

Students tour local businesses

Students interested in manufacturing recently toured several businesses in Dyersville, Manchester and Delhi.

The annual event is held in October in conjunction with National Manufacturing Month and is designed to open students' eyes to what manufacturing careers look like.

Thursday, MV students joined students from Beckman Catholic High School and Western Dubuque High School to tour seven manufacturing companies.

Friday was Delaware County's turn. MV students toured XL Trailers, Collins Aerospace, Stanley Black & Decker and Henderson Manufacturing.





Above: The students and Mr. Palmer pose in their hard hats at XL Trailers in Manchester as part of Advanced Manufacturing Day.

Left: MV students toured Collins Aerospace Friday. Additionally, the students tourned Stanley Black & Decker and Henderson Manufacturing.

Fashion Design students help Sleep in Heavenly Peace project

by Kaya Knipper

Last week, the 109 Design students donated 20 pillows to the Sleep in Heavenly Peace project, a non-profit organization that builds beds for children who don't have a safe place to sleep at night. The organization also provides the children with a pillow and a quilt. Kaya Knipper originally brought up the idea to Mrs. Downs and she was immediately on board. The nine students got to work and made 20 pillowcases to donate. The students also bought and donated pillows with the cases to Keith Kramer..

Students involved in Fashion design. Josie Teymer, Kaya Knipper, Allison Nefzger, Kayla Otting, Anna Deutmeyer, Jena LeGassick, Tierra Morgan, Sheri Mast and Ashlyn Sands.





Runners run at North Linn twice

by Chantel Crowley

On Saturday, Oct. 8, the MV Cross Country team traveled to Troy Mills to compete at North Linn.

"It was a successful meet in that most athletes ran close to their best times or their best times of the year," stated Coach Meehan.

For the Varsity girls, Taryn Burbridge placed 14th, running with a time of 20:27. Isabel Imler also ran, placing 57th with a time of 22:22.

The Varsity boys were able to compete with a full team, placing 12th overall. Runners included Matthew Schaul, 17:05, placing 20th; George Livingston, 17:57, placing 43rd; Arion Rave, 18:31, placing 57th; Toby Grimm, 19:44, placing 83rd; Kenyon Baker, 20:14, placing 90th; and Brady Eike, 20:30, placing 92nd.

The JV Girls team included McKenna Bush and Allison Hogan. Hogan ran in 26:03 and placed 58th. Bush ran with a time of 26:51, placing 67th.

The cross country teams' next meet was the Tri-Rivers Conference, also at North Linn, on Tuesday, October 11th.

For the girls, MV had four runners: Taryn Burbridge placed 4th overall with a time of 20:36; Isabel Imler placed 15th overall with a time of 23:10; Allison Hogan placed 29th overall with a time of 25:45; and McKenna Bush placed 39th overall with a time of 27:42.

The boy's team placed second overall. Runners were Matthew Schaul, 3rd overall, 17:15; George Livingston, 7th overall, 17:46; Arion Rave, 13th overall, 18:11; Toby Grimm, 34th overall, 19:59; Kenyon Baker, 39th overall, 20:16; and Brady Eike, 45th overall, 20:43.

They will run next at the statequalifying meet Thursday at Fillmore Golf Course outside of Cascade.



Above: McKenna Bush rounds a corner at last Saturday's meet at North Linn. Below: Toby Grimm makes his way through a pack with Kenyon Baker close behind him. (photos courtesy of Susie Schaul)



VB gets senior night win



Lili Bauers makes the serve against Alburnett last week. The team served over 97% efficiency in the game. by Toby Grimm

Last Thursday Night the Wildcats volleyball team took on the Pirates of Alburnett at home for Senior Night. The Cats came out victorious, winning 3-1 (22-25, 25-5, 25-15, 25-21). Offensively, Kennedy Rausch led in assists (37) and Lanni Beaman and Grace Richter led in kills with (13) each, followed by Haley Ronnebaum (9), and Leah Reicher (6). Defensively, Reicher led in blocks (4), Haley Ronnebaum (3), and Alexis Halverson (2). Lili Bauers led in digs (20), Keira Leytem and Jade Knipper (7) each, and Rausch (6). The team served 97.9% from the line, acing 6 total. Halverson, Richter, and Bauers all had 2 aces to help the team seal the victory over the Pirates.

