



The WILDCAT REPORT

Maquoketa Valley Community School District's Newsletter

Web Site: <http://www.maquoketa-v.k12.ia.us>

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April 2023

Social Emotional Learning at Maquoketa Valley

What is social and emotional learning? Social emotional learning (SEL) is defined as the process through which all young people and adults acquire and apply knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible caring decisions. (SEL Toolkit for Parent Champions, p. 3). At Maquoketa Valley these are characteristics that we strive to develop within our students and are working to build within our staff during professional development opportunities. There are three core messages that the Leading with SEL Coalition has communicated as the importance of SEL. The core messages are that social emotional learning improves academic achievement, builds lifelong, future-readiness skills, and is a critical layer of prevention for children's mental wellness.

At Maquoketa Valley students are exposed to and taught SEL through morning meetings, WIN lessons, school counselor lessons, Positive Action lessons, mindfulness, and much more! These are all strategies and skill building opportunities that students are able to utilize during academic tasks to persevere through challenges. Social emotional learning is also a key factor in maximizing instructional time and to aid in student engagement. All of these resources and instructional practices improve students' academic achievement.

Our district mission states, The Maquoketa Valley Community School District ensures high levels of learning to empower all students for lifelong success. We strive on a daily basis to give students the skills that they need to pursue their dreams and lead their best life. Social emotional learning helps students develop these practical college and career readiness skills that are required to achieve their future goals. A happier, healthier life is what we all strive for, so instilling these values at a young age equates to positive relationships, strong communities, and fulfilled dreams.

(Continued on next page)

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Board of Directors

Donna Kunde - Area 1
Doug Dabroski - Area 2
Pam Overman- Area 3
Mike Feldmann - Area 4
John Zietlow Area 5

**Maquoketa Valley Community School District
Ensures High Levels of Learning to Empower All Students For Lifelong Success.**

Social Emotional Learning at Maquoketa Valley

Supporting students' social and emotional well-being is not a one size fits all approach. It requires a team approach with all invested parties doing their part. In this day and age there is a nationwide rise in mental health concerns, cyberbullying, and school safety issues. Providing our students and staff a solid foundation, repeated exposure and instruction in social emotional practices is our biggest and most important layer of prevention.

We appreciate the support of our extended Wildcat community as we continue to strive for excellence among our students and staff. 92% of employers have shared that social and emotional skills such as problem-solving and communicating clearly are equal to or more important than technical skills in the workforce (SEL Toolkit for Parent Champions, p. 3). Through the instruction and learning that is happening across all of our Maquoketa Valley instructional locations, our students and staff are able to achieve at high levels and develop essential skills for lifelong success.

Iowa Assessments

During the week of :
April 17th - 21st
Grades 3-5

Students will be taking the Iowa Assessments. These tests are important to our district as they are one indication of how we are doing in meeting our goals. Parents, we appreciate your efforts in avoiding appointments during school whenever possible, but especially during this testing week! Thank you for your help!

A Patriotic Program

Please make sure to mark your calendars for the Spring Elementary Concert on **April 4th**; The 3rd-5th grade will begin at 6:30pm. Students will need to arrive to their classroom at 6:15pm.



This year we are paying special tribute to our country! Students in 3rd, 4th, and 5th grade are currently learning what it means to be patriotic and are learning traditional patriotic songs— *The Star Spangled Banner*, *America The Beautiful*, *America (My Country Tis Of Thee)*, just to name a few! They also will be performing a few fun patriotic tunes you may have never heard before. Students are encouraged to wear Red, White, and Blue for this concert. We hope to see you there!

Regular Board Meeting – March 27, 2023 – 5:30 p.m.

High School Library, Delhi, Iowa

The regular meeting of the Maquoketa Valley Board of Education was called to order by President Donna Kunde at 5:30 p.m. in the High School Library in Delhi, Iowa. All motions carried unanimously unless otherwise noted.

Board Members Present – Dabroski, Feldmann, Kunde, Overman

Board Members Absent – Zietlow

Staff Present – Supt. Dave Hoeger, Troy Osterhaus, Tiersa Frasher, Brenda Becker, Jackie Moorman, Sarah Kimball, Jessica Wessels and Erika Imler

Visitors Present – Mike Putz

Motion was made by Dabroski, seconded by Feldmann to approve the meeting agenda as presented. All ayes. Carried.

