Seniors learn about the 'Real World' and the county government





Learning continued beyond MV's walls again this week as the seniors took place in the Real Life Academy at Ed-Co. Students were given "lives" based on their career choice and had to pay bills and manage their finances. Thursday, the government students toured the Delaware County Courthouse to gain better understanding of the many facets of county government.

DeVores recognized for speech service

Mr. and Mrs. DeVore were recognized at last weekend at the Iowa High School **Speech Association's** conference. The ISSSA nominated the DeVores for the 2019-20 Oustanding Speech, Debate and Theatre Educator Award presented by the National Federation of State School Associations. The award was presented in "grateful appreciation of outstanding service and unselfish devotion to speech, debate and theatre.





Part of the Real Life Academy included Fate cards that required students to adjust for unexpected expenses. Above: Kylie Chesnut and Molly Anderegg show their "problems." (photos by Amaya Hunt)

Seniors explore politics firsthand

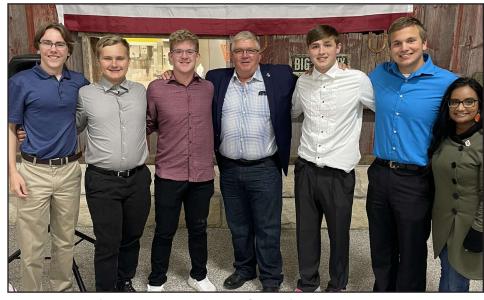
Last weekend several Maquoketa Valley students attended the Delaware County Republican Dinner in Manchester and learned more about state government.

Devin Smith said he learned a lot. "Politics are bigger than you might think around here in rural Iowa. There were a lot of important people there too and they talked mainly to us, the high school students, because we are truly really important in the future of our nation and they know that.

"It has affected my interest in politics in the way that usually I don't like many things that deal with politics because of how most people act, but this dinner was actually really cool and good," Devin added.

Ashton Goldsmith agreed with Devin that attending the dinner sparked his interest in hearing what Republicans stand for. He said some one of the messages he heard most that night was that not all good things are just given to you; you have to work for them.

Devin said he enjoyed meeting



MV students Michael Van Meter, Ashton Goldsmith, Jackson Hunter-Wagner, Kobe Peters and Devin Smith post with state senator Dan Zumbach and MV alumna Torri (Trapp) Freese, Iowa Young Republicans Representative.

state senator Dan Zumbach from rural Delaware County and Lee Hein, a Republican member of the Iowa House of Representatives from District 31. Additionally, he said he liked the free t-shirt he got.

Dedicated musicians put to the test

by Paige Winter

If you've been to either the band or choir concert in the last couple weeks, you know that Maquoketa Valley has some extremely talented musicians this year. A few select of these will audition for the highly selective All State band and choir. For band, senior Matthew Brehm and freshman McKenna Bush will be auditioning on alto saxophone, and senior Michael Van Meter will be auditioning on trombone. Looking at the choir, we have seniors Keziah Ambundo, Noah DeVore, Carlie Lewin, and Brock Trenkamp; sophomores Chantel Crowley, Kaitlyn Nolan, Addie Rudd, Cece Trenkamp; and freshman Julia Ambundo.

The auditions will be tomorrow, October 23rd at Independence High School and the results should come out that evening on the IHSMA website.

Most have been working on this music for a very long time. The band students have been learning the etudes that they will perform since July, but the things like scales and solos that they will audition with have been practiced since the beginning of their high school career.

Director Mr. Ford mentioned that he thought the hardest part about the band

portion of All-State is the self-discipline that these students possess. "Because every audition is a solo audition, it is up to the musician to prepare the music and all of their scales. This music is some of the hardest music these kids will learn, so kids need to be able to push themselves and practice consistently in order to get it down in time."

Mr. Ford also pointed out how motivated these students are. In the last year and a half everything has been crazy for obvious reasons. It's hard for many people to stay motivated, but the fact that these students kept putting in the work and stayed focused on All-State is, "impressive and inspiring," in the words of Mr. Ford.

