

## MV welcomes three new teachers

by Kaitlyn Nolan

With the departures of Ms. Huber, Mrs. Palmer and Mr. Bockenstedt, MV had some gaps to fill. Enter three new Wildcat faculty members. Let's get to know them.

Ms. Hayes:



**What are you teaching this year?** I am teaching Intro to Business, Pre-Employability, Business Personal Finance, Microsoft Office, and Accounting.

**Where did you go to school (high school and college)?** I went to Atlantic High School and UNI.

**What do you like about MV so far?** The community has been so kind and supportive. If I ever need anything there is always

someone willing to help!

**What is/are your goal(s) here?** To become the best teacher I can be.

**What made you want to be a teacher?** I became a teacher because I have a passion for helping others.

**What are your hobbies?** I like to golf, read, watch Netflix, and spend time with friends and family.

**What is one fun fact about you?** My favorite food is chocolate.

Mr. Kirchoff:

**What are you teaching this year?**

Physical Education and Academic Success  
**Where did you go to school (high school and college)?** Denver High School and then UNI

**What do you like about MV so far?** Getting to know all the teachers and students

**What is/are your goal(s) here?** My goal is for everyone in Physical Education to have a positive experience doing a wide variety of activities

**What made you want to be a teacher?** I've always enjoyed working with kids and also it runs in my family

**What are your hobbies?** Outside of school I love playing golf and hanging out with my friends

**What is one fun fact about you?** While at UNI, I was a member of both the cross country team and the track team

Ms. McCrary:

**What are you teaching this year?** I'm



teaching high school choir, 7/8th choir, 6th grade general music, jazz choir, and the musical.

**Where did you go to school (high school and college)?** I went to high school in East Marshall HS in LeGrand, IA before attending college at the University of Iowa in Iowa City, IA.

**What do you like about MV so far?**

Everyone has been really nice, supportive, and patient with me. I also like the smaller school because it's easier to memorize names and I don't have to drive far from my apartment.

**What is/are your goal(s) here?** To become a better music educator. This is my first time doing this, and I want to grow and learn a lot while providing a good music program that kids enjoy. Also, to put on a good musical production and have a good time.

**What made you want to be a teacher?**

I knew that I liked music. Originally my major was music performance and biology, but I took a chemistry class and it was horrible. So, I dropped bio and instead took an introductory course for teaching that was interesting. It made me think "Maybe I should be a teacher. That's neat." It's been really good so far.

**What are your hobbies?** I like to read, cook, I've been getting into weightlifting, playing video games, and I like to see my friends.

**What is one fun fact about you?** I'm a licensed SCUBA diver.

### Class Officers 2022 - 2023

#### Seniors:

Class President: Erin Knipper  
Vice-President: McKenna Thompson  
Secretary / Treasurer: Ella Mensen

#### Juniors:

Class President: Kaitlyn Nolan  
Vice-President: Cadence Freiburger  
Secretary / Treasurer: Lily Huber

#### Sophomores:

Class President: McKenna Bush  
Vice-President: Treyton Cook  
Secretary / Treasurer: Ella Wulfekuhle

#### Freshmen:

Class President: Maya Smith  
Vice-President: Carter Hanson  
Secretary / Treasurer: Rachael Hoefer



# Student-athletes show support for Holtz family



Last Saturday night a benefit was held to support Josh Holtz and his family as he undergoes cancer treatment. Keegan Murray, an NBA player for the Sacramento Kings, stopped by and posed with the basketball team. This past Tuesday night, the volleyball team recognized the family and the volleyball team passed buckets for donations around the crowd.



## Local business provides more hands-on equipment for Wildcats



Community support is strong at MV, and recently MV saw even more of it as Stanley Infrastructure made a donation that will affect many students. The Industrial Arts department was in need of replacing some tools and Stanley donated thousands of dollars to help support the "hands on type" of careers for MV students. Above: Several Stanley employees pose with some industrial arts students and Mr. Palmer and the tools.

## Weekly missions designed to build on a positive culture

by Maya Smith

One of the new things implemented this school year was Mission Monday. Every Monday via email, a new mission will be sent out for everybody to work toward that week.

The aim is to improve the atmosphere and culture MV has by doing positive things, no matter how small.

This week's mission was to choose an employability skill and work on improving this skill for the week. This is our third mission so far; the last two were making eye contact when talking to another person and saying please and thank you.

Teachers are also participate in Mission Mondays. Recent missions have involved introducing themselves to stu-

dents they may not know, asking students about what they are learning in other classes and building a mentor-role with students.