In a motion by Feldmann, seconded by Overman the consent items were approved. All ayes. Carried.

Sara Kimball presented the Board with information regarding the work she has done in the Special Education department during the school year. Jessica Wessels also updated the Board on her duties in Title I at Johnston. Building Principals updated the Board with recent activities in their respective buildings.

Five open enrollment requests out were approved in a motion by Overman, seconded by Feldmann.

The following personnel recommendations were approved in a motion by Feldmann, seconded by Overman:

Erika Imler – resignation as Student Council Advisor

Trevor Arnold – resignation as Student Council Advisor

John Grimm – employed as Head High School Baseball Coach

Andy Schuster – employed as Middle School Baseball Coach

Michael Schaul – employed as Assistant High School Baseball Coach

Mikayla Callan – employed as Assistant High School Softball Coach

Rachel Arnold – resignation as Paraprofessional

Scot Moenck – employed as Head High School Football Coach

Scot Moenck – employed as Middle School Softball Coach

Matt Seabold – employed as High School Activities Director and Strength/Conditioning Coordinator

Scot Moenck – employed as Middle School/Summer Activities Director

All ayes. Carried.

The Board reviewed the proposed school district budget estimate for the 2023-2024 school year. The estimate sets the tax levy at \$9.94772 which is a \$0.03 decrease from the 2022-2023 levy rate. A motion by Feldmann, seconded by Dabroski to approve the 2023-2024 budget estimate as presented for the publication and set the budget hearing for April 17, 2023 at 5:30 p.m. in the High School Library. All ayes. Carried.

At 6:23 p.m., President Donna Kunde declared this the time and place to hold a public hearing on the revised 2022-2023 school calendar. The calendar was reviewed and a slight modification to the proposed calendar was noted. The students last day will be May 26th and teacher workdays are scheduled for May 30th – June 1st. Motion by Dabroski, seconded by Feldmann to approve the revised 2022-2023 school calendar with amendments. All ayes. Carried.

Regular Board Meeting – March 27, 2023 – 5:30 p.m.

In a motion by Dabroski, seconded by Feldmann the written legal description of the redistrict map and the School Redistricting worksheet was approved. All ayes. Carried.

The bids for the stadium project were tabled in order to allow for additional time to evaluate the bids received on March 23rd.

The Board approved the following resolution in a motion by Dabroski, seconded by Overman:

WHEREAS, the Board deems it necessary and desirable to dispose of the District's bleachers, press box and related equipment located at the District's football field at 107 South Street, Delhi, Iowa: and

WHEREAS, the Board wishes to set forth its proposal specifying its intent to dispose of the District's bleachers, press box and related equipment located at the District's football field and the method to be used to dispose of it;

NOW, THEREFORE, be it resolved by the Board of Directors of the Maquoketa Valley Community School District, in the County of Delaware, State of Iowa, as follows:

The Board of Directors of the Maquoketa Valley Community School District in the County of Delaware, State of Iowa, will advertise for proposals regarding the disposal of the District's bleachers, press box and related equipment at the District's football field located at 107 South Street, Delhi, Iowa. The Board will review the proposals submitted and will select the proposal that the Board deems in the District's best interest. The Board reserves the right to reject any and all proposals, decline to dispose of the property, and determine the method for the disposal of the property that is in the District's best interests.

A roll call vote was answered as follows: Dabroski, Feldmann, Kunde, Overman; all ayes. Carried.

In a motion by Overman, seconded by Dabroski the Board approved the bid from Heiar Brothers Fencing for the baseball/softball fencing project in the amount of \$94,120.99. All ayes. Carried.

In a motion by Dabroski, seconded by Overman the Board approved a bid from Kluesner Construction in the amount of \$43,999 to asphalt the gravel parking lot located on the NW corner of the school. All ayes. Carried. The Board approved the Delhi Elementary carpet bid in the amount of \$70,904.63 from Ideal Decorating in a motion by Feldmann, seconded by Overman. All ayes. Carried.

In a motion by Feldmann, seconded by Overman the Board approved the 2023-2024 sanitation bid from Kluesner Sanitation in the amount of \$486 per month. All ayes. Carried.