The choir audition is run a little bit differently. Rather than auditioning individually on known audition pieces, these choir students are given seven songs to prepare. They won't know what parts of what songs they will have to perform until 5am on the day of auditions. The students also audition in groups which adds another level of difficulty because the groups have never really practiced together. Each student must be confident in their part and hold their own against the others in the group.

Ms. Huber added, "The group process also incorporates an added element of coordinating with your partner(s): how are you going to enter together, making sure you have the same tempo, etc. The music is extremely difficult, and the process is very competitive. By the time students audition, they are expected to be perfect on notes and rhythms, what really gets a student into the choir is the added musicality and singing technique which is extremely difficult to develop in small groups like this."

Though the auditions are extremely difficult and competitive, our MV musicians have been practicing since early August 3-4 times a week in the mornings. Ms. Huber remarked that she was most proud of them for their individual work though, how they put in the time outside of rehearsals and are now able to identify on their own what they need to improve on.

"At this point, it is not about the results on Saturday, it is about the growth that these students have shown in the past two months. They have all improved immensely as singers and musicians and will continue to be leaders and fantastic musicians this year and in the future."

Red Ribbon Week promotes drug-free life

by Paige Winter

An annual tradition at MV and around the county is participating in Red Ribbon Week. This is a week aimed at encouraging people nationwide to live a drug-free life. It also honors a Drug Task Force Officer who was killed in the line of duty trying to bring down the drug cartel. At school we will celebrate October 25-29. We will celebrate by having fun theme days for students to dress up and participate in to remind everyone that you can celebrate and have a good time without mood altering substances.

Something else that we will be able to learn about during Red Ribbon Week is the 7 habits of healthy living: you are in charge, have a plan, prioritize (work then play), win-win (make sure our choices have a good end result for others), listen before you talk, together is better, and balance feels best.

During the week to get the whole school involved some high school TEL students will work with third graders and educate them on the difference between drugs and medication. They will also learn about how to be safe with look-alike products and to always ask an adult for help when they need medication.

Nurse Mary asks that students, "please show support by participating in the dress-up days and some of you will be treated to a snack at lunch on Friday!"

You can also mark your calendar for the spring when TEL will put on the annual tailgate to show that you don't need substance to have fun. Similar to last year, instead of having the tailgate during RRW we will hold it in the spring when the weather is much nicer and easier to enjoy.

Red Ribbon Theme Days

Monday: hat day Tuesday: beach day

Wednesday: wear red day

Thursday: jersey day Friday: Halloween costume day

New column added to The Wildcat Echo

by Amanda Pohlman

As I'm sure you've noticed, there are little blue boxes in the cafeteria under the microwave and in Mrs. McDermott's office. If you read them, they are all a part of my new article.

All you need to do is drop in a note filled out with all the things that might be troubling you or a scenario that might be happening in your life that you can't seem to get past.

As a little girl I was always troubled with this stuff, speaking up and shar-

ing my story or asking for help, so I kept it to myself and it pushed me to an edge I couldn't return from. I don't want that happening to any of my fellow classmates so I've designed these boxes so you can anonymously ask for help and no one will have to know.

I will check the box every month so the next time I write won't be until late November. Please take this time to write down what could be hurting you inside so I can help.

Fall band concert brings the march inside





The band students in grades 6-12 showcased their talents Tuesday night. The marching band brought their set inside for the night. The dance team also joined in. (photos by Jennifer Teymer)



FASFA-fun The Iowa College Ac-

cess Network (ICAN) provided assistance to MV students and their families with filling out the FAFSA (Free Application for Federal Student Aid) this week. Seniors can submit the form for the 2022-23 school year after Oct. 1, 2021. Left: Kennedy Ott and her mom took advantage of this help.

