

The Wildcat Echo

A publication by the students of Maquoketa Valley High School

Outstanding students celebrated for academic success

The annual Academic Excellence banquet was held Wednesday night to celebrate students who had met the eligibility requirements of ranking in the top 95% percentile or better on the ACT, PSAT or SAT; scored equal to or greater than the 97th percentile on ISASP on one of the two tests (ELA, Math) or two out of three tests (ELA, Math, Science); maintained a 4.00 GPA previous two semesters (first semester for freshmen); been named a National Merit Scholar; or ranked in the top seven percent of their class.

Following the meal, MV alumna Dr. Blake Funke addressed the audience of students, parents, mentors and school board members. MV fine arts students also provided entertainment.



The seniors recognized include Nicholas Otting, Brady Eike, McKenna Bush, Ava Goldsmith, Kayla Flanagan, Kelsey Hoeger, Sebastian Charles, Matthew Schaul and Kain Krogmann (not pictured). (photos courtesy of Mr. Dunlap)



Juniors: Rachael Hoefler, Tayrn Burbridge, Taylor Saunders, Dylan Knipper, Arianna Nolan, Ty Hoeger, Maya Smith, Derrick Mohr, Jocelyn Kelchen, Colin Smith, Morgan Clemen and Lanni Beaman.



Sophomores: Kyle Engelken, Cheyenne Eike, Alaina Mead, Haydin Flannagan, McKenna Mineart, Camryn Paris and Shannah Smith.



Freshmen: Audra Burbridge, Adaline Wilson, Chloe Reth, Rylee Reed, Taylor Salow, Alison Schulte, Kayla Hoeger and Aubrie Althoff

Student entrepreneurs make the most of MV Market

The CTE department hosted its annual MV Market at the Delhi City Park Wednesday afternoon. Baked goods, clothing, wooden decor and goods along with plants and flowers were sold.



Art fair winners



MV art students were able to enter projects for the TRC art fair recently, and MV had two ribbon winners in glass foil art. Robert Brown placed first in the glass division, and Rogan Heidt received an honorable mention.

TEL tailgate



High school students took part in a TEL tailgate May 2 with a picnic and lawn games.

Musicians perform at spring concert

Tuesday night was a celebration of musical talent at the high school band and choirs performed. Additionally, seniors were recognized. Some prestigious music awards were also presented: Louis Armstrong Jazz Award - Brady Eike; John Philip Sousa Band Award - McKenna Bush; The 'Long Haul' Award (choir)- Alissa Bush; Iowa Choral Directors Association Senior Award- Joellen Beitz and Brady Eike. (photo by Kien Leppert)



Sports Connection

Regular season wraps up, boys finish 2nd in TRC

by Maya Smith

As the weather warms up, the golf season heats up with the end of regular season meets and the start of tournament play.

Last Thursday, the girls golf team competed against East Buchanan. The girls lost, 203-181. Here are the meet scores:

3rd - Maya Smith: 47
5th - Ella Wulkekuhle: 49
8th - Ever Botos: 53
9th - Isabella Mensen: 54
10th - Alissa Bush: 56
12th - Morgan Clemen: 61

Last Friday, the girls competed against Easton Valley. The girls lost again, 174-188. Here are the meet scores:

1st - Ever Botos: 41
7th (T) - Ella Wulfekuhle: 46
9th - Isabella Mensen: 50
10th - Macee Nolan: 51
11th - Alissa Bush: 57
12th - Eva Mensen: 58

"Thursday we had a dual against East Buchanan," commented Coach Zietlow. "We shot around our team average but the players and myself were disappointed with the outcome. This shows the growth this team has with higher expectations. Friday we had a dual against Easton Valley. They are the defending state champs and have the whole team back. We knew this would be a tall task especially with Maya Smith out because of the school play. The girls were up for the challenge though. Ever Botos shot a career low 41 and was medalist for the meet. As a team we shot a season low 188 and only lost by 14 strokes. I'm so proud of this team. We have a week of practice before the conference meet a week from Monday."

The girls will compete for the conference title next Monday at Central City.

Last Thursday, the boys competed against East Buchanan. It was a close meet, the boys winning 157-163. Meet medalist for the night was Trevor Grimm with an even par 35. Meet runner-up was Eli Dougherty. Here are your meet scores:



The boys golf team earned a second place finish at the conference meet Monday. Team members include: Anderson Holtz, Trevor Grimm, Eli Dougherty, Dalton Africa, Tate Intorf and Zach Leytem.