Language changes to Board Policy 409.1 Employee Vacation - Holidays were reviewed. In a motion by Dabroski, seconded by Feldmann this policy was reviewed and approved on the first official reading.

The Board approved the 2023-2024 AEA Cooperative Purchasing Agreement in a motion by Overman, seconded by Dabroski. All ayes. Carried.

Supt. Hoeger discussed 5-Star nominations. Further discussion will take place at the April meeting.

Supt. Hoeger shared information with the Board regarding updated class size guidelines. These guidelines will be used when determining the number of sections for each grade.

The meeting was adjourned at 7:13 p.m. in a motion by Dabroski, seconded by Feldmann. All ayes. Carried.

Maquoketa Valley Activity Calendar

This can be found on the website. Please check that for all activities. Cancellations will be updated on the Maquoketa Valley Website.

Snow Make-up Days

May 24 is now a 2:05 Dismissal

May 25 is now a full day of school

May 26 is now a 1:05 dismissal - last day

Teacher Learning days are 5/30, 5/31, 6/1



PRESCHOOL ROUNDUP

Children who will be four years old by September 15th are eligible for our state-funded preschool. If you have a child who will be eligible or know of one, please call Brenda Becker (563-923-3225).

Preschool Roundup will be held April 19th, at the Earlville Center. Letters will be sent with information on the times.



MV Fine Arts Boosters

Welcoming ALL parents who want to be involved with their kids!

You are already a member and it is free!

Supporting kids from

Band, Choir, Speech, Drama,
and any other fine arts at Maquoketa Valley.



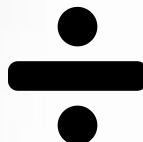
Third Grade News



Wow! Where has the school year gone?! Third grade can't believe we're into the 4th quarter already! We have been working very hard in the classroom this year! As we get into our last few weeks of school we are going to focus on finishing strong!

Our last quarter of 3rd grade is one of our favorites in Literacy! We learn about the importance of clean fresh water around the world! We read the book *One Well: The Story of Water on Earth* to learn about the three issues of water: access to water, demands on water, and water pollution. Students will write an opinion essay about the importance of water conservation. Then, students will create a video public service announcement to educate people about these water issues.

In math, students are focusing on their multiplication and division facts. We want all students to be fluent by the end of the year, so we are using flashcards and playing math games to build our understanding and fluency of our facts! Students are working hard to build their skills!



Maquoketa Valley Spring Play to be Presented May 5 & 7
by Debbie DeVore, Cadence Freiburger, and Kaitlyn Nolan



Miss Nelson Is Missing

The Maquoketa Valley Drama Department will present Jeffrey Hatcher's play *Miss Nelson Is Missing* on Friday, May 5th at 7 p.m. and Sunday, May 7th at 3 p.m. in the MV auditorium. Hatcher has taken Harry Allard's classic children's book and reshaped it into a thrilling show full of mystery, vibrancy, and the horrors of an upcoming standardized test.

Miss Nelson's (Cadence Freiburger) class can't spell, they can't add and subtract, they can't name the capital of Texas, and they can't sit like well-behaved children. In fact, they're "rotten" kids, and their classroom educator is just too sweet. Principal Humleker (Olivia Hunter) suggests that the teacher create a plan to prepare her students for the big state test. But then, Miss Nelson disappears. Though the kids rejoice, they soon learn that their substitute, Miss Swamp (Kaitlyn Nolan), is nothing like their regular teacher. As the principal and his staff (Emily Rudd, Carly Dirks, and Zari Ambundo) rap, Miss Swamp's "tougher than beef jerky." Because recess is eliminated from the students' schedules and they must complete hundreds of pages of homework, Raymond (Zach Mineart), Phoebe (Joellen Beitz), George, (George Livingston), Lavita (Arianna Nolan), Morris/Mouse (McKenna Bush), Kimberly (Josie Teymer), and Elvis (Carter Klaren) decide they need to find Miss Nelson and start by asking for Detective McSmogg's (Addie Rudd) assistance.

Will they find Miss Nelson? Will she be back in time for the big test? Most importantly, will the students pass the test? Stop by MV for a night or afternoon full of this group of "rotten" kids sleuthing and the spirit of learning from memorable teachers! Tickets (\$5 a piece) can be picked up at the high school office or call the office and reserve your ticket, beginning April 24.