Sport Connecton

Boys XC: Ticket punched to Fort Dodge

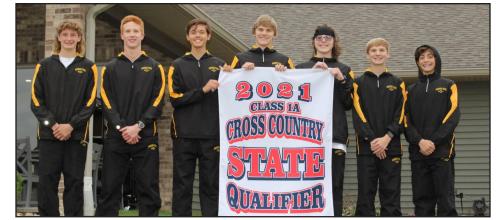
For the fourth year in a row, the MV boys have found themselves headed to the state cross country meet in Fort Dodge after winning the state qualifying meet in Guttenberg last night. In 2018 the team finished seventh at state, followed by fifth in 2019 and then sixth in 2020.

The team finished with 44 points followed by Bellevue with 61 and South Winneshiek with 77.

The race toward the deck/podium in Fort Dodge will be led by the seniors who have set the pace this season. At the district meet, Cy Huber was only ten seconds behind the champion.

Results

Cy Huber, 2nd, 16:50.7 Nolan Ries, 4th, 17:04.8 Michael Schaul, 9th, 17:38.1 Matthew Schaul, 14th, 18:13.2 George Livingston, 15th, 18:13.5



Arion Rave, 18th, 18:43.3 Toby Grimm, 48th, 20.12.6

The girls also competed at the meet but did not have enough girls for a team score.

Results: Isabel Imler, 27th, 22.57.9

McKenna Bush, 41st, 25:07.4 Jordan Hogan, 54th, 26:39.9 Allison Hogan, 55th, 27:18.0

The boys will compete in the IA meet at Lakeside Municipal Golf Course outside of Fort Dodge Saturday, Oct. 30 at 3:15pm.

Volleyball, football seasons come to a close

by Leah Ries

The Wildcats traveled to take on the Easton Valley River Hawks in the first round of regional play on Monday night. The Cats started out strong winning the first set, but then fell in the next three sets (26-14, 21-25, 19-25, 21-25). Leading the team on the final night was Carissa Sabers with 17 kills, Keira Leytem with 22 assists, Kylie Chesnut had ten blocks, McKenna Thompson had ten digs, and Kennedy Rausch served one ace.

The team finished the season with a 4-22 record. Coach DeGroot stated that some highs of this season was seeing some young freshmen and sophomores do some real growing in the sport. "Strengths will be that some of those young ones got to see playing time at the varsity level, so we will return some key players for next year and the year after."

Coach DeGrott also offered some praise for the seniors: "I will miss these six-seniors for the work ethic and the willing-



Avery Krapfl receives the ball in the district game Monday night. (photos by Lesa Parmely)

ness to play at any position that was called for, the love the game and just wanted to enjoy playing it. I also appreciate the willingness to take on a new coach for senior year, which can be tough but I enjoyed every day in the gym with them."



Center Tanner DeMoss snaps the ball to quarterback TJ Cook in the North Linn game Friday night. The Lynx won the game 50-0. The Wildcats' season came to an end with a 1-7 record.

Students of the Week

Graphic design students Macy Thompson, Emilee Supple, Kaya Knipper, Mackenzie Hoefer, Ashtyn Porter, Mianna Gosche

You've been working on a logo design that will be voted on for use by the Delhi Betterment Committee. What have you enjoyed most about this project?

Ashtyn: I enjoyed getting creative and helping out the community.

Macy: I enjoyed working with Emilee on this project.

Emilee: The thing I have enjoyed most about this project is how open it was and we could be creative and there was no limitations on it.

Mackenzie: What I enjoyed about this project was I got to put my skills and my creativity to work. Also what made me enjoy doing this is it made me feel good that I am helping out the community and this organization.

What art skills have you developed through this process?

Ashtyn: My art skills increased because I got to play around with the program illustrator and learned some graphic design basics.

Macy: I learned how to use Adobe Illustrator and different tools to make our logo.

Emilee: I have gained many skills dealing with Adobe Illustrator, which is the tool we were using to complete the logo.

Mackenzie: The art skills I used to make this was illustrator and we had to learn how to use this program because it was something that we have never used before

What do you think separates your design from the other proposals?