1st - Trevor Grimm: 35
2nd - Eli Dougherty: 38
5th - Zach Leytem: 41
8th (T) - Anderson Holtz: 43
8th (T) - Dalton Africa: 43
13 (T) - Tate Intorf: 47

On Friday, the boys played Easton Valley. It was a six-stroke meet, the boys losing 160-154. Coach Conner commented, "We had another great night for golf when Easton Valley came to Hart Ridge. We shot one of our best team scores of the season with a 160, but Easton Valley put together a very impressive team score of 154 to beat us. Trevor, Eli, and Anderson all had great rounds of 37, 39, and 39, respectively. We were just lacking that score in the low 40's like we are capable of. I really like how we have been scoring as a team as we head into the postseason and I know our guys will be ready to compete when the time comes."

Here are your meet scores:

3rd - Trevor Grimm: 37
4th (T) - Eli Dougherty: 39
4th (T) - Anderson Holtz: 39
8th - Zach Leytem: 45
9th - Dalton Africa: 46
10th - Tate Intorf: 47

On Monday, the boys traveled to Springville for the conference meet. It was a very close tournament, the boys taking home second place with a score of 331.

Meet runner-up was Trevor Grimm with a 76. Here are your meet scores:

2nd - Trevor Grimm: 76
3rd - Eli Dougherty: 77
19th - Zach Leytem: 88
22nd (T) - Anderson Holtz: 90
22nd (T) - Tate Intorf: 90
25th (T) - Dalton Africa: 91

"If you talk to all of our guys, they would tell you that they are disappointed that they did not score better after the conference meet," stated Coach Conner. "We lost to North Linn by one stroke, shooting a team score of 331. Our team score was right where I thought we could be before the round, but seeing how the rounds went, I definitely felt like we could have shot a lower team score. Trevor shot a 4-over par 77 which was good enough for runner up. Eli shot 5-over par 77 and finished 3rd overall. These two have both been playing really good golf lately and I have been really impressed with how they are scoring these last two weeks of the season. Even though we came up short of our goal of winning the Conference Meet, I know we gained some valuable experience that will help us in the Sectional Meet on Monday. I am looking forward to playing a practice round and gaining some knowledge about Willow Run Country Club and seeing how our guys can score."

Spring med, Schaul finish first at Cascade

The boys earned a fourth place finish with 83 points at the Cascade meet last Thursday. Northeast won the meet with 138 points.

MV results:

Sprint med: Rogan Heidt, Colin Smith, Brady Wall, Macoy Stone; 1:38.58, first
4x800: Matthew Schaul, Brady Eike, Kenyon Baker, DaShawn Strickland; 8:31.85; second

100M Dash: Colin Smith, 12.01, fifth;

Heidt, 12.22, eighth

400M Dash: Strickland, 53.73, third; Carter LeClere, 57.89, eighth

4x200: Heidt, Kash Hunt, Wall, Stone; 1:34.08, third

100M Hurdles: Shane Lambert, 17.63,

eighth

800M Run: Eike, 2:17.26, sixth

200M Dash: Colin Smith, 23.63, sixth

1600M Run: Schaul, 4:39.26, first

4x100: Heidt, Hunt, Wall, Stone; 44.90, second

4x400: LeClere, Owen Smith, Baker,

Strickland; 3:50.16, sixth

Shot put: Preston Salow, 41-9.75, third;

Dylan Knipper, 40-3, fifth

Discus: Knipper, 132-5, third

Last night the team competed in the conference meet. Results will be in next week's issue.

Kash Hunt hands off to Macoy Stone in a sprint relay. (photos by Grace Richter)



Girls win Ed-Co meet, finish second at Cascade

by Alaina Mead

Last week the girls track team traveled to Cascade on Thursday. The team placed second in the meet scoring a ton of points at 128.5.

Coach Dunlap stated, "With the regular season quickly coming to an end I thought it would be a good time to give these younger athletes an opportunity to show their growth. Freshman Rylee Reed ran well in the 100m dash. She placed eighth with a PR time of 13.94. She also jumped well in the long jump placing seventh with a jump of 14-0. Sophomore Camryn Paris had a nice run in the 200m dash running 27.64. Junior Lannin Beaman ran another PR this week in the 400m dash running 59.16. She dropped almost half a second from Tuesday's PR. Freshman Audra Burbridge ran her second open 800m of the week and season. This time with a little motivation to get the school 800m record held by Nancy Putz from 1978 of a time of 2:21.04. Audra ran a strong race and just missed the record running 2:22.07."