The Shoe Box

We are searching for gently used athletic shoes.



We would like to take this chance and ask parents/guardians of children in sports to go through their cleats and athletic shoes and donate them to The Shoe Box. Kids of all ages need these shoes to participate in sports and we would like to take the financial burden off of the ever rising cost of athletic gear. This is completely donation run and we succeed from the donations of those willing to see their old gear turn into an opportunity for someone else. We are in need of shoes from every sport!

Please contact Patty Wilson at 563-608-2023 or Toni Wilson at 563-543-2387 if you would like to donate shoes or if your child is in need of shoes.

January 2023 Fine Arts Booster Minutes

The January 2023 Fine Arts Booster meeting was called to order at 0640pm with 5 members plus one faculty member present. Discussed the need to plan for summer band lessons. Reviewed plan for the soup supper. Will reach out to Karlene for crackers. Will use the same decor from last year. The game is against East Buchanan and will reach out to their coaches to make them aware of the soup supper as well. Reviewed where supplies for Fine Arts Boosters are stored. Meeting adjourned at 7:45pm

Minutes Submitted by: R. Hoefer

February 2023 Fine Arts Booster Minutes

The February meeting of the Fine Arts Boosters was called to order at 0542pm. Reviewed the Soup Supper results. We served approximately 105 adults and 20 kids for a total of \$1140. We charged \$8 for adults and \$5 for kids. Still awaiting bill for the supply costs. Upcoming events are Vocal Jazz hosting on February 6th and we only need to provide snacks and no meal. Other upcoming events will be snack bags for All State participants and MV Got Talent. The Athletic Boosters reached out to Tiffany asking if the Fine Arts would like to be featured on the touchscreen in the cafeteria. \$350 would allow us to have our own tab and \$500 would allow us to upload pictures. It was approved to spend the \$500 to be able to upload pictures. Meeting adjourned at 6:10pm

Minutes submitted by: R.Hoefer

March Fine Arts Booster Minutes

The March 5th, 2023 meeting of the MV Fine Arts Boosters was called to order at 0702 by President Tiffany Nolan. There were 3 members present. The February Secretary minutes were read and approved. Charity Kelchen is stepping down from the Treasurer position. Jennifer Livingston has been appointed Treasurer. Tiffany had the current balance of \$46,483. We still have the soup supper supply bill to pay.

Old business regarding a Spring Carwash Fundraiser and selling Pink Zebra. We have decided to hold on any further fundraisers for this school year. Fundraising efforts were reviewed and per account statement we have raised \$10,000 this year and spent \$4000.

New Business: Summer Band lessons will be capped at \$1000 for 2023. We will not need any plaques made for band or choir students. Campership information will be given to instructors at the end of April/May. Ideas for future fundraisers include a prom dress sale.

Upcoming events that need volunteers at include:

- March 7th Parade of Bands
- March 17 Night of Jazz
- March 20 Spectrum—Will need to contact workers since change of date
- March 27th All State Individual Speech (make goodie bags for selected students)
- March 28th Vocal Jazz State Championships (make goodie bags if competing)
- April 4th 3rd- 5th Spring Concert
- May 5th and 7th Spring Play—Will double check dates of performance
- May 9th Speech and Drama Awards

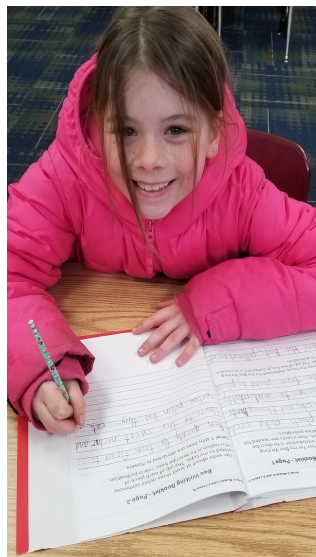
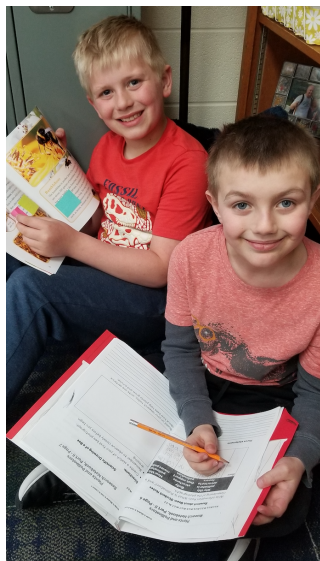
- May 16th Middle School Spring Concert

Meeting was adjourned at 0738pm.

