

Band room evolves to a new level

by Maya Smith

When the school year started, students returned to a band room with a different feel. Why? The pit had been filled in.

There was good rationale for why to change the floor from four levels to one. "I decided to fill the pit in so that the band room was more accessible to students," explained Mr. Ford, MV's band director. "We have a student in a wheelchair who is a part of the percussion section but was unable to join her fellow percussionists because of the pit."

To fill in the pit, Mr. Ford applied for a grant through Casey's General Store called Cash for Classrooms. After applying in November of 2022, the grant was approved in April of 2023. Construction then started over the summer of 2023.

So was the change a success? "Overall, it is a huge improvement," claimed Mr. Ford. "It took some adjusting, but it is now much easier to include others, move equipment around." He also explained that the new single-level floor is similar to how concerts will run, and the room is much more flexible.

The change wasn't too difficult for most students to make.

"I don't think the pit being filled in is much different," explained Rachael Hoefler. "it didn't take long to get used to it. It leaves more room in the front and the back, which is nice."



Photos courtesy of Mr. Ford show the evolution of the band room floor.

Wildcats run strong down the stretch

by Toby Grimm

On Saturday the MV Cross Country team traveled to Anamosa to compete in the Anamosa Invitational.

The JV girls kicked off the high school races led by Allison Hogan (35th) running a 30:13 and Haydin Flanagan (43rd) with a 33:29.

Next was the JV boys race where Jayden Schwandt (60th) ran a 28:48.

After that, the varsity girls took over, with Taryn Burbridge (4th) running a 20:45. Isabel Imler (49th) ran a 24:42 and



George Livingston runs in a pack at the Anamosa meet.

McKenna Bush (62nd) with a 27:09.

To end the day, the varsity boys ran, led by Matthew Schual (2nd) with a 16:54. George Livingston (25th) was next, running an 18:42 and Kenyon Baker (32nd) with a 19:07. Arion Rave (61st) had a 20:36 and Brade Eike (64th) with a 20:45.

Coach Kirchoff stated "Anamosa was a very competitive meet. As a group we didn't run our fastest times, however I don't think many teams did at this meet. Meets like this you look at places and not times. As far as places go I felt like we had a good meet. The boys team was at full strength for the 1st time this year and as a team did well. The boys finished 7th overall and were the top finishing 1a team."

On Tuesday the team traveled to Jesup to run in the Jesup Invitational.

The first race of the night was the varsity girls, where Taryn Burbridge (7th) ran a 20:10. Isabel Imler (95th) ran a 24:30 and McKenna Bush (104th) ran a 24:59 which is her season best time..

Next was the boys race where the team finished sixth overall and was the top 1A school. Matthew Schaul (3rd) ran a 16:25 beating his last personal record by 17 seconds. Next was George Livingston (33rd) running an 18:01 and Kenyon Baker (38) with a 18:10. Arion Rave (51st) ran an 18:51 and Brady Eike (81) put up a 19:51. All five of these athletes ran their season



McKenna Bush competes at Anamosa.

best time.

The JV girls were the next race where Allison Hogan (51st) ran a 27:12 and Haydin Flanagan (71st) ran a 28:32. These times were also their season best.

The JV boys finished the night with Jayden Schwandt (106th) who ran a 24:19, his season best time.

Next Tuesday the MV Cross Country team will travel to Hartridge Golf Course to compete in the West Delaware Invitational. The times are places for the meet will be in the next Echo.

Football team hits the century mark with points

by Kaitlyn Nolan

The Wildcats have scored over 100 points in the past two match-ups against Postville and Clayton Ridge, each of them resulting in a shutout. Following the 59-0 performance two weeks ago, the Wildcats traveled to Guttenburg and toughed out the Clayton Ridge Eagles and the weather to come away with a 50-0 win.

"We executed plays very well," commented senior Aidan Salow, a captain of this year's squad, "but we have a lot to work on and improve."

Tonight, the Wildcats are on the road again to take on the Comets of Bellevue for their homecoming game. Last year's matchup at home had Maquoketa Valley fans on the edge of their seats in anticipation until the final touchdown was made and put the Cats on top in a 22-20 victory.



Dylan Knipper and Lance McShane bring down a Clayton Ridge player last Friday night. (photo by Dannie Burkle)

"It's going to be a good game," Salow added. "Their quarterback moves around a lot, so that'll be something to focus on."

"I hope we can continue a win streak against Bellevue," commented Livia

Hermanson, a senior and cheerleader who was present at the game last year. "I was super hyped. Looking forward to watching the boys win."

