

New staff members bring fresh ideas, new perspective to MV



Ms. Droeszler

by Leah Ries

What are you teaching? I am teaching Anatomy and Physiology, Biology, Chemistry, and one section of 8th Grade Science.

Where did you go to school (high school and college)? I attended Cascade Jr./Sr. High School and afterwards, continued my education at the University of Iowa. During my time at the University of Iowa, I obtained two degrees: my Bachelor of Arts in Biology and Master of Arts in Science Education with endorsements in 5-12 Biology, Chemistry, and Basic Science.

What is your family like? My immediate family consists of my father, Duane; mother, Amy; and younger brother, Michael. Our family has always been tight-knit and easygoing, for we continuously support one another and enjoy a good laugh (or two).

What do you like most about MV so far? I really like the “family atmosphere” that has been created and maintained here at Maquoketa Valley; all of the administration, staff, and students have been so welcoming, kind, and supportive.

What are some goals you have in your first year here? One goal I have this year is to create a learning experience that involves students partnering with individuals from their community and/or the surrounding area. I want to help students build connections between the practices and concepts of science and their everyday lives. Another goal of mine is to support students outside of the classroom by attending a variety of their extracurricular activities.

What made you want to be a teacher? I have wanted to be a teacher since elementary school-and this desire has persisted throughout my education-because of the impact that my teachers had on my life. Teachers have opportunities to positively impact students as they grow personally and professionally, and I am passionate about helping others.

What is one fun fact about you? I have yet to visit states that do not border Iowa and fly in an airplane.



Mr. Palmer

by Paige Winter

What are your duties here? Industrial arts teacher

Where have you taught previously? I haven't taught previously. This is my first year.

Where did you go to school and what did you study? I went to UNI to study industrial arts education. I've been in the workforce working construction for about 12 years. And before that I worked in some other trade and just kept my hands busy.

What do you like about MV so far? The small community feel

What goals do you have here? My goal as a teacher is to open opportunities for students to see different types of careers that they can go into, especially in the industrial arts center of the workforce. I want to give them a basic understanding or education into some skills that they will use in their life when they are a homeowner or other things they may run into in life

What is your family like? I have a wife who teaches at West Delaware. She's an elementary teacher. My oldest son is a freshman at West Delaware, and my daughter is a 7th grader at West Delaware.

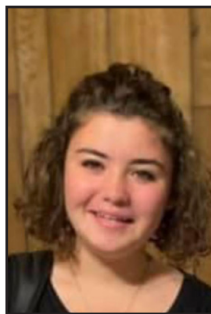
What are some of your hobbies? We love to go camping. We do a lot of downhill skiing in the winter, and I would say my biggest thing is that I'm the president of the Delaware County Fair. I spend a lot of time volunteering. I put in close to 1500 hours a year in volunteer work just for the fair industry.

Anything else you want the students to know about you? I'm a pretty laid back, happy go lucky guy. I like humor in my life, and I'm definitely a family man who likes to give back to people. Any volunteer opportunities that are out there I tend to help. That's something I try to push to my students.

Get to know the new students

by Kaitlyn Nolan

Brooklyn Lammers is a junior this year. She has previously moved all around Iowa, but her last school that she attended was Potosi in Wisconsin. Brooklyn plans to be a member of FFA, and she likes how MV has made her feel like she's been here her entire life. She likes playing with her younger siblings, helping her dad with mechanical work on cars, and watching football. Brooklyn plans on joining the military.



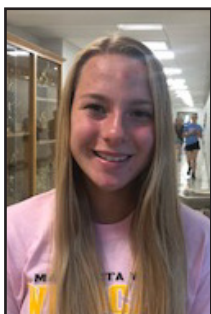
Lainey Knipper is a sophomore from Western Dubuque. She plans on being a member of FFA and playing softball this summer. She likes how small MV is and the different classes it has to offer. Her hobbies include showing animals in 4-H and playing softball. Lainey currently works in a greenhouse and would like to do something involving animals in the future.



Dash Lahr used to go to Western Dubuque and now attends MV as a sophomore. He is planning to be involved in football and basketball. The thing he likes most about MV is that he gets more playing time in football. His hobbies include playing basketball, football, fishing, and hunting. A dream job or his would be to be a Marine or play in the NFL.