Minutes submitted by: R.Hoefer

Second Grade News

In **language arts** we are learning how to write an informative paper. In the photo below, Luke and Kobe are beginning the process by reading the book "What is Pollination" to gather research on bees. They are using Post-Its to mark the relevant information they find in the text. They are also writing notes for each "key detail" they discover while doing their research. Their notes are just two or three word phrases. Lyza is using her notes to write her research paper. She is doing this by turning her notes into complete sentences. To make her writing more interesting, she is using adjectives and adverbs to vividly describe the nouns and verbs in her sentences.



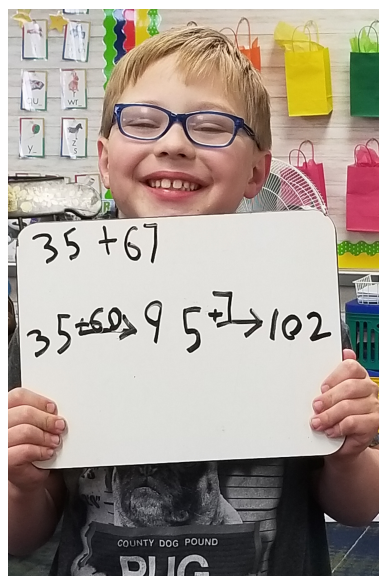
In Science we are beginning our *Solids and Liquids* unit. In the photo below, students are exploring different solid objects, such as pieces of wood, plastic, and metal by observing, describing, and sorting the objects according to their properties. The next step is to design and construct towers and bridges using the properties inherent in the materials to accomplish the task. The bridge must be able to hold the weight of large erasers and the tower must be able to withstand wind from a fan!



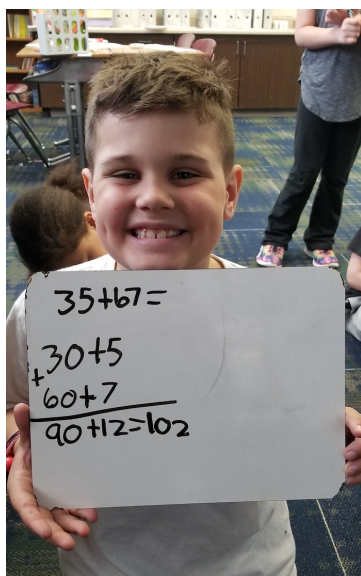
In **math** students are playing math games to become fluent as they quickly apply mental strategies to find the answer to the basic facts. If you are interested in playing games to help your child learn their math facts, you may want to check out the website www.PEPnonprofit.org. Navigate to free downloads>mathematics>Acing Math: One Deck at a Time. It has some great games and all you need is a deck of cards!

Students are also learning how to use strategies to fluently solve multi-digit addition and subtraction problems. Check out all of the different strategies that these students used to solve the same problem ($35 + 67$)!

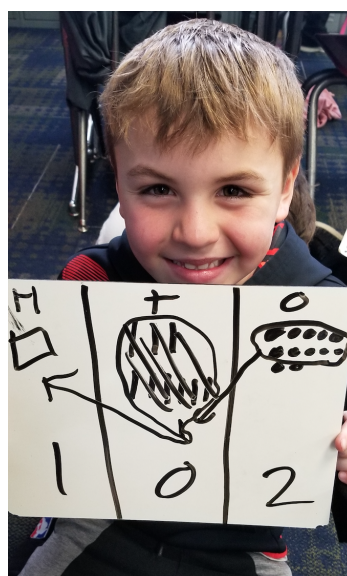
Bradlee is using the arrow method. He starts with 35. Then he adds on 60 and then he adds on 7.