Last night the squad traveled to Edgewood to play Ed-Co, Central City, and East Buchanan in the Conference Tournament. The stats for these games will be in the next issue.

Cats earn another win

by Kaitlyn Nolan

The Wildcats traveled to Starmont last Friday where "Shred the Wildcats" was the theme for the Stars' homecoming and senior night. While it was close at first, the Wildcats managed to tear away and take home the victory.

"Adversity was the word of the night," commented Head Coach Trevor Arnold. "We overcame adversity time after time in a game that we didn't start quick and got down 12-0 early. We made adjustments and scored 30 straight points to take a 30-12 lead. Then a Hail Mary TD and a 90-yard pick-6 turned it into a 30-24 game. We finally took full control, put together a long drive and went up 38-24 and shut Starmont down after that. Defensively we gave up three big plays. All 3 were 40+ yards and scored TD's for Starmont. We also gave up the long interception return for TD. That was pretty much it. Offensively we ran the ball well all night. Despite having over 180 vards in rushing wiped away due to penalties, we still ran for 270 yards as a team. McShane led us with 235 yards on 35 attempts. He had 2 rushing TD's, 1 receiving TD and a 43-yard interception return for TD. TJ Cook got in the endzone on a 17-yard run and Klaren, Wall, Intorf and Knipper rounded out our offensive effort. We are looking to end the regular season on a positive note against North Linn. We are 5-2 overall, 4-1 in the district. Friday October 21st is the first round of the playoffs. We will be playing on the road as the three seed."

Tonight is senior night where we reward and celebrate the seniors for everything they've done, the football team looks to take down a tough North Linn team. The theme is white-out. The game is at 7:00. For our last home game, let's go out with a bang. Go Cats! Name: Kennedy Rausch

What have you enjoyed most about volleyball this year? Volleyball this year and every year is always super fun. Our team is like a family and we always laugh and have fun even in the hard practices.



Last year Coach gave me a nickname, Kevin. This year all of the girls on the team call me captain Kev or grandma Kev and I think that is really funny and something that I will always remember.

What's something about being a setter that non-volleyball players might not know? Setting is kind of stressful. Your back row could have an amazing pass to you and you could screw up the set and lose the point. I just always feel bad when my back row gives me an amazing pass and I screw it up. However, when you get a good set and your hitters get a good hit off of it, it is very rewarding.

What advice do you have for future MV volleyball players? I would say to just do it even if you are on the fence about it. Volleyball is fun and you will create friends that you didn't have before. You will also create memories that will last forever. I would just say to stick it out because you will never regret going out for a sport.

What's your favorite warm-up song? The chorus of "London Bridge" by Fergie

Tate Intorf carries the ball in the Starmont game. Intorf had seven yards on two runs. (photo courtesy of Tara McShane)



Athletes of the Week

Name: TJ Cook

You recently had your first career 100-yard passing game. What did that mean to you? Well it took a lot longer than I would have liked it to. But it is a big accomplishment; 100 yards meant a lot to me. It was two weeks



in a row I personally felt good about my performance, and it gave us a chance to win a homecoming game for the first time in a long time. It meant a lot more to me knowing that I was a large contributor to the end result of winning on homecoming then any individual statistic.

As quarterback, a lot is expected of you. How do you handle the pressure? There is definitely a lot of pressure that comes with being the quarterback, I try not to think about it a lot. The more I think about it the worse it gets, so away from practice I try not to talk about football a whole lot about it because It can be stressful at times especially when you or the team hasn't been performing to the level you believe that you are capable of. I've unfortunately gotten to experience that quite a lot so now that things are going well the team is focusing more on having fun and not the pressure of being a playoff team. Right now the goal is to just have fun and don't worry about other things.

What song best fires you up for a game? Before games I try not to get too fired up. Something I've noticed is that I don't necessarily play as well when my emotions are running high. I like to try to stay calm for as long as possible, so before games I like to listen to either DDG,or Cordae.

If you didn't play quarterback on offense, what position would you like to play? I played tight end in youth football up until middle school. I also used to play defensive end, so that's probably where I'd be if I didn't win the starting spot back in 7th grade.

Cutest Couple

Dannielle Burkle & Carter Klaren

by Grace Richter What was the first thing that caught your attention about the other? What was your first impression? Carter- Honestly the first thing I remember about her is that she likes Iowa State (I don't like Iowa State)



Dannie- His glasses, I thought he was a nerd.

