the World Dairy Expo in Madison, Wisconsin on October $2^{nd} - 6^{th}$. The Board also approved Mrs. Grant to take students to the National FFA Convention in Louisville, Kentucky on October 24^{th} – October 27^{th} .

The board approved the Middle School Football sharing agreement between Maquoketa Valley and Edgewood-Colesburg for the 2018-2019 school year. The board also approved adding Youth Football, Youth Soccer and Little League Baseball and Softball to the District Comprehensive Insurance Policy

John Zietlow and Doug Dabroski will serve as the district's audit committee for the 2018-2019 school year. The fiscal year 2018 audit is scheduled for the week of September 27th. Mike Feldmann and Chris Huber will serve on the district's audit committee for the month of September. They will review bills, cash transactions and other district financials prior the meeting in September.

The September board meeting will be held at Johnston. This meeting will be held on September 24th and begin at 6:00 p.m.

The possibility of an additional Physical Plan and Equipment Levy (PPEL) was Timelines for possible voter discussed. approval were discussed. With the additional funds generated by the levy, increase building security measures, updates to outlying centers air conditioners, boilers, possibly installing air conditioning for Delhi Elementary, updating Delhi Elementary and Middle School, Earlville and Johnston such as painting, floor coverings, classroom improvements, renovating our practice facilities (wrestling room), staying updated with student technology districtwide and having the opportunity to maintain our transportation fleet. Further discussion on this will take place during the year.

The meeting adjourned at 6:47 p.m.



On Tues., Sept. 26 Inter-State Studio will be taking school pictures at Earlville Elementary, Preschool Black and Johnston Elementaries. Pictures will be taken on Wed, Sept. 27 at Earlville Elementary for Preschool Gold, Delhi Elementary, Middle School and the High School.



Weather Calls



MV reports their school closings and cancellations to 3 TV stations: KGAN (2), KWWL (7), and KCRG (9), by 6:25 a.m. They also report them to these radio stations: KMCH and KDST When bad weather hits, please turn to one of these TV or radio stations. Please DO NOT call the school. Their lines will be busy contacting personnel, other schools, bus drivers, etc. If you would like to be added to the MV Text alert, contact Cheryl Gates at 563-922-2091.



CALLING

all Grandparents & Special Friends

GRANDPARENTS/SPECIAL FRIENDS DAY is scheduled for all three MV Elementary Centers. Please mark your calendars now for the following dates:

JOHNSTON

Friday, Septembrer 14th, from 1:30 - 2:45 PM

EARLVILLE

Wednesday, September 26th, from 1:30 - 2:45 PM Thursday, September 27th for Preschool Gold

DELHI

Friday, September 28th, from 1:30-2:45 PM

You may choose to spend the entire time or come and go as your schedule permits. We love having our Grandparents & Special Friends come to visit -- you are some of our most treasured friends! We hope to see you there!

Hello Fifth Grade Parents and Students

A reminder that Beginning Band Night has been scheduled for Thursday, September 6, at 7:00 p.m. in the Middle School Commons for those students interested in joining the band. It is encouraged that everyone attends to see what band at Maquoketa Valley is all about! At this meeting, we will discuss the band program expectations and will be able to set up instrument rentals for the children that would like to join the band. West Music will be on site to offer their rental program of both new and used instruments. The instruments that West Music offers are well maintained instruments that will allow your student to find success as a musician!

Please note: It is highly recommended that instruments <u>not</u> be purchased from discount stores or online vendors. Many low quality instruments are sold in this manner. They often have poor tone, end up costing more in the long run with repair issues, and, are sometimes unplayable for the student.

Allison Hesse Maquoketa Valley Community Schools Elementary Vocal Music & 5th Grade Band



Mentors Needed for After School Mentoring Program!

As a high schooler, you define what's cool and acceptable. You're what every elementary student wants to be like. And because of this status, you can be the highlight of a kid's day, every week. How? Become a mentor, and take one hour a week to hang out with a young student after school this next year.

"I am so excited about going to school on Wednesday's because I know that after school, I get to see my mentor and we get to do fun things together!"

How does it work?

- Email Ellen, the Youth Mentoring Coordinator at Helping Services at <u>ekrogmann@helpingservices.org</u> or text to 563/379-3454 to get an application to complete, she will connect you with a youth, age 7 to 13.
- 2. You'll get a bit of training and conversation ideas from Ellen throughout the year to help you help your mentee.
- 3. One hour each week you will meet together after school in the West Delaware Lambert Elementary School lunchroom. During that time you can do whatever you two choose, such as play board games, do a craft, work on a mentee's school assignment, or play on the playground.

Currently, 7 young students are waiting for a mentor in your school district! You can be that positive adult role model they look up to. Studies show that a child who has a mentor:

- improves school attendance
- develops positive habits that lead to success not only in school but in life
- has a higher self-esteem and a more positive attitude
- enriches relationships with other family members
- enhances attitude towards school
- is less likely to use alcohol, tobacco, and other drugs
- experiences a decrease in negative behavior

Every child needs a caring and supportive adult in his or her life. Take one hour each week this 2018-2019 school year to be a unique role model for someone. You'll reward yourself by investing in someone else. Guaranteed. For more information call (563) 379-3454, visit our website at www.helpingservices.org/mentoring, or find us on Facebook.