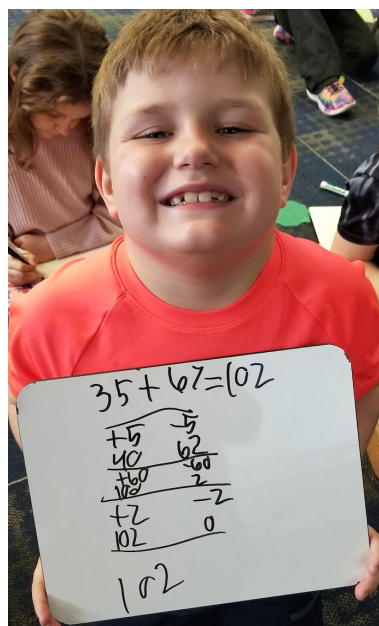
Clay is using the addition split strategy. In this strategy, he records the problem in expanded notation to solve $35 + 67$.



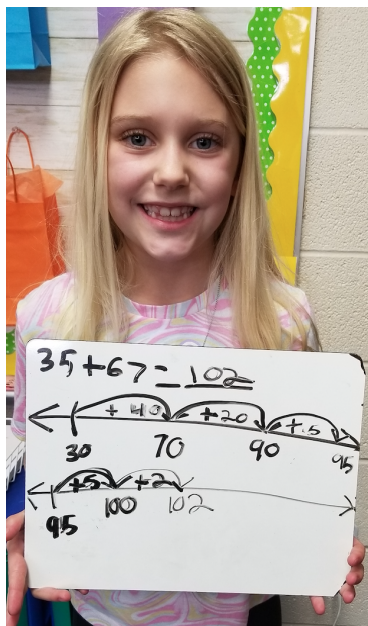
Brant is using drawings of place value blocks to solve the problem $35 + 67$.



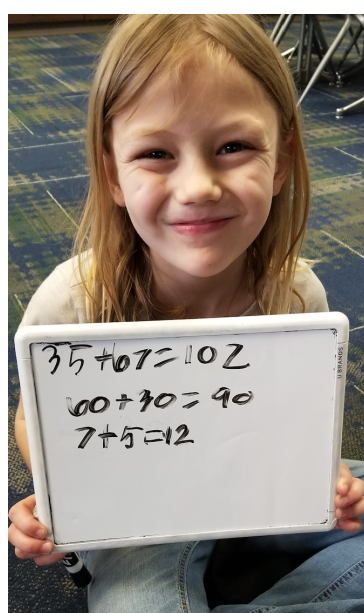
Kade is using compensation to solve the problem.



Lucy is using a numberline to record her thinking.



Felicity is using partial sums. She adds the tens part, then the ones part, and then she combines those two sums together.



Words on Wellness

April Is Parkinson's Disease Awareness Month



Parkinson's disease affects an estimated 1 million Americans. This number is growing daily. Iowa is ranked 33rd for Parkinson's disease rates. Parkinson's disease is a type of movement disorder. People with Parkinson's disease may have a variety of symptoms that can make it hard to diagnose. Early signs of Parkinson's disease could include the following:

- **Tremor or slight shaking** in your finger, thumb, hand, or chin. Shaking while at rest is a common early sign of Parkinson's disease.
- **Small Handwriting.** You may notice your writing is smaller than in the past.
- **Loss of smell** of certain foods.
- **Trouble sleeping** or sudden movements and acting out dreams while asleep.
- **Difficulty moving or walking** because of stiffness that doesn't go away.
- **Constipation and difficulty swallowing** due to how the disease affects muscles and nerves.
- **Speech changes** such as a soft or low voice that is a change from your typical voice.
- **Facial masking** or reduced face expression.
- **Dizziness or fainting**, which can be a sign of low blood pressure and can be linked to the disease.
- **Stooping** or difficulty standing up straight.

If you have two or more of the signs above you should consider making an appointment with your health care provider. Learn more about causes, symptoms, diagnosis, and treatments by attending [A Journey Through Parkinson's Disease](#) class, go.iastate.edu/IFGVG4.

Sources: [National Institute on Aging, nia.nih.gov](http://NationalInstituteonAging.nia.nih.gov).
[Parkinson's Foundation, www.parkinson.org/](http://Parkinson'sFoundation.www.parkinson.org/).

[American Parkinson Disease Association, www.apdaparkinson.org/](http://AmericanParkinsonDiseaseAssociation.www.apdaparkinson.org/).