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Name: Matthew Schaul

What do you enjoy most about cross

country? I enjoy the mental and physical challenges that training, workouts, and races bring in cross country. The challenges help me and our team as a whole become not only better runners



but also better people. The best feeling in cross country has to be when you set goals for a workout, race, or season and are able to see the progress through training from the start, to where you've come, and how much you still have left to go. Nothing beats the feeling of accomplishing a goal that you've set for yourself.

How have you changed from last year as a cross country runner? I have changed as a runner since last year by putting in more volume in my training, which has led to me seeing progress in workouts and races. I also make sure I take the time to prevent injuries by stretching, icing, and lifting, which is something that I haven't done a ton in the past.

What has been your favorite memory of cross country this year? My favorite memory this season was at the first meet in Monticello when I was able to break into the 16's for the first time.

If your team needed a theme song, what would it be? "Stronger" by Kanye West

Name: Chase Krogmann

What do you enjoy most about football?

The atmosphere during practice and during the games

What lessons about life have you learned from the sport? Hard work pays off.

Who is your favorite college football team?

The Iowa Hawkeyes

Why is football a sport worth going out for? On game days you get to go out on the field and hit the other team.

Who is your football role model? Aaron Donald



Athletes of the Week

Name: Dylan Knipper

What do you enjoy most about football?

What I enjoy most about football is the team aspect of the game and playing defense (Tackling people for fun).

What lessons about life have you learned from the sport? The life lessons that I have learned from football is how to be persistent and to live in the present and not what happened in the past.

Who are your favorite pro/college football teams? My favorite football teams are the Cowboys and the Iowa Hawkeyes.

Why is football a sport worth going out for? Football is worth going out for because football is a once in a lifetime opportunity because you can't pummel



someone outside of a football game and have people celebrate a tackle.

Who is your football role model? Christian McCaffrey

Volleyball plans to 'recharge and restart'

by Natalie Ries

The Wildcats lost to both Ed-Co and Starmont. The Wildcats lost to Ed-Co 3-0(25-18, 25-19, 25-17) and to Starmont 3-1(24-26, 25-16 MV, 25-22, 25-23). "Although I wish the outcome was different, we did not play badly; we just were not ready to go," Coach Nefzger stated.

For the Ed-Co game leaders on offense were Keira Leytem with assists and Haley Ronnebaum with kills. Defensively Haley Ronnebaum led total blocks and Lili Bauers led in digs. On the serving side Biana Ronnebaum was the only playing with any aces and Jada Knipper had the most successful serves.

Tuesday night was the matchup between MV and Starmont. The home Stars won in four close games: 26-24, 25-16, 22-25, 23-25.

The Starmont game had many different leaders. Leaders were Keira Leytem, Haley Ronnebaum, Lanni Beaman and Camryn Paris, Lili Bauers, Lily Huber, and Jada Knipper. Keira Leytem led in assists. Haley Ronnebaum led in kills. Lanni Beaman and Camryn Paris both led with total blocks. Lili Bauers led in digs once again. Lily Huber led in aces on the serving side. Lastly Jada Knipper led with most successful serves.

"After our loss against Starmont I truly felt a different atmosphere in practice," noted Coach Nefzger.

"I would love nothing more than to face teams during the conference tournament and show them the team we really are."



Lily Huber gets a dig in the Ed-Co game last Thursday. (photo by Dannie Burkle)

As the team prepares for the rest of their regular season, the team has some goals. "We have been having recurring conversations about needing a leader on the floor and holding your team accountable. I need to see more fire and passion out of the girls, and until they show more we will continue to have the same outcome," Coach Nefzger stated.

Last night, the Wildcats hosted North Linn. Details will be in the next issue.

Student of the Week

Karla Chavez



You've been nominated because of your strong work ethic. Along with holding down a job where you work 30+ hours a week, you're also taking three college-credit classes with only one study hall. How would you describe your time management skills?

My time management skills have improved greatly over the last couple of years. I like to believe I have strong time management skills. I like to plan out my schedule daily and write out what assignments I have for each class each school day. If I don't write something down, I will most likely forget it, so once I learned that about myself, it helped me tremendously. But there's always room for improvement, and I'm always looking for new ways to better myself.

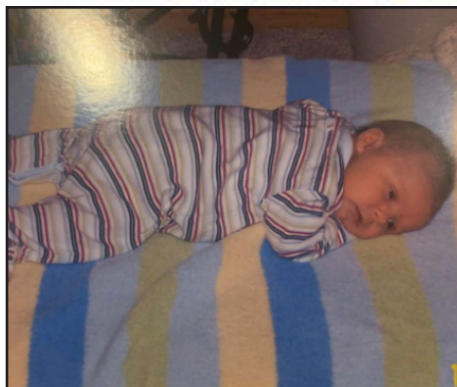
What is your driving force that keeps you motivated?