Players, Coaches and Fans,

You hear our announcer say it before every home event, "as a guest of the Maquoketa Valley Community School District good sportsmanship is expected from all who attend the game.

Please show respect to the players, coaches, officials, and other fans by exhibiting good sportsmanship and appropriate behaviors while cheering. Poor sportsmanship or inappropriate behaviors will result in removal from the event or exclusion from all activities at the Maquoketa Valley Community School District. Enjoy the game and take pride in displaying good sportsmanship!

This message that is read before every home event is a reminder to you of what is expected of you while in attendance of a Maquoketa Valley event. Your actions are a direct reflection of our school, whether they be good or bad. We should take pride in having a good reputation during events. Even though our event season is a quarter done, there are plenty of opportunities left to show your Wildcat Pride by displaying proper sportsmanship. Please keep this in mind as we go forward with our activities seasons.

We firmly believe that we have great kids here at Maquoketa Valley, supported by caring and concerned parents and other people in the community. We believe that the sportsmanship that is displayed by the majority of our fans, players and coaches is something that we should take pride in. There are some certain instances that may arise where we will not tolerate here at Maquoketa Valley. If you talk to officials, they will tell you that they are not perfect when making calls. A very small few of people in attendance seem to want to ride the officials about every single call that they make. Some people even go as far as using foul or abusive language towards officials. Please keep in mind that you are setting an example for the younger generation of Maquoketa Valley athletes and fans. Fans, coaches and players should serve as role models showing young people how to act appropriately.

If we can focus on the fact that each official is human, and that their call that they made probably won't get changed regardless of what a fan, coach or player says, then we can give more attention to the more important matter at hand, and that is the great experiences that people are getting and life lessons that they are learning as they get a chance to participate in activities at Maquoketa Valley. Thank you for your consideration on this topic, and always GO CATS!!!!!

Mr. Conner and Mr. Kudrna

Volunteers Welcome

Maquoketa Valley is always in need of kind, caring adults who want to give their time to help the children at school. If you are interested, please contact any Administrator listed on the cover of this newsletter.

School Bus Safety

The lowa Department of Public Safety and the lowa Department of Education would like to remind motorists to pay attention to safe driving rules in low-light conditions, particularly in school zones and when approaching bus stops. Watch for children who may be walking or riding their bikes. Never pass a stopped school bus with its stop arm extended and when the **yellow or red lights** are flashing. The lowa State Patrol reminds all drivers to please be extra careful as you drive through school zones and on lowa's roadways. Please stay alert for pedestrian and school bus traffic.

Your high school student has drama, don't you need some too?! MV Fine Arts Boosters,

Join us at the next Fine Arts Booster Meeting,

September10, @ 5:30 PM in the MS Commons

and see what we are all about!!

Discount Student Passes

Maquoketa Valley offers a Student Activity pass. It allows the students to get in athletic events for \$3 instead of \$5. The cost of the pass is \$30 - it is good for 10 events, not counting districts. The student will need to show the pass and get it punched. It can be used by multiple students, but the student who's name is on the pass must be present when the pass is used. (A student cannot say "Punch this for my friend Sally. She'll be coming later.") Parents or students can obtain the pass in the high school office.

Retired Citizens

Maquoketa Valley offers a Senior Citizen pass to anyone who is 65 years of age or older and resides in the District (Board Policy 1007.010). This pass entitles senior citizens free admission to all Maquoketa Valley sponsored events held at the school (athletics, drama, music, art, etc.) Events not sponsored by the M.V. District, but held at our school would be sectional or district state tournaments, fund-raising activities by our booster clubs, or any event sponsored by an outside organization. If interested, call the Middle School Office at 563-922-9422.

Save the Date

The 39th annual

CRAFTS & VENDOR SHOW

sponsored by the MV Athletic Booster Club will be

Sunday, October 28 from 9:00 AM to 2:00 PM

For information, please call Becky Offerman 563-608-5611

A.P.R.

A summary of the 2018-19Annual Progress Report for Maquoketa Valley Schools can be found on the district website in mid October.

The address is: http://www.maguoketa-v.k12.ia.us



Maquoketa Valley High School will celebrate Homecoming during the week of September 17 - September 22, 2018. The week will start out with the seniors vs. juniors in Iron Man Volleyball at 1:25 pm on Monday, September 19th in the high school gym; Powder Puff football will follow on the football field, at approximately 2:20. Friday, September 21 is a busy day with the Class Competitions beginning at 1:10 pm; Parade at 2:00 p.m.; the Pep Rally and crowning of the 2018 Homecoming King in the high school gym. Game time Friday night is 7:00 pm, Maquoketa Valley Wildcats vs. Edgewood-Colesburg Vikings. Crowning of the 2018 Queen will take place at half-time of the game. A dance will be held to celebrate Homecoming on Saturday, September 22 from 7:30-10:30 pm in the high school cafeteria. Any business or group interested in being in the Parade, please contact Pam Overman at the high school at 563-922-2091 or email pamoverman@maquoketa-v.k12.ia.us by Friday, September 14.