IOWA STATE UNIVERSITY
Extension and Outreach

Resources to Help You Move More

Getting regular exercise and physical activity benefits everyone, including those with Parkinson's disease. Being physically active can improve your mood, help you focus, reduce stress, and improve sleep. Adults need a mix of aerobic (such as walking or biking) and muscle-strengthening activity to stay healthy. Aim for at least 150 minutes of aerobic activity per week and muscle-strengthening activities at least 2 days per week. [Move Your Way®](http://MoveYourWay.health.gov/moveyourway), health.gov/moveyourway, provides tools and resources to make your personalized activity plan.

How to Store Wine to Get the Best of It

Contributed by Aude Watrelot, PhD

Did you know Iowa has 98 wineries? Whether you enjoy a glass of Iowa wine or that of another location, how you store and serve wine impacts the flavors and overall enjoyment.

Chill sparkling wine, white wine, and a rosé wine between 50°F and 54°F before being opened. Store reds at cool/room temperature to reduce the burning sensation of alcohol that can be perceived if the wine is too warm. Storing red wines in a cold room (less than 50°F) could make it seem more bitter and acidic.

Once you have opened a bottle of wine, make sure to follow these guidelines for maintaining the quality.

1. Remove the air from the bottle before storing by using an air pump or by replacing the air with inert gas. Too much oxygen can cause the open wine to start getting a nutty, bruised apple smell and a brown color.
2. Refrigerate white and rosé wine and store red wine in a cool room. Sometimes refrigerated wine will have some crystals at the bottom of the bottle. These are not harmful for consumption. They're just due to the colder temperature.
3. Follow these storage times after opening:

- Sparkling wine—up to three days
- White wine or rosé wine—up to five days
- Red wines—up to seven days
- Fortified wines like port or sherry—up to 4 weeks

Remember, alcohol should be consumed in moderation and only by adults ages 21 years and older. Visit [Your Life Iowa, yourlifeiowa.org/](http://YourLifeIowa.yourlifeiowa.org/), for information, resources, and treatment for alcohol or drug use.

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Spend Smart. Eat Smart.®
spendsmart.extension.iastate.edu

Human Sciences
[extension.iastate.edu/](http://extension.iastate.edu/humansciences)
humansciences

If you or someone you know is skipping meals, going hungry, or choosing between food and medicine, call 1-855-944-3663 to apply for assistance today.
Call Iowa 2-1-1 or Iowa Lifelong Links, 1-866-468-7887, for additional resources.





PROM is Saturday, April 22th from 8pm-10:30 pm

At the Delhi Legion Hall.

“The Haunting of Delhi Manor”.

Everyone must be checked in by

8:15 pm. Remember, Prom is formal wear, NO JEANS.

Tickets will be available to purchase March 27th - April 14th

\$20 each ticket in the HS office.

Photo forms may be picked up at that time as well.

NO middle school dates or people over the age of 20 will be admitted.

If you have a date from another school, a form must be completed from that school's principal and returned to our HS office by April 20th.

No bringing of alcoholic drinks, firearms or dangerous weapons.

Grand March will take place in the High School gym at 3pm

The doors will open at 2:30pm to the public. Admission to the Grand March is \$1.00

Professional photography is available at that time.

Post Prom will take place in the Middle School gym following the Prom.

Post Prom Contracts must be turned in by April 10th to the office for all students and guests.

Doors will open at 10:30, Students must arrive no later than 10:45 pm.

Parents will be called if anyone arrives after 10:50 pm or leaves prior to 2:00 am.

No bags will be allowed to be brought to Post Prom. If students plan to change out of prom attire, they must bring a bag to the office by Friday, April 21st.

All bags need to be labeled and will be checked by school staff.



2023 Summer Youth Programs

Hosted by ISU Extension and Outreach Delaware County

Day Camp	Date	Time	Location	Grades	Fee
Splashin' Into Summer	June 1st	8 am - 3 pm	Seibert Park, Manchester	K-3rd	\$20
Sports Day Play	June 8th	8 am - 3 pm	Community Center, Manchester	K-5th	\$20
Fun with Flight	June 15th	8 am - 3 pm	Seibert Park, Manchester	K-3rd	\$20
Growing Up Wild	June 22nd & June 23rd	8 am - 12 pm	Bailey's Ford, Manchester	K-3rd	\$20
Outdoor Adventures	June 29th & June 30th	8 am - 3 pm	Backbone State Park, Dundee	4th-8th	\$30
Tiny Techies	July 20th	8 am - 3 pm	Seibert Park, Manchester	K-3rd	\$20
Theatre STEM	July 27th	8 am - 3 pm	Seibert Park, Manchester	K-5th	\$20
Ready, Set, Drone	August 3rd	8 am - 3 pm	Community Center, Manchester	4th-8th	\$20
Books for Cooks	August 10th	8 am - 3 pm	Seibert Park, Manchester	K-5th	\$20
Farmer's Market Fun	August 12th	8 am - 12 pm	Tirrill Park, Manchester	K-5th	\$10