What's your pet peeve about the other person?

Carter- When she doesn't pay attention when I am trying to teach her football Dannie- He doesn't close the cabinet doors or drawers fully after opening them.

What does your perfect date look like?

Carter- Going around Dubuque shopping, eating at Texas Roadhouse, and going to a movie at Phoenix Theaters. Dannie- Hiking with Carter and my dog.

What do you love most about the other?

Carter- When she is really excited and talking about something she is passionate about

Dannie- He's always willing to help me, even with stuff on the farm.

What song makes you think of them?

Carter- "Sold" by John Michael Montgomery Dannie- "Good Time"- Alan Jackson

What do you like most about their family?

Carter- They always make me feel welcomed and invite me to go along on trips, and they have plenty of dogs and cats to play with

Dannie- His mom Crystal. Sometimes I spend more time talking to her instead of him.

If you could describe the other person in one sentence, what would it be?

Carter-Enthusiastic

Dannie- Advanced kid who lacks common sense.

Dying Words by Cadence Freiburger

Born in December of 1503, Nostradamus (birth name Michel de Nostradame) was an extremely intelligent boy from Saint-Remy-de-Provence in France. Under the tutelage of his grandfather, Nostradamus was



taught Latin, Hebrew, Greek, and Mathematics. It is alleged that he was also taught Jewish traditions and astrology. In 1522, he attended the university of Montpellier and studied medicine. His story comes to a fork during his time in university. Some believe he was expelled due to his previous work with herbal remedies and apothecaries while the majority believed he got his license to practice medicine. Either way, he Latinized his name from Nostradame to Nostradamus.

Nostradamus then went into treating people with the plague. He differed from other plague doctors in that he didn't practice blood-letting. Rather, Nostradamus pushed hygiene and the removal of infected bodies from public spaces. He was able to marry and father two children before leaving for a medical mission in Italy. During that time, his wife and children all died of the plague, and he fell out of favor because he failed to save them.

Due to his previous issues with priests and religion, Nostradamus was charged with heresy. He fled, traveling to

Concerts to be held next week

by Kaitlyn Nolan

As the end of the first quarter approaches, so does the first high school band concert of the year! Next Tuesday, the band is having a 7-12th grade performance at 7:00pm in the middle school gym. The marching band will be performing their halftime show for the last time of the year. Come and enjoy the music!

The high school choir has been preparing the entire quarter for their concert next Monday at 7:00pm in the high school auditorium along with the middle school. Under the direction of Ms. McCrary, the choir will be performing three pieces and one that is shared with the middle school choir. We hope to see you there! Italy, Greece, and Turkey. During a visit to a Franciscan ministry in Italy, Nostradamus experienced a spiritual awakening and recognized that one of the monks would be the future pope. Years later, his prediction came true. Nostradamus returned to France and remarried, fathering six more children. He began to drift further from medicine (despite writing two medicinal science books) and began meditating. Eventually, he wrote his first almanac of predictions, visions, and astrological facts.

Nostradamus began to work on The Prophecies, a book in which he compiled predictions that dated far into the future. To skirt around persecution from the church, he used rhymed four-line verses and a mixture of languages to disguise the meanings. Due to his relationship with the Vatican, he was safe from the church itself, but others believed that he worked for the devil or that he was simply a liar. He claimed his predictions came from astrological positionings. One outstanding example of his predictions becoming true would be the prophecy about a "young lion" overcoming and piercing the eye of an older lion in battle. King Henri- whom Nostradamus worked for- died in a lance battle in his 40s when the lance broke through his helmet and pierced his eye.

In the end, Nostradamus died of congestive heart failure caused by gout and arthritis worsening to edema. His wife and children were left with most of his estate in his will. Spoken to his secretary, Michel de Nostradamus's dying words were:

"You will not fin(d) me alive at sunrise."

Connedy Corner —compiled by Erin Knipper

What do you call someone who only passes gas at home? Answer: A private tutor

Why don't any other shapes talk to circles?

Answer: Because there is no point

What did the little corn say to the mama corn?

Answer: Where is pop corn?