Photo and Video Consent

Throughout the school year, there may be times when Maquoketa Valley Community School District staff, the media, or other organizations, with the approval of the school principal, may take photographs of students, audio/videotape students, or interview students for school-related stories. These photographs and video may be used for publicity, promotional, and education purposes including newspaper publications, informational brochures, posts on social media, or posted to the school district's webpage. Names of students are not used in these publications except for team related pictures. If you would prefer that your child's picture not to be taken for these purposes, please contact your child's school office. The office will provide you with a form to complete stating this preference.

Guidelines for Volunteers

Maquoketa Valley is always in need of kind, caring adults who want to give their time to be with and help the children at school. The role of a volunteer is an important one, and while enjoyable, requires accepting certain responsibilities. We have developed guidelines to help ensure that Maquoketa Valley students and our volunteers have a safe and rewarding experience while at school. We are asking that all volunteers who are supervising students, who volunteer on a consistent basis, or who are accompanying students at an event to sign a "Guidelines for Volunteer" form and also complete the paperwork for the district's background check. This will help to further protect our students as well as our volunteers. These forms can be picked up in any of our school offices.

Open Enrollment

Parents/guardians considering the use of the open enrollment option to enroll their child/ren in another public school district in the state of lowa should be aware of the following dates.

March 1, 2019 - Last date for regular open enrollment requests for the 2019-2020 school year.

September 1, 2019 - Last date to open enrollment requests for students entering kindergarten for '19-20

Parents should be aware that only "good cause" reasons will be considered past the deadline. Parents/guardians of open enrollment students whose income falls below 160% of the federal poverty guidelines are eligible for transportation assistance. This may be in the form of actual transportation or in the form of a cash stipend.

Parents should be aware that open enrollment may result in the loss of athletic eligibility. If an original request to open enroll was based on repeated acts of harassment or a serious health condition of a student, parents have the right to appeal to the State Board of Education if the request to open enroll was denied.

For further details, and appropriate forms, contact the school administration office at 563-922-9422.

Student Directory

The following information may be released to the public in regard to any individual student of the school district as necessity or desirability arises. Any student, parent, or guardian not wanting this information released to the public must make objection in writing to the principal or other person in charge of the school which the student is attending. It is desirable to renew this objection at the beginning of each school year:

Name, address, telephone listing, electronic mail address, photograph, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received and the most recent previous school or institution attended by the student, student ID number, user ID.

Any high school parent who does NOT wish to have your child's information released to any outside organization or business, please pick a form up in the high school office.

Level One Investigator

According to lowa Code chapter 281 - 1AC chapter 102, all school boards in lowa must designate at least one Level One investigator annually to look into allegations of abuse of students by school employees. The Level One investigator for Maquoketa Valley Schools is Administrator, Brenda Becker . If you have any questions concerning this subject, please contact Brenda Becker at Delhi Middle School, phone number 563-922-9411.

Teacher Qualifications

Parents and guardians in the Maquoketa Valley School District have the right to learn about the following regarding their child's teacher's qualifications: state licensure status, special endorsements for grade level / subject area taught and baccalaureate / graduate certification / degree. Parents and guardians may request this information from the Administration Office at 563-922-9422 or be sending a letter of request to the Office of the Superintendent, Maquoketa Valley Schools, 112 3rd Street., P.O. Box 186, Delhi, IA 52223-0186.

Health Curriculum

Senate File 2094, Human Growth and Development, requires annual notification to parents of their right to review all human growth and development curriculum. You may do so by contacting Ann Norton, School Improvement Coordinator, at 563-926-2701. A pupil shall not be required to take instruction in human growth and development as long as the pupil's parents or guardian files with the appropriate principal a written request that the pupil be excused from the instruction.

Medication Policy Update

Medication ordered by a doctor, and over-the-counter medicines may be given at school. In order for medication to be given, the parent will need to obtain a "Drug Release" form from the school office. A supply of these forms will be kept in the elementary offices as well as in the high school office. This form must be signed by the parent or legal guardian. It is the parents' responsibility to bring the form and the medicine to school. Medication must be in the original container. Tell your pharmacist you need a bottle labeled for school. Medications ordered three times per day does not necessarily have to be given at school unless it is specifically ordered at that time. It is possible to give it as home before the child leaves for school, after school, and at bedtime. If you have questions regarding this policy, please call Mary Ries, the M.V. School Nurse at 563-922-9411.

Asbestos and AHERA

The Asbestos Hazard Emergency Response Act of 1986 (referred to as AHERA) was enacted by Congress fourteen years ago. AHERA was created to determine the extent of, and develop solutions for, any problems schools may have with asbestos. During the summer months of 2003 we replaced new ceiling tile in the auditorium with asbestos-free tile. Then in the summer 2004, that same type of tile was replaced in the Family and Consumer Health classroom in the high school building. The summer of 2012 asbestos insulation was removed from around the boilers and pipes. The records of our asbestos reports and removal are on file at the Maquoketa Valley Business Office and can be viewed Monday through Friday, between 8:00 AM and 4:00 PM. Any inquires regarding the plan should be directed to Doug Steger, Maintenance Coordinator.