Registration for summer day camps opens on April 10th at 8 a.m.

For day camp descriptions and information on other summer programs, visit our website at <https://www.extension.iastate.edu/delaware/youth-programming-delaware-county>

Call 563-927-4201 or email krausch@iastate.edu with any questions!

The fees for service will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.



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2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ PORK ON WG BUN CHEESY POTATOES COLESLAW CORN STRAWBERRIES COMBO ON WG BUN	4 CHICKEN TETRAZZINI WG GARLIC BREADSTICK LETTUCE PEAS APPLESauce ORANGES BREAKFAST PIZZA	5 OUT AT 2:05PM HAMBURGER ON WG BUN CHEESE SLICE FRENCH FRIES BAKED BEANS PEACHES PANCAKE ON A STICK	6 NO SCHOOL TODAY	7 NO SCHOOL TODAY
10 NO SCHOOL TODAY	11 CHICKEN POPPERS WAFFLE FRIES CORN MIXED FRUIT BROWNIE COMBO ON A BUN	12 6-8TH PENNY WARS OUT AT 2:05 PM MAC & CHEESE WG CINNAMON ROLL LETTUCE PEAS APPLES OMELET/CROISSANT	13 6-8TH PENNY WARS TACO SALAD REFRIED BEANS RED PEPPER STRIPS GREEN BEANS TOMATOES RICE MANDARIN ORANGES FRENCH TOAST	14 6-8TH PENNY WARS PIZZA GARLIC BREADSTICK MARINARA LETTUCE APPLESauce BANANA SAUS/EGG/BISCUIT
17 CHICKEN STRIPS DINNER ROLL (9-12) CURLY FRIES CORN TROPICAL FRUIT PEACH CRISP BREAKFAST PIZZA	18 MR. RIB ON WG BUN WEDGE CUTS CARROTS APPLES PANCAKE ON A STICK	19 OUT AT 2:05 PM SUB ON WG BUN SUN CHIPS CARROTS/CELERY ORANGES PINEAPPLE COMBO ON WG BUN	20 TENDERLOIN ON WG BUN HASH BROWN PATTY BAKED BEANS GRAPES LONG JOHN	21 BOSCO STICK MARINARA YOGURT LETTUCE PEACHES BLUEBERRIES BREAKFAST CHOICE
24 GR. CHICKEN ON WG BUN POTATO TRIANGLE BAKED BEANS APPLESauce COOKIE PANCAKE ON A STICK	25 SPAGHETTI WG GARL. BREADSTICK LETTUCE ORANGES PEARS OMELET/CROISSANT	26 NO SCHOOL TODAY	27 CHEESY GARLIC BREAD LETTUCE CARROTS APPLES CRAISINS CINNAMON ROLL	28 HAM BAKED POTATO CHEESE SAUCE DINNER ROLL BROCCOLI ORANGES FRENCH TOAST
		SALAD IS OFFERED EVERDAY FOR 7-12 GRADE STRING CHEESE, EXTRA MILK AND SECONDS (EXTRA ENTREE) COST YOU THE PARENT.	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. EVERY MEAL IS SERVED WITH A 8 OZ. MILK (9-12)= HS ONLY WG=WGWHOLE GRAIN	ALL MEALS ARE SUBJECT TO CHANGE AT ANYTIME ATTENTION PARENTS; IT IS VERY IMPORTANT TO KEEP A POSTIVE BALANCE IN YOUR CHILDS ACCOUNT AT ALL TIMES

DUE TO SUPPLY CHAIN DISRUPTIONS, ITEMS ON MENU MAY CHANGE AT ANYTIME. THANKS FOR UNDERSTANDING