What is a tree's favorite beverage? Answer: Root Beer

Meet the Freshmen



Jackson, Ty, Colin, Alexa & Meleah Name: Alexa Ries Siblings: Parker, Brody, Casey. Activities you plan to be in: unsure Favorite subject: Spanish Career aspirations: Not 100% sure yet. Hobbies: Showing livestock, hanging out with friends and family. Something cool about you: I'm a better livestock showman than Parker. No cap.

Name: Meleah Burr Siblings: Carly and Wesley Activities you plan to be in: Speech and golf. Favorite subject: Beginning Foods Career aspirations: Get into nursing. Hobbies: Shopping and traveling. Something cool about you: I almost died in drivers ed.

Name: Colin Smith Siblings: Zach, Mitch, Devin. Activities you plan to be in: Football, basketball, and track. Favorite subject: Spanish Career aspirations: Good grades. Hobbies: Golf Something cool about you: I know how to snowboard.

Name: Jackson Schnittjer Siblings: Michael Activities you plan to be in: FFA Favorite subject: Intro to ag. Career aspirations: Farm manager Hobbies: Welding mechanics. Something cool about you: I have been to different states.

Name: Ty Hoeger Siblings: Morgan, Maggie, Myra. Activities you plan to be in: Basketball. Favorite subject: Math Career aspirations: Farmer Hobbies: Hunting, basketball, farming Something cool about you: I drive a Buick.

-typist: Grace Richter

One at a Time

by Arianna Nolan

With the end of the quarter coming up, I see more and more people getting worried about their grades and if they are going to be able to do what they love in the next week. Negative words roam throughout the halls like, "I am going to fail this class!" and "I might as well give up now." But, I don't think that is the right way to go about it. There are many things that you could do to bring up your grades, but you aren't doing them. Maybe it's because it's too much effort, or you don't have the time, but I assure you that everything will be okay.

I struggled with my grades when I was younger and was worried that if I didn't get an A on every assignment, then there would be a major decrease in my grade. Of course, it's okay to always shoot for As, but don't get down on yourself if you don't always get the score that you want. Instead, think about the ways that you could do better next time. Maybe it was the fact that you didn't study enough, or maybe it was that you were rushing, or it could be that you weren't focused or in the right state of mind to work. Any case, see how you can improve it. That is a big first step into being more positive about yourself and the work environment at school. Not everyone is perfect, so don't try to be. But, this also doesn't mean you should slack off either!







Wassup Cutie! This Cutie is a junior that lives in Hopkinton and is involved in volleyball, track, softball, and speech. A fun fact is that she enjoys a nice Bubbl'r. Can you guess who this is? *Last week's Cutie was TJ Cook.* Of course, there are many other ways to get yourself into a positive mindset about grades, but



this is just one of them that I wanted to share with you all. Your grades don't define you. It doesn't tell someone that you are smart or "dumb." I think it shows your work ethic. Work ethic is very important in school, and the way that you work will define your grades. If you work hard, then your grades will most likely be good, and vice versa. Although, people can be going through things, so you should never judge someone based on how hard they work. It's common sense really, treat everyone that way that you want to be treated —the Golden Rule that we have been taught all these years. The reason that is repeated so many times is because it's important. I hope that everyone next week has a great week and that you all work hard, but don't cause yourself to burnout. My challenge for everyone is to just do their best. Everyone has their own definition of what their best is, and I want everyone to try and achieve their goal. It doesn't have to be too big, unless you want it to, and you will feel good about yourself by the end of the day or week. I will be doing this challenge with you! I love you all and go Cats!



What is the worst flavor of ice cream?

by Lily Huber

Mr. Dunlap: Any fat free ice cream, they're the worst because they never taste right

Arion Rave: Mint chocolate chip, it tastes like Vicks VapoCool with chocolate chip cookies. Nasty.

Jake Gellersen: Strawberry because you can't get it at Culver's

Lacee Barry: Chocolate because I don't know, it just sucks

Josie Teymer: Pecan. It's like... sticky Mr. Huegel: I'm not a fan of coconut; but again It's really important to understand I'm eliminating ridiculous radical flavors.

Student of the Week

Dannielle Burkle



You've been working on a pottery project for art. Tell us about it. I've been working on a couple different projects, including a coil pot, pot holder, and a spoon holder. For my coil pot I decided to make a cake plate, with twisted coils around the outside which look similar to a frosting design. I have also created a pot holder in the shape of a cattle ear tag, with sunflowers in both corners and the birth date of my cow Rheba's first heifer calf Sylvie. To go along with this design I made a spoon holder in the shape of a tall cactus with the arms curved in to hold the spoon so it does not fall off the holder. So far I have very much enjoyed Mr. Dunlap's ceramics class and being able to create projects that I can then use at home.

