

The Wildcat Echo

A publication by the students of Maquoketa Valley High School

Hispanic Heritage Week celebrated by los 'Gatos



Students play *futbol* during lunch break as part of Hispanic Heritage Week.

by Morgan Clemen, Spanish IV student

This past week, we have been celebrating Hispanic Heritage Week. The Spanish IV class has been working hard on locker signs, games, and food tasting to showcase this important time. While we celebrate for a week, the rest of the world celebrates Hispanic Heritage Month, which starts September 15th and ends October 15th. Under President Johnson, this celebration started as a week-long long event

but was changed to a month-long celebration during President Reagan's time in office. This is a time to celebrate and recognize how Hispanics have helped shape America. Around the world, there are parades, festivals, and more honoring hispanic culture. Thank you to the senior Spanish class and Señorita for setting everything up, and thank you to the high school for celebrating this time with us.

Bands to share musical talents

by Taylor Saunders

Hello Wildcats! Are you feeling bored? On Monday, October 13th at 7:00 PM in the Middle School Gymnasium you can come watch our fall concert featuring the 6th grade band, 7/8th grade band, and the high school marching band performing their halftime show. Admission is free, but donations are welcome! Please come support our fine arts students!



Music fills the air at fall choir concert



Last week the high school choir performed its annual fall concert where they sang the repertoire they have been working on so far this year.



Sports Connection

Wildcats get road victory from Midland

by Maya Smith

Last Friday, the Wildcats traveled to Midland to take on the Eagles. The boys had a close first quarter, 7-6, but put a stop to any Eagles scoring for the rest of the game. The Wildcats return home victorious, 31-6.

Coach Christensen comments, "It was nice to get a convincing win on Friday. I thought overall both our run and pass game took a step forward. Defensively other than one blown coverage we really shut them down. The frustrating part with the blown coverage is that it was something that we had worked all week in practice on. The two areas that we need to continue to improve on are finishing drives when we get to the redzone, and identifying unique looks or formations on defense. I think we also have to make sure this upcoming week that we don't play down to our opponent.

"Two players that maybe didn't

have every tackle on Friday but were always hustling on Friday were Ford and Colin. I think they know it is their last go around and are giving it their all."

Here are some game stats:

Passing: Trevor Grimm, 189 yards, 1 TD
Rushing: Rogan Heidt, 200 yards, 2 TDs; Dylan Knipper, 45 yards, 1 TD
Receiving: Brady Wall, 63 yards, 1 TD; Eli Dougherty, 102 yards
Defense: Dylan Knipper, 10 tackles, 6 solo, .5 sack; Dalton Africa, 6.5 tackles, 2 solo, 1 sack
Kicking: Eli Dougherty, 303 yards, 1 field goal, 4 PAT; Dalton Africa, 2 punts, 70 yards

Senior Preston Salow comments:

"I think that we started the game off slow and after halftime I think we executed a lot better after halftime. Our defense played a great game except for that first drive deep ball.

"I think we were a lot more focused coming into the game knowing that we are going to execute our plans in order to finish the season strong. We had a better week of practice and focused on what we needed to do to win the game. After the loss to Wapsie, it showed us what we need to be able to do in the post season to make a run.

"Dylan is a DOG. Defensively he is racking up tackles. Rogan is also a dog. Offensively, he had 200 yards and found the gap whenever he got the ball. He ran like his head was on fire and always does an amazing job running the ball. Lastly, I want to shout out Gabe Halweg. He has been working his butt off and always does a great job holding his ground on the defensive line and getting into the backfield."

Tonight, the boys play at North Cedar.

Ava Knipper prepares to lay the smack down on East Buchanan last Thursday night.

MV won 3-0 (25-11, 25-14, 25-9). That win improved their team record to 12-12. The fresh-soph and JV teams also won.



Runners improve times

The temperature dropped and so did times at the West Delaware meet Tuesday.

The girls team finished seventh out of 14 teams. Times and places:

Audra Burbridge, 20:54, 19

Taryn Burbridge, 20:59, 22

Anna Feldmann, 22:03, 36

Breanna Bush, 22:59, 54

Rylee Reed, 26:51, 91

JV

Jena Hoefer, 26:41, 31

Haydin Flannagan, 26:51, 39

The boys finished 15th out of 16 teams. Times and places:

Kenyon Baker, 17:45, 29

Owen Smith, 18:43, 58

Jayden Schwandt, 21:27, 100

Colt Haas, 24:57, 107

Gabriel Saunders, 25:25, 108

The team competes tomorrow at the North Linn meet. Tuesday is the conference meet at Starmont.

Fine Artist of the Week

Name: Mileea Damico

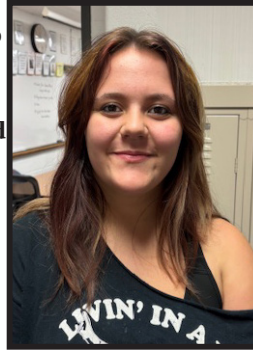
You've been nominated because you have been a tremendous help with set building. What skills have you learned by helping build the set? I've

learned that you always use WAY more paint than you think you will! Also, set building is actually fun when there are more people there.