With just a little effort these missions will improve the already great culture that MV has.



## Wildcats avenge tourney losses with triangular wins

by Toby Grimm

Last Thursday night the Wildcats Volleyball squad traveled to North Cedar to take on the Knights. The team lost 0-3 (22-25, 16-25, 21-25). Keira Leytem led the team in assists with 16, Leah Reicher with 5 blocks, Grace Richter with kills and Bianka Ronnebaum with 6 digs.

Last Saturday, the team went to the Anamosa Invitational to compete against some tough competition. They started with Anamosa losing two close sets 0-2 (18-21, 18-21). Kennedy Rausch led in assists with 9, Lanni Beaman led in kills with 4, Reicher in blocks with 4, and Lili Bauers with digs with 9. The Cats then played a very solid Clear Creek Amana team falling 0-2 (12-21, 9-21). Leytem was on top of the assists with 6, Haley Ronnebaum with kills, blocks was Reicher again with 2, and Bauers led in digs with 6. The Cats followed up with losing to an undefeated Galena group 0-2 (10-21, 6-21). Rausch led in assists with 5, Bauers led in digs with 3, and Reicher led the blocks column with 2. The team then faced Northeast falling 0-2 (20-22, 14-21). Bauers led in digs with 6, Leytem in assists with 12, Richter with three kills, and Reicher with four blocks. The second to last match of the day was between the Wildcats and the Demons of Washington. The victory went to Washington by a score of 0-2 (25-27, 17-21). In the final game of the day the Cats took on Bellevue falling 0-2 (10-21, 22-24). Rausch led in assists with 11, Haley Ronnebaum in kills with 2, Richter in blocks with 2, and Bianka Ronnebaum in digs with 6.

On Tuesday the volleyball team



Keira Leytem sets Leah Reicher while Lili Bauers prepares to cover.

competed in a triangular with MFL Mar-Mac and West Central. The team swept, securing two more victories on the year. The Wildcats defeated MFL Mar-Mac 25-12 and 25-12. The R's gave the Bulldogs a run for their money: Ronnebaum, Ronnebaum, Richter and Reicher each had four kills while Beaman added three. Reicher was also a defensive threat with four blocks. The Wildcats then defeated West Central 25-17 and 25-12. Offensively, Beaman had eight kills while Haley Ronnebaum and Richter each had six. Rausch had 12 assists, and Leytem had eight. Haley Ronnebaum served three aces. After Tuesday night's games, Bauers leads the team with 78 digs and has a 89% serving efficient.

Last night the Cats played Prince of Peace at home. The stats for those games will be in next week's issue.

## Athlete of the Week

Name: Jesús Rumbó

**What do you enjoy most about being part of the cheer team?** I enjoy the positive atmosphere and having fun with not only the cheer members, but the student section as well.

**Why is having cheer important at MV?** The more activities the better. By having cheer, there is another opportunity evolved for all students, and support and motivation given to the football team and those watching the game.

**What's your favorite cheer?** My favorite cheer is probably "Get-em, Get-em, Go, Go." Everybody knows it and the student section moves along with the cheer squad. It's such a fun experience

to see everyone enjoying the moment with you.

**What's something about cheer that others may not know?** It takes much more physical ability, coordination, and hard work than it

appears, just as much as some other sports do. Adding onto that, Coach Teymer holds us to just as high of an expectation as any sports coach. She makes sure we practice efficiently and holds us accountable.



## XC back in action



Matthew Schaul makes his way along the course in Guttenburg. He finished fourth in the race.

by Chantel Crowley

Welcome back! Tuesday, the MV Cross Country team traveled to Guttenburg for the Clayton Ridge Invitational.

The boys placed second overall, with a total of 47 points, only three points behind Clayton Ridge. Runners included Matthew Schaul, 3rd with a time of 18:15.5; Arion Rave, 5th with a time of 18:56.2; George Livingston, 6th with a time of 18:57.1; Toby Grimm, 13th with a time of 20:32.0; Kenyon Baker 20th with a time of 21:24.7; and Brady Eike, 21st with a time of 21:27.3.

The girls placed fifth overall, with a total of 114. Runners were Taryn Burbridge, 5th with a time of 21:24.7; Isabel Imler, 11th with a time of 23:27.9; McKenna Bush, 29th with a time of 27:33.2; Keely Recker, 34th with a time of 30:30.7; and Allison Hogan, 35th with a time of 31:00.2.