Ashtyn: One thing that separates my design from the others that will be voted on is that it is simple yet has some complex elements.

Macy: Our design was simple and easy to make, while the others were very busy.

Emilee: Our design is very simple and not as busy as the other proposals.

Mackenzie: Mine is more visually appealing than some of the others because I used imagery and lettering

MV TEL-ALL

compiled by Paige Winter

Teenagers who smoke are 3 times more likely to use alcohol, 8 times more likely to smoke marijuana, and 22 times more likely to use cocaine.

Fine Artists of the Week

Name: Josie Teymer

What role do you play in the musical? Peter Pan, a Happy villiger, a Duloc Dancer, and a Rat Tapper.

What's your favorite part of the show? The dancing that we do as Duloc Dancers.



What's your favorite memory from rehearsals? Watching Zari come up with funny dances backstage. Or, listening to Kaitlyn sing because she is so good at playing Gingy the Gingerbread man.

If you could play any role in any musical, what would it be? I would probably want to play Velma Kelly in the musical *Chicago* if I had the confidence.

How has participating in the musical affected you? I have something to look forward to now on Mondays, Tuesdays, and Thursday nights.

Name: Jesus Rumbo
What role do you
play in the musical? The Big Bad
Wolf and one of the
six Duloc dancers.
What's your favorite part of the
show? I really enjoy
the scene accompa-



nied by the Duloc dancers, as the dance is fun. Another one of my favorite parts is my dance with Noah. (Shrek)

What's your favorite memory from rehearsals? I love spending time with Carlie when we aren't busy during rehearsals, but my favorite memory has to be our first runs where nobody knew what they were doing. It was pretty funny.

If you could play any role in any musical, what would it be? I haven't watched many musicals, but being Miss Trunchbull from *Matilda* would be really enjoyable.

How has participating in the musical affected you? Going out for my first musical gives me an opportunity to see how much hard work goes into the complete production of the musical. I have been able to learn things and make friends that I would've never been able to without becoming part of this cast.

Athletes of the Week

Name: Molly Anderegg

What do you enjoy most about volley-ball? I enjoy the atmosphere of our team, and I love the intensity and speed of the game.
What's been



What's been your favorite

volleyball memory from the past four years? It's hard to choose, but I'd say my favorite memory from the past four years is winning the conference tournament my sophomore year.

What life skills have you learned from volleyball? I've learned that being there to pick up your teammates is what brings us all together and makes the team. Also, the easiest way to be successful is to do the hard work as best you can.

What advice do you have for future volleyball players? A piece of advice I would give to a future volleyball player is to just have fun with the game because season flies by. Remember why you decided to play.

Name: Landin Frasher

What do you enjoy most about cross country? I enjoy the fact that it's a team scoring sport where you individually run your own races inside the one big race.



How has cross country changed

you? It has taught me that when I work on my own self and times that it not only benefits me but also helps out the team. What has been your favorite memory of cross country? making it to the state meet my sophomore season.

Where would you love to have a meet? I would love for there to be a way we could have a home meet.

If a song could be playing as you crossed the finish line, what song would you like it to be? "The Final Countdown"

Best Buds



Mrs. Teymer & Mrs. Arnold By Amaya Hunt

You two work at Johnston Elementary in Hopkinton together—what's it like getting to work with your best friend?

Mrs. Teymer: Amazing! I can literally feel her energy from the moment she walks into the building.

Mrs. Arnold: It's an amazing experience! Knowing you get to come to work and see your best friends is a pretty cool thing:) What was your first impression of the

other?

Mrs. Teymer: After Mrs. Arnold was offered the job, the interviewer told me that "They just hired my new best friend." After we met, I said she's the prettier, younger version of myself:)

Mrs. Arnold: That I found my person! I ended up stalking Mrs. Teymer on Facebook before we moved to the district, and I found out that we had a lot in common. We officially met face-to-face at the baseball diamonds, hugged once, and we've been as thick as thieves since.