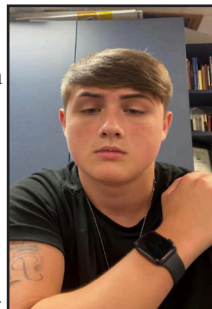


Kaya Knipper is a sophomore from Western Dubuque. She plans on being in volleyball and softball. She likes the environment of MV and how everyone is welcom-



ing. Her hobby is working on her family farm. For a job, she works at a greenhouse outside of Hopkinton, and she plans on being in the agriculture field when she graduates.

Kobe Peters is new to MV as well. This senior transferred from West Delaware. Kobe works at McDonald's in Dyersville. He may wrestle at MV this year. In his free time, Kobe likes to go out to eat and play guitar. After graduation, he plans to become a pharmaceutical representative after earning a degree in business. He is the second oldest of three students. He lives in Greeley.



Emily Hogan is a ninth grader who previously went to Ed-Co. She plans on doing the play in the spring and possibly track. So far she likes the students and teachers. Emily's hobbies are swimming, being with friends and family, and driving. She doesn't have a job, but when she is older, she wants to be a high school history teacher.



Cutie

by Matthew Brehm

This cutie is a junior. He lives in Manchester and has blond hair. He plays football, basketball, and participates in TEL. He also happens to have six siblings.



FFA Member of the Month Brooke Hogan



What do you enjoy most about FFA? I enjoy the family that comes with FFA the most. They will always be there for you as you grow through FFA and they are the type of people who push you to be your best.

What events have you been involved in throughout your time in FFA? I have been in Creed speaking, Conduct of a Meeting, meat judging, dairy judging, chicken judging.

What is your biggest accomplishment in FFA? My biggest accomplishment in FFA would have to be competing at the state FFA convention.

What is your biggest takeaway from being involved in FFA? My biggest takeaway from FFA is the leadership needed for a group.

What skill have you gained from FFA? The biggest skill I have taken from FFA is communication. Communicating through FFA is key and I have learned if you want to succeed you need to communicate.

Explain your SAE (Supervised Agricultural Experience). My SAE (Supervised Agriculture Experience) is my Cow/Calf operation. I started this my freshman year with one cow and I breed my cows back and calve them and raise the calves.

What advice would you give to underclassmen involved in FFA? My advice for underclassmen involved in FFA is to get involved as much as you can. Take in the opportunity you get at state and national conventions because they are very fun and you learn a lot.

Why would you recommend someone to join FFA? I would recommend ffa to kids who are not in sports and want something good to do. I also would recommend FFA to anyone because it is an organization for everyone and it really is fun to be in and you learn a lot about yourself and others that you may have thought you really knew.

XC season starts with boys taking first



Nolan Ries and Cy Huber took the top two places at the meet last week. (photos by Amy Ries)

by Chantel Crowley

Last Thursday, the cross country team competed at MFL Mar Mac for their inaugural meet.

As a team, the girls finished fifth out of nine teams. Members include sophomore Isabel Imler who finished 15th with a time of 24:00.6, senior Emma Doyle who finished 16th with a time of 24:30.7, freshman McKenna Bush who finished 23rd with a time of 27:28.3, senior Jordan Hogan who finished 32nd with a time of 29:38.9 and sophomore Allison Hogan who finished 33rd with a time of 30:28.0.

The boys team was crowned team champions for the fifth consecutive year. It's also the fifth consecutive year that a Wildcat boy was also individual champion: senior Nolan Ries! Ries placed first with a time of 17:20.5. Other members include Senior Cy Huber who finished second in 17:31.7, senior Michael Schaul who finished fifth in 18:18.0, freshman Arion Rave who finished 13th with a time of 19:31.5, freshman Matthew Schaul who finished 16th in 19:45.2, sophomore George Livingston who finished 20th in 20:16.1, and sophomore Toby Grimm who finished 21st with a time of 20:19.5.

The next meet will be Saturday at Monticello.

Isabel Imler and Emma Doyle were MV's top finishers.