USE OF STUDENT RECORDS

School districts are required to give annual notice regarding the rules and regulations they have established regarding the use of student records. What follows is the "Use of Student Records" regulation for the Maquoketa Valley Community School District.

Student records are defined to be all official records, files and data directly related to children, including all material that is incorporated into each student's cumulative record folder, and intended for school use or to be available to parties outside the school or school system; specifically including, but not necessarily limited to: identifying data, academic work completed, level of achievement (grades, standardized test scores; attendance data, scores on standardized intelligence, aptitude, and psychological tests, interests inventory results, health data, family background information, teacher or counselor ratings and observations, and verified reports of serious or recurrent behavior patterns.

The intent of this regulation is to establish procedures for granting request of parents for access to their child's records, use of such data, and procedures for transmittal within 45 days or sooner, if practical.

Access to Records

1. The parent or legal guardian of a student will have access to these records upon written request to the office of the principal, which maintains student records within this school system. If the student is 18 years or older, only the student has the right to determine.

The parent or legal guardian will, upon written request to the office of the principal, have the opportunity to receive an interpretation of the records, have the right to question the data, and if a difference of opinion is noted, shall be permitted to file a letter in the cumulative folder stating the dissenting person's position. If further challenge is made to the records, the normal appeal procedures established by school policy will be followed.

2. School personnel having access to student data are defined as "any person or persons under contract to the school or AEA and directly involved in working toward either the affective or cognitive goals of the school.

Release of Information to Other Persons

No information covered by this policy will be released to any persons or agency without the written consent of the adult student or the parents or guardian of a minor student; with the following exceptions:

- 1. School personnel with a legitimate educational interest.
- 2. Officials of other schools in which the student proposes to enroll.
- 3. Representatives of state and local government when auditing and evaluating Federal and State funded educational programs.

- 4. In connection with a student's educational financial aid application.
- 5. Organizations which process and evaluate standardized tests
- 6. Accrediting organizations for accrediting purposes.
- 7. Parents of dependent children, regardless of child's age.
- 8. In connection with an emergency.
- 9. In response to a court order or legally issued subpoena.

Procedures

- 1. Each cumulative student record shall contain a reference to the location of any additional records pertaining to a given student with a notation as to the nature of the information contained therein.
- 2. Persons, other than school personnel with a legitimate educational interest, who are allowed access to student records under this policy shall make notation therein of their name, position, date, and the purpose for access.
- 3. In the event that a duly authorized person requests a review of a student record, no information contained therein shall be removed or altered except that additional information may be added as the normal course of school operations shall require.

Notice of Rights

The school administration shall notify students and parents annually, through the Students Handbook or similar publication, of the rights accorded students and parents under this policy.

Review and Removal

Student records are reviewed and inappropriate material removed periodically, but at a minimum when a student moves from elementary school to junior high school. Those records not of permanent importance are destroyed within five years of graduation or discontinued attendance.

Responsibility for Student Records

- 1. The superintendent or the superintendent's designee shall be the custodian of all student records maintained at the district level.
- 2. The principal or his/her designee shall be the custodian of all student records at the building level and shall make maximum provision for protection of student records from review by unauthorized personnel and for maximum physical security of such student records.

FERPA responsibilities

Federal law requires that school districts annually send to parents a notice of rights under the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). The law does not state when the notices are to be sent to parents, but at the beginning of the school year makes the most sense. The U.S. Department of Education provides model notices at the links below. Questions about FERPA or the PPRA should be direct to the Family Policy Compliance Office of the U.S. Department of Education at 202-260-3887 or FERPA@ED.Gov.

Model Notification of Rights under FERPA (sent to families of elementary & secondary students): FERPA Notice

Model Notification of Directory Information under FERPA: Directory Information Notification

PPRA Model Notice and Consent/Opt-Out for Specific Activities: PPRA Consent

Model Notification of Rights under the Protection of Pupil Rights Amendment (PPRA): PPRA Notice

Family Rights and Privacy

The Family Rights and Privacy Act of 1974 requires annual notification to parents of children enrolled in special education instructional programs, operated by this school district of their rights to review the special educational records of their children.

This federal law allows the parent or guardian the following: (1) a review of your child's special education records; (2) to obtain copies at a nominal fee; (3) to write a response to materials in the record; (4) to challenge the content of the records on the grounds of inappropriateness or inaccuracy.

You also have the right to have such records explained to you by a professional staff member if you so desire. If you desire further information, contact the Superintendent of Schools or the School Board Secretary at Maquoketa Valley Community Schools, Delhi, Iowa 52223, phone 563-922-9422.