Their next meet will be tomorrow in Monticello and will be covered in the next issue.



Freshman Taryn Burbridge leads the pack early on in the race Tuesday night. She finished fifth in her first high school meet.

# McShane scores four TDs for another Wildcat victory

by Kaitlyn Nolan

The Wildcats, led by seniors Carter Klaren and Lucas Orcutt, are officially 2-0 after an impressive win against the South Winneshiek Warriors last Friday. The team dominated once again in a 38-8 victory.

The first touchdown was once again scored by junior Lance McShane who has also been featured on Bound Iowa twice for each game played with touchdowns scored and yards rushed.

Head Coach Trevor Arnold agreed with Bound: "Lance McShane once again was very good. He had 251 yards rushing, 4 TD's, and he had an interception returned 37 yards for a TD in the 4th quarter."

When asked how he felt about the season so far, McShane replied, "Pretty good so far. We're 2-0. The goal this week is to stop the [West Branch's] running-back."

The game was yet another thriller. The fans of Maquoketa Valley showed up and showed out in their black attire, cheering loudly and nearly overpowering the chants from a much bigger student section on the opposing side. The energy was nearly unmatched on a visiting field.

Once again, Arnold is pleased with his team's performance. "Anytime you get a win it is exciting," he commented. "Getting a district win is even better and we didn't have one last year. So getting to 2-0 overall and 1-0 in the district was exciting, and we are looking forward to keeping the momentum going against a very good West Branch team. It will be a challenge, and we get to see where we are against a top tier team."

He added, "We can always get better at the details. Footwork, angles, and assignments. Communication is a must on the football field. We can be more consistent there as well."

This Friday, the Wildcats travel far once again to West Branch, Iowa, to play against the Bears at the Little Rose Bowl. The game starts at 7:00, and we hope to see you there cheering the team on. Go Cats!

Stats vs. South Winn:

**Passing Yards:** TJ Cook 3 completion on 9 attempts for 18 yards

**Rushing Yards:** Lance McShane 251 yards on 21 carries with four touchdowns; Devin Meeks and Dylan Knipper each with



Tate Intorf and TJ Cook celebrate a good play at last Friday's game against South Winn.

35 yards on seven carries; Tate Intorf with 19 yards on two carries

**Receiving Yards:** Carter Klaren 1 reception for 11 yards; Brady Wall 2 receptions for seven yards

**Total Tackles:** Lucas Orcutt with 12.5 tackles, five of which were for loss and

one fumble recovery; Aidan Salow with 8.5 tackles, two of which were for loss, one sack

**Interceptions:** McShane and Wall each had one

**Two-point conversions:** Devin Meeks with one

## Big Games on the Big Stage

Last Saturday was disappointing.

The Iowa Hawkeyes may have won the game against South Dakota State 7-3, but it was in the same way as it had been last year: defense carried the team, the punter did amazing (so amazing that he was awarded Big 10 Special Teams Player of the Week), and the offense was just kind of there. Not in a good way either. There wasn't a single touchdown thrown. Instead, it was a field goal and two safeties. I feel like there should be a petition being passed around to either remove Spencer Petras from quarterback or remove Brian Ferentz in general. What's worse? Head coach Kirk Ferentz has no plan of benching Petras for the big game this Saturday... which I'll get to in just a minute.

Am I the only one reminiscing on the fact that in the home opener last year against Indiana, the Hawks dominated with multiple interceptions and touchdowns? Way to go, defense.

Iowa State fared better. Their new quarterback Hunter Dekkers, who replaced

record-setting Brock Purdy, went 25-31 and only had one interception. They defeated SEMO (South-eastern Missouri State) in a 42-10 victory. The replacement for Breece Hall, Jirehl Brock, is already impressing people.

Who do these two Iowan teams play this Saturday? Each other. The big CyHawk game is this Saturday in Iowa City, so the Hawks have the home advantage and are already looking to be four-point favorites in the match up. The Hawkeyes have one this matchup the past six years and are looking to keep the trophy in Iowa City. The Cyclones are ready to upset their instate rivals. My opinion? I am just praying that the Hawks have a fire under their butts and are ready to play some football.



by Kaitlyn Nolan



# what's up?

**How many alarms do you use to wake up?**  
by Lily Huber

Addie Hucker: If I have lifting I use 7, but on a regular day, I have 4.