Cheer is back with big spirit



Cheer team members include, front row from left: Amaya Hunt, McKenna Thompson, Mianna Gosche, Maddyx Kemp and Clairra Gray; back row: Molly Anderegg, Kendra Hillers, Kylie Chesnut, Leah Ries, Coach Teymer, Livia Hermanson and Tierra Morgan. Not pictured: Isabella Mensen, Kaitlyn Nolan and Josie Teymer (photo by Lesa Parmely)

by Paige Winter

If you haven't been to a Wildcat football game under the Friday night lights yet this year, you may have missed out on something new here at MV. For the first time in a long time there is a cheerleading team at Maquoketa Valley! Coach Teymer said that though there is a lot of pressure on the girls for being a new team, it's not about being competitive. It's just about having fun.

Over the summer the girls spent a lot of time practicing and team bonding by creating megaphones, TikToks, scavenger hunts, and having Christmas in July. You can expect to see this hard work pay off when you see the stunts they have learned during practices including a few lifts and a basket toss.

Coach Teymer said that the biggest challenge of building a cheer team from scratch was that the girls had never cheered or even been exposed to it before, but, "what A GREAT GROUP to start off with!" She also mentioned that her favorite part of coaching cheer so far has been just working with the girls. "They are very special to me. I am not only teaching them something I love, but I'm teaching it to people I love!"

Seniors Kylie Chesnut and Amaya Hunt are new to the dance/cheer family this year and there are also three new freshmen and a sophomore who have all gelled really

well with the veterans on the team. "Most of the time you realize how sad it is that this is your only year, coming into it as a senior," Amaya Hunt explained. "This first year is so fun that it's hard to know you only get one year."

Not only has Coach Teymer dedicated a lot of time to the new team, so have the girls! You can catch most of these girls on the volleyball court, up on a stage, in the band, or out on the lake skiing. However Coach Teymer said she is most proud of the girls for making cheer a priority in their busy schedules.

Just one of the awesome things you can expect from the cheerleaders is a performance from our little Wildcats! Last weekend the girls and Coach hosted a youth camp and they will perform some cheers and maybe even a couple stunts during the game tonight!

If all of this info has got you excited about the team and wondering how you can support them, simply get dressed in your neon apparel for the game tonight and show up to be LOUD!

"The team LOVES the student section and feeds off the energy. They are so excited to have the student section involved in the cheers." So if you haven't been yet, get out there under the lights tonight to support not only our boys, but also the girls. "Let's go girls!" -Shania Twain

Volleyball team adjusts to new coach, keep same spirit

by Leah Ries

As the school year gets started, the MV volleyball team got its season started as well under the direction of new head coach and MV alumna Abby DeGroot.

"The team is doing a great job at adjusting to changes that coaching staff is making," stated Coach DeGroot. "I absolutely love the way they cheer and celebrate a great play. It's fun to be around every day!"

The varsity squad hosted a triangular on August 26th, hosting Clayton Ridge and Jesup. The Wildcats defeated the Eagles of Clayton Ridge in two sets (25-21, 25-15) and lost to the Jesup J-Hawks in two sets (13-25, 16-25). Against Clayton Ridge Kennedy Rausch led in assists with ten. Molly Anderegg and Kylie Chestnut led the team kills with five. On the defensive side, Chesnut had the most blocks with one, and McKenna Thompson had eight digs. Lily Huber led the Wildcats serving with three aces. Against Jesup the stat leaders were Rausch leading in assists with ten and Chesnut leading in kills with five. Defensively, Thompson had eight digs.

Last Thursday night the Wildcats welcomed Cedar Valley Christian and took

it to four sets with our Wildcats coming out on top. Offensively, Rausch led in assists with sixteen, and Chesnut had thirteen kills. On the other side Chesnut had three blocks and Huber had ten digs. Chesnut also led the night in aces with three.

This week the Cats played MFL Mar-Mac and West Central on Tuesday night. The team won over MFL (25-15, 23-25, 15-4) and lost to West Central (25-15, 24-26, 12-15). Stats for the night against MFL include Rausch leading the assist with sixteen and Anderegg leading in the number of kills with eight. Carissa Sabers had the most blocks with four. Thompson had eight digs and Chesnut had two aces. Against the West Central Blue Devils, Rausch had twenty-three assists and Anna Deutmeyer had ten kills while Chesnut had six blocks. Sabers had thirteen digs and Chesnut, Rausch, and Deutmeyer each had one ace.