My drive for education and my family keeps me motivated. A big goal in my life is to graduate from college, so anything I'm doing now in high school definitely is helping me get closer to getting a degree. And I learn from the best. My family also has a strong work ethic, and growing up, I saw this in my parents and siblings, so I adapted that as well.

What are your future plans?

My goal right now is to save as much money as possible and attend college. I plan on studying psychology and criminal justice and hopefully becoming a forensic psychologist in the future.

Cutie



by Lily Huber

It's tummy time for this Cutie! This Cutie is a senior who lives in Delhi. He has two siblings and is involved in FFA. What you may or may not know about him is that he wants to be a pilot. *Last week's Cutie was Elijah Dougherty.*

what's up?

What's your best pick up line?

by Camryn Paris

Brielle Kuhns- Are you Google because you are the only thing i'm searching for?
Jade Hillers- Are you a microwave because mmmmmmmmm.

Clayton Davis- Are you from Tennessee cause you're the only 10 I see.

Noah Whalen- Do you believe in love at first sight or should I walk by again?

Sadie Boeckenstedt- Are you a parking ticket because you have fine written all over you?

Alexa Ries- Are you a bank loan because you have my interest?

Zachary Leytem- Your body is 70% water and I'm thirsty.

Ruby Recker- Are you a Taylor Swift album because you are 198fine?

Football, continued

The game is set to kickoff at seven o'clock. Student section, don't forget to show up in your pajamas to cheer on the Wildcats!

STATS:

Brady Wall: 4/5 C/ATT; 7 CAR; 62 YDS; 2 TDS; 9 LONG

Eli Dougherty: 2 CAR; -11 YDS

Kyle Engelken: 6 CAR; 9 YDS

Lance McShane: 10 CAR; 304 YDS; 5 TDS; 73 LONG; 1 REC; 7 YDS

Anderson Holtz: 1 REC; 30 YDS

Taten Intorf: 2 REC; 8 YDS

Big Games on the Big Stage

Well, that didn't go like I had hoped it would. Then again, not many Iowa games seem to do that anymore.

The no-longer-ranked Iowa Hawkeyes suffered a heartbreaker in Happy Valley after losing in a shutout to the #6 Nittany Lions (still unsure of what that is) of Penn State in their famous white-out game. Not only did this bout prove ESPN right, it hurt Brian Ferentz's goal of trying to score an average of 25 points per game. His offense will have to kick it into high gear in this weekend's matchup against Michigan State or else his job is hanging on by a small thread.

The Iowa State Cyclones also proved ESPN right and succeeded in taking down Oklahoma State last Saturday. Matt Campbell's team needs to keep momentum going on the road to #14 Oklahoma for a tough matchup against the Sooners (also unsure of what that is).

But hey, I have to end this column on some good news. Guess who started official practice this week? That's right: the Iowa Hawkeye women's basketball team. What does that mean? My second favorite time of the year is approaching, and it's time for the women to get their well-deserved ring.



by Kaitlyn Nolan

MV TEL-ALL

In 2021, as reported by the Centers for Disease Control (CDC), there were 100,306 fatal overdoses in the US, up 28.5% from the previous year and the highest number ever recorded in US history. That's more than the entire population of Roanoke, Virginia. - The Meadows Texas



Service opportunities

- Mr. Seabold would love to train a student to announce pregame at home volleyball and basketball games. He has the script for you. You need the voice and courage! See Mr. Seabold if you're interested.
- If scaring kids in the Haunted Barn at the Delaware County Fairgrounds sounds like fun to you, contact Jeannie Domeyer. See your email from Mrs. Temple for details.
- Trail of Terrors in Delhi Oct. 14. See your email from Mrs. Temple for details.

Hall Smarts

by Maya Smith

To wrap up the fall sports, I asked a few students questions about cross country.

How far is a varsity cross country race?

Peyton Brown: 4 miles

Ava Goldsmith: 5k

Haylee Jones: 8 miles

Tristan Dietz: 2.5

Answer: 5k or 3.1 miles

How many runners are needed for a team?

Peyton: 5

Ava: 10

Haylee: 5

Tristan: 8

Answer: 7

How many runners score for the team?

Peyton: 3

Ava: all of them

Haylee: 3

Tristan: 4

Answer: 5

What does 'PR' stand for?

Peyton: I don't know

Ava: Personal Record

Haylee: Personal Record

Tristan: Personal Record

Answer: Personal Record