Coach Dunlap also said our field events have been a strong area for us this season. "Freshman Taylor Salow jumped 4-10 in the high jump again and placed third. I think its only a matter of time and she will be jumping five feet. Freshman Khole Glew has been fun to watch in the long jump. Last night she jumped 15-3, not quite a PR but a nice jump! She placed fourth in the long jump. Sellah Ambundo was great in the shot put again throwing 36' and placing her first. We also had Jeanie



Lili Bauers takes off strong in a sprint relay at Cascade.

Teymer throw a fantastic throw in the disc of 102-5 placing her second.

The 4x100m relay (senior Lili Bauers, sophomore Lilly Kraft, sophomore Camryn Paris and junior Lanni Beaman) had a season's best time of 51.87 placing second."

Here are the following events that scored points at Cascade:

Shuttle hurdle: Haydin Flannagan, Ruby Recker, Addie Wilson, Alaina Mead; 1:18.23; fifth

100M Dash: Rylee Reed, 13.94, eighth

200M Dash: Camryn Paris, 27.64, fourth

400M Dash: Lanni Beaman, 59.16, first; Audra Burbridge, 1:01.48, second

800M Run: Audra Burbridge, 2:22.07, first; Breanna McShane, 2:51.24, eighth

3000M Run: Mckenna Bush, 14:54.89, fifth
Sprint Medley Relay: Lili Bauers, Lilly Kraft, Camryn Paris, Lanni Beaman; 1:51.29; first
Distance Medley Relay: Lili Bauers, Khloe Glew, Izzy Heffernan, Taryn Burbridge; 4:35.41; third

4x400: Taryn Burbridge, Izzy Heffernan, Audra Burbridge, Lanni Beaman; 4:11.30; second

4x800: Jordan Hatfield, Breanna Mcshane, Ryleigh Moriarity, Breanna Bush; 13:04.46; fourth

4x200: Khloe Glew, Lili Bauers, Taryn Burbridge, Camryn Paris; 1:53.28; fourth

4x100: Lili Bauers, Lilly Kraft, Camryn Paris, Lanni Beaman; 51.87; second

Shot Put: Sellah Ambundo, 36-3, first; Ma-

Girls track, cont.

Taryn Burbridge puts up a fight at the end in a relay at Cascade. (photo by Grace Richter)



cee Nolan, 31-3, sixth
 Discus: Jeanie Teymer, 102-5, second; Sellah Ambundo, 94-6, fourth
 Long Jump: Khloe Glew, 15-3, fourth; Rylee Reed, 14-.5, seventh
 High Jump: Taylor Salow, 4-10, third

The MV girls also had a meet on Monday this week in Edgewood and earned a first place finish.

The following events scored points:
 Shuttle hurdle: Haydin Flannagan, Ruby Recker, Addie Wilson, Alaina Mead; 1:19.94; fourth

100M Dash: Rylee Reed, 14.50, fourth; Khloe Glew, 14.70, fifth

200M Dash: Lanni Beaman, 27.81, fourth; Camryn Paris, 27.97, fifth

400M Dash: Lanni Beaman, 58.63, first; Audra Burbridge, 59.94, second

800M Run: Audra Burbridge, 2:29.06, second; Breanna McShane, 2:51.28, eighth

1500M Run: Breanna Bush, 5:57.56, eighth

Sprint Medley Relay: Lili Bauers, Lilly Kraft, Camryn Paris, Izzy Heffernan; 1:57.51; third

Distance Medley Relay: Lili Bauers, Camryn Paris, Izzy Heffernan, Taryn Burbridge; 4:35.05; first

4x400: Khloe Glew, Taylor Salow, Alaina Mead, Rylee Reed; 4:39.29; fourth

4x200: Khloe Glew, Mckenna Mineart, Lili Bauers, Camryn Paris; 1:56.07; fifth

4x100: Lili Bauers, Lilly Kraft, Camryn Paris, Lanni Beaman; 51.99; second

Shot Put: Sellah Ambundo, 34-0.5, third; Macee Nolan, 31-07, seventh; Jade Hillers, 31-00, eighth

Discus: Sellah Ambundo, 92-6, third; Jeanie Teymer, 90-09, fifth; Macee Nolan, 88-07, sixth

Long Jump: Khloe Glew, 14-00, fourth
 High Jump: Taylor Salow, 4-10, second

The team competed in the conference meet last night. Results will be in the next issue.