The volleyball team took on Easton Valley last night and that game will be in the next issue. Tomorrow the team competes at the West Delaware tourney.

"We are still learning and adjusting after each game," stated Coach DeGroot. "We are continuing to grow on the



Kylie Chesnut attacks at the net against MFL MarMac. (photo courtesy of Pete Temple, The Monticello Express)

court to put more wins together. We will continue to work on each part of the game so post season will last longer!"

Football team starts off season 1-1



The football team is 1-1 after two weeks of play. Details from the games will be in next week's issue. Above: A.J. Ambundo aims for some yards against South Winn while Devin Smith tries to clear a path. (photos by Lesa Parmely)



Multi-talented

Brock Trenkamp made the smooth transition from the O-line to the drumline last Friday night.

Student of the Week

Matthew Brehm

You've been nominated for your initiative to learn, particularly in Spanish, after having taken a year off between Spanish II and III. Why is learning a world language important to you?



I've always been interested in looking at and interacting with a world much larger than the one I was raised in. All across the globe, people are learning new languages. Learning Spanish feels exciting to me because I want to travel and talk with people I ordinarily might not be able to. There's so much culture out there to explore, as long as you can decipher it.

What are some study techniques that work well for you?

Repetition, repetition, repetition. Duolingo is one of my personal favorite apps because it teaches me some things I wouldn't learn in class, as well as cementing things I already know. I also love to watch Spanish-speaking shows and listen to music in Spanish. With any topic, not just language-learning, it's all about immersing yourself in that world. Study and explore outside of class in whatever form captivates you. Don't be afraid to go the extra mile.

What advice do you have for other students to make the most of their time in high school? Seniors say it over and over again because it's true: these years fly by. Use your first year or two to decide what you truly enjoy and what you don't. Your time in high school is not only a time to further your education, it's a time to find out who you are and what genuinely interests you. Try things that scare you because some of my favorite activities in high school now are things that horrified me as a freshman.

How do you eat an Oreo?

by Paige Winter

Charlie Lewin: stab the fork in the middle and completely dip it in milk

Liz McDowell: pull them apart, eat the cookie, and then eat the cookie with the frosting

Jackson Hunter: scoop cream cheese frosting on it like you do with chips and dip

Trista Elgin: just eat it

Matthew Brehm: eat it all in one bite

Jada Knipper: dip it in milk and eat it

Jordan Hatfield: use a fork in the frosting and then dip it in milk

Mr. Conner: dunk them all the way in milk and wait until the bubbles go away then eat it. They have to be soggy. If you're scared of your fingers touching the milk, use a fork.

Mr. Dunlap: get a spoon, pry it open, eat the frosting, and dump the cookies

Fine Artist of the Week

Name: Joellen Beitz

What role do you play in the musical?

I'm one of the 3 little piggies and a Duloc dancer.

What's your favorite part of the show?

My favorite part of the show is probably the the part when the fairytale creatures are sent to the swamp and we beg Shrek to help. It is fun and entertaining. We also do a fun dance. This scene is also funny because of the funny jokes that go with each fairytale.



What's your favorite memory from rehearsals?

So far my favorite memory is trying to dance on our knees or watching Devin on his knees.

If you could play any role in any musical, what would it be? I would want to be Sugar Plum Fairy/ Gingy because it's a fun and funny role. You also get to sing and sing talk in a fun voice.

How has participating in the musical affected you? I feel like I have already gotten to know more people from just 3 practices. I also feel like I'm leaving my comfort zone because I sing different notes than I am used to and try to act better than ever.

what's up?

Athletes of the Week

Name: Isabella Mensen

What do you enjoy most about cheer?

The community that comes with doing the sport. I knew almost none of the girls on the team before I joined the team. Now they are some of my friends that I can count on if I need anything, and I know I can count on them.

Why is having cheer important at MV?

We already have a lot of school spirit, but I feel like before the cheer team is back, the football boys might not know how much we really appreciate them. I think the cheer team hopefully shows them how much we really appreciate them.

What is your favorite cheer?

The hustle because it's an interactive cheer with the crowd and it's just a fun cheer to do no matter if you're down points or you're winning.

What's something about cheer that others may not know?