What have you helped build so far? I haven't really built anything. Set building is more painting than actually building.

Why is it important for cast members to also help with the set? I think helping with set building is fun and it's nice to know what the set is so you're more familiar with it.

What role do you play in the show? I get to play Queen Aggravain! I get to yell at basically everyone and it's really fun.



Athletes of the Week

Name: Anna Feldmann

How has cross country changed you?

Cross country has made me realize how important it is to have a good mind set and it has made me more mentally tough.

What has been your favorite memory of cross country? My favorite memory

of cross country is the chats at the end of practice when we are stretching.

Where would you love to have a meet?

I would love to have a meet where the course is completely flat.

If a song could be playing as you crossed the finish line, what song would you like it to be? Anything fast tempo.



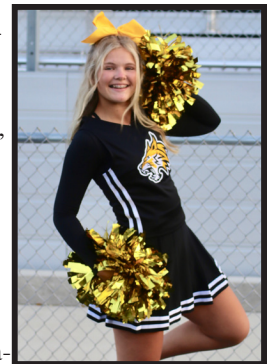
Name: Ava Holtz

What do you enjoy most about being part of the cheer team? I really enjoy the memories we've all made together at games, practices, etc.

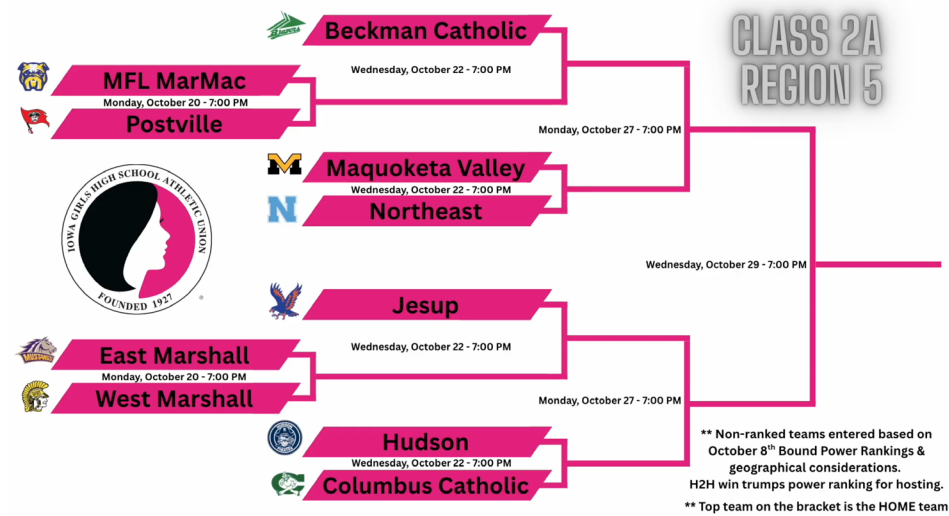
Why is having cheer important at MV? I think that school spirit and atmosphere can change the trajectory of a game and cheer is a big part of that.

What's your favorite cheer? My favorite cheer is Hey Fans!

What's something about cheer that others may not know? Honestly, something I feel that goes over everyone's head is the fact that we don't just show up Fridays and cheer; we have put in hours over the summer, weekends, nights and mornings to make these things happen.



Volleyball bracket set



Deep Dive by Arianna Nolan



Welcome back, Divers! Today, we will be exploring one of the scariest creatures of the sea in the spirit of spooky month! The Pacific viperfish. This small, 30-centimeter fish (around 12 inches) lives in the midwater oceans of the Northern Pacific Ocean. During the daytime, they stay deeper in the water, but when the moon rises, they swim to the top to eat. The most prominent feature of this fish is its teeth, which prevent its prey from escaping its mouth. The fish also has bioluminescence on its belly, making the fish a pretty sight from below.

While we have talked about how it eats prey, you may be wondering what it eats. This fish doesn't pick on their own size, and eats smaller fish, crustaceans, and invertebrates. Imagine seeing those sharp teeth coming at you!

While the Pacific viper fish is not an endangered species, many species that are down below in the ocean can be affected and endangered by the oil that ends up in the ocean, or the trash that sinks down to the depths. Please be cautious of what you are throwing away, and stay educated about ocean conservation. If you would like to learn more about this creature in particular, please check out the Monterey Bay Aquarium website, which is where all the information for this article was provided. I hope you all have a fantastic weekend and I will see you all next week!

Jaelyn's Journeys



photo by Jaelyn Butikofer

Where in the school can you find this object? Be the first one to correctly name the place to Mrs. Temple to win something from the prize box! Last week's winner was Gracie Palmersheim who identified the photo from Jaelyn's rest area.

Fantasy Fiction: The battle of many but few A series by Abby Nieman

Warin walks into the shop with the smell of breakfast still lingering behind him. "Dad, have you ever thought that the king is not telling us something?"