Comedy Corner

—compiled by Grace Richter

Here are some random jokes for the week, Wildcats!

What's a cat's favorite instrument?
 Purr-cussion.

I went to the aquarium this weekend, but I didn't stay long. There's something fishy about that place.

What did the lunch box say to the refrigerator? Don't hate me because I'm a little cooler.

Have you ever heard about the kidnapping at school? It's okay, he woke up.

When does a hippo have a tusk? After some rhino-plasty

Jaelyn's Journeys



photo by Jaelyn Butikofer

Where in the school can you find this object? Be the first one to correctly name the place to Mrs. Temple face-to-face to win something from the prize box!

End of season boys basketball awards presented



Last Sunday night, the boys basketball team recognized its achievements for the season and presented some team awards: Varsity Defensive MVP and Mr. Hustle - Dylan Knipper, Varsity Offensive MVP - Brady Wall, Most Improved - Lukas Chesnut, Heart of a Wildcat Award - Tate Intorf, JV MVP - Trevor Grimm

One at a Time

by Arianna Nolan

Hello everyone!

This week I want to share an essay I wrote in American Lit. last week about the novel *Last Lecture*, a book everyone should read, as

it gives important life lessons while being a good memorial to his kids. In this assignment had to choose five words and analyze them, and here were the words I chose:



The Importance of Apologies

The word cancer scares most, but when Randy is put to the challenge of having to fight terminal pancreatic cancer, he takes it as an opportunity to spread his knowledge. His book, *The Last Lecture*, was written to send a final message to his children. Still, it eventually helped people worldwide with the advice that can be applied to many different life scenarios. Chapter 47, titled “A Bad Apology Is Worse Than No Apology,” states the plan for formulating a good apology, the effects, and how it affects your relationships with people. With only two pages, people can learn the importance of keeping good relationships with people and having patience.

Apology. “A good apology is like an antibiotic; a bad apology is like rubbing salt in the wound” (161).

The word apology has more meanings than just its definition; it’s a gift to someone in grief, who is struggling and wants closure. Everyone makes mistakes in life, but what we do afterwards makes up for it. Knowing the formula for forming a good apology is the key to maintaining good relationships. You must acknowledge that you hurt someone, feel bad about it, and assure them that you won’t do it again. Randy gives this advice to his students who have needed to give each other apologies for a while, and he lets them do it in his class. This teaches them how to be kind to people in the workplace and other people around them, such as their family, friends, or future lovers.

Patient. “After all, what are the odds that they get to the right emotional place to apologize at the exact moment you do? So just be patient” (163).

Patience is the key to about everything in life. When you are waiting for

something exciting, when you are healing, waiting in line, or your shift to end, all of these things require patience. There is more to life than just worrying about something that will happen right away, and you should live your life in the moment rather than waiting for the unexpected to come. So, while you should have patience, don’t wait for things to fall into your lap. Randy teaches this to his students while also teaching them the importance of respecting other people’s boundaries. Human beings are so complex, and we haven’t got ourselves figured out yet, so please be patient when someone is feeling complex emotions you have caused. Time will eventually work everything out.

Our society is the key to life, so we all need to treat each other kindly, appreciate each other, have patience for one another, and communicate when we are hurt or have hurt someone with apologies.

Heartfelt. “If other people owe you an apology, and your words of apology to them are proper and heartfelt, you still may not hear from them for a while” (162-163)

The art of being able to use heartfelt words in any situation can advance you to great places. You can use them when someone is struggling and needs words from the bottom of your heart, comforting them. Or telling a lover or friend how to truly feel about them to advance your relationship. The sense Randy uses it in is that no matter what happens, if you are truthful and genuine, things will work out for you. When things run their course, you and the person you have hurt will be okay in the end. Heartfelt words are more than just words from your heart, but they are words from the soul and should be used carefully, for they are fragile and deserve to be protected.

Appreciated. “Your patience will both be appreciated and rewarded.” (163)

Appreciation is underappreciated in today’s world. Often, society takes things for granted, and they don’t realize how much they appreciate something until it’s gone, specifically people. Our society can and does do great things, but people often don’t notice it because of the amount of negativity drowning our world today. In this chapter, Randy again enforces the idea of life taking its course and how, eventual-

ly, the things that you do will be appreciated. So while you may not feel appreciated now, in years to come, someone will look back at what you have done and regret not telling you their appreciation sooner. The good qualities you have are amazing, and will shine through to everyone you meet someday- it just takes time.