Notice of Nondiscrimination

It is the policy of the Maquoketa Valley Community Schools not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, religion in its programs, activities, or physical or mental disability in its programs, activities, or employment practices as required by the Iowa Code Sections 216.9 and 19B.11, Titles VI and VII of the Civil Rights Act of 1964 (42 U.S.C. §2000d and §2000e), the Equal Pay Act of 1973 (29 U.S.C. §206 et seg.), Title IX (Educational Amendments, 20 U.S.C. §1681-1688), Section 504 (Rehabilitation Act of 1973, 29 U.S.C. §794), and the Americans with Disabilities Act (42 U.S.C. §12101, et seq.). Students are educated in the programs that foster knowledge of, and respect and appreciation for, the historical and contemporary contributions of diverse cultural groups, as well as men and women, to society. Students who feel they have been discriminated against are encouraged to report it to the school district Equity Coordinator. The Equity Coordinator is Doug Tuetken, Maquoketa Valley Community Schools, PO Box 186, Delhi, IA 52223, 563-922-9411.

The Rehabilitation Act

Section 504 of the Rehabilitation Act of 1973 prohibits discrimination against persons with a disability in any program receiving federal financial assistance. In order to fulfill obligations under Section 504, the Maquoketa Valley Community School District has the responsibility to avoid discrimination in policies and practices regarding its personnel and students. No discrimination against any person with a disability should knowingly be permitted in any of the program and practices of the school system.

The Maquoketa Valley Community School District has the responsibility under Section 504 to identify, evaluate, and if the student is determined to be eligible under Section 504, to afford access to appropriate educational services.

If the parent or guardian disagrees with the determination made by the professional staff of the school district, he/ she has a right to a hearing with an impartial hearing officer.

No Child Left Behind

Parents/guardians in the Maquoketa Valley Community School District have the right to learn about the following qualifications of their child's teacher, state licensure requirements for the grade level and content areas taught, the current licensing status of your child's teacher, and baccalaureate/graduate certification/degree. You may also request the qualifications of an instructional paraprofessional who serves your students in a Title I program or if your school operates a school wide Title I program. Parents/Guardians may request this information from the Office of the Superintendent by calling Mr. Doug Tuetken at 563-922-9422 or sending a letter of request to Superintendent, Maguoketa Valley Community School District, P. O. Box 186, Delhi, IA 52223-0186. The Maguoketa Valley Community School District ensures that parents will be notified in writing if their child has been assigned, or has been taught by a teacher for four or more consecutive weeks by a teacher who is not considered highly qualified.

Statement on Sportsmanship

This message is from our Conference principals and activity directors regarding spectator conduct at our events. We are running this message to remind all of us adults that our children will imitate our behavior at these events, so please take a moment to read this message.

The Tri-Rivers Conference has great schools, full of terrific kids, supported by caring and concerned parents and committed communities. As administrators, in general we feel very positive about our schools and the relationships between our schools. We do strongly believe that the sportsmanship displayed at our games by the majority of our fans, players and coaches is something in which we can all take pride. Granted there are some exceptions, and on occasion we have to address sportsmanship issues on the part of a player, coach or student fan. These relatively rare situations are dealt with as they arise.

We want to make you as parents, our wider community, aware of another more difficult sportsmanship issue. Unlike the scenario at hand above, where an administrator deals with a player, coach or student fan who has displayed inappropriate sportsmanship; this situation is both more common and more difficult to deal with in that the offenders are the adults in our stands. While the vast majority of the parents and other adult fans in the stands conduct themselves in a positive fashion, a very small, but vocal minority chose to ride the referees on nearly every call, taunt other players and coaches and make loud critical comments about our own players and coaches. Some even seem to feel it is OK to use abusive or even foul language. We, as administrators, address these issues when we can; but the reality is that we really shouldn't have to tell adults how to behave. We ought to be able to count on all the adults to conduct themselves in such a way as to serve as a role model for the students in the stands. Again, remember that the vast majority of the adults do take their responsibility in regard to sportsmanship seriously. We just need everybody to do that.

A basic truth in competition is that in every game someone wins and someone loses; but when we focus on that essential fact instead of the learning process we are losers no matter which team comes out on top. High School Officials make mistakes and that is another essential truth. It also is indisputable that everyone reading this letter also makes mistakes. occasional errors on the part of the referees do not change the fact that our officials do their best to call a fair, safe and well regulated game. The fact that an adult paid the admission price should not give them the right to use abusive language or continually harass the officials. I doubt there has ever been a single time where an official changed a call because a fan was screaming at him or her. We just need all of our fans to think about why we are here - it is for the kids and the competition and more importantly what that competition can teach our students about life. High School activities are focused on preparing students for the really important roles that they are going to play long after they leave the court or field for the last time, lessons about citizenship, parenting and moral fiber. If we focus on that, then we can all say we are serving as proper role models for our children and putting sportsmanship in its proper place, a place first and foremost in our hearts and minds. Thank you for your consideration of these matters.

Notice on Restraint

State law forbids school employees from using corporal punishment against any students. Certain actions by school employees are not considered corporal punishment. Additionally, school employees may use "reasonable and necessary force, not designed or intended to cause pain" to do certain things, such as prevent harm to persons or property.

State law also places limits on school employees' abilities to restrain, confine and detain any student. The law limits why, how, where and for how long a school employee may restrain or confine and detain a child. If a child is restrained or confined and detained, the school must maintain documentation and must provide certain types of notice to the child's parent.

If you have any questions about this state law, please contact your school. The complete text of the law and additional information is available on the lowa Department of Education's web site: www.iowa.gov/educate.