"Son, why would I think of something like that? The king is always clear with his people. He would never hide something from us."

"Okay," Warin responds. Both Warin and his dad look up as Lyra runs through the door.

"What is wrong, young one?" Warin's Dad asks.

"There are enemies here and... they are stronger than us. I was told to go and get as many men as I could and tell them to come to the castle. But I was told to not tell you that."

"Then why are you here, young one?"

"Knut is looking for Warin."

"Who's Knut and why is he looking for me?"

"Knut is the leader of the enemy army. He has had inside info that you are close to me, and he wants to use that against us."
"Warin will go into hiding here or at the castle, and I will help keep him safe. You need to go and do your job as the whole kingdom knows that you are the strongest warrior."



Meet the Freshmen



Carly, Cecilia & Jena

Name: Jena Hoefer
 Siblings: Rachael and Jaron
 Activities you plan to be in: Cross Country, Softball, Track, Speech, and Pit Band
 Favorite subject: Math
 Career aspirations: Health Care Field
 Hobbies: Sports and Baking
 Something cool about you: I like doing hair.

Name: Cecilia Charles
 Siblings: Sebastian
 Activities you plan to be in: Jazz Band, Speech, Band, and Golf
 Favorite subject: Spanish
 Career aspirations: STEM-based
 Hobbies: Baking, Crochet, and Playing Video Games
 Something cool about you: I can play 4 instruments

Name: Carly Miller
 Siblings: Hunter
 Activities you plan to be in: Marching Band and Track
 Favorite subject: History
 Career aspirations: Artist
 Hobbies: Drawing and Sculpting
 Something cool about you: I have 3 pit-bulls and a rottweiler

—typist: MaryEllen Smith

Comedy Corner

—compiled by Grace Richter

Let's end the week with some laughs!

Why did the employee get fired from the calendar factory? He took a day off.

A slice of apple pie costs \$2.50 in Jamaica, \$3.75 in Bermuda, and \$3 in the Bahamas. Those are the pie-rates of the Caribbean.

What's the difference between an alligator and a crocodile? You'll see one later and one in a while.

What's a cat's favorite instrument?
 Purr-cussion.

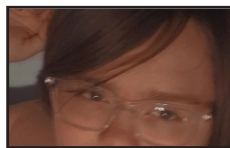
I was going to tell you a joke about boxing but I forgot the punch line.

One at a Time

by Arianna Nolan

What does it mean to be successful? Is it having a nice job with a lot of money? Is it having a big family with a lot of kids? Or is it simply just being happy? Our society seems to tend to struggle with the idea of 'being successful' and what it really means. But the truth is that success is different for a lot of people. I feel as if a lot of our students define their success by how much they are going to get paid at their future job or by their academics. But that's not how it should be. I want to explore and explain the idea of self-worth and what success means to different people.

Studies by the Act for Youth website state that one third to one half of teenagers struggle with self-worth. The reason for this can be a variety of reasons, such as mental health, body image, or more. But I want to focus on the factor that feeling like you are a failure contributes to this. Some people feel that if they do badly on a project or test, then their self-worth goes down. This is entirely incorrect. Your self-worth shouldn't be defined based on academic achievements, but rather who you are on the inside. To improve your self-worth, you can try writing affirmations about yourself and plastering them on places you will see them every day, such as your bathroom mirror or the inside of your locker.



A helpful tip to lock these affirmations in your brain isn't to just read them in your head, but to also say them out loud.

Now that we know how to improve our self-worth, let's explore the idea of success. Success isn't defined as just one achievement. It's a variety of achievements and is different for everybody. But I feel that the connection that being successful is to everybody should be that they are happy. Even if you do have a good job that makes a lot of money, if you hate the job and are miserable every day, I wouldn't say that you are successful. You are just rich. Even if you have a big family like your family always wanted to, if you hate the way that you live, then you are not successful. You are just obeying your parents. Success shouldn't be defined by what society thinks is good, but by how you feel. Follow your own dreams to a destiny call joy. Don't let other people control your life. Just be yourself.

When we think back to the question of being successful, I hope you can think about what makes you happy, and what you want to do with your life that will lead you to fulfilling years where you can look back and not have any regrets about the way you lived. You can look back and love yourself because you know you were successful in your own ways and lived by your own rules, not how everybody else wanted to live.

Taste Oasis

Thursday 7-8AM

TASTE OASIS OFFERS A TASTE OF FALL WITH SEASONAL BAKED GOODS AND COFFEES. ALONG WITH OUR FAVORED LEMONADES AND COMING NEXT WEEK OUR DIRTY SODAS. WE ARE EXCITED TO ANNOUNCE THAT NEXT MONTH BOBA WILL BE WASHING UP ON OASIS'S SHORES. AND CALLING ALL WILDCATS WE NEED YOUR HELP! HAVE IDEAS? EMAIL US! THE CREW OF ANDERSON, ZACH, DASHAWN, COLLIN, NOAH AND ELIZABETH WOULD LOVE TO HEAR YOUR SUGGESTIONS. GO CATS!