It takes a lot of commitment because if you don't stretch outside of practice you get seriously hurt. Or if you don't practice the cheers and jumps you could easily forget how to do it.

Name: Nolan Ries

What do you enjoy most about cross country?

I enjoy the camaraderie amongst the team, both boys and girls. I also love our coaches' philosophies they have developed from being experienced runners.

This is your fourth year in high school cross country. How have you changed as a runner? Over the years, I've gained the ability to run for long periods of time and great distances.

What has been your favorite memory of cross country? Hoisting the state qualification flag the last three years and staying in the hotel the night before the state meet.

What course is most challenging?

Cascade because of the hills and the gravel road right next to the golf course. This course is especially challenging on a hot afternoon and when there is traffic on the gravel road.

What do you think about when you run?

Usually, I'll think about anything and everything on my regular runs. During meets, I clear my mind and let go of everything outside of the race so I can focus on the task at hand.



Best Buds: Noah DeVore & Kaela Clemen



by Kaitlyn Nolan

What do you two like the most about each other?

Noah: How far she's able to roll her eyes.
Kaela: He always tries to make everyone laugh.

How'd you become friends, or what made you two close?

Noah: Probably speech and drama because we'd hang out a lot at those.

Kaela: Being involved in the same things like band, speech, the plays, ect.

What song makes you think of the other?

Noah: "I'll Be There For You" by The Rembrandts.

Kaela: "I'll Be There For You," aka the Friends theme song.

Favorite thing to do together?

Noah: Get ice cream at the Cone Shoppe.

Kaela: Going to the Cone Shoppe or watching Friends.

Favorite memory together?

Noah: Having a Friends marathon where we only got through 3 seasons.

Kaela: Definitely our lunch discussions every day last year.

Biggest pet peeve about the other?

Noah: She plays the clarinet so that's pretty annoying.

Kaela: The yawning picture.

Where do you see each other in five years?

Noah: No clue. Hopefully still on a talking basis where we hang out every once and a while.

Kaela: I don't know ... probably having our annual Friends marathon and cookout.

JO-JO'S CLOSET

by Josie Teymer

"Fashion is very important. It is life-enhancing and, like everything that gives pleasure, it is worth doing well."

— Vivienne Westwood

The idea behind this column is to give advice on what is new and trending in the world of fashion. So, let's start with the basics. Fashion 101 : Closet Essentials.

Fall is just around the corner and layers are where it's at. First let me just say, I think the best thing about fashion is that it has NO GENDER. Fashion is fun, so have some fun with it.

I personally like to start with pants. Mom jeans for those who want a high waisted option or cargo joggers. It's warm and practical. Next, moving up to the tops. You can never go wrong with a graphic tee. But, let's keep it appropriate for school. The best option for a graphic tee is to pair it under a denim or bomber jacket. Keep the

jacket option simple with plain colors or a dark denim. Let's get low. Since we are keeping the style simple don't be scared to add a fun pop of color with your shoes. Sneakers are a great way to show off your personality. If you really want to finish off the look, then play around with accessories. Some great options are belts, jewelry (i.e. necklaces, matching earrings and rings) or be bold and wear a hat (but not in school).

Some places to check out are: Shein, TJ Maxx, Old Navy, Target, Walmart, or try a consignment shop. I have found some great pieces at consignments that did not hurt my wallet.



Student council and class officers elected

Student Council Members

2021/22

Seniors:

Student Council President: Amaya Hunt

Reps: Kendra Hillers, Kylie Chesnut, Noah DeVore

Class President: Amaya Hunt

Juniors:

Reps: Erin Knipper, McKenna Thompson

Class President: McKenna Thompson

Sophomores:

Reps: George Livingston

Class President: George Livingston

Freshmen:

Reps: Leah Reicher

Class President: McKenna Bush

Class Officers

2021/22

Seniors:

Class President: Amaya Hunt

Vice-President: Kylie Chesnut

Secretary / Treasurer: Kendra Hillers

Juniors:

Class President: McKenna Thompson

Vice-President: Erin Knipper

Secretary / Treasurer: Ella Mensen

Sophomores:

Class President: George Livingston

Vice-President: Alia Domeyer

Secretary / Treasurer: Kaitlyn Nolan

Freshmen:

Class President: McKenna Bush

Vice-President: Treyton Cook

Secretary / Treasurer: Ella Wulfekuhle

Comedy Corner

—compiled by Paige Winter

How can you tell it's a dogwood tree?
From the bark

Don't buy anything with velcro-
It's a rip-off

What's an astronaut's favorite part of a computer?
The space bar

Wanna hear a joke about paper?
Nevermind it's tear-able

Can February March?
No, but April May

Meet the Freshmen



Logan, Isabella, Alexis & Daniel

Name: Logan Beaman
Siblings: Ryan and Megan
Activities you plan to be in: Football, golf, FFA
Favorite subject: Shop class
Career aspirations: Auto body or heavy equipment operator
Hobbies: Fishing, hunting, and tinkering on engines
Something cool about you: I drive 50 shades of grey

Name: Daniel Glass
Siblings: 1 sister
Activities you plan to be in: I plan to be in baseball
Favorite subject: Algebra
Career aspirations: Baseball
Hobbies: Sports/working out
Something cool about you: Hunter Caves hit a cycle off me

Name: Alexis Halverson
Siblings: Zach and step sister Karla
Activities you plan to be in: Volleyball, basketball, FFA
Career aspirations: Medical field, surgery, deliver babies
Hobbies: Racing and hanging with friends
Something cool about you: I drag race

Name: Isabella Mensen
Siblings: none
Activities you plan to be in: Cheer, dance, golf, and the spring play
Favorite subject: Spanish
Career aspirations: I want to be a chef
Hobbies: Cooking, dancing, swimming
Something cool about you: I lived in Georgia for two years

—typist: Kaitlyn Nolan

Hall Smarts

by Cadence Freiburger

Because we just had a three day weekend for Labor Day, I thought it would be fitting ask three high school students some trivia questions about the holiday.



What year did Labor Day first become public?

Adrienne Freiburger: 1897

Paige Aulwes: 1952

Joellen Beitz: 1890

Answer: 1882

Where was the first Labor Day celebrated in the United States?

Adrienne: California

Paige: New York

Joellen: New York

Answer: New York

What is the largest union today?

Adrienne: Teacher's Union

Paige: Nurse's Union

Joellen: Factory Workers' Union

Answer: The National Education Association

According to an old Victorian Era rule, what color couldn't be worn after Labor Day?

Adrienne: Blue

Paige: Red

Joellen: White

Answer: White

MV TEL-ALL

compiled by Paige Winter

Teens age 15-17 are **16 times** more likely to vape than people 25-34

Abstractions

by Matthew Brehm

As last year progressed, I started to lose some of the inspiration I originally had for writing "Quoted" each week. It got difficult for me to find quotes that I really connected with. Because of that, I've decided to try something new this year. I'll pick an object or phenomenon that I think I can find a deeper meaning in and try to bring it to the surface, pulling abstract ideas out of it.

This week, I'll be taking a look at "American pizza."

This summer, I had the more or less pleasurable experience of working at the Pizza Place. Though I don't remember exactly what the context was, I distinctly remember something my boss said on my last day: "Pizza is America's food!" I couldn't help but chuckle when I heard that. I wondered what happened to the classic hot dogs that once defined us.

The origin story of the pizza begins in the Mediterranean city of Naples, Italy. The less affluent people of the city created the pizza out of the few items they could scrounge up -- flour, cheese, herbs, and tomatoes. As time went on, pizza became a street food and royalty even started to enjoy it. With rising immigration in the late 1800s, Italians brought their pizza with them to major cities in the Northeast as well as some midwestern ones.

To this day, pizza has evolved and remained very popular in the United States. All one has to do is look at the various forms this food takes across the country (Chicago deep dish; New York, California, or Detroit style; Neapolitan...) to see that, well, it kind of has become an American food.

So, then, what is American food? Hot dogs and hamburgers are German, french fries are Belgian, tacos and nachos are Mexican, potatoes are Peruvian, the list goes on and on. The truth is, our most popular foods come from different countries all around the world.

It makes me wonder if there is an inherent element of human nature that wants to share culture with others. A part of human nature that wants to not only make its unique presence known but wants to inspire other people to build off of that and make new.

Humans are social creatures; we need to connect with one another. Our love of sharing culture may be one of the most interesting things about us.