What about the other makes you look forward to coming to work every day?

Mrs. Teymer: We have so much fun with the kids at school! We both love to talk, and we have a lot to say. We definitely have conversations that others just wouldn't get.

Mrs. Arnold: FUN! I like knowing that I get to see my person, and she even reflects the same kind of enthusiasm as I do about weird things, like Markers, Harry Potter, Disney Princesses, CareBears, etc. I also think about camaraderie; it's so comforting being able to work knowing that I have

someone who gets who I am without me having to say or do anything.

Is there a favorite school memory you have together?

Mrs. Teymer: We've had some really awesome costume days!!... But, last year when Mrs. Arnold was home in quarantine, I Face-timed her to ask where something in the office was. As we were talking, some of the little kids saw as she told me she loved me as she hung up, and I responded with "I miss your face!" The kids were then convinced I was talking to my daughter, and even when Mrs. Arnold returned to the office, the kids asked if they could buy Girl Scout Cookies from my daughter. Mrs. Arnold: I love it when we have dressup days! Last year, on the 100th day of school, we dressed up as 100 year olds. Without realizing it, we had bought the same old-lady nightgown!

Word has it that you're both pretty TikTok famous. Have you ever made a TikTok together, or considered it?

Mrs. Teymer: We've made several with each other or about each other.

Mrs. Arnold: I'm not nearly as famous as Mrs. Teymer, but when we do make Tik-Toks together, that's when mine normally get the most views.

What's the craziest thing you've ever heard the other person say?

Mrs. Teymer: She thinks Jack's frozen pizza is good!

Mrs. Arnold: Mrs. Teymer tells the little kids the story of Johnny from 1st grade who somehow got lost and trapped in the vents. Now, whenever a weird sound happens and the kids ask what it is, we just simply say: "Oh, that's just Johnny from first grade."

If you had to pick a song to describe your friendship, what would it be?

Mrs. Teymer: "Weezer" by My Best Friend, or the Harry Potter theme song. Mrs. Arnold: Anything from Salt N Pepa. Or, really, any 90's Hip-Hop jam.

What's one message you'd like to give to the other?

Mrs. Teymer: I waited 40+ years to have a best friend; this is truly a once-in-a-lifetime friendship.

Mrs. Arnold: That I am so thankful for her! She lights up my life in and out of school, and gives the best advice. It's not every day that you meet your person, and it's even more rare that you're lucky enough to work alongside them. I'm forever grateful for her.



Battle of the Boybands: NSYNC, The Backstreet Boys, or One Direction? by Paige Winter

Nolan Ries: One Direction

Jordan Hatfield: The Backstreet Boys

because it sounds cooler Kennedy Rausch: One Direction, I love

Harry

Michael Schaul: The Backstreet Boys
Kaitlyn Nolan: One Direction 100%
Lexi Halverson: Backstreet Boys
Kaela Clemen: One Direction
Josie Teymer: NSYNC
Leah Reicher: One Direction
Maddyx Kemp: One Direction
Noah DeVore: The Backstreet Boys
Macy Thompson: One Direction
Kendra Hillers: One Direction
Personally I think this is NSYNC erasure,
but One Direction wins by a landslide



by Matthew Brehm

This cutie lives in Delhi and is involved in volleyball, track and softball. Something interesting about her is that she likes being in the outdoors. She is also a freshman with brown hair. Her mom is an MV



alumna, and her dad has a job at the school. Last week's Cutie was Michael Van Meter.

Comedy Corner

—compiled by Paige Winter

Never criticize someone until you have walked a mile in their shoes. That way, when you criticize them, you'll be a mile away, and you'll have their shoes.

Two men meet on opposite sides of a river. One shouts to the other, "I need you to help me get to the other side!" The other guy replies, "You're on the other side!"

What's the difference between a hippo and a Zippo? One is really heavy, and the other is a little lighter.