Lance McShane: 5 alarms for lifting, 1 alarm for a regular day

Mrs. DeVore: I just have 1... I set my phone across the room so I have to wake up  
Parker Ries: 2 on my world's loudest alarm clock and about 10 on my phone... 1 minute apart

Matthew Schaul: 3 alarms, 5 minutes apart, 6:30, 6:35, 6:40.

Izzy Heffernan: My mom wakes me up  
Mrs. Besler: 3 alarms, one goes off at 5:30, next one's at 5:40, next one's at 5:45... and I hate it more than anything else.

TJ Cook: I usually just use one

Ava Goldsmith: Like 5

Lainey Deutmeyer: Just one or I don't wake up at all

Mr. Kirchoff: I hit snooze about twice before I actually get up, and in between my alarms I set 9 minutes in between... It's a life hack.

Lukas Chestnut: 2 alarms, with 10 minutes before I actually wake up

Kenyon Baker: Just 2

Avery Holtz: Just 3

## Cutie

by Lily Huber

This cutie lives in Delhi! She is a freshman and is involved in cross country, basketball, track, and softball. Her favorite color is lavender. Do you know who this is?



Last week's Cutie was Lance McShane.

## JO-JO'S CLOSET

by Josie Teymer

Hoco is right around the corner! I'm sure most of you have bought your outfits, but for those of you who haven't, I hope this helps!

The main colors for this year's semi-formal looks are pale blue, emerald green, red, hot pink, and black. For styles I'm seeing a lot of halter tops, off the shoulder, sequins, and glitter. SO much glitter.

While researching, I saw a lot of

## Students of the Week

Alia Domeyer & Lainey Knipper



**You've been nominated because of your leadership skills in Wood Production class. What have you been working on?**

Alia: Our class has been working on deciding what project we would like to mass produce and sell. We have been sending out forms for teachers to fill out, and based on the data from those, we analyze it and determine the pros and cons of each project. This coming week we hope to finalize our options, and make an example project.  
Lainey: We have been working on selecting a project that the class can mass produce and sell to the community.

**What made you decide to take the class?**

Alia: Last year I took Basic Construction, and I really enjoyed it. So this year I knew I wanted to be back in the shop. I talked to Mr. Palmer to decide what class would be enjoyable. He mentioned this one, so I signed up for it.

Lainey: This class shows you both the wood working side and business side and it shows you how to run your own business with other people.

**What are your tentative plans after high school?**

Alia: Go to college for agriculture or finance

Lainey: I plan on going to college and becoming an FCS teacher, but plans always change.

people wearing platform tennis shoes with their dresses.

For the masculine looks I'm seeing a lot of jeans with collared shirts, suit vests, and loafers. Surprisingly I'm barely seeing the traditional ties and black dress shoes.



## Best Buds

Isabella Heffernan & Tierra Morgan

by Grace Richter

**How did the two of you meet?**

Head Start

**What's the other person's name on Snapchat?**

Izzy- Purr  
skinny queen

Titi- Bae

**What is your favorite memory you have with each other?**

Izzy- My favorite memory is probably hanging out with her and Braxton in my basement.

Titi- Probably going down to the river in Hopkinton and swimming with her and Braxy.

**What song best describes your best friend?**

Izzy- "Ribs" by Lorde, favorite line- "we laugh until our ribs get tough"

Titi- "Sexy Back" by Justin Timberlake.

**What is your favorite thing about the other person? What do they do that annoys you?**

Izzy- My favorite thing about Titi is how we have the same sense of humor and laugh at everything. Something that annoys me would probably be her huge dog.

Titi- My favorite thing about Izzy is that she never fails to make me laugh and we just get each other. Not a lot of people get my sense of humor but Izzy does. Something that annoys me is probably her cousin Braxy who has a crush on me \*rolling eyes emoji\* or this song that she listens to on repeat called "Mexican Radio." I hate it with a passion.

**What does a typical hang out look like for you?**

Izzy- A typical hang out for us consists of watching tv, talking for hours, staying up late, and getting food from anywhere.

Titi- Probably kayaking, then watching vines on Youtube and always going to get food for some reason.

**Where do you see your best friend in the future?**

Izzy- I see Titi being a cool mom or a trophy wife;

Titi- I see Izzy in a trailer by herself with a dog. Probably being my maid tbh... peasant.