Authorization for Student Refusal of School Internet Usage

Maguoketa Valley Community Schools Network (MVCSnet) is a local area network connected to other local, national and worldwide networks. It's purpose is to meet the mission of the Maguoketa Valley Community Schools. It is also to advance and enhance student's access to educational resources, improve teacher resource and training, collaboration and dissemination of successful district and student materials, educational practices and With this accessibility comes a need for appropriate and responsible use. The goal of providing access to teachers and students is to further educational excellence by facilitating resource sharing, innovation, and communication. The use of MVCSnet must be in support of education and research, consistent with student achievement goals and objectives of the Maquoketa Valley Community School District.

Maquoketa Valley Community Schools intends to fully comply with the Neighborhood Children's Internet Protection Act. Compliance includes a technology protection measure in the form of a filter to block, at a minimum, visual depictions deemed as obscene, child pornography, social networks, or harmful to minors.

Any parent/guardian has the right of refusal on respect to their student usage of the MVCSnet provided that the parent/guardian contact the school district in writing to the school district and contact the school district guidance office to complete a notice form.

If you have no objection to the use of MVCSnet, you *do not* need to take any action.

Healthy Kids Act Snacks

Wrigley's Spearmint Chewing Gum 1 stick

Trident Tropical Twist Gum 1 stick Rice Krispies Treats 37g and 22g

Kettlecorn Popcorn 1oz

Nature Valley Oats & Honey Granola bar 1.5 oz

Snyders of Hanover Mini Pretzels 1.5 oz Keebler Iced Animal Cookies 1.4 oz

Animal crackers 16 crackers per serving, 74 serv/container

Austin Zoo Animal Crackers 1 oz (28g) 3 Musketeers Max Chocolate Brownie

3 Musketeers Max S'mores

Lays Baked Sour Cream & Onion Chips 1 1/8 oz

Lays Baked Chips 1 1/8 oz

Honey w/whole grain Belly Bears 1 oz Cinnamon w/whole grain Belly Bears 1 oz

Cheetos Atroids 100 calorie pack

Nature Valley Maple Brown Sugar Granola Bar 21g

Quaker Chewy Granola Bar Ragin' Oatmeal Raisin 24g

Quaker Chewy Granola Bar Chompin Chocolate Chunk 24g

Quaker Chewy Granola Bar Peanut Butter Chocolate Chip Granola Bar

Quaker Granola Bar Low Fat Chocolate Chunk 24g

Quaker Granola Bar Low Fat S'mores 24g

Quaker Granola Bar Peanut Butter Chocolate Chip 24g

Baked Cheetos Crunchy Cheese Flavored Snacks 100 calorie pack

Baked Crunchy Cheetos Baked Ruffles Plain Cheddar Sun Chips

Baked Doritos-Nacho Cheese

Smartfood Popcorn White Cheddar Flavored Popcorn 100 calorie pack

Sun Chips Harvest Cheddar 100 calorie pack

Austin PB&J Crackers 1 pkg. (39g)

Austin Peanut Butter Crackers 1 pkg. (39g) Austin Cheddar Cheese Crackers 1 pkg. (39g)

Austin Chocolately Peanut Butter Crackers 1 pkg. (39g)

Del Monte Strawberry Fruit Chillers 2 oz tube Great Value Cherry Pop Tarts 1 pastry 52g Great Value Blueberry Pop Tarts 1 pastry 52gm Great Value Strawberry Pop Tarts 1 pastry 52gm Great Value Chocolate Fudge Pop Tarts 1 pastry 52gm

Strawberry Toast Ums 1 pastry 52gm Chocolate Fudge Toast Ums 1 pastry 52gm

Wild Berry Toast Ums 1 pastry 52gm

Kellog's Strawberry Pop Tarts 1 pastry 52gm

Stauffers Whales 33 crackers per serving (1# bag)

All Yogurt/Gogurt-prefer lowfat or light Juicy Juice 100% Juice, Juice boxes Capri Sun 100% Juice, Juice pouches

All Fresh Fruit

String Cheese single serving

Johnny Rapp's Kettle Korn 1 oz

Cinnamon Toast Crunch Crisps 28gm Kellog's Special K Vanilla Crisp Bar 22gm

Fruit By the Foot Tie Dye 21gm

Fruit By the Foot Variety Flavors 21gm

Cereal Bars: Nutrigrain, Honey Nut Cheerio, Cinnamon Toast

Crunch, Cocoa Puffs, Trix Bars

Special K Cracker Chips Cheddar 90 calories

Special K Cracker Chips Southwest Ranch 90 calories

Special K Cracker Chips Sea Salt 90 calories

Special K Cracker Chips Sour Cream and Onion 90 cal Special K Popcorn Chip Sweet and Salty 90 calories

Cheez-It Crackers Original Scrabble Junior .75 oz

Cheez-It Crackers Reduced Fat 1.5 oz

Kellogg's Crunchy Blends Low Fat Granola with Raisins 1.5 oz

Kellogg's Berry Chewy Cereal Bar 1.27 oz

Rice Krispies Chewy Cereal Bar Apple Cinnamon 1.2 oz Cocoa Krispies Chewy Cereal Bar Chocolate 1.27 oz