Joellen, Ella & Brady

Name: Joellen Beitz

Siblings: 2, brother: Cole, sister: Emma Activities you plan to be in: Musical, soft-

ball, track manager

Favorite subject: Lunch or Spanish Career aspirations: Not sure. Probably the

medical field

Hobbies: Biking, sleeping, playing with

my dog

Something cool about you: I can hold a

handstand for six seconds

Name: Ella Wulfekuhle

Siblings: 3

Activities you plan to be in: Softball and

Favorite subject: Spanish

Career aspirations: I don't know yet

Hobbies: Reading, biking

Something cool about you: I have seven

piercings

Name: Brady Eike Siblings: 3 sisters

Activities you plan to be in: Band, XC

Favorite subject: Tech related

Something cool about you: There is noth-

ing "cool" about me

-typist: Kaitlyn Nolan

Meet the Freshmen Hall Smarts

by Cadence Freiburger

As we begin getting weather more suited for fall. I thought it'd be fun to test a few of my fellow high schoolers' knowledge on the season.



What is the name of the first day of fall? Emma Richter: Autumn Erin Knipper: Fall Equinox Kaitlyn Nolan: Autumn Equinox

Emily: Fall Equinox Answer: Fall Equinox

What is the name of the Greek Goddess of

harvest?

Emma: No clue Erin: Aphrodite Kaitlyn: Demeter Emily: Athena Answer: Demeter

What do we call the full moon closest to

Autumn Equinox? Emma: Harvest Moon Erin: Hunter's Moon Kaitlyn: Harvest Moon Emily: Harvest Moon Answer: The Harvest Moon

Which holiday in fall comes from a Celtic

autumn tradition? Emma: Thanksgiving Erin: Halloween Kaitlyn: Halloween Emily: Thanksgiving Answer: Halloween

Abstractions

by Matthew Brehm

A word that I'm finding increasingly strange the more I mull over it is a very simple one: vacation. You may wonder what could be so weird about this word, and two weeks ago, I would have as well.



Last week, I had the extreme privilege of house-sitting for a close family member while she was away on vacation. This primarily entailed feeding and taking care of her cat but was exciting nonetheless. For months in advance, I dreamed about the experience and how great it would be to live on my own, even if it were only for a week.

The excitement proved valid. Being independent for a week and getting away from my family allowed me to get a taste of life after high school and allowed me more freedom to do what I wanted. By that, I don't mean throwing parties. Getting to unapologetically watch T.V., play music, and make all my own food was enough for me.

After the week ended, I jokingly commented to my family member, "I'm not sure if this was more of a vacation for you or for me." However, this comment has left me thinking more than I thought it would. While I may not have been in Mexico lazing on a beach resort, I did get to learn more about myself than I thought I would. I learned that I can function as a fully capable adult when the opportunity presents itself.

I got freedom, peace and quiet, and independence for a week. To me, that is a valid definition of vacation. To others, the concept might look more like what my family member experienced: spa resorts and swimming pools in a tropical atmosphere.

I realized that what defines a vacation is different for everyone. Some consider their minds alone to be the ultimate vacation destinations, while others wish to escape them. Some view the hustle and bustle of the city to be an ideal location, while others want a quiet, secluded area.

Whatever defines your vacation destination, find it. Taking a break might be the best thing that's ever happened to you, or it might just be a good story to tell your friends. Sometimes, the little moments we use to recharge can be the most impactful.

JO-JO'S CLOSET

by Josie Teymer

We hear about gender norms a lot in our society. When it comes to fashion, there are many people who think that girls should dress "girly" and men should dress "manly."

Well, I'm here to tell you to dress how you want! Fashion is what you make it, not what society tells you it should be. All around the world we have people breaking the gender role barriers when it comes to fashion. For example, actress and singer Zandaya has worn many suits to events

to show that women are just as powerful as men. And let's not forget Billy Porter's iconic tuxedo dress that he wore at

the 2019 Oscars. So, don't be afraid to dress the way that you want because clothes have no gender.