Hurt. “I feel badly that I hurt you” (162)

The thing that destroys relationships the easiest is being hurt and not communicating your feelings. This happens for either party, knowing you hurt someone and not being able to apologize, or being hurt by someone but feeling too bad to tell them. When you are hurt, you should be able to communicate your feelings to that person no matter what, and if you are in the wrong, then being able to communicate that will advance your relationship. During this chapter, Randy explains how to formulate a good apology, because by giving a bad apology, you are making the person feel undervalued with your disheartening and disingenuous words. Learning to communicate effectively is one of the most productive activities someone can do because it can not only help you in the workforce but with every person that you meet, and with that comes how to confess that you know you were in the wrong. Relationships are delicate, but one of the most important aspects of life that people need to embrace more strongly, since we and the people around us only live once.

In Randy Paush’s novel, *The Last Lecture*, his adventures of life are highlighted with lessons that he learned while living his life with and without cancer. He provides lessons on how to properly communicate and build relationships with people without letting your faults hold you down. During his life, he showed everyone the importance of people in our lives and how we need to treat them with care and respect, because we don’t know when something might happen to them, like terminal cancer. Chapter 47 truly shows us one of the ways to build relationships with people and how to keep important people that we care about in our lives by owning up to our mistakes and improving on them. Our society is the key to life, so we all need to treat each other kindly, appreciate each other, have patience for one another, and communicate when we are hurt or have hurt someone with apologies.

You Are Not Alone: Fiction

by Abby Nieman

Dear Past Me,

I do not know what to say to you. You thought you had it all figured out. But, surprise, High school hits you and you freak out. You start by being in better shape physically, but mentally, you are going to get worse. Don't be scared of that fact; you will figure it out. But don't try to prevent it. You may be in 7th grade now and think this year is better than 6th grade, which it is, but you need to take into consideration that there is now more pressure on you. Not a lot more, but some more. You will learn the ropes of junior high and wish you were in the accelerated math program, but you are right where you need to be.

8th grade year, enjoy it. You will never get it back. I know I sound like everyone, but get help when you need it. You do not need to feel all the pressure of not knowing what you need to do. And you need to talk about our feelings other wise it is going to bite you in the butt.

9th grade year, you are now in high school. Try new things, but make sure there is time for you to care for you. Your closest friend will die this year on the last day of school in a car accident. Don't try and prevent it. I just let it happen. She won't listen to you either way. Trust me, I tried. You will come to a depressive period after her death and not get out of bed for a week till your

mom pulls you out of bed and to a therapist. You go every week, and you slowly get better. You learn to express your feelings better and understand that what you are feeling is normal. By the end of the summer, you will be discharged. But you feel much better and you are in a better mental state.

10th grade, you were just discharged from therapy the week before, and everything is different. Your friend is not there to help you. You end up joining the jazz band. You love it. There is so much joy in the jazz band, even if it is hard. This is the hard year. You have to put your nose to the grindstone and just push through. You will also land big roles in the play and musical this year. In speech, you make it to All-State with your original oratory. You will be in the vet's office in town helping, and then you find your passion is helping animals, large and small.

In 11th grade, you join FFA for the first time and start taking animal science classes. This helps you with your vet work, as now you know more and are able to work part-time. You are still in jazz band and also in IE speech. You had to drop musical and play because of the fact that you are now working at the vet's office. In FFA, you take your first LDE to state and get a gold rating. You realize that you can not do jazz band next year or speech, as you are too burnt out. In the

summer, you spend all of your free time at the vet's office working or just lending a helping hand. As your home life is getting worse, you also spend time at your friend's house, who has a dog, and you help treat the dog when he had a broken leg and the vet's was closed. The vet noticed and started to help you learn more.

12th grade year, you take the vet's advice and graduate early to work at the vet's office and save up for college. You make the best of your last semester at high school as your home life gets worse and you start to come to school and work with bruises all over your body. You didn't do it; your father did. After you are out of school, you go and pack your things as the vet has said that you could come and live with her if it gets worse. And for the first time you felt wanted and loved in a home and not targeted. You get a therapist again. You learn new things in the vet office and you get an acceptance letter to a good vet program. You all celebrate and get ready for college

At the current time that I am writing this you are in college and still go home to the vet's house on breaks and you do not contact your bio parents. I just started and I need to write this because my therapist said it would help.

~ Rose Green 2025



¡Buen provecho!
The Spanish IV students put their Spanish to the test Monday as they ate at a Mexican restaurant. While there, they ordered and conversed in Spanish.