School Based Therapy Services



In an effort to continue to provide students and their families with the care they need to support mental, emotional, social, and behavioral wellness, your district continues its partnership with Tanager Place to provide comprehensive, holistic care to students. We understand the need for support like this to help kids learn, grow, and succeed in their school environments. We also recognize the challenges families experience in attempting to seek out these services for their children, while balancing work responsibilities, transportation issues, and time commitments. We hope that by providing services in the school environment, some of these barriers are eased for families and kids are able to be more successful learners.

School based services can offer you and your child the following:

- Individual, family, and group therapy
- Evaluation and assessment of strengths and needs
- Teacher coaching and consultation
- Parent outreach and collaboration
- Evidence based outcomes with proven success
- Active link to other Tanager Place programs, community services, etc.

School based services are not a mandatory service.

• Tanager Place and your district have joined together to offer additional support within the school system for those students who may need a little extra support for mental, emotional, social, or behavioral health needs. School supports may make referrals, but guardians must give consent for treatment to begin.

Insurance is a requirement for services.

Tanager Place accepts Medicaid and most private insurance. Please note that all
families are responsible for any co-pay that your insurance does not cover. Our
office staff and Tanager Place clinician will be able to help you with any insurance
questions you may have.

What can I expect if I seek out services?

- A member of our team will reach out to gather information and complete initial paperwork.
- We will verify your insurance and share with you information about coverage for our services.

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- Our clinician will work with school supports to identify the best time for sessions to
 occur during your child's school day. Sessions last approximately 45 minutes,
 typically on a weekly basis. Duration and frequency of sessions is determined by
 individual needs.
- Our clinician will connect with you about your child's progress, treatment planning, and goals throughout the course of treatment. Family members are invited and encouraged to participate in the treatment process as much as possible.
- Clinicians have the option to work during the summer or take this time off. Our clinicians will communicate their summer plans as this time approaches and create a plan on how to support over the summer in the event they are not working.
- At this time, we also offer virtual options for therapy to support with social distancing.

If you are interested in exploring school based services for your child, please reach out to us via email at: schoolbasedsup@tanagerplace.org or contact your child's school counselor for further discussion.