Right Bites Cheez-It Crackers 0.77 oz

Right Bites Cheez-It Extra Cheesy Party Mix 0.74oz

Special K Bar Honey Nut 0.8 oz Special K Bar Vanilla Crisp 0.8 oz

Special K Snack Bites Chocolatey Crunch 0.8 oz

Special K Snack Bites Strawberry 0.8 oz

Kashi TLC Chewy Granola Bar Peanut Butter 1.2 oz Kashi GOLEAN Crunchy Bar Chocolate Peanut 1.76 oz Kashi TLC Chewy Granola Bar Honey Almond Flax Kashi TLC Chewy Granola Bar Trail Mix 1.2 oz All-Bran Fiber Bar Apple Cinnamon Streusel 1.4 oz

All-Bran Fiber Bar Strawberry Drizzle 1.4 oz

Keebler Honey Grahams

Keebler Gripz Cinnamon Grahams 0.9 oz

Keebler Scooby-Doo Bones Cinnamon Grahams 1 oz

Keebler Elf Grahams Cinnamon 1 oz Keebler Elf Grahams Original 1 oz

Keebler Bug Bites Cinnamon Grahams 1.1 oz

Bottled Water

Milk (any skim or I% low fat option)

Single serving gold fish Salsa For Dipping Pre-packaged Trail Mix Low Fat/FF Apple Dip

Fruit Bowls/ Applesauce single

Low Fat/FF Crm Cheese

Dried Fruit

Single serving cans of Tomato Juice or V8

Low fat or sugar free pudding cups, single serving

100 % fruit snacks

Frozen 100 % juice bars

■ August		Se	ptember 20	018		October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	No School A Labor Day	4 HSVB – CVChristian; Lisbon; MFL Mar-Mac – 5:30 (H) JVFB @ North Linn 6:00 pm (A) JVFB @ North Linn 6:00 (A)	5 Athletic Booster Mtg 6:30 HSCafe	G JHVB – Springville 4:00 (H) JHFB – Alburnett 4:30 (A) HSVB @ Easton Valley – 5:15 (A) Beginner Band Nite 7:00 - MSMPR	7 VarFB – Cascade 7:00 (H)	HSCC @ Monticello 8:00 (A) JVVB @ WDelaware 9:00 (A) FFA Dairy/Milk Quality Products Contest @ Manchester
9	10	11 11th Gr. @ UNI College Fair – Cedar Falls JHVB – Ed/Co – 4:00 (A)	12 1:05 Dismissal – PD	JHVB – Central City 4:00 (H) JHFB –Postville – 4:30 (game @ Edgewood) HSVB – Cedar Valley Christian – 5:15 (H)	JE Grandparents/ Special Friend HSCC @ Cascade 4:30 (A) VarFB @ Monticello 7:00 (A)	VarVB @ WDelaware 9:00 (A) JVVB @ WDubuque 9:00 (A)
16	17	18 JHVB @ EBuchanan 4:00 (A) HSVB @ Ed/Co 5:15 (A)	19	Delaware County Health Care Day – Manchester 8:00 am JHVB – Alburnett 4:00 (H) JHFB – North Linn 4:30 (A) HSVB – Starmont 5:15 (H)	21 Homecoming Parade @ 2:00 VarFB – Ed/Co 7:00 (H)	HSCC @ Independence 8:45 (A) Homecoming Dance 7:30-10:30 (HS Café)
23	24 No School - PD JVFB - Ed/Co - 6:00 (H)	25 7th Gr. Farm Safety Day Manchester HSCC @ Jesup (A) JHVB @ North Linn 4:00 (A) HSVB – North Linn 5:15 (H)	JE/EE School Pictures EE Grandparents/ Special Friend Day	JHVB – Starmont - 4:00 (H) JHSVB @ Springville 5:15 (A)	28 DE Grandparents/ Special Friend Day VarFB @ MFL Mar-Mac 7:00 (A)	29
30				[0. 10 (A)		

✓ September		C	ctober 20	18		November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 EE Preschool BBQ – 6:00 JHFB – Ebuchanan 4:30 (at Edgewood) JVFB @ MFL Mar Mac 6:00 (A)	JHVB @ Springville 4:00 (A) HSCC @ WDelaware 4:30 (A) HSVB – Alburnett 5:15 (H)	3 Athletic Booster Mtg 6:30 HSCafe	JHVB – Ed/Co – 4:00 (H) HSVB @ Central City 5:15 (A)	Advanced Manufacturing Day @ Manchester 8:10 am VarFB – Clayton Ridge 7:00 (H)	6 HSChoir @ Real Men Sing – Wartburg/ Waverly HSCC @ North Linn 9:00 (A)
7	8 JVFB – Clayton Ridge 6:00 (H)	9 1:05 Dismissal - PD HS Academic Awards 11:30 – Auditorium JHFB @ Lisbon 4:30 (A) HSVB – Ebuchanan 5:15 (H)	10 11 th Gr. PSAT Testing 8:00 - Library	11 11th Gr. @ Business/ Industry – Manchester HSVB TRC Tourney – TBA HSCC TRC Meet 4:00 – Ed/Co	12 VarFB @ Alburnett 7:00 (A)	HSVB TRC Tourney – TBA FFA Soils Contest @ ISU/Ames HS Music "MV's Got Talent" 7:00 (Aud)
14	15 NO SCHOOL – PD JVFB @ Alburnett 6:00 (A)	16	17	MS TRC Honor Band Festival – Alburnett/ Easton Valley HSCC Districts – TBA JVFB – Lisbon – 6:00 (H)	19 VarFB – Lisbon – 7:00 (H)	20 All-State Music Auditions
21	22 12th Gr. CPR Training (all week)	23 5-8 Band Concert 7:00 MSMPR	24	25	26 End of First Qtr 1:05 Dismissal	27 Dance Team – "Princess Party" at Johnston Elem – 11-1 pm
28 Athletic Boosters Arts & Crafts Show	29	30 12 th Gr. "Real Life Academy" – Ed/Co	31 EE Halloween Parade 1:00 JE Halloween Parade 1:45 DE Halloween Parade 2:30			