What other ways do you like to develop your artistic skills? I also enjoy drawing, taking pictures, and using my skills for projects in other classes including Comprehensive Ag with Miss Lau and Woodworking 1 with Mr. Palmer.

How will art play a role in your future?

Art will definitely continue to be a hobby for me, but I will not be doing it daily as I plan to be a veterinarian. I hope to still have a great amount of time to continue doing projects that I can then use as either decorations or household tools.

MV TEL-ALL

compiled by Lily Huber

There are more than **7,000** chemicals in tobacco smoke, of which more than **250** are known to be harmful, more than **69** are known to cause cancer, and **16** are classified as Group I carcinogens.

Big Games on the Big Stage

It was a Saturday full of flags and offensive struggling for both the Iowa Hawkeyes and the Iowa State Cyclones, but I'm going to start with my least favorite team because, well, I'm not exactly thrilled about my favorite team's performance.

Last week I wrote about how the game was up in the air for who was going to win the matchup between the Cyclones and the Wildcats, and that's exactly what the score reflected: a game so close and so low-scoring that it showed the work of the defensive teams. Offensive? Not so much. It's the third-straight week that Hunter Dekkers and his offense haven't performed well. All three losses have been against Big 12 teams, and this is the first time this has happened within the program since Head Coach Matt Campbell took over in 2016. While each game has been relatively close in score, a loss is still a loss when it comes down to it.

Next week, the Cyclones look to defeat a Big 12 team for the first time this season when they battle the Texas Longhorns. Texas is coming in after a huge, dominating win over the Oklahoma Sooners. Texas is expected to take the win, but there's still a chance if the defense does it job and the offense decides to start doing it.

As for the Hawkeyes...

It's starting to become more and more clear throughout the season that it isn't always Petras's fault. Sure, he isn't a spectacular quarterback, but a lot of it has to do with playcalling from Offensive Coordinator Brian Ferentz. If someone can honestly explain to me why we should thrown horizontally instead of vertically when there are defensive swarming the area, ready

Fine Artist of the Week

Name: Kaitlyn Nolan

What role do you play in the musical? I play Charlie this year in the musical. What's your favorite part of the show? My favorite part is the humor during the scene where we enter the chocolate room towards the beginning of Act II. What's your favorite memory from rehearsals? Messing with Josie and Cadence during rehearsals or hanging out in the parking lot watching Tik Toks when we were supposed to leave.

If you could play any role in any musical, what would it be? Any role in *Mean Girls* would be awesome. to tackle a wide receiver, then I would be happy to hear it. An offense is just as good as the coordinator, and I'm sorry, but Ferentz either needs to go or needs a solid remodeling of the playbook. A nice talking to from the Old Man could maybe ignite some



by Kaitlyn Nolan

desire to make the necessary change for the offense to succeed. The defense is amazing under the leadership of Phil Parker. Interception after interception, fumble recovery after fumble recovery, tackle after tackle... the poor defense is tired because they play three-fourths of the game. The offense sits on the sidelines most of the time while Tory Taylor punts the ball yet again. The defense puts the offense in a good position, and the offense squanders the good position.

If you can't already tell, Iowa lost to Illinois last Saturday, and I'm not thrilled.

This was our chance. A moment in the season to prove that we have spark, that we have the ability to beat a strong Big 10 team, and we floundered it. Just completely and utterly floundered it. The Hawkeyes have a break this Saturday. They take a week off before heading to Colombus and battling the Ohio State Buckeyes (which Iowa hasn't beaten on the road since 1991). Who knows. Miracles can happen, and streaks can always be broken. Look at Illinois. They broke a fourteen-year losing streak.

How has participating in the musical affected you? Musical is a part of me. It always has been, and it always will be my personality. I love the drama of music and the way it can be acted out. One of my fa-



vorite books stated "I am made of memories." I am made of the memories I've made with my best friends, old and new, and I would never trade messing around backstage with Noah DeVore or crying in sadness and excitement when *Godspell* closed its curtains for the final time.