## Meet the Freshmen



**Ava, Carly, Trish & Aubrie**

Name: Aubrie Hofland  
 Family: Mom-Toni Roquet (Wilson),  
 Uncle- Norman Wilson, Aunt-Teri Wilson,  
 Aunt- Taylor Hanzlik- Conrad (Wilson).  
 Activities you plan to be in: Band, Choir,  
 Marching band, and Spanish Club.  
 Favorite subject: Spanish  
 Career aspirations: Photographer  
 Hobbies: Painting, biking, soccer, draw-  
 ing, writing stories, and taking pictures.  
 Something cool about you: I travel a lot!

Name: Ava Cole  
 Siblings: Keylee Cole  
 Activities you plan to be in: Marching  
 band  
 Favorite subject: Earth science  
 Career aspirations: A job that makes  
 enough money.  
 Hobbies: Art, band, my dog.  
 Something cool about you: I have a dog.

Name: Trish Dietiker  
 Siblings: Dexter and Raven.  
 Activities you plan to be in: Marching  
 band, track, softball, and Spanish Club.  
 Favorite subject: Science and history.  
 Career aspirations: I'm not sure right now.  
 Hobbies: reading and music/art-related  
 things.

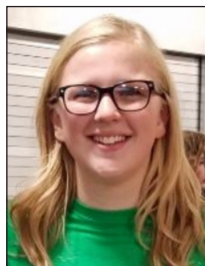
Name: Carly Dirks  
 Siblings: none  
 Activities you plan to be in: Drama, track,  
 choir, band.  
 Favorite subject: Science  
 Career aspirations: Marine biology  
 Hobbies: Drawing  
 Something cool about you: I can draw  
 pretty well!

—typist: Grace Richter

## Hall Smarts

by Cadence Freiburger

As we get  
 back into the groove  
 of things, I gathered  
 some trivia questions  
 about high school to  
 ask Maquoketa Valley  
 High School's student  
 body.



Approximately how many students are in  
 elementary school in America?  
 Taylor Schmuecker: 80 million  
 Lainey Knipper: 7 million  
 Joellen Beitz: 100 million  
 Meleah Burr: 50 million  
 Answer: 33 million

How many teachers are there in America?  
 Taylor: 500,000  
 Lainey: 2 million  
 Joellen: 40 thousand  
 Meleah: 3.5 million  
 Answer: 8 million

How much does the average family spend  
 on school supplies every year?  
 Taylor: \$300  
 Lainey: \$300 per kid  
 Joellen: \$400  
 Meleah: \$1500  
 Answer: \$700

How many students does the largest, pub-  
 lic high school in America have?  
 Taylor: 20,000  
 Lainey: 9,000 students  
 Joellen: 1,400  
 Meleah: 500,000  
 Answer: 8,000

## MV TEL-ALL

compiled by Lily Huber

According to the CDC, in 2016, alcohol  
 impaired driving was involved in over  
 10,000 deaths nationwide. That  
 accounts for 28% of all traffic-related  
 deaths in the US.

## One at a Time

by Arianna Nolan

I have  
 been thinking a lot  
 lately about getting  
 better. Questions  
 float around my  
 mind like, "How  
 can I be better than  
 I was last year?" I



always like to try and set goals for myself  
 every year, but I always give up and dis-  
 card them, or just forget about them.

This year, I made sure to set goals  
 that I wouldn't forget because I want to  
 change. Last column, I wrote about chang-  
 ing from middle school to high school; high  
 school to college can be scary, but those  
 are things that we can't control. We, as stu-  
 dents, need to see the things that we can  
 control and be positive about ourselves. I  
 was down on myself for all of my middle  
 school years, and I may have had average  
 grades, but there was still something miss-  
 ing. I wanted to do something with my life.  
 That's why I made goals.

Making goals is an important  
 part of high school and just life in general.  
 When you make goals, you are pushing  
 yourself to become something better than  
 you were before. It's a positive thing re-  
 ally. Even if the goal seems really sad or  
 pathetic, it isn't. If it's going to make you  
 become a better person, then it's worth it.

Everyone is worth something, but  
 it's up to you to make you feel like that.

## Comedy Corner

—compiled by Erin Knipper

Why do we tell actors to "break a leg."  
 Answer: Because every play has a cast.

Why is Peter Pan always flying?  
 Answer: He Neverlands

Why did the student eat his homework?  
 Answer: Because the teacher told him it  
 was a piece of cake.

Why is a football stadium always cold?  
 Answer: Because it's full of fans.

How do you stop an astronaut's baby from  
 crying?  
 Answer: You rocket

## Meeting scheduled

This year's first Diversity Group meeting will be held during  
 WIN Tuesday, Sept. 13 in the high school conference room. If  
 you have any questions please contact Josie Teymer.