More Calendar Templates: 2018, 2019, Holiday Calendar

2018-2019





High School Boys & Girls Cross Country

		Away - 4:30						
MFL/Mar-Mac	Monticello	Cascade	Independence	Jesup	West Delaware	North Linn	Conference(Ed/Co)	Districts
August 30	September 8	September 14	September 22	September 25	October 2	October 6	October 11	October 18



9th/JV/	9th/JV/Varsity High School Volleyball	<u>yball</u>
August 25	Cascade Tourney (V)	Away - 9:00
August 28	Clayton Ridge/Jesup (V)	Home - 5:30
September 4	MVHS Tourney (V)	Home - 5:30
September 6	Easton Valley	Away - 5:15
September 8	West Delaware (JV)	Away - 9:00
September 13	Cedar Valley Christian	Home - 5:15
September 15	West Delaware (V)	Away - 9:00
September 15	Western Dubuque (IV)	Away - 9:00
September 18	Ed-Co	Away - 5:15
September 20	Starmont	Home - 5:15
September 25	North Linn	Home - 5:15
September 27	Springville	Away - 5:15
October 2	Alburnett	Home - 5:15
October 4	Central City	Away - 5:15
October 9	East Buchanan	Home - 5:15
October 11	Conference Tourney	TBD
October 13	Conference Tourney	Alburnett



Middle School / High School Events

FFA @ State Dairy Judging	Jr @ UNI College Fair - Cedar Falls	Homecoming Parade	Homecoming Dance	7th Grade @ Farm Safety-Manchester	School Pictures - JE/EE	School Pictures - DE/MS/HS	Advanced Manufacture Day	HS Vocal @ Real Men Sing - Waverly	HS Academic Awards	PSAT Testing - Juniors	Jr. @ Business & Industry - Manchester	FFA @ State Soils Contest - Ames	HS Vocal "MV's Got Talent"	TRC JH Band Festival - North Linn	All-State Music Auditions - WDelaware	5-8 Band Concert	Srs @ Real Life Academy	Fall Musical "Beauty & The Beast"	Parent-Teacher Conferencs	Parent-Teacher Conferences	
September 8	September 11	September 21	September 22	September 25	September 26	September 27	October 5	October 6	October 9	October 10	October 11	October 13	October 13	October 18	October 20	October 23	October 30	November 1-4	November 6	November 8	

	High School Football	
August 24	East Buchanan (V)	Home - 7:00
August 31	North Linn (V)	Away - 7:00
September 4	North Linn (JV)	Away - 6:00
September 7	Cascade (V)	Home - 7:00
September 14	Monticello (V)	Away - 7:00
September 21	Edgewood-Colesburg (V)	Home - 7:00
September 24	Ed/Co (JV)	Home - 6:00
September 28	MFL Mar-Mac (V)	Away - 7:00
October I	MFL Mar-Mac (IV)	Away - 6:00
October 5	Clayton Ridge (V)	Home - 7:00
October 8	Clayton Ridge (JV)	Home - 6:00
October 12	Alburnett (V)	Away - 7:00
October 15	Alburnett (JV)	Away - 6:00
October 18	Lisbon (JV)	Home - 5:00
October 19	Lisbon (V)	Home - 7:00

Home - 4:00 Away - 4:00 Home - 4:00 Away - 4:00 Home - 4:00 Away - 4:00 Home - 4:00 Away - 4:00

Springville Edgewood-Colesburg

Alburnett North Linn Starmont

September 6
September 11
September 13
September 18
September 20
September 25
September 25
October 2

Springville Edgewood-Colesburg Central City East Buchanan

Junior High Volleyball

	Junior High Football	
September 6	Alburnett	4:30 -@ A
September 13	Postville	430 @ EC
September 20	North Linn	4:30 @ N
September 27	Starmont	4:30 @ M
October 1	East Buchanan	4:30 @ EC
October 8	Lisbon	4:30 @ Lis

Alburnett	4:30 -@ Alb.
Postville	430 @ EC
North Linn	4:30 @ NL
Starmont	4:30 @ MV
East Buchanan	4:30 @ EC
Lisbon	4:30 @ Lis